# Assessment of venous return curve and mean systemic filling pressure in postoperative cardiac surgery patients\*

Jacinta J. Maas, MD; Bart F. Geerts, MD; Paul C. M. van den Berg, MD, PhD; Michael R. Pinsky, MD; Jos R. C. Jansen, PhD

**Objective:** To measure the relationship between blood flow and **central venous pressure**  $(P_{cv})$  and to estimate mean systemic filling pressure  $(P_{msf})$ , circulatory compliance, and stressed volume in patients in the intensive care unit.

Design: Intervention study.

Setting: Intensive care unit of a university hospital.

Patients: Twelve mechanically ventilated postoperative cardiac surgery patients.

Interventions: Inspiratory holds were performed during normovolemia in supine position (baseline), relative hypovolemia by placing the patients in 30 degree head-up position (hypo), and relative hypervolemia by volume loading with 0.5 L colloid (hyper).

Measurements and Main Results: We measured the relationship between blood flow and  $P_{cv}$  using 12-second inspiratory-hold maneuvers transiently increasing  $P_{cv}$  to three different steadystate levels and monitored the resultant blood flow via the pulse contour method during the last 3 seconds. The  $P_{cv}$  to blood flow relation was linear for all measurements with a slope unaltered by relative volume status.  $P_{msf}$  decreased with hypo and increased with hyper (18.8 ± 4.5 mm Hg, to 14.5 ± 3.0 mm Hg, to 29.1 ± 5.2 mm Hg [baseline, hypo, hyper, respectively, p < 0.05]). Baseline total circulatory compliance was 0.98 mL·mm Hg<sup>-1</sup>·kg<sup>-1</sup> and stressed volume was 1677 mL.

*Conclusions:* P<sub>msf</sub> can be <u>determined</u> in intensive care patients with an intact circulation with use of <u>inspiratory pause procedures</u>, making <u>serial measures</u> of circulatory compliance and circulatory stressed volume feasible. (Crit Care Med 2009; 37:912–918)

KEY WORDS: mean systemic filling pressure; circulatory compliance; stressed volume; mechanical ventilation; cardiac output; cardiac surgery

he cardiovascular system is a closed circuit with varying blood flow out of the heart into the arterial system (cardiac output [CO]) and flow back to the heart from the venous system (venous return [VR]), which may not be equal at any point in time owing to ventilationinduced changes in VR, but which over time must be equal (1, 2). Thus, <mark>under</mark> steady-state apneic conditions CO and VR become equal. Guyton et al (3, 4) showed that the relationship between stepwise changes in right atrial pressure  $(P_{ra})$  and the resulting changes in VR describes a VR curve, which itself is a function of the circulating blood volume, vasomotor

#### \*See also p. 1143.

From the Department of Intensive Care Medicine (JJM, BFG, PCMvDB, JRCJ), Leiden University Medical Center, Leiden, The Netherlands; and Department of Critical Care Medicine (MRP), University of Pittsburgh, Pittsburgh, PA.

Supported solely by institutional grants.

The authors have not disclosed any potential conflicts of interest.

For information regarding this article, E-mail: j.j.maas@lumc.nl

Copyright © 2009 by the Society of Critical Care Medicine and Lippincott Williams & Wilkins

DOI: 10.1097/CCM.0b013e3181961481

tone, and blood flow distribution. Importantly,  $P_{ra}$  at the extrapolated zero-flow pressure intercept reflects mean systemic filling pressure (P<sub>msf</sub>), and the <mark>slope</mark> of this relation describes the resistance for venous return  $(R_{\rm vr})$  (3, 5). This relationship between Pra and VR was well described in animal models with an artificial circulation (4), in patients during stop-flow conditions (6), and in animals with an intact circulation using invasive hemodynamic monitoring (7–10). However, it has never been evaluated in humans with an intact circulation. If such VR curves could be easily constructed at the bedside, then complex cardiovascular analysis would be feasible, thereby, augmenting greatly our understanding of the dynamic determinants of circulatory insufficiency states and their responses to therapies. Intravascular blood volume can be divided into unstressed volume (the blood volume necessary to fill the blood vessels without generating an intravascular pressure) and stressed volume (the blood volume that generates the intravascular pressure, which is  $P_{msf}$ in no-flow conditions).

Previously, Pinsky (7) constructed instantaneous VR curves based on the beat-

to-beat changes in Pra and simultaneously measured right ventricular output during a single mechanical breath, neglecting possible transient effects of increasing  $P_{\rm ra}$  on VR (1, 2). Versprille and Jansen (8) prevented these transient changes by measuring  $P_{ra}$  and right ventricular output during steadystate conditions generated by ventilatorapplied inspiratory pause periods at different inflation volumes. Unfortunately, it is difficult to measure pulmonary blood flow on a beat-to-beat basis at the bedside. We hypothesized that if inspiratoryhold maneuvers that increase P<sub>ra</sub> create a new steady state, then VR and CO would again be equal and direct measures of left-sided CO could be used to estimate steady-state VR.

Thus, we studied the effect of 12second inspiratory-hold maneuvers on the relation between central venous pressure ( $P_{cv}$ ), as a surrogate for  $P_{ra}$ , and arterial pulse contour-derived cardiac output (COmf), as a surrogate for VR, as  $P_{cv}$  was varied by inspiratory-hold maneuvers and intravascular volume status altered by a head-up tilt body position (relative hypovolemia) and intravascular volume loading (hypervolemia).

912

# MATERIALS AND METHODS

Patients. Twelve postoperative patients after elective coronary artery bypass surgery or aortic valve replacement were included in the study after approval by the university medical ethics committee and patient's informed consent was obtained. All patients had symptomatic coronary artery disease without previous myocardial infarction and were on betaadrenergic blocking medication. Patients with congestive heart failure (New York Heart Association class 4), aortic aneurysm, extensive peripheral arterial occlusive disease, or postoperative valvular insufficiency were not considered for this study. Patients with postoperative arrhythmia, those with the necessity for artificial pacing, or the use of a cardiac assist device were also excluded.

Anesthesia during surgery was maintained with sufentanil and propofol and patients were ventilated in synchronize intermittent mandatory ventilation mode (Evita4 servo ventilator Draeger, Lubeck, Germany) adjusted to achieve normocapnia (arterial Pco2 between 40 and 45 mm Hg) with tidal volumes of 6-8mL·kg<sup>-1</sup> and a respiratory rate of 12-14 breaths·min<sup>-1</sup>. Fraction of inspired oxygen (FIO<sub>2</sub>) was 0.4 and a positive end-expiratory pressure of 5 cm H<sub>2</sub>O was applied. A hemodynamic stability was achieved using fluids and catecholamines. During the study interval, all subjects were hemodynamically stable and no changes were made in their vasoactive drug therapy. Every patient experienced full recovery from anesthesia within 8 hours after surgery and was discharged from intensive care unit on the first postoperative day.

*Measurements*. Arterial blood pressure  $(P_{a})$ was monitored via a 20-G, 3.8-cm long radial arterial catheter inserted by Seldinger technique and connected to a pressure transducer (PX600F, Edwards Lifesciences). Pcv was measured with a central venous catheter inserted through the right internal jugular vein (MultiCath 3 venous catheter, Vigon GmbH & Co, Aachen, Germany) and connected to a pressure transducer (PX600F, Edwards Lifesciences). Both  $P_a$  and  $P_{cv}$  transducers were referenced to the intersection of the anterior axillary line and the fifth intercostal space. Airway pressure  $(P_{vent})$  was measured at the entrance of the endotracheal tube. P<sub>vent</sub> was balanced at zero level against ambient air. Standard electrocardiogram leads were used to monitor heart rate. Beat-to-beat CO was obtained by modelflow (COmf) pulse contour analysis as previously described by us (11–13). We calibrated the pulse contour CO measurements with three thermodilution CO measurements equally spread over the ventilatory cycle (12).

*Experimental Protocol.* Before starting the protocol, the mechanical ventilation mode was switched to airway pressure release ventilation release ventilation with the same rate, F10<sub>2</sub>, and positive end-expiratory pressure level. Inspiration pressure was adapted to have

the same gas exchange as in SIMV mode. This change in ventilation mode allowed external control of the ventilatory process. We developed a computer program to drive the ventilator. During the observation period, ventilator settings, sedation, and vasoactive medications remained unchanged. No spontaneous breathing movements were observed during the study.  $P_{\rm av}$   $P_{\rm cv}$ , and  $P_{\rm vent}$  were recorded on computer disk for offline data analysis at a sample frequency of 100 Hz and 0.2 mm Hg resolution.

We constructed VR curves by measuring steady-state  $P_{a}$ ,  $P_{cv}$ , and COmf <u>over the final 3 seconds for a set of four 12-second inspiratory-hold maneuvers at  $P_{vent}$  plateau pressures of 5,</u>

**15, 25, 35 cm H<sub>2</sub>O.** The inspiratory-hold maneuvers were separated by 1-minute intervals to reestablish the initial hemodynamic steady state. An example of the hemodynamic changes during an inspiratory hold is shown in Figure 1. When  $P_{vent}$  increases,  $P_{cv}$  increases concomitantly, whereas COmf and  $P_a$  decrease with a delay of three-four beats, reaching a steady state between 7 and 12 seconds after start of inflation. From the steady-state values of  $P_{cv}$  and COmf during the four inspiratory pause periods, a VR curve was constructed by fitting a linear regression line through these data points (Fig. 2).

The four inspiratory-hold maneuvers were performed under three sequential volumetric



Figure 1. Effects of an inspiratory-hold maneuver on arterial pressure  $(P_a)$ , central venous pressure  $(P_{cv})$ , airway pressure  $(P_{vent})$ , and beat-to-beat cardiac output (*COmt*). Preceding the hold maneuver, the effects of a normal ventilatory cycle are plotted.



Figure 2. Relationship between venous return (*COmf*) and central venous pressure ( $P_{cv}$ ) for an individual patient. Venous return curves are plotted for three conditions: baseline (*a*), hypovolemia (*b*), and hypervolemia (*c*).

Crit Care Med 2009 Vol. 37, No. 3

913

conditions: initial baseline conditions (baseline) with the subject lying supine, relative hypovolemia by rotating the bed to a 30 degree head-up (anti-Trendelenburg) position (hypo), and after administration of 500 mL hydroxyethyl starch (130/0.4) in supine position (hyper). Measurements were done 2 minutes after head-up tilt and 2–5 minutes after the fluid bolus, which was given in 15–20 minutes.

Data Analysis and Statistics. We fitted the set of four data points of  $P_{\rm cv}$  and COmf by linear regression for each volume state to define the VR curve. We defined  $P_{\rm msf}$  as the extrapolation of this linear regression to zero flow (Fig. 2), assuming that  $P_{\rm vent}$  does not affect  $P_{\rm msf}$ . We have previously validated this extrapolation in piglets (8–10).

Total systemic vascular resistance  $(R_{sys})$  was calculated as the ratio of the pressure

Table 1. Patient characteristics

difference between mean  $P_{\rm a}$  and mean  $P_{\rm cv}$  and COmf  $(R_{\rm sys}=(P_{\rm a}-P_{\rm cv})/{\rm COmf})$ . The resistance downstream of  $P_{\rm msf}$  was taken to reflect the  $R_{\rm vr}$  and was calculated as the ratio of the pressure difference between  ${\rm P}_{\rm cv}$  and  $P_{\rm msf}$  and COmf  $(R_{\rm vr}=(P_{\rm msf}-P_{\rm cv})/{\rm COmf})$ . Systemic arterial resistance  $(R_{\rm a})$  was taken to be the difference between systemic and venous resistance. The ratio of  $R_{\rm vr}$  and  $R_{\rm sys}$  describes the location within the circulation where  $P_{\rm msf}$  exists. A higher ratio implies a more upstream  $P_{\rm msf}$  location.

Systemic compliance ( $C_{\rm sys}$ ) was calculated by dividing the amount of fluid ( $V_{\rm load}$ ) administrated to induce the hyper state by the  $P_{\rm msf}$ difference between baseline and hyper ( $C_{\rm sys} =$  $V_{\rm load}/(P_{\rm msfHyper} - P_{\rm msfBaseline})$ . We assume  $C_{\rm sys}$ to be constant for the three volemic conditions studied. Stressed vascular volume ( $V_s$ ) was calculated as the product of  $C_{sys}$  and  $P_{msf}$ . We calculated  $V_s$  for all three relative volume conditions.

Data are presented as mean  $\pm$  sp. Linear regressions were fitted using a least-squares method. The changes between the three conditions were tested by a paired Student's *t* test, with differences corresponding to a *p* < 0.05 considered significant. We compared baseline to both hypo and hyper.

### RESULTS

Sixteen patients were recruited into the study, but four were excluded from analysis because they could not receive an additional volume challenge. Table 1

No	Sex	Age (yrs)	Weight (kg)	Length (cm)	HR (min <sup>-1</sup> )	P <sub>cv</sub> (mm Hg)	CO (L•min <sup>-1</sup> )	MAP (mm Hg)	Temp (°C)	Surgery	Inotropics (µg·kg <sup>-1</sup> ·min <sup>-1</sup> )	Propofol (mg·hr <sup>-1</sup> )	Sufentanil (µg•hr <sup>-1</sup> )
1	М	60	80	172	85	8.2	4.6	72	36.8	CABG	_	300	15
2	М	57	78	169	119	9.9	5.7	73	36.9	CABG	Dobu 2	300	15
3	М	79	78	174	86	7.5	6.3	88	36.9	AVR	Dobu 5	200	10
4	М	50	90	190	93	7.4	3.2	138	36.3	AVR	NPN 0.25	300	15
5	М	80	90	172	99	8.0	6.1	80	36.7	CABG	Nor 0.01	200	10
6	F	64	83	167	76	7.1	5.8	88	37.4	CABG	Nor 0.04, Dobu 3	200	10
7	М	50	112	183	83	4.0	5.7	85	37.0	CABG	Nor 0.06	500	15
										offpump			
8	М	57	91	177	63	4.9	6.4	78	35.1	CABG	_	300	10
										offpump			
9	М	71	73	179	93	8.0	8.8	91	37.1	CABG	Nor 0.09, Dobu 4	120	5
10	М	66	88	178	69	3.0	7.4	71	35.8	CABG	Nor 0.02	200	10
										offpump			
11	М	75	95	173	77	9.0	4.4	130	36.5	CABG	_	300	10
										offpump			
12	F	60	74	158	89	3.7	5.3	86	36.6	CABG	Nor 0.04, Enox 2	150	5
										offpump			
Mean		64	86	174	86	6.7	5.8	90	36.6			256	11
SD		10	11	8	15	2.3	1.4	22	0.6			101	4

HR, heart rate;  $P_{cv}$ , central venous pressure; CO, cardiac output; MAP, mean arterial pressure; Temp, body temperature; CABG, coronary artery bypass grafting; AVR, aortic valve replacement; Dobu, dobutamine; NPN, nitroprusside sodium; Nor, norepinephrine; Enox, enoximone; sD, standard deviation.

Table 2. Hemodynamic data of patients during baseline, hypovolemic, and hypervolemic condition

	Baseline		Ну	po		Hyper		
	Mean	SD	Mean	SD	p1	Mean	SD	<i>p</i> 2
P <sub>2</sub> (mm Hg)	89.9	21.6	75.7	17.3	0.001	96.5	14.9	0.170
$P_{\rm cv}$ (mm Hg)	6.72	2.26	4.02	2.12	0.001	9.67	2.63	0.007
COmf (L·min <sup>-1</sup> )	5.82	1.44	4.76	1.30	0.001	6.83	1.36	0.002
HR $(min^{-1})$	86.0	14.7	85.7	15.1	0.456	84.3	10.7	0.401
Slope (L·min <sup>-1</sup> ·mm Hg <sup>-1</sup> )	-0.465	0.151	-0.429	0.160	0.388	-0.389	0.135	0.134
P <sub>msf</sub> (mm Hg)	18.76	4.53	14.54	2.99	0.005	29.07	5.23	0.001
P <sub>vr</sub> (mm Hg)	12.04	3.70	10.52	2.27	0.106	19.40	6.88	0.003
$R_{\rm vr}$ (mm Hg·min·L <sup>-1</sup> )	2.18	0.86	2.41	1.14	0.184	2.91	1.10	0.037
$R_{\rm sys}$ (mm Hg·min·L <sup>-1</sup> )	15.89	9.00	16.95	10.27	0.379	13.52	5.60	0.122
$R_{\rm vr}^{\rm sys}/R_{\rm sys}$ (%)	14.94	5.00	14.84	2.37	0.931	22.62	8.07	0.006

 $P_{a}$ , arterial pressure;  $P_{cv}$ , central venous pressure; COmf, cardiac output; HR, heart rate; Slope, slope of venous return curve;  $P_{msf}$  mean systemic filling pressure;  $P_{vr}$ , pressure difference between  $P_{msf}$  and  $P_{cv}$ ;  $R_{vr}$ , resistance for venous return;  $R_{sys}$ , resistance of the systemic circulation; Statistical comparison, p1, paired t test between baseline and hypovolemic condition (hypo) and p2, paired t test between baseline and hypervolemic condition (hyper); SD, standard deviation.

Values are means  $\pm$  sD; n = 12 patients.

shows the patient characteristics and Table 2 shows the pooled data of the 12 subjects who completed all three steps of the protocol.

Venous Return Curve Analysis.  $P_{\rm cv}$ and COmf decreased during hypo and increased during hyper. Similarly,  $P_{\rm msf}$  decreased during hypo and increased during hyper, whereas the slope of the VR (conductance) was not significantly different for the three conditions of baseline, hypo, and hyper. The pressure gradient for VR did not change with hypo but increased with hyper such that  $R_{\rm vr}$  was unchanged by hypo but increased with hyper. Importantly,  $R_{\rm sys}$ , did not change. Thus, the estimated location of  $P_{\rm msf}$  was unchanged by hypo but migrated upstream with hyper.

Systemic Compliance and Stressed Volume. The change in stressed volume vs.  $P_{\rm msf}$  is shown in Figure 3. Assuming a constant compliance, the loss of stressed volume due to hypo is approximately 200 mL. On average,  $C_{\rm sys}$  was  $80 \pm 62$  mL·mm Hg<sup>-1</sup> (0.98  $\pm$  0.82 mL·mm Hg<sup>-1</sup>·kg<sup>-1</sup> body weight) and stressed volume during baseline was  $1677 \pm 1643$  mL (12.5  $\pm$  12.1 mL·kg<sup>-1</sup> body weight).

## DISCUSSION

Our study demonstrates that by using a simple inspiratory-hold maneuver while simultaneously measuring  $P_{cv}$  and  $P_{a}$ , one can generate VR curves and derive their associated vascular parameters at

the bedside. Our data suggest that volume-altering maneuvers (hypo and hyper) do not alter vascular conductance (slope of the VR curve). These clinical data are concordant with the longdescribed experimental data introduced by Guyton et al over 50 years ago (4, 14). Importantly, our novel approach to assessing VR allows these analyses to be done at the bedside in patients after coronary artery bypass surgery or aortic valve replacement. Patients with congestive heart failure (New York Heart Association class 4), aortic aneurysm, extensive peripheral arterial occlusive disease, postoperative valvular insufficiency, postoperative arrhythmia, or the necessity for artificial pacing or use of a cardiac assist device were excluded from this study. It will be interesting to see how these vascular parameters change in different disease states, such as septic shock and heart failure, and how treatments alter them further because these analyses allow for the repetitive estimation of circulatory vascular compliance and effective circulatory blood volume.

Methodologic Issues. During an inspiratory pause period a new steady state was attained, which can be concluded from the plateau phase in the COmf,  $P_{a}$ , and  $P_{cv}$  (Fig. 1). In this example, the time needed to reach the plateau was approximately 7 seconds. This duration is too short to be associated with changes in autonomic tone which would otherwise occur owing to the decrease in  $P_{a}$ induced baroreceptor-mediated increase



Figure 3. Relationship between change in blood volume and mean systemic filling pressure  $(P_{mst})$  for three conditions: baseline (*a*), hypovolemia (*b*), and hypervolemia (*c*). See text for discussion.

Crit Care Med 2009 Vol. 37, No. 3

tory stop, by pulmonary occlusion, caused a simultaneous decrease of arterial pressure and a rise in central pressure to an equal plateau pressure within 4–5 seconds. This was followed by a second rise in P<sub>cv</sub> after 10–12 seconds of circulatory arrest in rats (15, 16) and after 12-15 seconds in dogs (17). The second rise was seen in unanesthetized rats and during methoxyflurane anesthesia, however, seldom seen with pentobarbital and inhibited by hexamethonium or spinal cord transaction (18). Thus, any secondary increase in heart rate or  $P_{cv}$ was due to sympathetic reflex activation. We did <mark>not</mark> observe an increase in P<sub>cv</sub> or heart rate during the last phase of our inspiratory pause, not even during pause pressures of 35 cm H<sub>2</sub>O. Furthermore, all P<sub>2</sub> values rapidly reached steady-state conditions within 7 seconds, making our analysis relatively free from the confounding effects of varying autonomic tone. However, our subjects were also receiving neurosuppressive agents (propofol and sufentanil) during the study interval, thus sympathetic responsiveness may have been blunted. Propofol depresses the baroreflex responses to hypotension and inhibits sympathetic nerve activity in healthy volunteers (19, 20), whereas sufentanil might depress baroreceptor reflexes (21). Thus, these studies will need to be repeated in nonanesthetized subjects to validate their usefulness in that population. Still, in the setting of general anesthesia, these findings appear valid.

in sympathetic tone. Samar and Coleman

(15) showed in rats that a total circula-

During inflation venous capacitance is loaded due to an increase in  $P_{cv}$ , which leads to a transient reduction in VR, in right ventricular output and consequently in left ventricular output (1, 2). To avoid this effect on the relationship between VR and  $P_{cv}$ , we measured  $P_{cv}$  and COmf during short periods of steady state after these initial non-steady-state conditions (Fig. 1). Our P<sub>msf</sub> estimation method by extrapolating the values of four pairs of P<sub>cv</sub> and COmf obtained from four levels of inspiratory plateau pressures has several advantages. First, it allows the construction of Guyton-type VR curves with an intact circulation, an opportunity not presently available. Second, P<sub>msf</sub> can be determined without creating stop-flow conditions, such as stopping the heart by electrical fibrillation or injection of acetylcholine or by blocking the circulation. And third,  $P_{msf}$  is not

influenced by changes in lung or thorax compliance. Lung or thorax compliance effects the transfer of the applied  $P_{vent}$  to intrathoracic pressures. Thus, during an inspiratory hold the resulting  $P_{cv}$  depends on these compliances. But, indeed, the measured  $P_{cv}$  and CO will always be on the same line in the VR plot. For instance, in a patient with stiffer lungs, during an inspiratory hold the transfer from  $P_{vent}$  to intrathoracic pressure will be less, resulting in a smaller increase in  $P_{cv}$  and a smaller decrease in CO.

We assumed a linear relation between  $P_{cv}$  and COmf to extrapolate to the condition where COmf is zero (Fig. 2). This assumption is based on the observation of linearity of the VR curves presented by Guyton and colleagues (4, 14) and is expressed by the mathematical relation VR = CO =  $(P_{msf} - P_{cv})/R_{vr}$ . Furthermore, this linearity has been confirmed in the intact circulation in several animal studies (7–10, 22, 23). Our VR curves were best fitted with straight lines allowing extrapolating the VR curve to flow zero. This linearity was neither affected by hypo nor hyper.

Our <u>estimated</u> P<sub>msf</sub> values are <u>higher</u> than those described in highly instrumented animals, which are 7-12.5 mm Hg in dogs (4, 7, 14, 17, 24, 25), 7–9 mm Hg in rats (15, 16), 10–12 mm Hg in pigs (8-10), and as high as 20-30 mm Hg in conscious calves implanted with an artificial heart (26). We report <u>baseline</u>  $P_{msf}$ values of 18.8 mm Hg in our cardiovascular surgical patients. A primary difference between the prior animal studies and our patient observations is the difference in baseline P<sub>cv</sub>. In the <mark>animals</mark> studies, this value is close to zero whereas  $P_{cv}$ in our patient population is on average 6.7 mm Hg. If one assumes a similar  $R_{\rm vr}$ , this P<sub>cv</sub> pressure difference would extrap-<mark>olate</mark> to a <mark>P<sub>msf</sub> of 12 mm</mark> Hg for our subjects if their  $P_{cv}$  was zero (see Table 2). Thus, our  $P_{msf}$  values are coupled with the increased  $P_{cv}$ .

Our present data seem to be in conflict with those of our previous study, wherein we demonstrated that inspiratory-hold maneuvers did not decrease blood flow, as estimated by thermodilution pulmonary artery flow (27) despite an increase in  $P_{cv}$ . There were no differences between the two studies in terms of  $P_a$  (75 ± 15 vs. 88 ± 18 mm Hg),  $P_{cv}$  (9 ± 4 vs. 8 ± 2 mm Hg) and CO (5.7 ± 1.52 vs. 5.6 ± 1.6 L·min<sup>-1</sup>, previous to present mean pooled data, respectively). However, two major differences in the protocols exist.

First, the inspiratory-hold maneuver used by van den Berg et al (27) had a temporarily higher inflation pressure at the beginning of the maneuver, which was decreased to the steady-state plateau value, and second, the bolus thermodilution method was applied during the inspiratory pause in the first study whereas we used the modelflow pulse contour CO method to measure instantaneous flow in the present one. Reexamination of the data of van den Berg et al (27) suggests that the thermodilution injections might have been performed before the plateau in blood flow had been reached. If this were the case, then the thermodilution CO values would overestimate steadystate values, resulting in an underestimation of the slope of the VR curve. Furthermore, in their study (27), plateau pressures from 0 up to 19 cm H<sub>2</sub>O were used whereas we used plateau pressures from 5 up to 35 cm H<sub>2</sub>O, which are comparable with those used by Versprille and Jansen (8) in their animal experiments. The limited range of applied plateau pressures in the van den Berg study (27) might have hampered the construction of proper VR curves. Jellinek et al (28) estimated in ten patients during episodes of apnea and ventricular fibrillation, induced for defibrillator testing, a mean  $P_{\rm msf}$  value of 10.2 mm Hg, and Schipke et al (6) estimated a mean  $P_{msf}$  value of 12 mm Hg in a similar group of 85 patients. However, both studies were done on highly anesthetized nonvolume resuscitated subjects. Our method of estimation of  $P_{msf}$  differs considerably from stopping flow by defibrillation of the heart and our method allows an estimation of  $P_{msf}$  with intact circulation, applicable in the intensive care unit. Still, until paired comparisons of  $P_{\rm msf}$  are made using the two techniques (i.e., stop flow and our method) in the same subjects, direct comparisons and interpretation of the data cannot be made.

Using These Maneuvers to Assess Cardiovascular Status. Moving patients from supine into a head-up tilt position shifts blood from the central compartment to the legs, creating a relative hypovolemic state as manifested by a decreasing  $P_{\rm msf}$ ,  $P_{\rm cv}$ , and CO. Potentially, other conflicting processes could also be occurring simultaneously. As the blood volume shifted to the legs increase femoral venous pressure, venous vascular diameter will increase decreasing vascular resistance from the legs. The impact of the intraabdominal volume shift off the diaphragm is less clear but may increase hepatic resistance if chest wall movement compresses the subdiaphragmatic liver. The results of these effects lead to no change in  $R_{\rm vr}$  and a decrease in COmf,  $P_{\rm a}$ ,  $P_{\rm cv}$ , and  $P_{\rm msf}$  (Table 2).

Volume loading creates relative hypervolemia that results in an increase of  $P_{\rm msf}$ ,  $P_{\rm cv}$ , CO, and  $P_{\rm a}$ . The higher CO can only be generated by a higher filling of the right atrium reflected in an increase of  $P_{\rm cv}$ . Because the pressure gradient for VR is increased more than  $R_{\rm vr}$ , CO increases (Table 2).

P<sub>msf</sub> is the pressure at the <u>midpoint</u> of the vascular pressure drop from the aorta to the right atrium. In practice, it is usually located in the <mark>venules</mark> and is <u>less</u> than <mark>arteriolar pressure</mark> and <mark>more</mark> than P<sub>cv</sub> but close to capillary-venule tissue pressure (8, 18). The localization of  $P_{msf}$  within the circulation is a conceptual model at best, because it reflects a lumped parameter of all the vascular beds. However, its position in the pooled vascular beds will shift depending on changes in arterial and venous resistances as was pointed out by Versprille and Jansen (8). Our data suggest that the vascular site for  $P_{msf}$  exists in the range of the capillary-venule pressures, i.e.,  $R_{\rm vr}/R_{\rm sys} = 15\%$  (Table 2). And, indeed, this site shifted upstream  $(R_{vr})$  $R_{\rm sys} = 23\%$ ) with hyper, whereas hypo had no effect on the site of  $P_{\rm msf}$  ( $R_{\rm vr}/R_{\rm sys}$  = 15%). These data suggest that in the immediate postoperative period increased sympathetic tone keeps  $P_{msf}$  in the venular side but with volume loading and a presumed reduction of vasomotor tone, this point shifts retrograde toward the arterial system. It will be interesting to see how this location changes with the use of vasoactive drug therapy and in patients with either sepsis or heart failure. We also saw that  $R_{\rm vr}$  increased during hypervolemic conditions whereas conductance (conductance =  $1/R_{\rm vr}$ ) was constant. We are not sure why this would be the case, because anatomically and physiologically speaking, the same factors affect both resistance and conductance. Potentially, our technique systematically overestimated  $P_{msf}$ , and thus pressure gradient for VR under hypervolemic conditions due to squeezing of blood volume out of the lung, or the associated increase in  $P_{cv}$  decreased the flow through the more dependent venous conduits. Our study design does not allow us to speculate further on these  $R_{\rm vr}$ changes.

Whole body vascular compliance is calculated as the ratio of the change of

volume to the change in estimated  $P_{msf}$ ([Delta]V/[Delta]P). Using our inspiratory-hold technique, we found a vascular compliance,  $C_{sys}$ , of 0.98 mL·mm Hg<sup>-1</sup>·kg<sup>-1</sup> body weight. The administration of 500 mL colloid can expand plasma volume by more than 500 mL, because fluid recruitment of the extravascular space and fluid loss (urine and blood loss) contribute to the volume expansion. Previous studies in instrumented anesthetized animals have reported a linear rela-<mark>tion between P<sub>msf</sub> and blood <mark>volume</mark> over</mark> a P<sub>msf</sub> of 5–20 mm Hg (18). Thus, vascular compliance over this  $P_{msf}$  range may be considered constant. From this constant total systemic vascular compliance and the change in  $P_{msf}$  from baseline to hypo, we calculated an effective volume loss of about 200 mL. This loss is due to a shift of blood from stressed to unstressed blood volume. The stressed volume can be estimated

from the compliance and  $P_{msf}$ . In normovolemic patients in supine position, we estimated an <u>averaged stressed volume of</u> <u>1677 mL</u> or <u>19.5 mL·kg</u><sup>-1</sup>. To our surprise, this calculated stressed volume is close to the stressed volume of <u>20.2</u> mL·kg<sup>-1</sup> reported by <u>Magder</u> and De Varennes (29) in patients undergoing hypothermic <u>circulatory</u> <u>arrest</u> for surgery on major vessels. They measured stressed volume as the volume that drained from the patient into the reservoir of the pump when the pump was turned off.

Previously reported values for  $C_{\rm sys}$ ranged from 1.4 to 2.6 mL·mm  $Hg^{-1}kg^{-1}$  in dogs (17, 30–33) and from 1.5 to 2.4 mL·mm Hg<sup>-1</sup>·kg<sup>-1</sup> in rats (15, 16, 34). The lower compliance (0.98 mL·mm Hg<sup>-1</sup>·kg<sup>-1</sup>) observed in our patients may reflect species differences or differences in methodology used. The main difference in methodology is related to the time between volume loading and the determination of  $P_{msf}$ . In animal studies, the  $P_{msf}$  measurement is performed 30 seconds after volume loading, whereas we finished our measurements after >20 minutes following volume loading. According to Rothe (18), it is virtually impossible to measure the vascular capacitance characteristics, and, thus, passive V/P curves and stressed volume of the total body in reflex-intact animals and humans. This limitation is because one cannot change blood volume and measure  $P_{\rm msf}$  in <7–10 seconds, which is the maximal delay before reflex venoconstriction normally becomes evident, unless these reflexes are blocked. In our patients, the use of propofol and sufentanil might have blocked these reflexes (19–21) and might be the explanation for the corresponding stressed volume results of our study and the study of Magder and De Varennes (29).

## CONCLUSIONS

 $P_{\rm msf}$  can be determined in intensive care patients with an intact circulation with use of inspiratory pause procedures, making estimations of circulatory compliance and serial measures of circulatory stressed volume feasible.

## REFERENCES

- Versprille A, Jansen JR: Tidal variation of pulmonary blood flow and blood volume in piglets during mechanical ventilation during hyper-, normo- and hypovolaemia. *Pflugers Arch* 1993; 424:255–265
- Brengelmann GL: A critical analysis of the view that right atrial pressure determines venous return. J Appl Physiol 2003; 94: 849–859
- Guyton AC, Jones C, Coleman T: Cardiac output and its regulation. *In:* Circulatory Physiology. Philadelphia, W.B. Saunders Company, 1973
- Guyton AC, Lindsey AW, Abernathy B, et al: Venous return at various right atrial pressures and the normal venous return curve. *Am J Physiol* 1957; 189:609–615
- Green JF: Pressure-flow and volume-flow relationships of the systemic circulation of the dog. Am J Physiol 1975; 229:761–769
- Schipke JD, Heusch G, Sanii AP, et al: Static filling pressure in patients during induced ventricular fibrillation. *Am J Physiol Heart Circ Physiol* 2003; 285:H2510–H2515
- Pinsky MR: Instantaneous venous return curves in an intact canine preparation. J Appl Physiol 1984; 56:765–771
- Versprille A, Jansen JR: Mean systemic filling pressure as a characteristic pressure for venous return. *Pflugers Arch* 1985; 405: 226–233
- Den Hartog EA, Versprille A, Jansen JR: Systemic filling pressure in intact circulation determined on basis of aortic vs. central venous pressure relationships. *Am J Physiol* 1994; 267:H2255–H2258
- Hiesmayr M, Jansen JR, Versprille A: Effects of endotoxin infusion on mean systemic filling pressure and flow resistance to venous return. *Pflugers Arch* 1996; 431:741–747
- Wesseling KH, Jansen JR, Settels JJ, et al: Computation of aortic flow from pressure in humans using a nonlinear, three-element model. J Appl Physiol 1993; 74: 2566–2573
- Jansen JR, Schreuder JJ, Mulier JP, et al: A comparison of cardiac output derived from the arterial pressure wave against thermodi-

lution in cardiac surgery patients. Br J Anaesth 2001; 87:212-222

- de Wilde RB, Schreuder JJ, van den Berg PC, et al: An evaluation of cardiac output by five arterial pulse contour techniques during cardiac surgery. *Anaesthesia* 2007; 62:760–768
- Guyton AC: Determination of cardiac output by equating venous return curves with cardiac response curves. *Physiol Rev* 1955; 35: 123–129
- Samar RE, Coleman TG: Mean circulatory pressure and vascular compliances in the spontaneously hypertensive rat. *Am J Physiol* 1979; 237:H584–H589
- Yamamoto J, Trippodo NC, Ishise S, et al: Total vascular pressure-volume relationship in the conscious rat. Am J Physiol 1980; 238:H823–H828
- Greene AS, Shoukas AA: Changes in canine cardiac function and venous return curves by the carotid baroreflex. *Am J Physiol* 1986; 251:H288–H296
- Rothe CF: Mean circulatory filling pressure: Its meaning and measurement. J Appl Physiol 1993; 74:499–509
- Sato M, Tanaka M, Umehara S, et al: Baroreflex control of heart rate during and after propofol infusion in humans. *Br J Anaesth* 2005; 94:577–581
- Ebert TJ: Sympathetic and hemodynamic effects of moderate and deep sedation with propofol in humans. *Anesthesiology* 2005; 103:20–24
- Lennander O, Henriksson BA, Martner J, et al: Effects of fentanyl, nitrous oxide, or both, on baroreceptor reflex regulation in the cat. *Br J Anaesth* 1996; 77:399–403
- 22. Fessler HE, Brower RG, Wise RA, et al: Effects of positive end-expiratory pressure on the gradient for venous return. *Am Rev Respir Dis* 1991; 143: 19–24
- Uemura K, Sugimachi M, Kawada T, et al: A novel framework of circulatory equilibrium. *Am J Physiol Heart Circ Physiol* 2004; 286: H2376–H2385
- Lee RW, Lancaster LD, Gay RG, et al: Use of acetylcholine to measure total vascular pressure-volume relationship in dogs. Am J Physiol 1988; 254:H115–H119
- Fessler HE, Brower RG, Wise RA, et al: Effects of positive end-expiratory pressure on the canine venous return curve. *Am Rev Respir Dis* 1992; 146:4–10
- 26. Honda T, Fuqua JM, Edmonds CH, et al: Applications of total artificial heart for studies of circulatory physiology; measurement of resistance to venous return in postoperative awake calves. Preliminary report. Ann Biomed Eng 1976; 4:271–279
- van den Berg PC, Jansen JR, Pinsky MR: Effect of positive pressure on venous return in volume-loaded cardiac surgical patients. *J Appl Physiol* 2002; 92:1223–1231
- Jellinek H, Krenn H, Oczenski W, et al: Influence of positive airway pressure on the pressure gradient for venous return in humans. J Appl Physiol 2000; 88:926–932
- 29. Magder S, De Varennes B: Clinical death and

#### Crit Care Med 2009 Vol. 37, No. 3

the measurement of stressed vascular volume. Crit Care Med 1998; 26:1061–1064

- Shoukas AA, Sagawa K: Control of total systemic vascular capacity by the carotid sinus baroreceptor reflex. *Circ Res* 1973; 33: 22–33
- 31. Caldini P, Permutt S, Waddell JA, et al: Effect of epinephrine on pressure, flow, and volume

relationships in the systemic circulation of dogs. *Circ Res* 1974; 34:606-623

- Ogilvie RI, Zborowska-Sluis D: Effect of chronic rapid ventricular pacing on total vascular capacitance. *Circulation* 1992; 85: 1524–1530
- 33. Shigemi K, Brunner MJ, Shoukas AA: Alphaand beta-adrenergic mechanisms in the con-

trol of vascular capacitance by the carotid sinus baroreflex system. *Am J Physiol* 1994; 267:H201–H210

34. Chien Y, Frohlich ED, MacPhee AA, et al: Quinaprilat increases total body vascular compliance in rats with myocardial infarction. *Chin Med J (Engl)* 1992; 105:382– 389