

Importance of Venous Congestion for Worsening of Renal Function in Advanced Decompensated Heart Failure

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- Objectives** To determine whether venous congestion, rather than impairment of cardiac output, is primarily associated with the development of worsening renal function (WRF) in patients with advanced decompensated heart failure (ADHF).
- Background** Reduced cardiac output is traditionally believed to be the main determinant of WRF in patients with ADHF.
- Methods** A total of 145 consecutive patients admitted with ADHF treated with intensive medical therapy guided by pulmonary artery catheter were studied. We defined WRF as an increase of serum creatinine ≥ 0.3 mg/dl during hospitalization.
- Results** In the study cohort (age 57 ± 14 years, cardiac index 1.9 ± 0.6 l/min/m², left ventricular ejection fraction $20 \pm 8\%$, serum creatinine 1.7 ± 0.9 mg/dl), 58 patients (40%) developed WRF. Patients who developed WRF had a greater central venous pressure (CVP) on admission (18 ± 7 mm Hg vs. 12 ± 6 mm Hg, $p < 0.001$) and after intensive medical therapy (11 ± 8 mm Hg vs. 8 ± 5 mm Hg, $p = 0.04$). The development of WRF occurred less frequently in patients who achieved a CVP < 8 mm Hg ($p = 0.01$). Furthermore, the ability of CVP to stratify risk for development of WRF was apparent across the spectrum of systemic blood pressure, pulmonary capillary wedge pressure, cardiac index, and estimated glomerular filtration rates.
- Conclusions** Venous congestion is the most important hemodynamic factor driving WRF in decompensated patients with advanced heart failure. (J Am Coll Cardiol 2009;53:589-96) © 2009 by the American College of Cardiology Foundation

The pathophysiology of the cardiorenal interaction in the setting of advanced decompensated heart failure (ADHF) is poorly understood. It is commonly observed that coexisting renal dysfunction may complicate the treatment course of

See page 597

heart failure (HF) and that the use of intravenous loop diuretics often alleviate congestion at the cost of worsening renal function (WRF) (1,2). Worsening renal function during treatment of patients with ADHF typically occurs within days of hospitalization and is a strong independent predictor of adverse outcomes (3-5).

Traditionally, WRF has been attributed to hypoperfusion of the kidney due to progressive impairment of cardiac output or intravascular volume depletion secondary to overzealous use of diuretics (6). Although the majority of patients hospitalized with ADHF also present with increased central or peripheral congestion, the presence of venous congestion has been considered a secondary phenomenon because of the "backward failure" caused by impaired cardiac output. Nevertheless, experimental animal data as far back as the 1930s have demonstrated that temporary isolated elevation of central venous pressure (CVP) can be transmitted back to the renal veins, resulting in direct impairment of renal function (7,8). However, human data regarding the differential contributions of venous congestion and cardiac output in the development of WRF during ADHF are lacking.

The primary aim of this study is to test the hypothesis that WRF is more dependent on venous congestion than on impairment of cardiac output in patients admitted with ADHF. The secondary aim is to investigate if effective

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Abbreviations and Acronyms

ADHF = advanced decompensated heart failure
CI = cardiac index
CVP = central venous pressure
GFR = glomerular filtration rate
PAC = pulmonary artery catheter
PCWP = pulmonary capillary wedge pressure
WRF = worsening renal function

reduction of CVP with intensive medical therapy can prevent the development of WRF.

Methods

Subject population. We enrolled consecutive subjects, age ≥ 18 years, with ADHF including New York Heart Association functional class III to IV symptoms who underwent intensive medical therapy guided by pulmonary artery catheter (PAC) at the Cleveland Clinic in a dedicated heart failure intensive care unit between January 1, 2006, and June 30, 2007. Subjects who met the following inclusion

criteria at the time of admission were enrolled in the study: 1) left ventricular ejection fraction $< 30\%$; 2) cardiac index (CI) ≤ 2.4 l/min/m²; and 3) pulmonary capillary wedge pressure (PCWP) > 18 mm Hg and/or CVP > 8 mm Hg. Exclusion criteria included: 1) mechanical ventilation; 2) renal replacement therapy; 3) intravenous inotropic support on admission; 4) congenital heart disease; and 5) recipients of heart transplantation. Institutional review board approval of this research project was obtained, and informed consent was obtained for hospitalization and treatment and was documented in the medical records, according to protocol and Cleveland Clinic policy.

Intensive medical therapy. The hemodynamic goals and pharmacologic approach of intravenous therapy in the dedicated heart failure intensive care unit have been previously described (9). In brief, optimal hemodynamic response was defined as a decrease in PCWP to ≤ 18 mm Hg, a decrease in CVP to ≤ 8 mm Hg, and improvement in CI to ≥ 2.4 l/min/m², all while maintaining mean arterial pressure > 65 to 70 mm Hg. To achieve these hemodynamic goals, all subjects were treated according to protocols developed in our intensive care unit with intravenous or oral loop diuretics in combination with intravenous vasodilators (and/or inotropic agents), while continuing and optimizing evidence-based therapies (angiotensin-converting enzyme inhibitors, beta-blockers, and spironolactone) as tolerated.

Data collection and renal assessment. Two experienced heart failure cardiologists manually collected hemodynamic data, demographic characteristics, treatment, and echocardiographical data. Sequential serum creatinine and blood urea nitrogen values were recorded on admission and daily throughout the hospitalization period, including the day of discharge. We defined a strict definition on the development of WRF as an increase in serum creatinine of ≥ 0.3 mg/dl during hospitalization, consistent with several previous investigations (4,5,10). It takes into account any significant renal deterioration during the treatment period in the setting of low cardiac output and congestion as defined by

the inclusion criteria. Glomerular filtration rate (GFR) in milliliters per minute was estimated daily by the use of the 4-variable Modification of Diet in Renal Disease equation (11). Normal or mild renal insufficiency was defined as GFR ≥ 60 ml/min/1.73 m². Moderate renal insufficiency was defined as GFR 30 to 59 ml/min/1.73 m² and severe renal insufficiency as GFR < 30 ml/min/1.73 m².

Hemodynamic assessment. Complete hemodynamic assessment was collected in all subjects before the start of intensive medical therapy and again before removing the PAC. The CVP and PCWP were assessed at end-expiration with a balloon-tipped catheter at steady state with the subject in a supine position. The CI was calculated by use of the Fick equation through sampling of a mixed central venous blood gas taken in the pulmonary artery while assuming standard metabolic rates. The systemic blood pressure was measured noninvasively by an automatic cuff sphygmomanometer. Renal perfusion pressure on admission was assessed as the difference between mean arterial pressure and central venous pressure.

Statistical analysis. All data were expressed as mean \pm SD for continuous data (median [interquartile range] for non-parametric data) and as a ratio for categorical data. Univariate comparisons of these variables were performed between baseline and follow-up variables and between subjects who developed WRF versus those who did not. A paired and unpaired *t* test for continuous data and chi-square, Pearson's correlation, and Fisher exact tests for categorical data were used for appropriate comparisons. The predictive value of CVP and CI as continuous variables to predict WRF was assessed by the use of a receiver-operating characteristic curve analysis. Separate c-statistics for CVP and CI from logistic regression models were calculated, and a set of 300 bootstrapped (with replacement) samples were generated to compute the difference and standard error. The difference between the c-statistics was bias corrected, and a 1-sample *t* test was performed to determine whether the difference was equal to zero. Stepwise multivariate linear regression analysis was used to determine the independent relationships between hemodynamic variables, baseline renal function, and hemoglobin with WRF. Statistical significance was set at a 2-tailed probability level < 0.05 . Statistical analyses were performed with SPSS for Windows, release 13.0 (SPSS Inc., Chicago, Illinois) and SAS version 8.2 (Cary, North Carolina).

Results

Subject characteristics. A total of 145 subjects, mean left ventricular ejection fraction $20 \pm 8\%$, were included in this observational prospective study. Patient characteristics on admission are listed in Table 1 and were comparable between subjects who developed WRF versus those who did not (except for serum creatinine, blood urea nitrogen, and hemoglobin at admission). The percentage of patients with moderate-to-severe right ventricular dysfunction (60%) was

Table 1 Baseline Patient Characteristics and Medication Use			
	Patients With WRF (n = 58)	Patients Without WRF (n = 87)	p Value
Age (yrs)	59 ± 14	56 ± 14	NS
NYHA functional class III to IV (%)	9/91	10/90	NS
Ischemic etiology (%)	54	50	NS
Body mass index (kg/m ²)	28 ± 3	29 ± 4	NS
Male sex (%)	74	73	NS
Caucasian race (%)	78	76	NS
Medical history (%)			
Smoking history	49	51	NS
Diabetes	44	34	NS
Hypertension	48	40	NS
Hyperlipidemia	60	59	NS
ICD/CRT-D	38/29	42/27	NS
Laboratory tests on admission			
Hemoglobin (g/dl)	11.5 ± 2.5	13.0 ± 1.5	0.05
Creatinine (mg/dl)	1.9 ± 0.9	1.5 ± 0.8	0.007
GFR (ml/min/1.73 m ²)	48 ± 19	56 ± 25	0.05
BUN (mg/dl)	58 ± 25	36 ± 20	<0.001
Sodium (mmol/l)	134 ± 6	134 ± 5	NS
BNP (pg/ml)	1,559 ± 1,340	1,157 ± 1,073	NS
Oral medication on admission (%)			
Aspirin/warfarin	44	48	NS
ACE inhibitor/ARB	49	50	NS
Digoxin	38	43	NS
Beta-blockers	56	62	NS
Spironolactone	27	47	0.03
Loop diuretics	80	86	NS
Hydralazine	23	17	NS
Isosorbide dinitrate	27	22	NS
Statin	57	54	NS
Amiodarone	22	19	NS
Medication during PAC-guided therapy (%)			
IV or oral furosemide	85	86	NS
IV vasodilators	51	56	NS
Milrinone	34	30	NS
Dobutamine	30	27	NS

Values are mean ± SD or n (%).

ACE = angiotensin-converting enzyme; ARB = angiotensin receptor blocker; BNP = brain natriuretic peptide; BUN = blood urea nitrogen; CRT-D = cardiac resynchronization therapy with defibrillator; GFR = estimated glomerular filtration rate; ICD = implantable cardioverter-defibrillator; IV = intravenous; NYHA = New York Heart Association; PAC = pulmonary artery catheter; WRF = worsening renal function.

similar between the 2 groups. Plasma B-type natriuretic peptide measurements on admission were available in 40% of subjects and were comparable between patients with and without incident WRF (median [interquartile range]: 1,100 [497, 1,921] pg/ml vs. 874 [333, 1,430] pg/ml, *p* = NS).

The mean time to develop WRF was 1.0 ± 1.5 days. Mean duration of PAC-guided therapy was 3.5 ± 1.5 days, and mean total length of stay was 9 ± 9 days and was similar between those with or without incident WRF. On admission, 19% of the study population had severe renal insufficiency, 45% had moderate renal insufficiency, and 36% had normal or mild renal insufficiency. Overall, 53% of patients who developed WRF during admission demonstrated a serum creatinine level at discharge less than the peak serum creatinine level.

A statistically significant correlation was observed between baseline CI and baseline renal function expressed by serum creatinine (*r* = 0.32, *p* = 0.001) or GFR (*r* = -0.3, *p* = 0.002). However, there was no correlation between baseline CI and baseline CVP. Finally, no correlation between baseline CVP and baseline renal function could be found.

Incidence and renal predictors of WRF. Overall, 58 subjects (40%) developed WRF during their hospitalization, predominantly within the first 5 days of hospitalization. The development of WRF was associated with a greater peak of serum creatinine (2.5 ± 1.1 mg/dl vs. 1.5 ± 0.8 mg/dl, *p* < 0.001) during hospitalization. Subjects who developed WRF were more likely to have severe renal insufficiency at baseline (*p* = 0.05) and had greater serum creatinine both at baseline

Table 2 Hemodynamic Variables on Admission and Time of PAC in All Patients and Stratified According to Those Who Developed WRF (n = 58) and Those Who Did Not (n = 87)

	All Patients (n = 145)			Patients With WRF (n = 58)			Patients Without WRF (n = 87)		
	Baseline	Follow-Up	p Value	Baseline	Follow-Up	p Value	Baseline	Follow-Up	p Value
HR (beats/min)	88 ± 40	89 ± 18	NS	86 ± 22*	90 ± 16*	NS	89 ± 46	88 ± 19	NS
SBP (mm Hg)	109 ± 18	109 ± 18	NS	111 ± 21*	110 ± 25*	NS	108 ± 15	109 ± 15	NS
CVP (mm Hg)	14 ± 7	9 ± 6	<0.001	18 ± 7†	11 ± 8‡	<0.001	12 ± 6	8 ± 5	<0.001
SPA (mm Hg)	55 ± 15	46 ± 7	<0.001	57 ± 13*	49 ± 15*	<0.001	54 ± 16	46 ± 12	<0.001
PCWP (mm Hg)	24 ± 7	18 ± 5	<0.001	25 ± 7*	19 ± 5*	<0.001	24 ± 7	18 ± 5	<0.001
CI (l/min/m ²)	1.9 ± 0.6	2.5 ± 0.6	<0.001	2.0 ± 0.8§	2.7 ± 0.7	<0.001	1.8 ± 0.4	2.4 ± 0.5	<0.001

*p = NS, †p < 0.001, ‡p = 0.04, §p = 0.008, ||p = 0.01 between patients who did and did not develop worsening renal function at the same moment in time.
CI = cardiac index; CVP = central venous pressure; HR = heart rate; PCWP = pulmonary capillary wedge pressure; SBP = systolic arterial blood pressure; SPA = systolic pulmonary artery pressure; other abbreviations as in Table 1.

(1.9 ± 0.9 mg/dl vs. 1.5 ± 0.8 mg/dl, p = 0.007) and at discharge (2.2 ± 1.1 mg/dl vs. 1.4 ± 0.7 mg/dl, p < 0.001). **Impact of medication on development of WRF.** Subjects who developed WRF versus those who did not had comparable baseline medication use on admission, with the exception of lower spironolactone utilization (Table 1). Overall, no statistically significant differences in medication use during PAC-guided therapy were observed. The mean dose of furosemide during intensive medical therapy guided by PAC was similar among patients who did and did not develop WRF (117 ± 130 mg/day and 116 ± 81 mg/day, respectively, p = NS). One-half of the patients in both groups received furosemide through continuous parental infusion.

Baseline hemodynamic predictors of incident WRF. Table 2 illustrates the baseline hemodynamic measurements stratified by the presence or absence of incident WRF. All subjects showed signs of impaired hemodynamics with impaired CI and increased right- and left-sided filling pressures at baseline. Heart rate, systolic arterial blood pressure, PCWP, and systolic pulmonary artery pressure at baseline were comparable (p = NS) between the 2 cohorts and were not predictive for WRF.

There was an incremental risk in WRF with increasing categories of baseline CVP, with 75% of subjects presenting with a baseline CVP >24 mm Hg developing WRF (Fig. 1). Furthermore, the mean baseline CVP was statistically greater

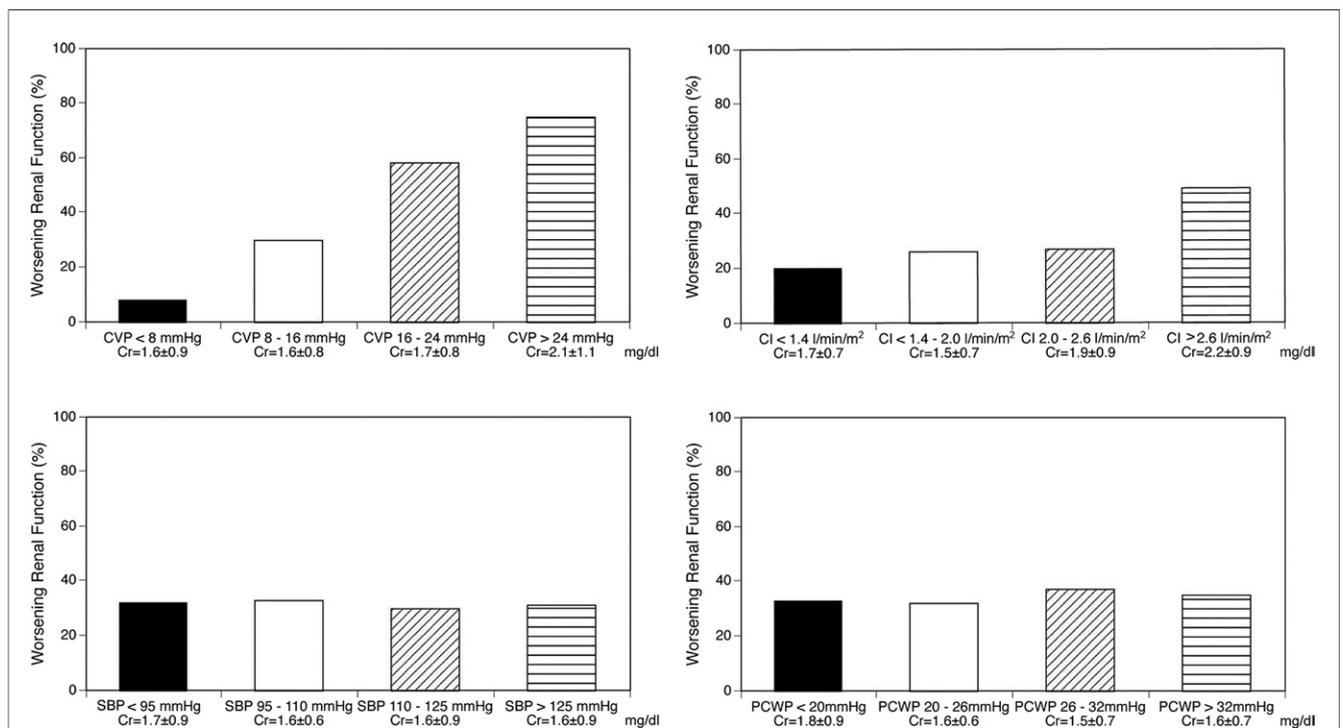
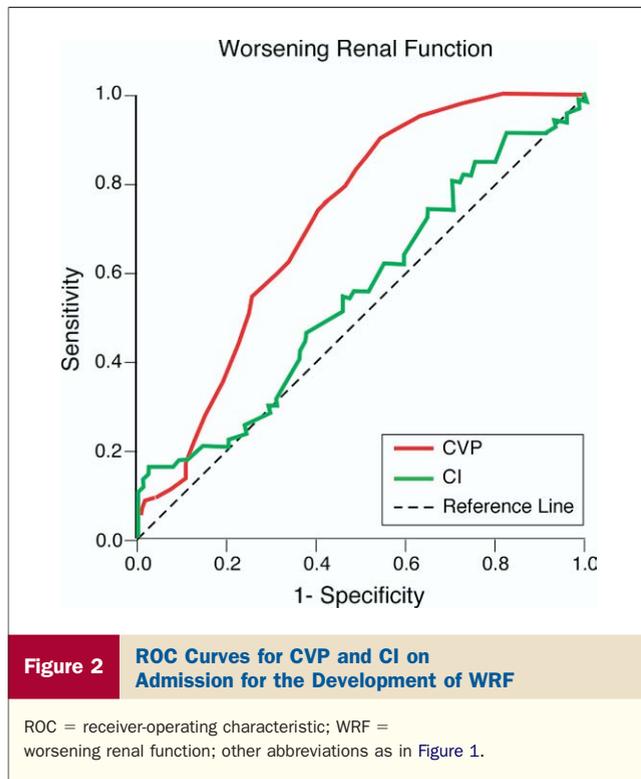


Figure 1 Prevalence of Worsening Renal Function During Hospitalization According to Categories of Admission CVP, CI, SBP, and PCWP

CI = cardiac index; Cr = serum creatinine; CVP = central venous pressure; PCWP = pulmonary capillary wedge pressure; SBP = systolic blood pressure.



in subjects who developed WRF versus those who did not (18 ± 7 mm Hg vs. 12 ± 6 mm Hg, $p < 0.001$). In addition, a significant correlation between admission CVP and severity of WRF was found ($r = 0.4$, $p < 0.0001$). Estimated renal perfusion pressure on admission was similar among patients who did and did not develop WRF (63 ± 15 mm Hg vs. 65 ± 12 mm Hg, $p = 0.2$).

The mean baseline CI was significantly greater (rather than lower) in subjects who developed WRF versus those who did not (2.0 ± 0.8 l/min/m² vs. 1.8 ± 0.4 l/min/m², $p = 0.008$). However, the pattern of change in GFR during hospitalization was similar between those with CI above and below the mean admission CI, indicating that changes in GFR were not related to baseline CI. In addition, using ROC curve analysis, we observed that baseline CVP (0.734, $p < 0.0001$) but not baseline CI (0.552, $p = 0.6$) predicted the development of WRF (difference $p = 0.012$) (Fig. 2). In a separate ROC analysis (not shown), baseline CVP remained a predictor of WRF when patients were categorized according to the presence or absence of diabetes mellitus, hypertension, or significant baseline renal dysfunction. Finally, another subanalysis was performed in patients without severe renal insufficiency ($GFR > 30$ ml/min/1.73 m²). In this subset, patients who developed WRF still had greater admission CVP (17 ± 4 mm Hg vs. 12 ± 5 mm Hg, $p = 0.007$) but similar admission CI (1.9 ± 0.4 l/min/m² vs. 1.8 ± 0.5 l/min/m², $p = NS$).

Impact of hemodynamic changes on incident WRF. Table 2 also compares the hemodynamic measurements from baseline to follow-up, stratified by the presence or absence of incident WRF. All hemodynamic alterations demonstrated

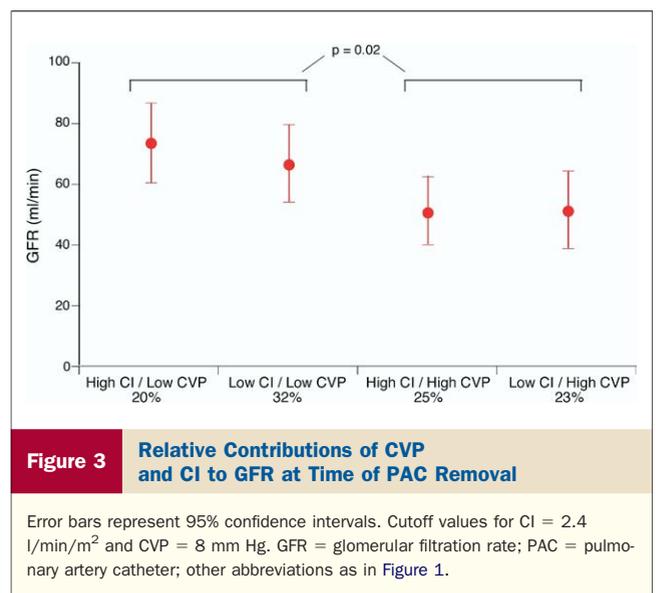
significant improvements after intensive medical therapy as expected (all $p < 0.001$). Heart rate, systolic arterial blood pressure, PCWP, and systolic pulmonary artery pressure at the time of PAC removal remained comparable ($p = NS$) between the 2 cohorts.

Follow-up hemodynamic predictors of incident worsening renal function. At follow-up, the mean CI remained significantly greater (2.7 ± 0.7 l/min/m² vs. 2.4 ± 0.5 l/min/m², $p = 0.01$) and the CVP significantly greater (11 ± 8 mm Hg vs. 8 ± 5 mm Hg, $p = 0.04$) in subjects who developed WRF versus those who did not. In particular, a persistently increased CVP > 8 mm Hg at the time of PAC removal was associated with a greater incidence of WRF (51% vs. 18%, $p = 0.01$). Overall discharge CVP also correlated with the severity of WRF ($r = 0.3$, $p = 0.007$). Finally, discharge CVP rather than discharge CI was associated with renal impairment (lower GFR), as illustrated in Figure 3.

The ability of CVP on admission ($p = 0.01$) or at time of PAC removal ($p = 0.03$) to stratify risk to develop WRF was apparent across the spectrum of heart rate, PCWP, systolic blood pressure, systolic pulmonary artery pressure, CI, serum creatinine, and hemoglobin in multivariable analysis.

Discussion

There have been numerous contemporary reports describing the natural history of the development of WRF in the setting of decompensated heart failure. However, the majority lacked careful cardiac and hemodynamic profiling during the clinical course of WRF. On the basis of early work, WRF often is attributed to hypoperfusion of the kidney due to progressive impairment of cardiac output or intravascular volume depletion secondary to overzealous use of diuretics (6). We observed in our patient population with low-output decompensated HF that besides the presence of intrinsic renal insufficiency, venous congestion (both with



increased CVP on admission as well as insufficient reduction of CVP during hospitalization) was the strongest hemodynamic determinant for the development of WRF. In contrast, impaired CI on admission and improvement in CI after intensive medical therapy had a limited contribution to WRF. These observations provide important clinical confirmation of experimental data that preservation of cardiac output without relieving venous congestion may not necessarily avert the development of WRF. Although many of these findings may seem intuitive to the experienced clinician, the concept of “congestive kidney failure” is of high clinical value with the contemporary epidemic proportions of ADHF where cardiac insufficiency (rather than venous congestion) is often considered the core lesion.

The pathophysiology of WRF in the setting of ADHF is complex and multifactorial. The term “cardiorenal syndrome” is often used to describe progressive renal deterioration with heart failure therapy in an aggressive attempt to relieve congestive signs and symptoms. We chose to use the term “worsening renal function” because there remains much uncertainty regarding the precise definition of the cardiorenal syndrome. Using a clinical surrogate of increase in serum creatinine levels, the authors of previous reports have suggested that WRF occurs in one-third of patients admitted with ADHF (4,5,12). We found this incidence to be even greater (approaching 40%) in a “cold and wet” patient population. Although the initiation or maintenance of certain classes of drugs like angiotensin-converting enzyme inhibitors and loop diuretics has been linked to WRF, we did not find any difference in their usage at admission or during hospitalization to account for the occurrence of WRF (2,13,14). The lower rates of spironolactone use in those developing WRF are likely due to the relative contraindication of the drug in patients with intrinsic renal diseases.

In patients with severe renal insufficiency at baseline, almost 60% developed WRF. Indeed, the greatest quartile of baseline CVP and CI both had the greatest mean serum creatinine and corresponding highest rates of WRF. This finding indicates that the underlying intrinsic kidney disease remains an important determinant of the “reserve” available for the kidneys to relieve congestion and to respond to the insult posed by ADHF and the aggressive diuresis and natriuresis necessary during treatment of ADHF. Naturally, this finding also raises the question as to whether treatment primarily directed with the aim of “renal preservation” should be administered prophylactically, especially in this extraordinary high-risk group.

Worsening renal function occurs during the initial days after treatment for ADHF during hospitalization. As a result, the most commonly assumed cause of WRF has been hypoperfusion of the kidney secondary to low-output or hypotension (leading to pre-renal hypoperfusion or impaired renal “pre-load”) (6). In our patient population, we observed that systemic blood pressures were similar between those with versus without WRF, consistent with previous

reports (2). Also, during intensive medical therapy, systolic blood pressures were carefully monitored and targeted as drugs were being titrated to prevent overzealous hypotension. Although we did not directly assess regional renal perfusion, the persistently increased intracardiac pressures in our patient population (with a mean PCWP in the range of 18 to 19 mm Hg) suggested that the overall vasculature was unlikely to be “under-filled.” In particular, estimated renal perfusion pressures were similar between those with versus without WRF. Clearly, judicious lowering of filling pressures is still of utmost importance to prevent hypoperfusion and pre-renal azotemia, and there are still indicators that careful monitoring can be helpful in vulnerable patients. For example, the ESCAPE (Evaluation Study of Congestive Heart Failure and Pulmonary Artery Catheterization Effectiveness) trial demonstrated that renal function did not worsen when treatment was directed at lowering invasively measured CVP and PCWP, whereas it did worsen in the treatment arm guided by clinical assessment alone (15).

Our data also demonstrate that progressive or persistent impairment of cardiac output may not be the primary culprit in the development of WRF during the treatment for ADHF. Patients who developed WRF did not have a lower CI on admission and at discharge when compared with those without WRF. Furthermore, the patterns of change in GFR were similar between those with a different degree of CI impairment, independent of inotropic usage. However, this is not to imply that impairment of CI itself does not contribute to WRF, as we acknowledge that patients with progressive pump failure or cardiogenic shock may progress to renal impairment as a result of impaired organ perfusion or indirectly through “backward failure” and venous congestion. Instead, our data indicate that in the setting of hemodynamic alterations of ADHF on admission and after treatment, the relative contributions of CI may be less apparent than historically assumed. Thus, even in this advanced heart failure population with relatively low-output cardiac failure and marginal blood pressures, the routine use of inotropic therapy may not necessarily relieve or prevent WRF.

Our observation suggests that the strongest hemodynamic determinant of development of WRF is the presence of venous congestion as measured by elevated CVP, both on admission and at follow-up. There appears to be a near-linear relationship, because if the baseline CVP reached >16 or >24 mm Hg, we observed a sharp increase in the incidence of WRF approaching 59% and 75%, respectively. During treatment for ADHF, persistent venous congestion also posed a very high risk for the development of WRF. Clearly, this could simply be interpreted as a “sicker” patient population with more advanced disease states that were reflected by higher CVP. However, common cardiovascular measures of disease severity (including systolic blood pressure, serum sodium, plasma B-type natriuretic peptide, PCWP, systolic pulmonary arterial pressure, and dosage of loop diuretics) were similar between those with versus without WRF.

The concept of venous congestion being transmitted to the renal veins and kidneys leading to renal dysfunction is supported by a substantial amount of literature from as early as the 1930s. In an experimental model that iatrogenically induced hypervolemia, an increase in renal vein pressure led directly to renal insufficiency independent of cardiac output or renal blood flow (7,8). Importantly, this was also shown to be a reversible phenomenon because lowering of renal vein pressure immediately improved urine output and GFR (7,8). Other studies indicated that temporary renal vein compression resulted in reduced sodium excretion, reduced GFR, and reduced renal blood flow (16–18). Increased CVP also causes an increase in renal interstitial pressure, which might lead to a hypoxic state of the renal parenchyma similar to the mechanism by which hepatic congestion leads to liver dysfunction in heart failure (19–25). In addition, our group recently provided some mechanistic data to suggest the contributions of increased intra-abdominal pressure caused by visceral edema or ascites in this pathophysiology (26). However, prolonged increases in plasma volume or CVP will attenuate several vascular reflexes, leading to an impaired arterial responsiveness, thereby further impairing the effective renal blood flow (27–32). Increased CVP also has been associated with reduced GFR in patients with primary pulmonary hypertension and relatively preserved cardiac outputs (33). Finally, a recent subanalysis of the ESCAPE trial also suggested that incident WRF was related to CVP (34).

It is conceivable that, in the setting of ADHF, the development of “congestive kidney failure” led by increased renal venous pressure from venous congestion (increased renal afterload) and increased renal interstitial pressure (intrinsic renal compromise) might be underappreciated mechanisms by which WRF develops. These findings may therefore help to explain why extrarenal strategies that primarily aim to relieve venous congestion (such as ultrafiltration) may be effective in alleviating “congestive kidney failure” in selected cases of HF rather than those augmenting cardiac output or forward perfusion. We believe that this is an important conceptual shift with broad implications, implying that the search for future ADHF therapies should focus on strategies that allow safe and optimal reduction of venous congestion to prevent such a devastating complication.

Study limitations. There are several limitations in our study, including the lack of serial weight assessments and direct measurements on glomerular filtration. There were no direct physiological measurements of renal hemodynamics or regional intravascular volume to fully explain the complex underlying pathophysiology, although CI has been considered a reasonable surrogate for renal blood flow under the circumstances. To analyze CI, a standard resting metabolic rate was assumed, but overall CI assessed by Fick was comparable to those assessed by thermodilution. Although differences in hemoglobin concentration also might have contributed to differences in absolute oxygen delivery to the

kidney, arteriovenous oxygen differences on admission could be retrieved in 50% of patients and were found to be similar between patients with and without WRF. The relatively low admission rates of neurohormonal antagonists and the difference in spironolactone use were probably secondary to the underlying kidney disease, severity of the heart failure, and the withholding of medications due to intolerance related to their “cold and wet” conditions. Finally, although invasive measurements were used in our protocol, it is not the intention of these data to imply the need for invasive monitoring, but solely to understand the hemodynamic contributors of WRF in ADHF.

Conclusions

In our cohort of patients with advanced HF admitted for decompensation, WRF was commonly observed despite hemodynamic improvements with intensive medical therapy. Our data imply that, apart from intrinsic renal insufficiency, the presence of venous congestion, rather than reduced cardiac output, may be the primary hemodynamic factor driving WRF in this patient population.

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