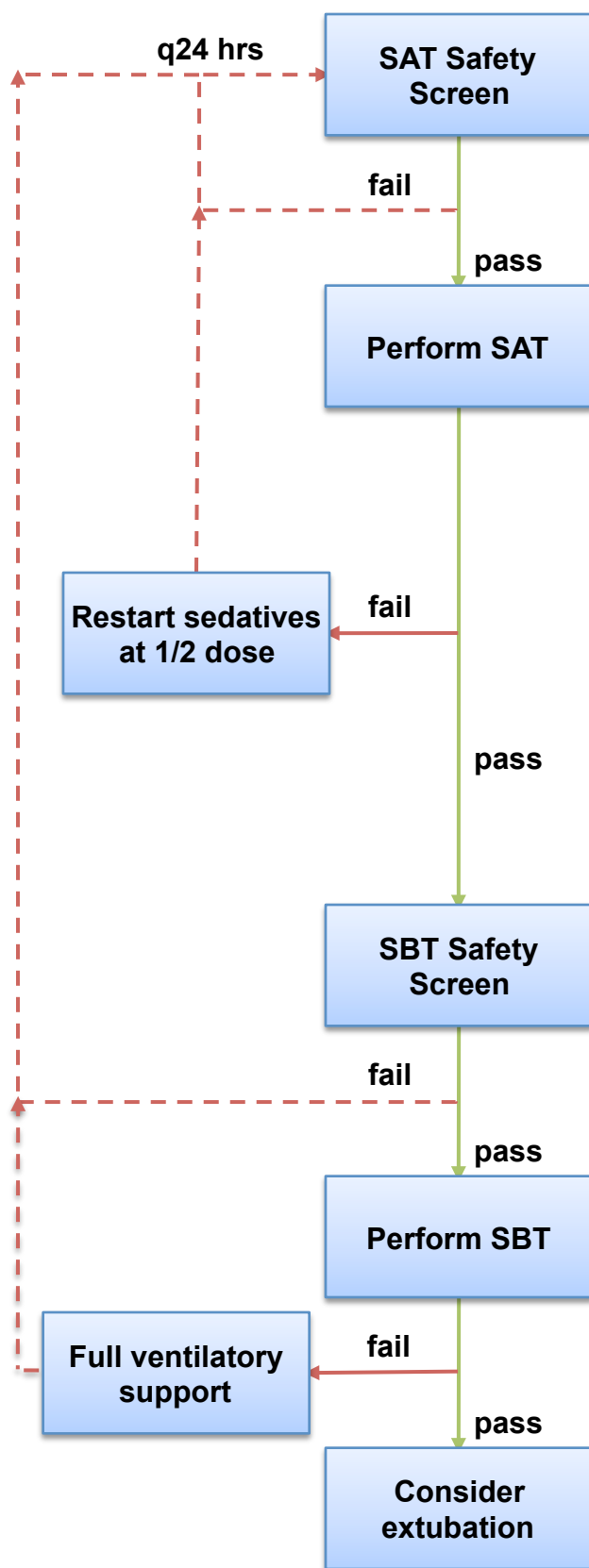


“Wake Up and Breathe” Protocol*

Spontaneous Awakening Trials (SATs) + Spontaneous Breathing Trials (SBTs)



SAT Safety Screen

No active seizures
 No alcohol withdrawal
 No agitation
 No paralytics
 No myocardial ischemia
 Normal intracranial pressure

SAT Failure

Anxiety, agitation, or pain
 Respiratory rate > 35/min
 SpO₂ < 88%
 Respiratory distress
 Acute cardiac arrhythmia

SBT Safety Screen

No agitation
 Oxygen saturation ≥ 88%
 FiO₂ ≤ 50%
 PEEP ≤ 7.5 cm H₂O
 No myocardial ischemia
 No vasopressor use
 Inspiratory efforts

SBT Failure

Respiratory rate > 35/min
 Respiratory rate < 8/min
 SpO₂ < 88%
 Respiratory distress
 Mental status change
 Acute cardiac arrhythmia