



Abdominal sepsis

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Purpose of review

To summarize the recent evidence on the treatment of abdominal sepsis with a specific emphasis on the surgical treatment.

Recent findings

A multitude of surgical approaches towards abdominal sepsis are practised. Recent evidence shows that immediate closure of the abdomen has a better outcome. A **short** course of **antibiotics** has a **similar** effect as a **long** course of antibiotics in patients with intra-abdominal infection **without severe sepsis**.

Summary

Management of abdominal sepsis requires a multidisciplinary approach. **Closing the abdomen** permanently after source control and **only reopening** it in case of **deterioration** of the patient without other (percutaneous) options is the **preferred** strategy. There is no convincing evidence that damage control surgery is beneficial in patients with abdominal sepsis. **If** primary **closure** of the abdomen is **impossible** because of excessive visceral edema, delayed closure using **negative pressure therapy** with continuous **mesh-mediated fascial traction** shows the **best** results.

Keywords

abdominal sepsis, relaparotomy, source control, surgical treatment, temporary abdominal closure

INTRODUCTION

Abdominal sepsis, or **secondary peritonitis**, is a challenge faced by many surgeons worldwide every day. Multiple underlying diseases causing abdominal sepsis can be identified and treatment depends on the type and severity. Immediate diagnosis and correct treatment are of utmost importance to improve patients' outcome. This review will focus on the treatment of abdominal sepsis with a specific emphasis on surgical treatment. Especially **new evidence** published in the last few years will be discussed.

ABDOMINAL SEPSIS

An intra-abdominal infection (IAI) is, after a pulmonary focus, regarded as the second most common cause of sepsis [1]. An uncomplicated IAI rarely gives rise to critical illness with failure of other organs. Conversely, a complicated IAI (cIAI) that is caused by a disruption of the gastrointestinal tract or other hollow viscus, results in either localized or diffuse inflammation of the peritoneum and subsequent sepsis. This situation is also referred to as abdominal sepsis or secondary peritonitis. Abdominal sepsis can be caused by a **spontaneous** perforation, for example, gastric ulcer perforation, complicated diverticulitis (community acquired) or as a

complication of elective abdominal **surgery** (health-care associated). This **distinction** is **crucial** with respect to underlying **pathogens** and related **antibiotic treatment choice**.

Because of a variety of definitions and patient characteristics **mortality rates** reported vary between **7.6** and **36%** [2–4]. Recently, Sartelli *et al.* have conducted two large studies covering a wide geographical area and reported an **overall mortality rate** of abdominal sepsis of **7.6%** in **Europe** [2] and 10.5% worldwide [5]. In 2016, an international group of experts has updated the definitions for sepsis and septic shock originally developed in 1991 [6] and first updated in 2001 [7]. **Sepsis** is **defined** as **life-threatening organ dysfunction** caused by a **dysregulated host response to infection**. Organ dysfunction itself can be identified as an acute change in total

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KEY POINTS

- The key task in the surgical management of patients with abdominal sepsis is **source control**.
- After adequate **source control**, a **short** course of **antibiotics** (4 ± 1 days) has been shown similarly as effective as antibiotics until resolution of symptoms in patients with intra-abdominal infection **without severe sepsis**.
- **Immediate closure** of the **abdomen** and **only reopening** it in case of **deterioration** of the patient without other (percutaneous) options is the preferred strategy in abdominal sepsis.
- There is no convincing evidence that damage control surgery is beneficial in patients with abdominal sepsis, but this approach interferes with the **principle of closing the abdomen whenever possible**.
- If **closing** the abdomen is **impossible** due to excessive visceral edema or reopening the abdomen is needed in case of an actual abdominal compartment syndrome, **negative pressure therapy** with **continuous mesh-mediated fascial traction** shows the best results.
- Thus far, the available evidence does **not favor laparoscopic peritoneal lavage** as a **safe** treatment for abdominal sepsis caused by **complicated diverticulitis**.

sequential [Sepsis-related] Organ Failure Assessment (SOFA) score of **two** or **more** points [8[¶]]. A subset of sepsis, in which circulatory, cellular, and metabolic abnormalities result in suboptimal tissue oxygenation and perfusion is defined as **septic shock** and associated with a greater risk of mortality [9[¶]]. According to the Surviving Sepsis guidelines [10] **resuscitation** in the **first 6 h**, to maintain tissue perfusion, is of **utmost importance** to prevent multi-organ failure and to improve outcome.

ANTIMICROBIAL AND ANTIFUNGAL THERAPY

Immediate administration of **broad-spectrum antibiotics as soon as cultures** have been taken can be lifesaving. However, the preferred strategy might be patient and origin dependent. Targeted therapy should be based on **culture results** and **checked** at least **twice a day** by the treating team. Every 30 min delay of the administration of antibiotics can worsen outcome [11]. A Cochrane review by Wong *et al.* [12] showed that no specific recommendations can be made for the first line antibiotic treatment in adults with abdominal sepsis, as **all regimens showed equivocal efficacy**. Therefore, the decision for a specific antimicrobial strategy requires other

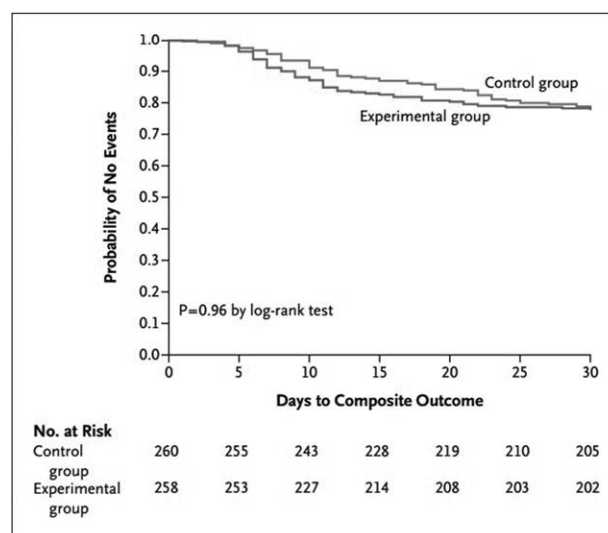


FIGURE 1. Kaplan–Meier time-to-event curve for the composite outcome, according to treatment group in the STOP-IT trial. Taken from Sawyer *et al.* *NEJM* 2015 [13^{¶¶}], permission granted.

factors to consider, such as local guidelines and preferences, microbial resistance patterns, ease of administration, costs, and availability.

Worldwide, antimicrobial resistance is an increasing problem mainly caused by misuse and consequently overuse of antibiotics. The **STOP-IT trial** of Sawyer *et al.* [13^{¶¶}] has randomized 518 patients with an IAI to receive antibiotics until **2 days after the resolution** of clinical **symptoms** (fever, leukocytosis, and ileus) **versus** a **fixed short** course of **antibiotics** (4 ± 1 days). On average, the two groups show a difference in duration of treatment: **4** days in the experimental group versus **8** days in the control group [absolute difference -4.0 , 95% confidence interval (CI): -4.7 to -3.3]. **No** significant between-group **difference** is found in the composite endpoint of **surgical site infection**, recurrent **intra-abdominal infection** and **death** (absolute difference, -0.5 percentage point, 95% CI: -7.0 to 8.0 ; $P=0.92$). The Kaplan–Meier curve is shown in Fig. 1. However, some crucial remarks can be made about this trial that determine which weight should be given to its results. First, given the number of included patients versus participating centers the number of included patients per center per year is **very low**, pointing towards a **highly selected study population**. Secondly, included patients were **not severely ill** or septic as the median **APACHE-II** score was only **10.1** (standard deviation: 0.3) and **mortality 1%**. Median **hospital stay** was only **7 days** and about a **third** of the patients were treated by **drainage** with surgery. Thirdly, **only 77.2%** of patients **received** the allocated **treatment**,

whereas for the remaining patients no difference in treatment between the two groups was achieved. Finally, the STOP-IT trial was **prematurely terminated because of 'futility concerns'** against the background of slow accrual, whereas criteria for futility interim analysis were not described in the protocol nor was such analysis desirable from a methodological point of view. This resulted in **only 39.6%** (400 of the actually included 518) of the **calculated sample size** of 1010 patients being available that really received the targeted experimental or control treatment.

Last year, several articles based on **new analyses** of the **STOP-IT** trial data have been published. These studies have found that a **short course of antibiotics** is also safe for patients with known risk factors for complications (diabetes, obesity, or increased severity of illness) [14[¶]] as well as for patients who had **percutaneous drainage** of an intra-abdominal abscess [15[¶]] or presented with **sepsis** [16[¶]]. A recently published post hoc analysis of this study also reveals that addition of vancomycin occurred in nearly one third of the patients and often in more severely ill patients. Despite this selection bias, no substantial differences in adverse outcomes are demonstrated based on the STOP-IT trial data, suggesting **limited utility for adding vancomycin** to abdominal sepsis treatment regimens [17[¶]].

Intra-abdominal sepsis with *Candida* species is associated with **poor outcome** [18[¶]]. A recent study has isolated *Candida* spp. in 28.9% of the patients with secondary peritonitis [19[¶]]. The **Amarcand2 study** [20[¶]], a prospective cohort study in **France**, has compared **antifungal** therapy, **empiric**, and **targeted** in patients with *Candida* peritonitis. Among the 279 ICU patients receiving systemic antifungal therapy for *Candida* peritonitis, **26%** were treated based on **proven infection**, **30%** were treated for **suspicion** of *Candida* peritonitis eventually confirmed, and **43%** had eventually **no *Candida* peritonitis**. The day-28 **mortality** was **similar** in both groups (24% and 28% in the **confirmed** and **non-confirmed *Candida* peritonitis**, respectively), and

was **similar** whether the treatment was **empiric** or **targeted**. A **delayed initiation** of systemic **antifungal** therapy did **not affect the prognosis** for **severely ill** patients (SOFA \geq 7), while it **increased** the **death** rate among **less severely ill** patients.

Aforementioned studies and outcomes endorse the importance of a careful and thorough approach to antibiotic and antifungal use. Specific recommendations on therapy selection are beyond the scope of the present review but a clear overview has been published in 2016 by **Sartelli *et al.*** [21^{¶¶}].

SURGICAL STRATEGIES

The **key task** in the surgical management of patients with abdominal sepsis is **source control**. Resection of the affected organ and/or restoration of the gastrointestinal tract are the crucial steps in eliminating abdominal sepsis. Different surgical strategies have been used over the years, depending on surgeon and setting. Generally, **three different surgical approaches** towards abdominal sepsis can be distinguished; a **planned relaparotomy** (PR), a **(planned) open abdomen** (OA), and a **relaparotomy on demand** (ROD). Definitions are presented in Table 1.

In the planned strategy, the surgeon **reevaluates** the abdominal cavity, usually **every 36–48 h**, until peritonitis is absent. In the case of an OA the fascia is intentionally not approximated or not possible to approximate. The former two strategies are in contrast with a ROD, where the abdomen is closed primary and the patient is reoperated only in case of deterioration or lack of improvement with presumably an abdominal focus.

Up to 2007, a PR was a commonly performed strategy. This changed when the **RELAP trial** was published [3]. In this study, 232 patients with severe peritonitis were randomized between a PR and a ROD. The primary endpoint was death and/or peritonitis related morbidity within a 12-month follow-up period. A total of 42% of the ROD patients underwent a relaparotomy compared with 94% of the PR patients. **No significant difference** in

Table 1. Definitions

PR	Planned relaparotomy	Reevaluation of the abdominal cavity every 36–48 h, until peritonitis is absent
ROD	Relaparotomy on demand	The abdomen is permanently closed and the patient is re-operated only in case of deterioration
OA	Open abdomen	The fascia is intentionally not approximated or not possible to approximate
DCS	Damage control surgery	Staged laparotomy for patients who are physiologically decompensated. In the first procedure only life-saving procedures are performed and reconstructive surgery is delayed
RSCL	Rapid source control laparotomy	Damage control surgery for abdominal sepsis
TAC	Temporary abdominal closure	A temporary closure of the abdomen to avoid damage to the abdominal content and prevent retraction of the fascia
PL	Peritoneal lavage	Lavage of the abdominal cavity without resection of the infected organ

composite primary endpoint was found (57% ROD vs. 65% planned, $P=0.25$). However, a substantial reduction in relaparotomies, healthcare utilization, medical costs, and ICU and hospital stay were found [3]. In the same year, Robledo *et al.* [22] published a RCT including 40 patients with severe peritonitis and randomized between OA and ROD. This study was stopped halfway because of a twofold increased risk of death in the OA group (relative risk and odds ratio for death were, respectively, 1.83 and 2.85 times higher).

Unfortunately, the favorable results of an on-demand strategy are not generally recognized and some surgeons still perform planned relaparotomies. One possible explanation is that the surgeon may not be confident about source control and therefore defers definitive closure of the abdomen. For this scenario the phrase 'a PR is for the surgeon not for the patient', is particularly applicable. In our opinion, this strategy should be strongly discouraged considering the risks of unselected reopening the abdomen while two thirds subsequently demonstrate negative findings. More explicit, ROD is absolutely the preferred strategy if one weighs the low risk of (short-term) complications against the risk of long-term complications (as seen for PR). Another explanation for the persistent use of unselected relaparotomies is the damage control surgery (DCS) approach, adopted from trauma care, also in patients with abdominal sepsis [23]. DCS refers to staged laparotomies to manage trauma patients who are physiologically decompensated. In the first laparotomy, only necessary and limited procedures are performed (i.e., stapling of the damaged bowel or intra-abdominal packing for bleeding) and reconstructive surgery is performed when a patient is hemodynamically stable again. Adapted from trauma surgery, DCS in abdominal sepsis is often referred to as rapid source control laparotomy (RSCL). To decide for DCS in trauma patients the lethal triad parameters (hypothermia, acidosis, and coagulopathy) are applied [24]. A recently published retrospective study of Becher *et al.* [25] evaluated whether this lethal triad is also applicable for non-trauma patients. No survival advantage was found in this study. However, in patients with elevated lactate, $\text{pH} \leq 7.25$, age ≥ 70 years, and male sex performing a RSCL may decrease mortality in patients with preoperative severe sepsis or septic shock. Prospective validation of these parameters is still required. A three group propensity score matched case cohort study [26] compared DCS in intraperitoneal sepsis (RSCL) to DCS in penetrating trauma and blunt trauma. Propensity scoring was performed using demographic and presenting physiologic data. They found that in patients with

RSCL the rate of primary fascial closure was lowest and time to definitive closure was increased [relative risk (RR): 1.8; 1.3–2.2; $P < 0.03$]. Intra-abdominal complication and mortality rates were higher for RSCL. These results strongly support the concept that abdominal trauma and abdominal sepsis require a different approach. There is no convincing evidence that DCS or RSCL is beneficial in patients with abdominal sepsis. Therefore, we recommend, without delay, a prompt solution to close the abdomen and no 'hit and run' surgery. If fear for anastomotic leakage in a hemodynamically unstable patient exists, opting for a deviating enterostomy or no anastomosis can be considered [27].

Predicting which patients require a ROD remains challenging. A study investigating different scoring systems on the RELAP data did not find any of the widely used scoring systems of clinical value in decision making [28]. A new prediction model was developed [29] and recently validated in 69 patients and 161 assessments [30]. This model showed fair accuracy (AUC or ROC: 0.79). In clinical practice, a low score showed a good negative predictive value for ongoing sepsis.

Some surgeons fear an abdominal compartment syndrome (ACS) and therefore choose to intentionally leave the abdomen open. In our opinion, delayed instead of primary closure is not justifiable for the prevention of an ACS. With adequate resuscitation volumes (vasoactive agents, colloid resuscitation, and limit crystalloids) bowel edema can be decreased and organ perfusion will be maintained. If needed, abdominal fluid collections can be removed by percutaneous catheter drainage. Applying these concepts, ACS is an infrequent complication of abdominal sepsis, and therefore, does not justify an intentional OA. For treatment of ACS, opening the abdomen is usually unavoidable.

Nonetheless, in approximately 10% of patients with abdominal sepsis, primary fascial closure is not possible due to excessive visceral edema [3]. However, to avoid evisceration and to increase chances of delayed closure, temporary abdominal closure (TAC) is required to avoid damage to the abdominal content and retraction of the fascia. TAC techniques are numerous with significantly different results, and the risk of enterocutaneous fistula formation (ECF) is considerable in many – if not all – of these techniques. A recently published systematic review and meta-analysis of Atema *et al.* [31] describes the results of different TAC techniques; negative pressure wound therapy (NPWT), NPWT with continuous mesh-mediated fascial traction, dynamic retention sutures, mesh inlay, Bogota bag, zipper, loose packing, and Wittman patch. This review includes 78 series (of which only one RCT) of OA

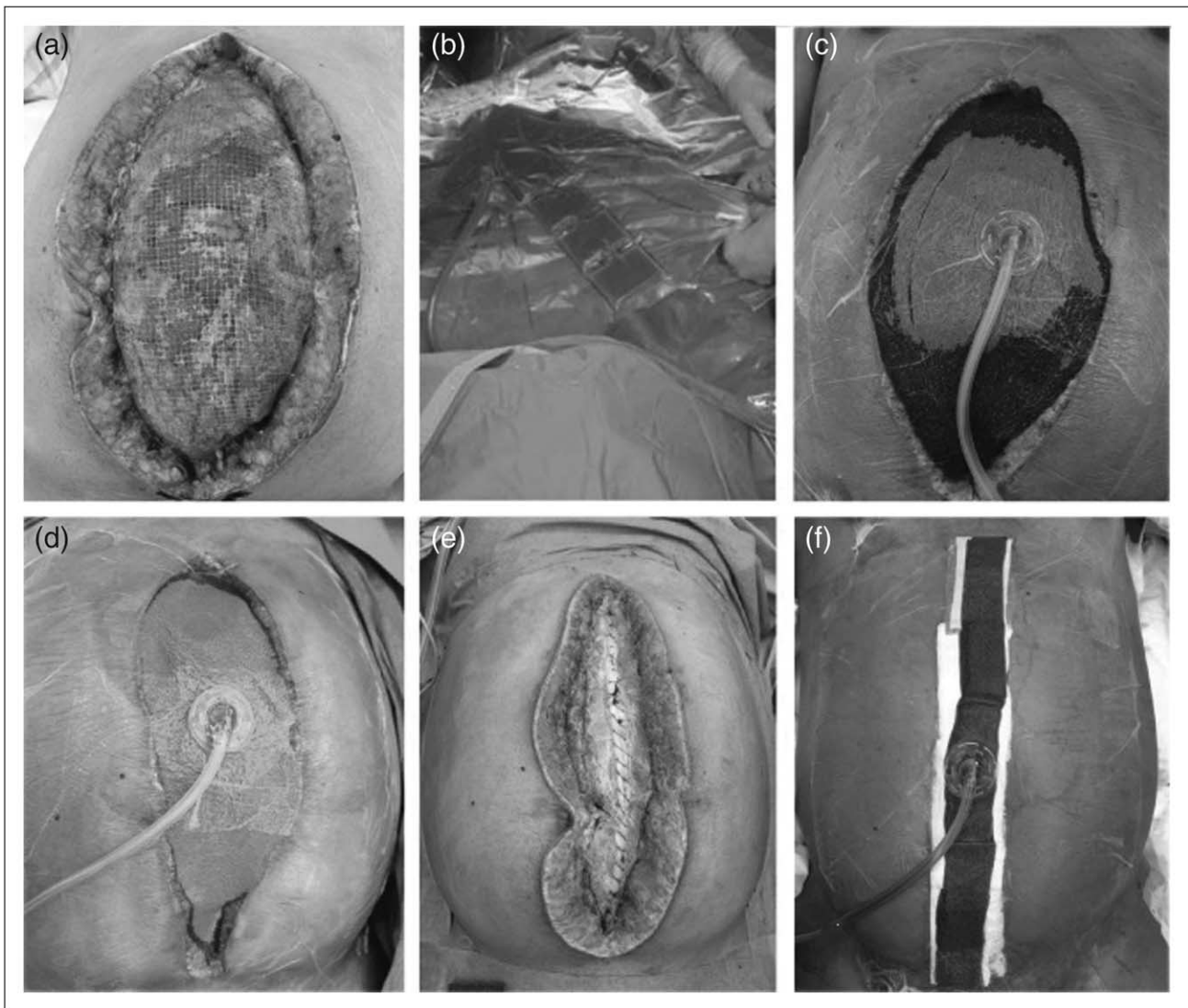


FIGURE 2. Negative pressure therapy with continuous mesh-mediated fascial traction after decompression laparotomy for abdominal compartment syndrome due to intra-abdominal infection. This therapy comprises a proactive closure planning that ideally should be completed within 8 days. (a) Initial temporary abdominal closure with inlay lightweight synthetic mesh closure after decompression laparotomy. (b) Since this inlay mesh is not a good solution an AbThera device was placed 2 days later. The lightweight mesh was removed. Here preparing for placement of the visceral protective sheet of AbThera with its octopus-like shaped foam between the two layers of the sheet. On top of the AbThera sheet, a new heavy weight synthetic mesh is placed as an inlay to the medial fascial edges. The mesh is closed on traction over the visceral protective layer of AbThera. (c) A perforated foam layer and adhesive drape applied on top of the AbThera sheet and mesh, and connected to negative pressure pump. (d) Situation after 2 AbThera changes. (e) Fourth AbThera change, the synthetic mesh is reefed almost maximally. The underlying visceral protective sheet of AbThera is visible. (f) Final closure step when the AbThera and synthetic mesh are removed, and the fascia is closed completely. Here, fascial closure was done over an intra-abdominal sublay Strattice biologic mesh that can hold high lateral tension without tearing because of remnant visceral edema. The skin was closed and closed incision negative pressure wound therapy was applied.

in 4358 patients of whom 50% or more had peritonitis of nontrauma origin. NPWT with continuous mesh-mediated fascial traction shows the best results with a 73.1% weighted fascial closure rate, 20% weighted mortality rate and only a 5.7% weighted fistula rate. In this technique, the mesh

is only temporary, and removed during the final fascial closure step, as demonstrated in Fig. 2. The results of the other abdominal closure techniques are shown in Table 2.

If an OA is inevitable (due to visceral edema) and a TAC technique is applied, it is strongly advised to

Table 2. Weighted percentage of patients with an etiology of peritonitis, delayed primary fascial closure, enteroatmospheric fistula and mortality per temporary abdominal closure technique

TAC technique	Series	n	Patients	Peritonitis etiology		Fascial closure		Fistula		Mortality	
				%	(95% CI)	%	(95% CI)	%	(95% CI)	%	(95% CI)
NPWT	32	1627		82.8 ^a	(77.5–87.0)	51.5 ^{a,b}	(46.6–56.3)	14.6 ^a	(12.1–17.6)	30.0 ^a	(25.6–34.8)
NPWT with fascial traction	6	463		90.3 ^{a,b}	(69.6–97.4)	73.1 ^a	(63.3–81.0)	5.7 ^{a,b}	(2.2–14.1)	21.5 ^a	(15.2–29.5)
Mesh	8	583		84.6 ^{a,b}	(72.9–91.8)	34.2 ^{a,b}	(9.7–71.5)	17.2 ^a	(9.3–29.5)	34.4 ^{a,b}	(23.0–48.0)
Bogota bag	6	363		88.5 ^{a,b}	(74.1–95.4)	47.0 ^{a,b}	(14.1–82.7)	10.4 ^a	(5.9–17.8)	27.1 ^a	(18.0–38.6)
Zipper	5	124		92.9	(85.3–96.8)	34.0 ^a	(16.7–56.9)	12.5	(7.0–21.2)	39.1	(30.8–48.0)
Dynamic retention sutures	5	77		80.1	(60.7–91.2)	73.6	(51.1–88.1)	11.6	(4.5–26.9)	11.1	(4.5–25.0)
Loose packing	2	42		96.6	(84.2–99.3)	na		15.7	(7.4–30.4)	40.0 ^a	(25.5–56.5)
Wittmann patch ^c	1	128		85		119		3		24	

Data taken from Atema *et al.* World Journal of Surgery 2015 [31[■]].

^a $\chi^2 < 0.1$.

^b $I^2 > 75\%$.

^cActual numbers given instead of percentages.

na, not applicable (combined number of patients ≤ 20); NPWT, negative pressure wound therapy; TAC, temporary abdominal closure.

stepwise close the fascia as soon as possible as early closure is associated with better outcome. A systematic review and meta-analysis by Chen *et al.* [32] has shown significantly lower mortality [odds ratio (OR): 0.53; 95% CI: 0.40–0.70] and postoperative complications (OR: 0.68; 95% CI: 0.52–0.90) in favor of early fascial closure as compared to delayed fascial closure for nontrauma patients. Two more recent studies confirm this conclusion. Smith *et al.* [26[■]] have shown that patients whose definitive closure is delayed for more than 8 days are more than twice at risk of death at 90 days follow-up (RR: 2.15; 1.2–3.5; $P < 0.002$). Loftus *et al.* [33[■]] have performed a retrospective cohort study comparing trauma and intra-abdominal sepsis patients treated with OA and NPWT as TAC, showing that trauma patients have a higher fascial closure rate at discharge (90 vs. 76%). Moreover, predictive factors for fascial closure are different for trauma and non-trauma patients. For patients with abdominal sepsis a relaparotomy within 48 h is associated with successful fascial closure, possibly because closure is then part of the reoperative plan, whereas ≥ 3 diagnostic or therapeutic laparotomies are associated with failure to achieve fascial closure.

A potential new strategy in the inevitable OA is the use of a noncrosslinked biologic mesh. The biologic mesh has shown potential in contaminated (bridging) hernia repairs [34] but studies in the acute setting are lacking. The potential advantage is the ability to bridge the fascial gap and thereby close the abdominal cavity without the need for short-term, additional closure procedures (bridging technique). With this technique, the abdomen can be closed

immediately, without additional surgery as is required for most TAC techniques. Last but not least, due to the characteristics of the noncrosslinked biologic mesh tremendous fascial traction is possible, increasing the chances of primary fascial closure over an intra-abdominal sublay biologic mesh (reinforcement technique). Although initial costs of the use of a biologic mesh may seem high, a successful and early fascial closure likely prevents many complications and possibly costs arising from an OA or repeated sheet changes associated with negative pressure therapy.

THE ROLE OF PERITONEAL LAVAGE

(Laparoscopic) peritoneal lavage (PL) has been proposed as a promising alternative to provide source control instead of resection. However, most studies on the subject have been performed in patients with diverticulitis Hinchey classification stage 3–4, and controversial outcomes are reported.

A recent RCT of Angenete *et al.* [35[■]], the DILALA trial, has evaluated short-term outcomes (12 weeks) in patients with purulent peritonitis (Hinchey III) receiving either laparoscopic peritoneal lavage (LPL) or a colonic resection and stoma (Hartmann's procedure). Morbidity and mortality after laparoscopic lavage are not significantly different compared with a Hartmann's procedure. However, LPL resulted in shorter operating time, shorter time in the recovery unit, and shorter hospital stay. Catry *et al.* [36[■]] have shown in a prospective observational study, including 40 patients, that LPL for perforated diverticulitis is associated with a high risk of inadequate intra-

abdominal sepsis control requiring a Hartmann's procedure in up to 25% of patients. These results are in line with another recently published RCT [37[¶]]. The Dutch LOLA/LADIES-trial compared LPL to Hartmann procedure in patients with diverticulitis Hinchey stage III/IV. Due to a higher combined major morbidity and mortality rate in the LPL group within 30 days after operation or in hospital (39 vs. 8%; OR: 2.74; 95% CI: 1.03–7.27; $P=0.0427$), the trial was terminated prematurely. Therefore, the authors concluded that **LPL is not superior to sigmoidectomy for the treatment of purulent perforated diverticulitis**. Also published in 2015 is the SCANDIV trial [38^{¶¶}], a randomized clinical superiority trial including 199 patients for either LPL or colon resection. The primary outcome, being severe postoperative complications (**Clavien-Dindo score > IIIa**) within 90 days, was observed in 30.7% of the patients in the LPL group and in 26.0% of the colon resection group [difference, 4.7% (95% CI: –7.9% to 17.0%); $P=0.53$]. There was **no significant difference in mortality** (13.9% vs. 11.5%), difference, 2.4% (95% CI: –7.2%–11.9%); $P=0.67$. However, the **reoperation rate in the LPL group was significantly higher** [15 of 74 patients (20.3%)] than in the colon resection group [four of 70 patients (5.7%); difference, 14.6% (95% CI: 3.5%–25.6%); $P=0.01$]. Moreover, **four sigmoid carcinomas were missed with LPL**. These results do not support LPL for treatment of perforated diverticulitis.

Resection and primary anastomosis may be **safer** and more **effective**, but for a firmer conclusion the results of the other part of the LADIES trial, comparing resection with primary anastomosis to Hartmann procedure, need to be awaited. **So far, the available evidence does not favor LPL**. However, long-term outcomes of the DILALA trial and completion of the LAPLAND trial [39,40] are still needed.

CONCLUSION

Management of abdominal sepsis requires a multidisciplinary approach. Closing the abdomen after source control and only reopening it in case of deterioration of the patient without other (percutaneous) options is the preferred strategy in abdominal sepsis. There is no convincing evidence that damage control surgery is beneficial in patients with abdominal sepsis, but this approach interferes with the principle of closing the abdomen whenever possible. If closing the abdomen is not possible due to excessive visceral edema or reopening the abdomen is needed in case of an actual ACS, negative pressure therapy with continuous mesh-mediated fascial traction shows the best results.

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Conflicts of interest

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The remaining authors have no conflicts of interest.

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This study describes that a short course of antibiotics in complicated intra-abdominal infection is also safe for patients presenting with sepsis.

17. Sanders JM, Tessier JM, Sawyer RG, *et al.* Inclusion of vancomycin as part of broad-spectrum coverage does not improve outcomes in patients with intra-abdominal infections: a post hoc analysis. *Surg Infect (Larchmt)* 2016; 17:694–699.

This posthoc analyses of the STOP-IT trial reveals that addition of vancomycin in patients with complicated intra-abdominal infection showed no substantial differences in undesired outcomes.

18. Bassetti M, Righi E, Ansaldi F, *et al.* A multicenter multinational study of abdominal candidiasis: epidemiology, outcomes and predictors of mortality. *Intensive Care Med* 2015; 41:1601–1610.

This study collected international data on patients with intra-abdominal candidiasis and concluded that low percentages of concomitant candidemia and high mortality rates are documented.

19. Steinbach CL, Topper C, Adam T, Kees MG. Spectrum adequacy of antibiotic regimens for secondary peritonitis: a retrospective analysis in intermediate and intensive care unit patients. *Ann Clin Microbiol Antimicrob* 2015; 14:48.

This study analyzed, in 242 patients, the probability of common antimicrobial regimens to cover all relevant pathogens isolated in one individual patient with secondary peritonitis on the intermediate and intensive care. A rational approach to assess the adequacy of antimicrobial regimens in secondary peritonitis was demonstrated, which may help to adjust local guidelines or to select candidate regimens for clinical studies.

20. Montravers P, Perrigault PF, Timsit JF, *et al.* Antifungal therapy for patients with proven or suspected candida peritonitis: **Amarcand2**, a prospective cohort study in French intensive care units. *Clin Microbiol Infect* 2016. [Epub ahead of print]

The Amarcand2 study compared the clinical characteristics and prognosis of ICU patients treated for *Candida* peritonitis (CP) and concluded that in only 56.6% of the patients systemic antifungal therapy (SAT) was justified. This study demonstrates overtreatment of *Candida* which also significantly worsens prognosis when the administration of SAT was late in less severe CP patients.

21. Sartelli M, Weber DG, Ruppe E, *et al.* Antimicrobials: a global alliance for optimizing their rational use in intra-abdominal infections (AGORA). *World J Emerg Surg* 2016; 11:33.

The authors present a clear overview of the rational use of antibiotic therapy in intra-abdominal infections. They hope to actively raise awareness for the overuse of antimicrobials, the growing emergence of multidrug resistant organisms and the limited development of new agents available to counteract them.

22. Robledo FA, Luque-de-Leon E, Suarez R, *et al.* Open versus closed management of the abdomen in the surgical treatment of severe secondary peritonitis: a randomized clinical trial. *Surg Infect* 2007; 8:63–72.

23. Weber DG, Bendinelli C, Balogh ZJ. Damage control surgery for abdominal emergencies. *Br J Surg* 2014; 101:e109–e118.

24. Feliciano DV, Mattox KL, Jordan GL Jr. Intra-abdominal packing for control of hepatic hemorrhage: a reappraisal. *J Trauma* 1981; 21:285–290.

25. Becher RD, Peitzman AB, Sperry JL, *et al.* Damage control operations in nontrauma patients: defining criteria for the staged rapid source control laparotomy in emergency general surgery. *World J Emerg Surg* 2016; 11:10.

In this study the authors evaluated the criteria for DCS in nontrauma patients and tried to define the criteria for staged rapid source control laparotomy. Prospective validation of these parameters is still required.

26. Smith JW, Nash N, Procter L, *et al.* Not all abdomens are the same: a comparison of damage control surgery for intra-abdominal sepsis versus trauma. *Am Surg* 2016; 82:427–432.

This study compared DCS in both trauma and intraperitoneal sepsis patients and found that outcomes are different. These results endorse the theory that abdominal trauma and abdominal sepsis require a different approach.

27. Vaizey CJ, Maeda Y, Barbosa E, *et al.* European Society of Coloproctology consensus on the surgical management of intestinal failure in adults. *Colorectal Dis* 2016; 18:535–548.

This paper gives an overview of the current position and practice of leading European experts in intestinal failure (IF) treatment. It provides guidance to support surgeons in the optimal management of patients with IF and how to prevent IF.

28. van Ruler O, Kiewiet JJ, Boer KR, *et al.* Failure of available scoring systems to predict ongoing infection in patients with abdominal sepsis after their initial emergency laparotomy. *BMC Surg* 2011; 11:38.

29. Kiewiet JJ, van Ruler O, Boermeester MA, Reitsma JB. A decision rule to aid selection of patients with abdominal sepsis requiring a relaparotomy. *BMC Surg* 2013; 13:28.

30. Atema JJ, Ram K, Schultz MJ, *et al.* External validation of a decision tool to guide post-operative management of patients with secondary peritonitis. *Surg Infect (Larchmt)* 2016. [Epub ahead of print]

In this study the previous developed prediction model to decide which patients need a ROD [29] was validated. Fair accuracy was found.

31. Atema JJ, Gans SL, Boermeester MA. Systematic review and meta-analysis of the open abdomen and temporary abdominal closure techniques in nontrauma patients. *World J Surg* 2015; 39:912–925.

In this paper the authors give an overview of the different TAC techniques and conclude that uniform recommendations cannot be made due to overall poor quality of the evidence. However, NPWT with continuous fascial traction showed the best results.

32. Chen Y, Ye J, Song W, *et al.* Comparison of outcomes between early fascial closure and delayed abdominal closure in patients with open abdomen: a systematic review and meta-analysis. *Gastroenterol Res Pract* 2014; 2014:784056.

33. Loftus TJ, Jordan JR, Croft CA, *et al.* Temporary abdominal closure for trauma and intra-abdominal sepsis: different patients, different outcomes. *J Trauma Acute Care Surg* 2016. [Epub ahead of print]

This is a retrospective cohort study comparing trauma and intra-abdominal sepsis patients treated with OA and NPWT as TAC. They found that predictive factors and rates of fascial closure differ among groups.

34. Itani KM, Rosen M, Vargo D, *et al.* Prospective study of single-stage repair of contaminated hernias using a biologic porcine tissue matrix: the RICH Study. *Surgery* 2012; 152:498–505.

35. Angenete E, Thornell A, Burcharth J, *et al.* Laparoscopic lavage is feasible and safe for the treatment of perforated diverticulitis with purulent peritonitis: the first results from the randomized controlled trial DILALA. *Ann Surg* 2016; 263:117–122.

This is the first prospective, randomized, controlled trial to publish results after complete accrual on the feasibility and safety of laparoscopic peritoneal lavage for the treatment of perforated diverticulitis with purulent peritonitis. In the short term, morbidity and mortality after laparoscopic lavage did not differ when compared with the Hartmann procedure. Nonetheless, the follow-up time is not yet reached for all patients and therefore the primary outcome, number of reoperations within 12 months, to be reported.

36. Catry J, Brouquet A, Peschaud F, *et al.* Sigmoid resection with primary anastomosis and ileostomy versus laparoscopic lavage in purulent peritonitis from perforated diverticulitis: outcome analysis in a prospective cohort of 40 consecutive patients. *Int J Colorectal Dis* 2016; 31:1693–1699.

In this prospective observational study, LPL for perforated diverticulitis was associated with a high risk of inadequate intra-abdominal sepsis control requiring a Hartmann procedure in up to 25% of patients. RPA appears to be safer and more effective.

37. Vennix S, Musters GD, Mulder IM, *et al.* Laparoscopic peritoneal lavage or sigmoidectomy for perforated diverticulitis with purulent peritonitis: a multicentre, parallel-group, randomised, open-label trial. *Lancet (London, England)* 2015; 386:1269–1277.

This multicenter, parallel-group, randomized, open-label trial, investigating LPL for the treatment of perforated diverticulitis was terminated early due to an increased event rate in the lavage group.

38. Schultz JK, Yaqub S, Wallon C, *et al.* Laparoscopic lavage vs primary resection for acute perforated diverticulitis: The SCANDIV Randomized Clinical Trial. *JAMA* 2015; 314:1364–1375.

This multicenter, randomized clinical superiority trial concluded that LPL did not reduce the rate of severe postoperative complications and led to worse outcomes in secondary end points compared to primary resection in patients with acute perforated diverticulitis.

39. Thornell A, Angenete E, Gonzales E, *et al.* Treatment of acute diverticulitis laparoscopic lavage vs. resection (DILALA): study protocol for a randomised controlled trial. *Trials* 2011; 12:186.

40. Winter D. LapLAND laparoscopic lavage for acute nonfaeculant diverticulitis. [December 3, 2016]. Available from: <http://clinicaltrials.gov/ct2/show/NCT01019239>.