

A nitric oxide processing defect of red blood cells created by hypoxia: Deficiency of S-nitrosohemoglobin in pulmonary hypertension

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The mechanism by which hypoxia [low partial pressure of O₂ (pO₂)] elicits signaling to regulate pulmonary arterial pressure is incompletely understood. We considered the possibility that, in addition to its effects on smooth muscle, hypoxia may influence pulmonary vascular tone through an effect on RBCs. We report that exposure of native RBCs to sustained hypoxia is accompanied by a buildup of heme iron-nitrosyl (FeNO) species that are deficient in pO₂-governed intramolecular transfer of NO to cysteine thiol, yielding a deficiency in the vasodilator S-nitrosohemoglobin (SNO-Hb). S-nitrosothiol (SNO)-deficient RBCs produce impaired vasodilator responses *in vitro* and exaggerated pulmonary vasoconstrictor responses *in vivo* and are defective in oxygenating the blood. RBCs from hypoxemic patients with elevated pulmonary arterial pressure (PAP) exhibit a similar FeNO/SNO imbalance and are thus deficient in pO₂-coupled vasoregulation. Chemical restoration of SNO-Hb levels in both animals and patients restores the vasodilator activity of RBCs, and this activity is associated with improved oxygenation and lower PAPs.

hemoglobin | red blood cell vasodilation | S-nitrosylation

In the systemic microcirculation, blood flow is regulated by physiological O₂ gradients that couple the O₂ content of blood to regulated vasodilation and vasoconstriction (1–3). Blood flow is thereby matched to tissue O₂ demand. An analogous mechanism operates in the lungs, where O₂ uptake (ventilation) is optimized through regulated vasodilation and vasoconstriction (perfusion). Blood flow is thereby matched to alveolar ventilation (2). Because it is Hb O₂ saturation, not the partial pressure of O₂ (pO₂), that is coupled to blood flow *in vivo* (1, 3) it has been deduced that RBCs may serve as O₂ sensors within the integrated vascular system. In support of this idea, it has been shown recently that RBCs can act as O₂-responsive transducers of vasodilator and vasoconstrictor activity (4–10), at least partly by modulating the availability of NO (6–8, 10, 11). According to these studies, RBCs release NO bioactivity under hypoxia and sequester it at hyperoxia. The release of NO bioactivity would facilitate hypoxic vasodilation in peripheral tissues and oppose hypoxic pulmonary vasoconstriction (HPV) in the lungs.

The mechanism by which NO bioactivity escapes from RBCs is incompletely understood. It is generally accepted that the rapid reaction of NO with the hemes of Hb produces a heme-iron nitrosyl adduct (Hb[FeNO]) that exhibits no vasodilator activity (4, 7, 12). Hb also sustains S-nitrosylation at two cysteine residues conserved in all mammals and birds. Biochemical and mutational analyses ($\beta 93\text{Cys}\rightarrow\text{Ala}$) indicate that S-nitrosohemoglobin (SNO-Hb) is formed upon oxygenation of Hb[FeNO] by means of heme-to-Cys NO transfer (13–15) and by transnitrosylative transfer from low-mass S-nitrosothiols (SNOs) (16, 17). SNO-Hb is very stable in the oxygenated (or R) structure and thus cannot effectively dilate blood vessels (5, 10, 18). However, upon deoxygenation [or with change in the spin state

of the hemes (3)], the vasodilator potency of SNO-Hb is markedly potentiated (5, 16, 18). Crystal structures and molecular models show that the β -Cys NO gains solvent access in the deoxygenated (or T) state (3, 19). Solvent-exposed NO can exchange with acceptor thiols within the N-terminal cytoplasmic domain of the RBC membrane anion exchange protein (AE1; band 3) (4, 15). Transnitrosylation of AE1 by SNO-Hb involves a direct protein–protein interaction. The steps by which the NO group is subsequently transferred to the vessel wall are not yet established, although recent studies suggest that membrane SNO becomes accessible to plasma reactants, including glutathione (10, 20).

Hb is continuously cycling *in vivo* between oxygenated and deoxygenated states that influence the propensity for binding vs. release of NO groups (5, 16, 18, 21). In support of this proposition, SNO-Hb levels have been found by several independent groups and methods (3) to be higher in oxygenated blood than in deoxygenated blood of adults (6, 8, 10) and newborns (22) and to vary as a function of tissue oxygen saturations (6, 8, 10, 23). Collectively, these studies raise the idea that NO bioactivity *in vivo* is dispensed to dilate blood vessels in proportion to the degree of hypoxia. Whereas the focus to date has been on the potential role of this mechanism across the systemic arteriolar O₂ gradient (regulating tissue O₂ delivery), the hypoxic influence on RBCs is exerted throughout the microcirculation, venous system, and pulmonary arterial circuit, and the amounts of SNO-Hb entering the lungs of humans are believed to be quite substantial (6, 8, 10). RBCs are therefore potentially poised to regulate pulmonary vascular resistance (PVR) and ventilation-perfusion (V/Q) matching at basal conditions.

Methods

Measurement of HbNO in RBCs. SNO-Hb, Hb[FeNO], and total HbNO were measured by using photolysis-chemiluminescence and EPR as described in ref. 6 (see also *Supporting Text*, which is published as supporting information on the PNAS web site). To avoid a point of confusion in the literature, we note that nitrite (<1–2% yield) and nitrate (in the presence or absence of thiol; <0.01% yield) are not detected by photolysis-chemiluminescence (and samples are also desalted before analysis).

Abbreviations: pO₂, partial pressure of O₂; PAP, pulmonary arterial pressure; PVR, pulmonary vascular resistance; SNO-Hb, S-nitrosohemoglobin; SNO, S-nitrosothiol; HPV, hypoxic pulmonary vasoconstriction; V/Q, ventilation-perfusion; ENO, ethyl nitrite; PAH, pulmonary arterial hypertension.

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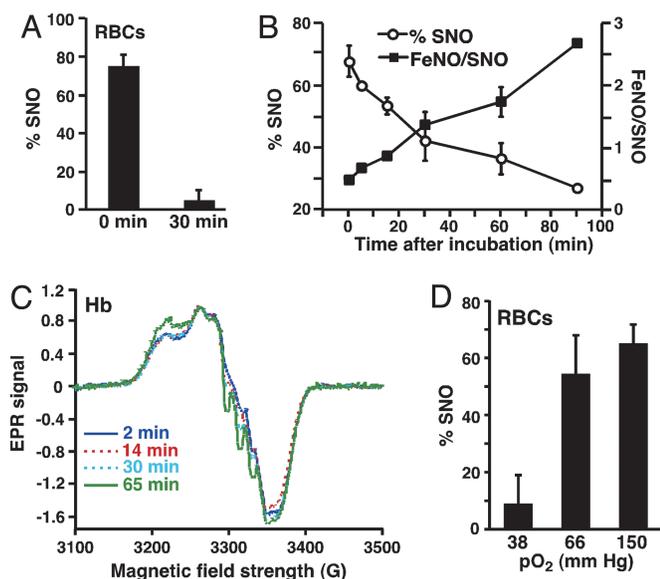


Fig. 1. Sustained hypoxia impairs production of SNO-Hb. (A) SNO-Hb yield in venous RBCs exposed to room air either immediately (0 min) or 30 min after acquisition. (B) SNO-Hb yield from NO/deoxyHb mixtures (Hb[FeNO]) ($pO_2 < 1$ mmHg; $1 \mu\text{M}$ NO) aerated at varying times after incubation. (C) EPR spectra of Hb[FeNO] mixtures held at low pO_2 (HbO₂ saturation $\approx 45\%$) for varying periods. (D) SNO yield in normal RBCs oxygenated at $pO_2 = 38$ mmHg, $pO_2 = 66$ mmHg, or $pO_2 = 150$ mmHg (room air).

EPR. EPR was performed as described in ref. 24; see also *Supporting Text*.

Vascular Bioassay. RBC vasoactivity was studied as described in ref. 6; see *Supporting Text*.

Isolated Perfused Lung. Isolated rabbit lungs were perfused with buffer; see *Supporting Text*.

Open-Chest Pig Preparation and RBC Infusion. Anesthetized (with isoflurane) and paralyzed (with pancuronium) pigs were mechanically ventilated. See *Supporting Text*.

Patient Characteristics, Hemodynamic and Laboratory Measurements, Ethyl Nitrite (ENO) Synthesis and Administration, and Statistical Analysis. See *Supporting Text*. The protocol was approved by Duke University's Institutional Review Board.

Results

O₂ Concentration Dependence and Time Dependence of SNO Yield in Native RBCs. Exposure of human venous blood RBCs [$pO_2 \approx 40$ mmHg (1 mmHg = 133 Pa)] to room air ($pO_2 \approx 150$ mmHg) immediately after phlebotomy triggers the formation of SNO-Hb from Hb[FeNO] (6), recapitulating the oxygenation-induced production of SNO-Hb across the lungs (6, 8, 13). We hypothesized that the depressed Hb O₂ saturation (i.e., sustained hypoxia) that accompanies elevated pulmonary arterial pressure (PAP) might limit the ability to form SNO-Hb and thereby exacerbate pulmonary vasoconstriction. As a first step in testing this idea, we compared the amount of SNO-Hb produced in human RBCs exposed to air immediately (within 5 min) after venipuncture vs. after a 30-min delay, during which the RBCs were maintained at a physiological venous pO_2 (38 mmHg) (Fig. 1A). Whereas SNO-Hb was abundant in RBCs that had been aerated rapidly, it was undetectable in RBCs after more prolonged (30 min) exposure to mild hypoxia (Fig. 1A). Total amounts of NO bound by Hb (heme plus thiol) did not differ

between the two conditions (data not shown). Thus, prolonged exposure to low physiological O₂ saturation impairs the O₂-induced exchange of NO between heme and cysteine thiol.

O₂ Concentration Dependence and Time Dependence of SNO Yield in Isolated Hb. Transfer of NO from the hemes to thiols of Hb takes place within the β -subunit (3). The binding of NO to the β -subunit is favored in oxygenated (R-state) molecules and, conversely, disfavored in deoxygenated (T-state) molecules (3), where it ultimately lodges on the α -hemes (25). A peculiarity of NO binding to the α -chain is its tendency to generate a so-called five-coordinate (high-affinity) heme-NO complex. NO bound as five-coordinate α -NO cannot migrate readily to the β -chains upon oxygenation (25). Thus, the predicted order of efficiency with which NO can migrate from hemes to thiols is $\beta > \text{six-coordinate } \alpha > \text{five-coordinate } \alpha$. Because the disposition of NO bound to Hb is allosterically linked with blood oxygenation (6), we hypothesized that the depressed Hb O₂ saturation accompanying lung disease might limit the ability to form SNO-Hb.

To investigate this idea, we analyzed the efficiency of SNO-Hb formation in deoxyHb/NO preparations (Hb[FeNO][FeII]₃) that were oxygenated after NO had been added (to enhance the EPR signal), immediately or with increasing intervals of sustained hypoxia. SNO-Hb yield was greatest when the aeration of Hb[FeNO] was immediate and fell progressively as a function of the duration of hypoxic incubation (Fig. 1B). EPR showed that the initial NO-heme product was evenly distributed between six-coordinate α -NO and β -NO (Fig. 1C). However, features of both six- and five-coordinate α -heme-NO complexes strengthened over time. In other words, NO had migrated from the β - to the α -heme subunits and, within the α -subunit, had partly induced the five-coordinate α -heme NO state (25) (Fig. 1C). It should be noted that whereas five-coordinate α -NO is the major NO species produced at high NO saturations of Hb (26), it was a relatively minor product at these more physiological concentrations of NO. In addition, we noted that SNO-Hb was not detected under anaerobic conditions and, predictably, that the amounts of SNO-Hb that formed upon oxygenation were dependent on the pO_2 of the oxygenating solution (Fig. 1D). Thus, the yield of SNO is a function of both the extent and duration of hypoxia.

Influence of RBC SNO on PAP *ex Vivo*. Hypoxia raises PAP [HPV (6)], and HPV may strengthen as a function of Hb concentration (27). In contrast, it has recently been reported that RBCs containing SNO-Hb dilate pulmonary arteries under hypoxia (10). We reasoned that the net effect of RBCs might reflect their SNO content. Indeed, in the isolated perfused rabbit lung, HPV was blunted by SNO-replete RBCs relative to the response with RBCs in which SNOs were depleted to $\approx 85\%$ of basal levels by sustained deoxygenation (see *Methods* and Fig. 1) and then reoxygenated without adding NO (Fig. 2A and B). HPV was also weaker in the presence of isolated SNO-Hb (1 μM) vs. unmodified Hb (which augmented HPV) (Fig. 2C). Thus, RBC-SNO may protect against excessive increases in PVR induced by hypoxia.

Effects of RBC-SNO on Hemodynamics and Gas Exchange *in Vivo*. In the intact animal, HPV serves a physiological role in matching Q to V. Impairment in oxygenation (V/Q mismatch) arises if HPV is either excessive or insufficient. To establish that RBC-SNO can affect PVR *in vivo* and to assess its effect on oxygenation, we performed two complementary experiments in an adult porcine model. In the first experiment, RBC-SNO levels were raised *in vivo* by ventilating pigs for 15 min with 100 ppm ENO, a SNO-generating prodrug (28, 29), after which the gas was stopped and SNO-Hb levels were correlated with hemody-

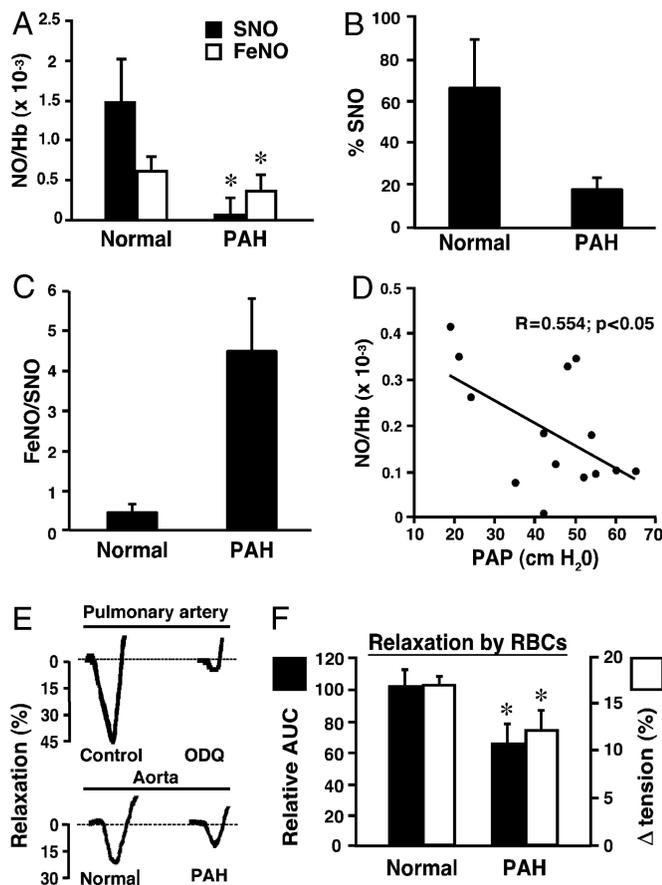


Fig. 4. RBC-NO levels, RBC function, and PAP in patients. (A) Levels of SNO-Hb and Hb[FeNO] in arterial blood of normal human subjects and PAH patients. NO/Hb, mol of NO per mol of Hb (tetramer). *, $P < 0.05$ vs. normal patients; $n = 5-8$. (B) SNO content of blood presented as the percentage of total NO bound to Hb. (C) Increased FeNO/SNO signature of PAH. (D) Inverse correlation between RBC-NO levels and PAP. Hb-NO levels (expressed as mol of NO per mol of Hb tetramer) and baseline PAP in 14 patients. (E and F) Vasorelaxation (percent change in initial tension) by RBCs from normal subjects and from PAH patients. (E) Actual tracings of the hypoxia-mediated vasodilator response by RBCs of deendothelialized pulmonary artery [in the presence and absence of the guanylate cyclase inhibitor OEQ [1H-(1,2,4)oxadiazolo(4,3-a)quinoxalin-1-one] ($1 \mu\text{M}$)] and intact aortic rings. (F) Mean aortic ring results (\pm SEM) expressed as the relative area under the time-tension curve (AUC) or as the peak decrease in tension; data are from seven individuals in each group. Hypoxia-mediated vasodilation by RBCs is impaired in PAH. *, $P < 0.05$ vs. normal subjects.

normal subjects produced greater vasorelaxation than those of PAH patients (Fig. 4 E and F, $P < 0.05$). (To address a point of potential confusion, we emphasize that we do not add NO or nitrite to RBCs, and find no effect of added nitrite under these conditions). Thus deficiency of SNO-Hb is associated with impaired vasodilation by RBCs.

In Vivo Repletion of RBC-SNO in Patients. We reasoned that repletion of SNO-Hb in patients with PAH should normalize RBC vasodilation and that, to the extent that the impairment in vasodilation by RBCs contributes to pulmonary hypertension or V/Q mismatching, SNO repletion of RBCs with ENO should demonstrate salutary effects (for protocols, see *Supporting Text*). **SNO-Hb levels.** Inhalation of ENO significantly increased levels of RBC-NO compared with baseline values ($P < 0.05$; Fig. 5A). This increase was attributable primarily to an increase in SNO-Hb (Fig. 5 B and C), whereas no significant change in

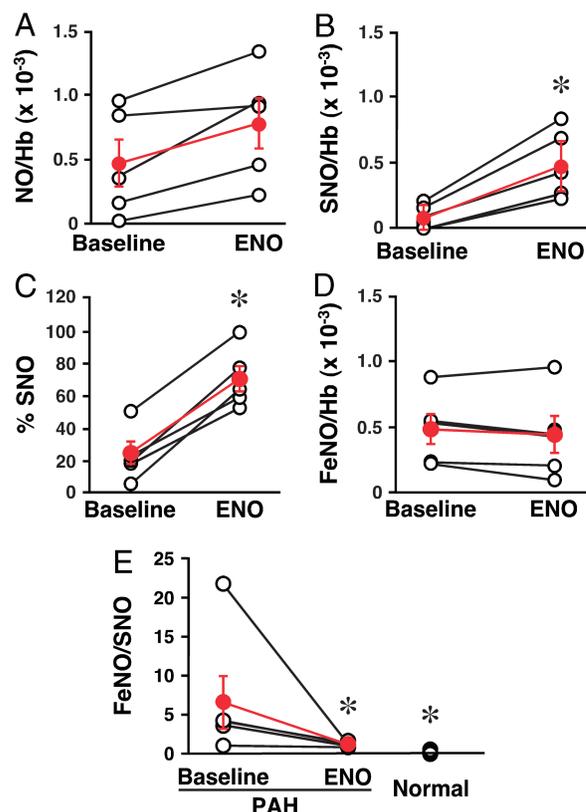


Fig. 5. *In vivo* RBC-SNO repletion by ENO inhalation in PAH patients. (A–C) Increases in total Hb-bound NO (A) and SNO-Hb (B and C) were seen in every patient treated with ENO inhalation (70 ppm, 10 min). (D) Hb[FeNO] did not change during ENO inhalation. (E) ENO normalized the FeNO/SNO ratio. *, significant difference vs. baseline by paired t test (A and B).

Hb[FeNO] was detected (Fig. 5D). Levels of SNO-Hb in ENO-treated patients were not statistically different from those of controls (Fig. 5E).

RBC vasodilation. RBCs obtained from patients during inhalation of ENO elicited greater relaxation than did RBCs obtained from patients at baseline (Fig. 6A and B). The extent of vasorelaxation by RBCs from patients who had breathed ENO did not differ from that produced by RBCs from normal subjects (Figs. 4C and 6C). Thus, ENO normalized the hypoxic vasodilator activity of RBCs of patients with PAH. [At high $p\text{O}_2$, RBCs sampled before or during ENO treatment produced comparable degrees of vasoconstriction (not shown)].

Hemodynamics and oxygenation. ENO produced dose-dependent decreases in PAP and PVR (Fig. 7A and B; $P < 0.05$; see also Table 2, which is published as supporting information on the PNAS web site). Nine of 10 patients responded (Table 2). After a washout period, hemodynamics returned to baseline without rebound (P was not significant vs. baseline values). Mean systemic arterial pressure (Table 2), systemic vascular resistance (Fig. 7C), and cardiac index (not shown) were unchanged by ENO. Arterial $p\text{O}_2$ improved dose-dependently ($P < 0.05$; Fig. 7D). Individual responses are provided in Table 2.

Discussion

Sustained hypoxemia is a common consequence of lung disease and a common cause of pulmonary hypertension. Current ideas surrounding the mechanism(s) by which pathological hypoxia raises PAP are focused mainly on the vasculature and do not include an active role for RBCs. We now demonstrate that (i) hypoxia depletes RBCs of SNO-Hb and consequently impairs

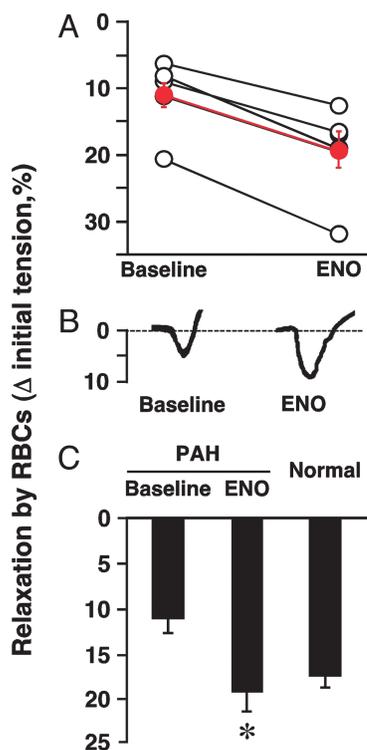


Fig. 6. *In vivo* restoration of RBC bioactivity by ENO inhalation in PAH patients. RBC relaxation in PAH patients before and after ENO (A), and individual (B) and mean data from eight patients (C) are shown. RBC-induced vasorelaxation was enhanced by ENO inhalation (70 ppm, 10 min). *, $P < 0.05$ relative to baseline, which did not differ significantly from normal RBCs.

their ability to counteract pulmonary vasoconstriction and improve oxygenation, (ii) RBCs from hypoxic patients with elevated PAPs exhibit depletion of SNO-Hb and consequent impairment in pO_2 -regulated vasodilation, and (iii) *in situ* repletion of SNO-Hb corrects these physiological deficits in both

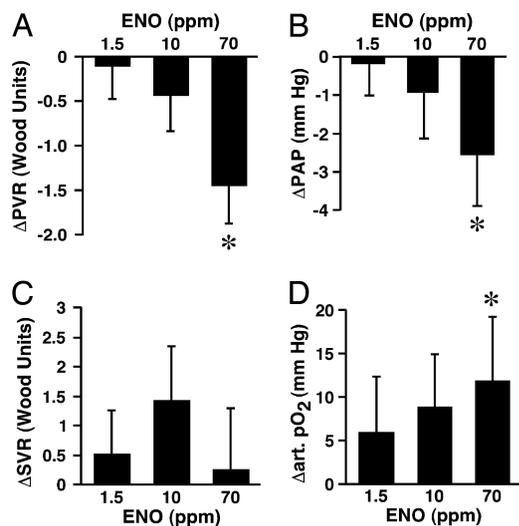


Fig. 7. Effects of ENO on hemodynamics and oxygenation in PAH patients. Changes in PVR (A), PAP (B), systemic vascular resistance (C), and arterial pO_2 (D) in response to inhaled ENO at ≈ 1.5 , 10, or 70 ppm (0.0025%, 0.025%, or 0.125%, 10 min each) are shown. Data represent the mean \pm SEM from 5–10 patients. *, significant difference vs. baseline by mixed procedures (in A, B, and D).

animals and humans. More generally, our data suggest that blood-borne SNO bioactivity may play a physiological role in V/Q matching and that hypoxia-induced defects in NO processing by RBCs may contribute to pulmonary hypertension.

We find that sustained hypoxemia alters the disposition of NO within Hb (heme vs. thiol and α - vs. β -hemes) and thereby limits the production of SNO-Hb. Parallel analysis by EPR spectroscopy revealed a loss of the reactive β -chain FeNO [that exists in equilibrium with β -SNO (3)] and accumulation over time of Hb[α FeIINO] [from which NO cannot be readily dislodged upon oxygenation (3)], thus rationalizing the lower SNO-Hb yield. We emphasize that the six-coordinate, rather than the five-coordinate, Hb[α FeIINO] species that predominates with supraphysiological amounts of NO accumulates under these more physiological conditions and that additional chemical processes, including the binding of O_2 to the β -subunit vacated by NO, may operate to suppress S-nitrosylation (i.e., O_2 blocks the access of NO to the β -heme; for details, see ref. 3). In addition, SNO-Hb production from native RBC Hb[FeNO] was more sensitive to pO_2 and more readily impaired by hypoxia than cell-free Hb[FeNO] (Fig. 1A vs. B), likely reflecting the presence in RBCs of allosteric effectors such as 2,3-diphosphoglycerate and suggesting a different Hb[FeNO] microcomposition [i.e., the ligation and oxidation state of the accompanying hemes in the NO-containing Hbs are different in RBCs vs. purified Hb (3)]. More generally, we observed a requirement that pO_2 exceed the P_{50} (pO_2 at which Hb is 50% saturated with O_2) for efficient production of SNO-Hb, consistent with the crystallographic studies showing that SNO-Hb forms only within the R structure (19). Thus, effective NO processing by RBCs depends on both the composition of the NO micropopulation and the concentration and duration of the O_2 exposure.

We suggest the following model. The endothelium of the pulmonary artery is a rich source of NO (30). Thus, NO scavenging by RBCs does not increase PVR unless NO synthesis is reduced by hypoxia (3, 31). RBCs thereby prevent blood from perfusing poorly ventilated alveolar units in HPV (27) (decrease in V/Q mismatch). A coordinated increase in flow to better-ventilated units (while mitigating excessive HPV) would be of added physiological benefit (increase in V/Q match). RBC-SNO entering the lung at mixed venous pO_2 is poised to serve this function. NO synthesis may also decline as a result of endothelial dysfunction. However, our results suggest that decreased NO synthesis in PAH does not account entirely for the deficiency in RBC-SNO, because the amount of Hb[FeNO] entering the lungs is only slightly depleted. Rather, the much larger decline in SNO vs. FeNO (Fig. 4B and C) points to a decrease in the pO_2 -governed intramolecular transfer of NO from heme iron (FeNO) to cysteine thiol (SNO) across the lung. A deficiency in RBC-SNO may thus contribute to the NO insufficiency state of PAH, promoting pathological HPV.

Endothelium-derived NO can exert vasodilatory effects by raising cGMP. We have now demonstrated that potent relaxations of endothelium-denuded arteries by RBCs are also mediated, at least partly, by cGMP (Fig. 4E). cGMP-dependent relaxations of endothelium-denuded vessels excludes an obvious role for ATP that might be released from RBCs under hypoxia (3). Moreover, our results strongly suggest that ENO (in contrast with inhaled NO) mainly elicits its effect through this RBC-based mechanism. Specifically, the changes in oxygenation and PVR mediated by ENO were correlated precisely over time with levels of RBC-SNO (a duration of effects that greatly exceeds the lifetime of NO), and infusions of RBC-SNO reproduced the effects of ENO (on PVR and oxygenation) (Fig. 3). Thus, SNO-containing RBCs clearly mediate improvements in V/Q matching and decreases in PVR.

There has been recent confusion in the literature over the putative role of nitrite in hypoxia-mediated relaxations. Glad-

win, Schechter, and colleagues (11) have suggested that nitrite is a principal effector of hypoxic vasodilation *in vivo*. Two physiological lines of evidence have been provided. (i) An A-V nitrite gradient. (ii) Vasodilation by infused nitrite. However, plasma nitrite (and thus any A-V nitrite gradient) is in fact principally a measure of endothelial nitric-oxide synthase (eNOS) activity (i.e., NO conversion to nitrite), which is higher in arteries than veins, rather than a measure of NO bioactivity (nitrite conversion to NO) (12, 32). Hypoxic vasodilation *in vivo* is largely eNOS-independent and thus obligatorily independent of nitrite (3, 12). In addition, vasodilation by infused nitrite *in vivo* [a pharmacological effect that is characterized by an increase in venous O₂ saturation (11)] does not bear on physiological hypoxic vasodilation (which is defined by a decrease in venous O₂ saturation). Indeed, the *in vitro* relaxations attributed to nitrite (11) are far too slow to meet the temporal requirements for hypoxic relaxations *in vivo* (3, 12, 33). Finally, although we (3, 6, 24) and, subsequently, others (11) have reported that Hb can, under certain conditions, transform inorganic nitrite into bioactive SNO-Hb by means of an FeNO intermediate [which itself exerts no vasodilatory activity (4, 7, 12)], we emphasize that we do not supplement RBCs with nitrite (or NO) here and find no effect of added nitrite on either RBC or Hb vasoactivity under standard conditions. Similarly, Cosby *et al.* (11) did not observe

an effect of nitrite on either the extent or rate of RBC relaxations *in vitro*. Perhaps infused nitrite mediates its reported vasodilator effect *in vivo* (11) through formation of SNO-Hb (24) or through its metabolism to NO or SNO in vascular smooth muscle (34), but in our *in vitro* systems and in our patients, it is the level of SNO-Hb that predicts RBC vasoactivity.

It has been reported recently that RBCs from patients with diabetes (7) and sickle cell disease (15) exhibit impaired NO vasodilator activity, attributed to Hb glycosylation (7) and genetic (sickle) mutation (15), respectively, which alter the allosteric properties of the Hb tetramer. Taken together with our findings of hypoxia-induced alterations in the composition of Hb-NO species that subserve RBC vasodilation, these data point to the general possibility that defects in RBC NO processing (and/or a deficiency of RBC-SNO) may underlie a range of impairments, including systemic and pulmonary hypertension, the vascular diatheses associated with hemoglobinopathies, and the ischemic morbidity of RBC transfusion (35, 36). Strategies aimed at normalizing RBC NO bioactivity may provide an innovative approach to treatment of vascular disorders.

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