Platelet Gene Polymorphisms and Cardiac Risk Assessment in Vascular Surgical Patients

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Background: Current perioperative cardiac risk assessment tools use historic and surgical factors to stratify patient risk. Polymorphisms in platelet glycoprotein (GP) IIIa and GPIb α are associated with myocardial ischemic risk in nonsurgical settings, but their relation to perioperative ischemia is unclear. The authors hypothesized that platelet genotype would be an independent predictor of postoperative myocardial ischemia and would improve risk assessment when added to clinical factors.

Methods: One hundred ninety-six patients who underwent infrainguinal, abdominal aortic, or thoracoabdominal vascular surgery were evaluated for clinical and genetic factors that might predict the development of postoperative myocardial ischemia. Genomic DNA was genotyped for the Leu33Pro polymorphism of GPIIIa and the Thr145Met polymorphism of GPIba. Myocardial ischemic outcome was determined by review of the medical record for cardiac death or myocardial infarction and by surveillance troponin I and automated continuous 12-lead electrocardiographic analysis.

Results: Sixty-five patients (33%) experienced one or more ischemic endpoints (2% death, 5% myocardial infarction, 20% troponin+, 22% electrocardiogram+). The Pro33 (adjusted odds ratio [OR], 2.4 [95% confidence interval, 1.2–6.2]) and Met145 (OR 3.4 [1.4–9.3]) genotypes were independent predictors of composite ischemic outcome by multivariate regression, as were diabetes mellitus (OR 4.0 [1.7–12.5]), abdominal aortic surgery (OR 4.1 [1.7–14.4]), and thoracoabdominal aortic surgery (OR 6.4 [2.7–23.8]). The addition of platelet gene polymorphisms to clinical factors improved fit (likelihood ratio testing chi-square = 13.5, P < 0.001) of an ischemia prediction model. The derived risk assessment tool had a receiver operator characteristic curve of 0.73 (0.65–0.81) compared with 0.64 (0.57–0.74) for a model excluding genetic factors (P = 0.04). A significant relation between the GPIb α polymorphism and ischemic

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outcome remained after excluding electrocardiographic ischemia from the composite endpoint.

Conclusions: Platelet polymorphisms are independent risk factors for postoperative myocardial ischemia and improve a risk prediction model when added to historic and surgical risk factors.

CARDIAC risk assessment tools have been developed to guide the management of surgical patients at high risk for cardiovascular morbidity. Clinical risk indices developed by Goldman et al.,¹ Detsky et al.,² and Lee et al.³ can stratify risk; however, they have modest positive predictive value and perform poorly in patients undergoing aortic vascular surgery.³ The addition of noninvasive cardiac testing (e.g., dipyridamole or dobutamine stress testing) to clinical variables improves perioperative risk stratification in vascular surgical patients at moderate risk.⁴ Current consensus guidelines of an American College of Cardiology/American Heart Association task force support the use of noninvasive cardiac testing in the majority of patients who present for vascular surgery.⁵ However, the positive predictive value of noninvasive cardiac testing is less than 25%.^{6,7}

The limited positive predictive power of current risk management strategies suggests that factors critical to the development of ischemic morbidity are not assessed by current algorithms. Traditionally, perioperative myocardial ischemia is thought to develop from a surgical stress-related increase in heart rate and blood pressure that causes an acute increase in myocardial oxygen consumption.^{8,9} In patients with preexisting coronary artery disease, it is believed that the increased oxygenation demand can exceed the supply and cause myocardial ischemia. However, autopsy series indicate that acute coronary thrombosis contributes to perioperative ischemic morbidity as frequently as in nonoperative settings.¹⁰

Platelets are known to play a significant role in coronary thrombosis in nonoperative settings,^{11,12} but an association between platelets and perioperative myocardial ischemia has not been defined. Polymorphisms in the genes encoding platelet glycoprotein (GP) IIIa^{13,14} and GPIb $\alpha^{15,16}$ are associated with myocardial ischemic morbidity in nonsurgical settings, but their relation to perioperative ischemia is not clear. We sought to determine the relation between genotype for GPIIIa and GPIb α and perioperative myocardial ischemia in vascular surgical patients. We hypothesized that these gene polymorphisms would be independent predictors of perioperative ischemic risk and would improve risk prediction when added to clinical risk factors.

Materials and Methods

This study was approved by the Johns Hopkins Institutional Review Board (Baltimore, Maryland) and all subjects gave written informed consent. Between June 1997 and May 2002, 196 nonconsecutive vascular surgical patients were studied. Patients were eligible if they underwent elective infrainguinal (IIS), abdominal aortic (AAS), or descending thoracic aortic (TAS) vascular surgery at Johns Hopkins Hospital and consented to study participation including genetic testing. The patients were part of a prospective study to determine the benefit of continuous 12-lead electrocardiography for detection of perioperative myocardial ischemia.

Clinical management was conducted according to the standards of the attending staff and included the routine use of perioperative β blockade. Management of aspirin was at the discretion of the attending staff, and most patients were requested to stop aspirin during the week before surgery. In addition to routine surveillance for myocardial ischemia, patients were assessed for ischemia as follows: (1) serum troponin I was performed on postoperative days 1–3 and 7,¹⁷ and (2) computerized 12-lead electrocardiographic ST-segment analysis (Solar 6000/ST-Guard; GE/Marquette Electronics, Milwaukee, WI) was assessed during the first 48 h after surgery. The sensitivity and specificity of this methodology are described in detail elsewhere.^{18,19}

The independent variables were clinical and genetic risk factors (table 1) for myocardial ischemia. Clinical risk factors were obtained from patient interview and review of the medical record. Genomic DNA was isolated from EDTA-anticoagulated whole blood using commercially available kits (Gentra Systems, Minneapolis, MN). DNA was stored at -80° C until genotyping was performed. DNA quality was verified by spectrophotometric analysis at 260/280, and a ratio greater than 1.7 was deemed acceptable. Genotyping for the Leu33Pro polymorphism of GPIIIa and Thr145Met polymorphism of GPIb α was performed on genomic DNA using restriction fragment length polymorphism analysis and fluoressingle nucleotide polymorphism cent detection. Genomic DNA was amplified using primers 5'-AGCTCT-GATT GCTGGACTTC-3' and 5'-biotin-GAGGGGGCCT-GTCCTCTAG-3' to detect the T-to-C base substitution in exon 2 of the GPIIIa gene,²⁰ corresponding to leucine/ proline at position 33 of the protein. The C-to-T transition at nucleotide 1018 of the GPIb α gene, which corresponds to threonine/methionine at position 145 of the GPIb α protein, was amplified using primers 5'-CCTGCTCTCACCGTC-CTG -3' and 5'-biotin-AAGTTGTTGTTGTTAGCCAGACTGA-3'.²¹ For restriction fragment analysis, Leu/Pro33 and Thr/ FARADAY ET AL.

Table 1. Clinical Characteristics	of the	GPIIIa	and	GPIbα
Genotype Cohorts				

	GPIIIa Polymorphism		GPlbα Polymorphism	
	Pro33+ n = 51 (26%)	Leu33 n = 145 (74%)	Met145+ n = 40 (20%)	Thr145 n = 156 (80%)
Age	69 ± 10	68 ± 11	66 ± 11	69 ± 11
Sex				
Male	28 (55)	63 (63)	28 (70)	91 (58)
Female	23 (45)	54 (37)	12 (30)	65 (42)
Race				
White	35 (69)	110 (76)	24 (40)	121 (78)
African-American	13 (25)	33 (23)	14 (35)	32 (20)
Other	3 (6)	2 (1)	2 (5)	3 (2)
Hypertension	39 (76)	111 (76)	29 (72)	121 (78)
Diabetes mellitus	16 (31)	26* (18)	11 (28)	31 (20)
Cigarette smoking	39 (76)	119 (82)	30 (75)	128 (82)
Angina	9 (18)	18 (12)	4 (10)	23 (15)
MI	12 (24)	44 (30)	12 (30)	44 (28)
MI < 6 months	4 (8)	6 (4)	3 (8)	7 (4)
CABG	12 (24)	26 (18)	8 (20)	30 (19)
Percutaneous coronary intervention	6 (12)	24 (16)	10 (25)	20 (13)
CHF	8 (16)	12 (8)	3 (8)	17 (11)
Aortic stenosis	1 (2)	6 (4)	1 (2)	6 (4)
Creatinine, mg/dl	1.2 ± 1.0	1.4 ± 1.7	1.7 ± 2.6	1.2 ± 1.2
Creatinine > 2.0 mg/dl	4 (8)	14 (10)	6 (15)	12 (8)
Preoperative β blockers	23 (45)	58 (40)	19 (48)	62 (40)
Preoperative aspirin	14 (27)	69* (48)	18 (45)	65 (42)
Preoperative statin	18 (35)	50 (34)	15 (38)	53 (34)
Type of surgery				
Infrainguinal	24 (47)	64 (44)	19 (48)	69 (44)
Abdominal aortic	15 (29)	42 (29)	13 (32)	44 (28)
Thoracic aortic	12 (24)	39 (27)	8 (20)	43 (28)
Postoperative β	39 (76)	111 (76)	30 (75)	120 (77)
blockers				
Postoperative aspirin	23 (45)	68 (47)	20 (50)	71 (46)

* Chi-square P value < 0.05 vs. Pro33+.

Met145 amplicons were restriction enzyme digested with MspI or Bsa HI (New England Biolabs, Beverly, MA), respectively. Digestion products were visualized after electrophoresis on 2% NuSieve (FMC BioProducts, Vallensback, Denmark), 1% agarose (Life Technologies, Rockville, MD) gels. For polymorphism analysis, allelespecific reporters and stabilizers were designed using gene sequences from GenBank. Wild-type and variant reporters were 5'-labeled with Cy3 and Cy5 fluorophores, respectively. Polymorphism detection was preformed on a NanoChip[®] Molecular Biology Workstation (Nanogen, Inc., San Diego, CA). Desalted amplicons were electronically addressed onto a 10×10 microarray chip covered by a hydrogel permeation layer containing streptavidin. The chip was hybridized using 500 nm of each Cy3 and Cy5-labeled reporter probe and 1 µM stabilizer. The chip was placed in the reader, and thermal stringency was applied through a series of decreasing temperatures to a final discrimination temperature used to differentiate between wild-type and variant alleles. The restriction fragment and fluorescent polymorphism methods yielded concordant genotype results in more than 95% of analyses. Genotype in discordant cases was determined by fluorescent dideoxy terminator sequencing of polymerase chain reaction products using a 3730xl DNA Analyzer (Applied Biosystems Division, Foster City, CA).

The main dependent variable was a composite measure of myocardial ischemic outcome defined as any one of the following within 30 days of surgery: (1) cardiac death, (2) myocardial infarction (MI), (3) increased surveillance troponin I, or (4) prolonged myocardial ischemia on automated ST-segment analysis. Cardiac death was defined as death attributable to MI, heart failure, or arrhythmia. MI was defined according to standard World Health Organization criteria.²² Cardiac death and MI were determined by the clinical team and verified by the investigators through review of medical records. Increased surveillance troponin I was defined as any troponin I that exceeded the diagnostic cutoff for MI, *i.e.*, exceeded the 99th percentile of the core laboratory reference range for the test. Different troponin assays were used during the study period such that the criteria for MI was greater than 1.5 ng/ml for patients enrolled before October 1, 1999 and greater than 0.15 ng/ml for patients enrolled afterward. Prolonged myocardial ischemia was defined as 20 min or more of continuous ST elevation or depression (> 1 mm in two or more contiguous leads) on automated 12-lead electrocardiographic monitoring.²³ A secondary composite outcome was defined as cardiac death or myocardial injury, where myocardial injury was defined as clinical MI or increased surveillance troponin I, excluding patients whose only evidence of ischemia was by automated ¹electrocardiography.

Statistical Analysis

Univariate analyses of clinical and genotypic factors were determined by chi-square test (or Fisher exact test) for categorical variables and t test for continuous variables (mean \pm SD). *P* values were two tailed, and values less than 0.05 were considered significant. Forward stepwise multivariate logistic regression was used to fit composite myocardial ischemic outcome to clinical and genotypic risk factors. Odds ratios (ORs), 95% confidence intervals (shown in brackets), and P values are reported for regression analyses. Confidence intervals were determined by nonparametric bootstrapping, and P values were determined from parametric Wald statistics. With a sample size of 196 and the SE for a risk factor regression coefficient of 0.40, our study was adequately powered to detect an OR of 2.2 at the P < 0.05 level (SEs for the GPIIIa and GPIb α regression coefficients were 0.39 and 0.41, respectively). To build an ischemia prediction model, each clinical variable was added in forward stepwise fashion, followed by each of the genetic variables, and the contribution of each variable to the model was assessed by likelihood ratio testing (LRT). Each variable with an LRT *P* value less than 0.10 was retained. Colinearity of variables was assessed. Each of the variables identified by LRT was assigned an integer risk score in proportion to its multivariate OR to create an additive ischemia risk model. Accuracy of the final predictive model was assessed by receiver operator characteristic (ROC) analysis. The ROC model was validated by leaveone-out cross-validation.²⁴ Statistical analysis was per-formed using the R software package.‡‡

Results

A total of 196 patients were studied, 61% of whom were men and 39% of whom were women. The mean age of the population was 68 ± 11 yr. Forty-five percent of patients underwent infrainguinal revascularization (IIS), 29% had surgery involving the abdominal aorta (AAS), and 26% underwent thoracoabdominal aneurysm surgery (TAS). Clinical characteristics of the GPIIIa and GPIb α genotype cohorts are shown in table 1. There was a higher frequency of diabetes and a lower frequency of aspirin use among patients with a Pro33 genotype of GPIIIa.

Sixty-five patients (33%) experienced the main composite ischemic outcome measure. Forty-one patients (21%) experienced the secondary endpoint of cardiac death or myocardial injury. Cardiac death and clinically detected MI occurred in 2% and 5% of patients, respectively. Thirty-nine patients (20%) had evidence of myocardial injury by surveillance troponin I, and 44 patients (22%) had prolonged ischemia on automated electrocardiogram. Both surveillance troponin I and automated electrocardiographic ischemia were associated with clinically detected MI (OR 46.8 [5.7-383] and 9.4 [2.3-38.1], respectively) and cardiac death (13.0 [1.3-129] and 3.6 [0.5-26.1], respectively).

The relation between clinical and genetic factors and the main composite ischemic outcome is shown in table 2. A history of angina was significantly related to the main outcome on univariate analysis. A strong trend between postoperative ischemia and a history of MI or diabetes mellitus (DM) was also observed. The type of surgical procedure was significantly related to postoperative ischemia by univariate analysis, with risk of TAS > AAS > IIS. Angina (OR 3.2 [1.3-7.6]; P = 0.01), DM (OR 2.4 [1.1-5.0]; P = 0.03), and TAS (OR 3.8 [1.6-4.0]; P < 0.01) were significantly related to the secondary outcome on univariate analysis, and there was a trend toward a relation between AAS (OR 2.0 [0.9-4.8]; P = 0.10) and the secondary outcome.

^{‡‡} Free software available from the R Foundation for Statistical Computing, at www.r-project.org. Accessed April 2004.

	+lschemia n = 65	-Ischemia n = 131		Univariate OR	Multivariate OR
	(33%)	(67%)	P Value*	(95% CI)	(95% CI)
Age	68 ± 11	68 ± 11	0.86	1.0 (0.97–1.02)	
Sex				, , , , , , , , , , , , , , , , , , ,	
Male	43 (66)	76 (58)	0.27	F: 1.0	
Female	22 (34)	55 (42)		M: 1.4 (0.8–2.7)	
Race		. ,			
White	48 (74)	97 (74)	0.80	W: 1.0	
African-American	16 (25)	30 (23)		NW: 1.0 (0.5–2.0)	
Other	1/65 (1)	4 (3)			
Hypertension	48 (74)	102 (78)	0.85	0.8 (0.4–1.6)	
Diabetes mellitus	19 (29)	23 (18)	0.06	1.9 (1.0–3.9)	4.0 (1.7–12.5)
Cigarette smoking	49 (75)	109 (83)	0.19	0.6 (0.3–1.3)	· · · ·
Angina	15 (23)	12 (9)	< 0.01	3.0 (1.3–6.8)	2.2 (0.7-7.2)
MI	24 (36)	32 (24)	0.07	1.8 (1.0–3.4)	2.4 (1.0–5.9)
MI < 6 months	4 (6)	6 (4)	0.64	1.4 (0.4–5.0)	. ,
CABG	16 (25)	22 (17)	0.19	1.6 (0.8–3.4)	
Percutaneous coronary intervention	12 (18)	18 (14)	0.39	1.4 (0.6–3.2)	
CHF	8 (12)	12 (9)	0.49	1.4 (0.5–3.6)	
Aortic stenosis	4 (6)	3 (2)	0.17	2.8 (0.6–12.8)	
Creatinine, mg/dl	1.3 ± 1.3	1.3 ± 1.6	0.91	1.0 (0.8–1.2)	
Creatinine $> 2.0 \text{ mg/dl}$	6 (9)	12 (9)	0.99	1.0 (0.4–2.8)	
Preoperative β blockers	32 (49)	49 (37)	0.11	1.6 (0.9–3.0)	
Preoperative aspirin	23 (35)	60 (46)	0.16	0.6 (0.4–1.2)	0.5 (0.2-1.1)
Preoperative statin	19 (29)	49 (37)	0.26	0.7 (0.4–1.3)	
Type of surgery		. ,			
Infrainguinal	19 (29)	69 (53)	< 0.01	1.0	
Abdominal aortic	22 (34)	35 (26)		2.3 (1.1–4.8)	4.1 (1.7–14.4)
Thoracic aortic	24 (37)	27 (21)		3.2 (1.5–6.8)	6.4 (2.7–23.8)
Postoperative β blockers	54 (83)	96 (73)	0.13	1.8 (0.8–3.8)	. ,
Postoperative aspirin	27 (42)	64 (49)	0.33	0.7 (0.4–1.4)	
Pro33+	24 (37)	27 (21)	0.01	2.3 (1.2–4.4)	2.4 (1.2-6.2)
Met145+	20 (31)	20 (15)	0.01	2.5 (1.2–5.0)	3.4 (1.4–9.3)

Multivariate odds ratios (ORs) are adjusted for the potential confounding influence of preoperative aspirin use.

* By chi-square or *t* test.

CABG = coronary artery bypass grafting; CHF = congestive heart failure; CI = confidence interval; F = female; M = male; Met145+ = Met145/Met145 and Thr145/Met145 genotypes; MI = myocardial infarction; NW = nonwhite; Pro33+ = Pro33/Pro33 and Leu33/Pro33 genotypes; W = white.

Patients with a heterozygous or homozygous genotype for the Pro33 or Met145 polymorphisms were more likely to experience the main composite ischemic outcome (table 2). Allele frequencies for Pro33 (0.19 vs. 0.11; P = 0.03) and Met145 (0.15 vs. 0.09; P = 0.07) were also greater in patients who experienced the main ischemic outcome. Alleles for both genes were in Hardy-Weinberg equilibrium. Among patients who experienced the secondary ischemic outcome, 15 of 41 (36%) possessed a genotype with the Pro33 allele compared with 36 of 155 patients (23%) who did not experience the secondary ischemic outcome (OR 1.9 [0.9 - 4.0]; P =0.09). Similarly, 12 of 41 patients with ischemia (29%) possessed a genotype with the Met145 allele compared with 28 of 155 patients (18%) who did not experience the secondary outcome (OR 1.9 [0.8-4.1]; P = 0.12). Four subjects had cardiovascular death from MI, but there was no relation between genotype and death.

Multivariate regression identified five factors that were independently associated with the main ischemic outcome measure (table 2, multivariate OR): DM, AAS, TAS, Pro33 genotype, and Met145 genotype. The greatest risk was associated with the operative procedure (TAS > AAS > IIS). In addition, there was a trend toward a relation between ischemic outcome and a history of angina or MI, and these two factors were colinear. There was also a trend toward a protective effect of preoperative aspirin use. DM (OR 5.8 [2.2-22.2]; P < 0.01), TAS (OR 8.8 [2.8-41.3]; P < 0.01), and Met145 genotype (OR 2.5 [1.1-7.0]; P = 0.04) were also independently associated with the secondary outcome measure by multivariate analysis. Angina (OR 3.0 [0.8-11.5]; P = 0.02) and AAS (OR 2.9 [0.9-11.2]; P = 0.05) showed a strong trend toward a relation with the secondary outcome. The relation between Pro33 genotype and the secondary ischemic outcome did not reach statistical significance (OR 1.8 [0.7-4.3]; P = 0.18).

Six clinical factors met criteria (P < 0.10, LRT) for inclusion in the model to predict the main composite ischemic outcome: DM, angina, MI, preoperative aspirin use, AAS, and TAS. The addition of platelet genetic factors to the clinical model, separately (Pro33 chi-square = 3.01; P = 0.08, and Met145 chi-square = 7.34; P < 0.01) or together (chi-square = 13.5; P < 0.001), improved fit

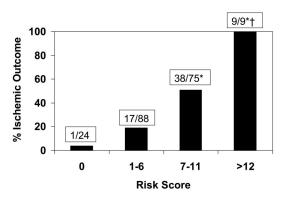


Fig. 1. The risk of postoperative myocardial ischemia increases with summary risk score. Risk factors were added to derive a summary risk score, and subjects were classified into four categories based on the summary score. The incidence of composite ischemic outcome in these categories was compared by Fisher exact test. *P < 0.001 versus risk score = 0 or 1–6. †P < 0.01 versus risk score = 7–11.

of the ischemia prediction model. None of the other variables improved model fit, including age, sex, and race. Four clinical factors contributed to prediction of the secondary ischemic outcome: DM, angina, AAS, and TAS (MI did not contribute). The addition of GPIb α genotype met criteria for model improvement (chi-square = 3.51; P = 0.06); however, addition of GPIIIa genotype did not (chi-square = 1.34; P = 0.25).

A final model was constructed to predict the main ischemic outcome measure. Aspirin use was excluded from the final model to limit the ratio of variables:outcomes to 1:10. Each of the seven remaining variables was assigned an integer score weighted in proportion to its OR derived from multivariate logistic regression, *i.e.*, DM = 4, angina = 2, MI = 2, AAS = 4, TAS = 6, Pro33+ = 2, and Met145 + = 3. These seven variables were used to create an additive risk model, and a summary risk score was calculated for each subject. The likelihood of developing postoperative ischemia increased with increasing summary risk score (fig. 1). Discrimination of the additive risk model, by area under the ROC curve, was 0.73 [0.65-0.81], and positive predictive values were 37, 56, and 100% at risk score cutoffs of 1, 7, and 12, respectively (table 3). Without platelet genotype in the model,

Table 3. Accuracy of Model to Predict Main Composite Ischemic Outcome Measure at Different Summary Score Cutoffs

	Summary Risk Score Cutoff Value			
	1	7	12	
% Sensitivity (95% Cl) % Specificity (95% Cl) % Positive predictive value (95% Cl)	98 (95–100) 18 (11–24) 37 (30–44)	72 (61–82) 72 (63–79) 56 (45–67)	14 (6–23) 100 (100–100) 100 (100–100)	
% Negative predictive value (95% Cl)	96 (86–100)	84 (76–90)	70 (63–76)	

CI = confidence interval.

the area under the ROC curve was 0.64 [0.57-0.74] (P = 0.04 vs. model including genetic factors). A separate model was created to predict the secondary outcome measure, and it included the following variables: DM, angina, AAS, TAS, and GPIIIa and GPIb α genotypes. The area under the ROC curve for this model was 0.73 [0.63-0.83], which was similar to the model to predict the primary outcome. Without platelet genotype in the model, the ROC was 0.67 [0.57-0.75] (P = 0.12 vs. model including genotype).

Discussion

Postoperative myocardial ischemia was common in our cohort of 196 infrainguinal and aortic vascular surgery patients. A 2% incidence of cardiac death and a 5% incidence of MI are comparable to previous reports.^{3,25-28} Increased surveillance troponin I and prolonged-duration electrocardiographic ischemia occurred frequently and were related to clinical MI and cardiac death. These data confirm previous reports that demonstrate that a large number of postoperative ischemic episodes are not clinically detected but are nonetheless strongly related to overt morbidity and mortality.^{17,18,29-31}

Among traditional clinical cardiac risk factors, only DM, MI, and angina were associated with postoperative myocardial ischemia. These factors have been consistently identified as perioperative cardiac risk factors by other investigators¹⁻³ and are classified as intermediate clinical predictors by current American College of Cardiology/American Heart Association guidelines.⁵ The strongest predictor of cardiac risk was the specific surgical procedure. One of the novel findings of this study was the differential cardiac risk associated with different vascular surgical procedures (TAS > AAS > IIS), which, according to current risk assessment strategies, are all categorized as having an equivalently high risk. Our findings contrast with those of L'Italien et al.,⁴ who reported greater risk in infrainguinal than aortic procedures, and those of Boersma et al.,28 who reported equivalent cardiac risk in infrainguinal and aortic procedures. Discordant results among these studies may be attributable to differences in the use of β blockers: More than three fourths of the patients in the current study received perioperative β blockade compared with less than one third in the study by Boersma et al., and the study by L'Italien et al. evaluated data before the era of perioperative β blocker therapy. Differential risk in our study may be related to the magnitude of stress imposed by aortic versus peripheral vascular procedures and the ability of β blockers to mitigate those different stresses.

Gene polymorphisms in platelet GPIIIa (Pro33) and GPIb α (Met145) were independent predictors of the main ischemic outcome after major vascular surgery. This finding is consistent with numerous reports that

describe an association between these polymorphisms and myocardial ischemic morbidity in nonsurgical settings,^{13-16,32} although some authors have refuted this relation.³³⁻³⁵ A significant relation between the GPIb α polymorphism and the harder endpoint of cardiac death or myocardial injury was also present on multivariate analysis, but the relation between the GPIIIa polymorphism and the secondary outcome measure was not significant. Whether this reflects a pathophysiologic difference between the primary and secondary outcome measures or reflects inadequate statistical power from a smaller number of secondary outcomes is unclear.

Glycoprotein IIIa is one of the integrin proteins that comprise the platelet fibrinogen receptor (GPIIb-IIIa), and the Pro33 polymorphism is reported to enhance platelet reactivity.^{36,37} GPIb α is one of four proteins that form a complex that functions as the platelet von Willebrand factor receptor, and the Met145 polymorphism is reported to enhance von Willebrand factor binding.38 However, the functional consequences of these platelet polymorphisms remain controversial, and a mechanistic link between these genetic polymorphisms and clinical outcome remains unproved. Stress-related adrenergic stimulation with increased myocardial oxygen consumption is the mechanism traditionally attributed to perioperative myocardial ischemia.8,9 Our data suggest that platelet-mediated coronary occlusion may contribute to postoperative myocardial ischemia more frequently than previously recognized. The reduction in cardiac risk we observed in association with preoperative aspirin use supports this possibility. Further support comes from autopsy series, where plaque rupture and acute coronary thrombosis seem to complicate fatal perioperative MI as frequently as in nonoperative settings.¹⁰

The addition of platelet GPIIIa and GPIb α genotypes to historic and surgical risk factors improved prediction of the main ischemic outcome measure in this population of infrainguinal and aortic vascular surgery patients. This effect was demonstrated both by improvement in model fit (by likelihood ratio testing) and by comparison of ROC curves for models inclusive and exclusive of genetic factors. The area under the ROC curve of 0.73 indicates moderate predictive power and suggests that additional factors not measured in this study probably contribute to ischemic outcome. However, the discriminative ability of the derived model was comparable to other risk assessment tools¹⁻³ and provided better positive predictive accuracy than reported for those other models or noninvasive cardiac testing.^{6,7} In addition, whereas other risk assessment tools have proved ineffective in patients undergoing aortic surgery,³ our model performed well in this population. The addition of platelet polymorphisms to clinical factors provided more modest improvement in prediction of the secondary ischemic outcome measure, and this benefit was derived mainly from the GPIb α polymorphism. The weaker relation between platelet genes and the secondary outcome measure could reflect inadequate statistical power or a true difference in the biologic relation between the polymorphisms and the two outcomes.

The findings in this report should be considered preliminary because of a number of study limitations. First, although the relation between platelet gene polymorphisms and the main ischemic outcome measure was strong, the relation was weaker with the harder secondary outcome measure. A study that involves a larger number of hard endpoints is required to verify the relation between platelet genes and postoperative myocardial injury. Second, although this study shows that the addition of platelet polymorphisms to clinical risk factors improves our model to predict composite ischemic outcome, it is inadequately powered to determine whether the derived model has better diagnostic accuracy (i.e., positive and negative predictive value) than a model limited to clinical risk factors alone. Third, additional studies are required to reproduce our findings before the derived model can be considered clinically useful. Nonetheless, the current study demonstrates that genetic testing has the potential to uncover risk factors for perioperative ischemia that are missed by clinical assessment alone.

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