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## Perioperative mortality in developed and developing countries



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For the Anesthesia Patient Safety Foundation see <http://www.apsf.org>

For the Australian Incident Monitoring System see <http://www.apsf.net.au/history.php>

For the Safety Committee of the Association of Anaesthetists of Great Britain and Ireland see <http://www.aagbi.org/safety/safety-and-standards-committee/committees/safety-committee/>

Ether-based anaesthesia was introduced by William Morton in 1846. General anaesthesia has since been regarded as one of the most important medical advances; it has facilitated life-saving and enhancing surgical procedures and has protected patients from suffering and physiological duress. However, this advance came with a high toll. Until recent decades, there was a substantial risk of adverse events with general anaesthesia, and many patients died.<sup>1</sup> Anaesthetists, recognising the need to prevent devastating complications, established patient safety initiatives and foundations. Examples include the Anesthesia Patient Safety Foundation in the USA, the Australian Incident Monitoring System, and the Safety Committee of the Association of Anaesthetists of Great Britain and Ireland. Safer anaesthetic drugs were introduced, new surgical and anaesthetic techniques were pursued, pulse oximetry and capnography were incorporated into anaesthetic practice, simulation was included in training, and process improvement checklists were implemented.<sup>2</sup>

Daniel Bainbridge and colleagues,<sup>3</sup> using a meta-regression technique, took on the daunting task of reviewing the published medical work on anaesthesia-related mortality, cardiac arrest, and overall perioperative mortality over six decades in countries around the world, and report their provocative findings in *The Lancet*. They confirm the impression that perioperative mortality, defined as death from any cause within 48 h of surgery, has been steadily declining from an estimated 1·06% (95% CI 1·04–1·08) before the 1970s to 0·12% (0·11–0·12) in the 1990s–2000s. This improvement was noted despite data showing that patients with more severe and uncontrolled morbidities are undergoing surgery today than in the past. Encouragingly, this declining pattern was evident both in developed and in developing countries. Nevertheless, a discomfiting finding is that, over the past six decades,

perioperative mortality has consistently been much higher in developing than in developed countries. Furthermore, the decrease in mortality and cardiac arrests has been more extensive in developed than developing countries.

Bainbridge and colleagues' findings<sup>3</sup> are of considerable interest, and we agree with the investigators that evidence-based interventions should be implemented to mitigate some of the disparities between developed and developing countries. Fortunately, many of the recent gains in patient safety in developed countries are based on process improvement, not expensive technologies. For example, the Safe Surgery Saves Lives Study,<sup>4</sup> undertaken under the banner of WHO, showed that a structured checklist, with simple interventions spanning the perioperative period, could markedly affect mortality and improve surgical outcomes: 30-day mortality among patients undergoing non-cardiac surgery was decreased from 1·5% to 0·8% after introduction of the checklist. This effect was noted across the entire gamut of developed and developing countries.

However, Bainbridge and colleagues' findings<sup>3</sup> must be placed into a broader context to avoid a sense of complacency in developed countries. All but four of the included studies described deaths that occurred intraoperatively or within the first 48 h postoperatively. This procedure-centric definition belies the reality of perioperative patient outcomes. We know from large epidemiological studies that 30-day all-cause perioperative mortality for patients undergoing a broad range of in-patient surgeries remains between 1% and 2%.<sup>5,6</sup> There is less information on intermediate-term mortality, but from studies including both high-risk and broad surgical patient populations we can estimate that 1-year mortality is alarmingly high—between 5% and 10%.<sup>7,8</sup> The logistical and cost challenges of tracking patient outcomes far beyond

the 48-h or even 30-day window result in patient safety efforts that have been narrowly focused on the measurable immediate perioperative period and the reduction of so-called clean kills. Bainbridge's analysis might show that in developed countries some of the early perioperative mortality has simply been deferred. There probably remains an unexpected and poorly measured pandemic of perioperative mortality, which is an unappreciated public health concern.<sup>9</sup> What proportion of these deaths could be averted with optimum perioperative management is unknown.

From ambitious international studies, we do know that many deaths are preventable. In the CRASH-2 (Clinical Randomisation of an Antifibrinolytic in Significant Haemorrhage 2) trial,<sup>10</sup> the simple administration of an inexpensive antifibrinolytic drug, tranexamic acid, to thousands of patients undergoing trauma surgery in 40 countries was associated with a 1.5% decrease in 28-day all-cause mortality.<sup>10</sup> The Safe Surgery Saves Lives Study<sup>4</sup> reported mortality gains in a range of patient risk categories. Perioperative physiological changes, such as hypotension, are strongly predictive of postoperative mortality,<sup>7</sup> although whether such associations are causal or epiphenomenal is unclear. Regardless, modulation of the acute physical trauma of surgery, and the body's concomitant stress and inflammatory response, is a seminal opportunity to alter patient outcomes.<sup>9,11</sup> Although early postoperative mortality has improved, major postoperative morbidity remains common<sup>5,12</sup> and affects postoperative outcomes such as quality of life and independence,<sup>13</sup> which are not visible from our operating theatre vantage. Furthermore, the occurrence of a complication within 30 days of surgery is the strongest determinant of overall mortality.<sup>13</sup>

Perioperative clinicians can probably improve post-operative morbidity and mortality by the following methods:<sup>9,11</sup> (1) optimising patients' preoperative fitness; (2) implementing evidence-based safety protocols (eg, checklists, appropriate patient monitoring, supplementary oxygen provision, sterile procedures, avoidance of unnecessary transfusions, and safe patient positioning); (3) paying attention to homeostatic functions that are impaired with surgery and anaesthesia (eg, temperature regulation, blood pressure and heart rate control, judicious hydration, normoglycaemia, acid base balance, and breathing); (4) administering indicated perioperative medications (eg, antimicrobials,

aspirin, statins, β blockers, bronchodilators, anti-emetics, thrombosis and ulcer prophylaxis); (5) treating pain and inflammation (eg, epidural and regional anaesthesia, and multimodal analgesia); and (6) improving postoperative patient care (eg, mobilisation, physical therapy, early feeding, sleep hygiene, and appropriate care on high dependency and intensive care units).

Bainbridge and colleagues<sup>3</sup> have played a crucial part in confirming disparities in perioperative health care between developed and developing countries and in showing that drastic improvements in outcomes are feasible.<sup>3</sup> Their findings should inspire us to apply perioperative practices with demonstrable effectiveness to under-resourced settings. Most importantly, we must target gains in short-term, intermediate, and long-term postoperative outcomes across the globe.

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We declare that we have no conflicts of interest.

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# Perioperative and anaesthetic-related mortality in developed and developing countries: a systematic review and meta-analysis



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## Summary

**Background** The magnitude of risk of death related to surgery and anaesthesia is not well understood. We aimed to assess whether the risk of perioperative and anaesthetic-related mortality has decreased over the past five decades and whether rates of decline have been comparable in developed and developing countries.

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**Methods** We did a systematic review to identify all studies published up to February, 2011, in any language, with a sample size of over 3000 that reported perioperative mortality across a mixed surgical population who had undergone general anaesthesia. Using standard forms, two authors independently identified studies for inclusion and extracted information on rates of anaesthetic-related mortality, perioperative mortality, cardiac arrest, American Society of Anesthesiologists (ASA) physical status, geographic location, human development index (HDI), and year. The primary outcome was anaesthetic sole mortality. Secondary outcomes were anaesthetic contributory mortality, total perioperative mortality, and cardiac arrest. Meta-regression was done to ascertain weighted event rates for the outcomes.

**Findings** 87 studies met the inclusion criteria, within which there were more than 21·4 million anaesthetic administrations given to patients undergoing general anaesthesia for surgery. Mortality solely attributable to anaesthesia declined over time, from 357 per million (95% CI 324–394) before the 1970s to 52 per million (42–64) in the 1970s–80s, and 34 per million (29–39) in the 1990s–2000s ( $p<0\cdot00001$ ). Total perioperative mortality decreased over time, from 10 603 per million (95% CI 10 423–10 784) before the 1970s, to 4533 per million (4405–4664) in the 1970s–80s, and 1176 per million (1148–1205) in the 1990s–2000s ( $p<0\cdot0001$ ). Meta-regression showed a significant relation between risk of perioperative and anaesthetic-related mortality and HDI (all  $p<0\cdot00001$ ). Baseline risk status of patients who presented for surgery as shown by the ASA score increased over the decades ( $p<0\cdot0001$ ).

**Interpretation** Despite increasing patient baseline risk, perioperative mortality has declined significantly over the past 50 years, with the greatest decline in developed countries. Global priority should be given to reducing total perioperative and anaesthetic-related mortality by evidence-based best practice in developing countries.

**Funding** University of Western Ontario.

## Background

Death is one of the most feared complications of surgery, yet the magnitude of risk of death related to surgery and anaesthesia is not well understood. Fortunately, mortality rates in the perioperative period are low.<sup>1</sup> However, this rarity makes quantification of perioperative mortality difficult in individual studies.

In response to a call for action on gaps in surgery safety in low-resource settings,<sup>6</sup> we aimed to synthesise the available global data on anaesthetic and surgery-related deaths in high-income versus low-income settings to assess, through meta-regression, whether the risk of perioperative and anaesthesia-related mortality has decreased progressively over time and whether temporal trends differ for developed versus developing countries.

## Methods

### Search strategy and selection criteria

We did a systematic review with meta-analysis and meta-regression in accordance with recent methodological guidelines.<sup>7,8</sup> The research question, search strategy, inclusion criteria, and statistical analyses were prespecified. We did a systematic search to identify all observational or randomised studies that reported perioperative mortality, anaesthetic-related mortality, or perioperative cardiac arrest. Two investigators (DB and JM) systematically searched Medline, Cochrane Central, Scopus, and Current Contents databases from the date of inception

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until April 7, 2009. Routine additional searches of Medline were done thereafter until Feb 3, 2011. Search terms included variants of anaesthetic, anaesthetic, anaesthesia, anaesthesia, surgery, operation, intraoperative, perioperative, perisurgical, postoperative, postsurgical, death, mortality, survival, and cardiac arrest, using text words and Medical Subject Headings (MeSH) terms (appendix). Tangential electronic exploration of related articles (ie, using links to related references to search for additional articles) and extensive hand searches of bibliographies of relevant reviews and related journals were also done.

Studies in any language were included if they reported on a population of at least 3000 patients who underwent general anaesthesia for surgery in the hospital setting. The minimum sample size of 3000 was chosen to reasonably estimate adverse events that occur at a rate of one in 1000 or less in accordance with the rule of three sample size approximation<sup>9</sup> and also to ensure that small studies would not skew the event rate estimates since occurrence of death and cardiac arrest were expected to be lower than one in 1000 in most settings. Because the aim was to ascertain outcomes in allcomers (ie, all reported patients who underwent surgery), studies reporting exclusively on regional or local anaesthesia or those done in a non-hospital setting were excluded. Similarly, to ensure the studies represented a mixed population rather than being confounded by any one particular surgical or patient subtype, studies that focused exclusively on specific age groups (eg, the elderly only or children only) or that reported only one surgical subgroup (eg, cardiac surgery only) were excluded. Studies that reported an estimated rather than actual denominator or that sampled only a portion of adverse events from a larger population and studies that reported only corrected

mortality rates on the basis of morbidity scoring systems without providing raw data were also excluded.

Although most studies were expected to be descriptive cohort studies without a specific intervention or control group, randomised or comparative studies were also eligible. We planned to exclude the intervention arm from randomised trials if the intervention was not standard of care and had shown a differential effect on death in the intervention versus the control group; however, this issue did not arise because there was only one large randomised trial eligible for this analysis, and both arms were eligible for inclusion.

#### Data extraction and outcome definitions

Using standard forms, two authors independently identified studies for inclusion and extracted information on outcomes, baseline American Society of Anesthesiologists (ASA) status, year of recruitment, country of origin, and method of data collection. Disagreements were resolved by consensus. The primary outcome was anaesthetic sole mortality, defined as death deemed to be attributable only to anaesthesia. Secondary outcomes were anaesthetic contributory mortality, defined as death deemed to be partially related to anaesthetic conduct; total perioperative mortality, defined as death from any cause; and cardiac arrest.

Country development status was assigned according to the UN Human Development Index (HDI), which is an index based on life expectancy, literacy, enrolment in further education, and per-capita income.<sup>10</sup> Since any country's HDI can change over time, the HDI relevant to the country during the specific time period of the study was assigned. If HDI data were not available for that year, then the HDI at the closest date available was used.

#### Statistical analysis

For every outcome in every study, event rates, defined as the number of events per million anaesthetic procedures and their corresponding 95% CIs were calculated. The fixed effect model (primary analysis) and the random effects model (secondary analysis to account for heterogeneity) were used to calculate weighted event rates across all studies. Since the results and conclusions were not sensitive to the model used, only data from the fixed effect model are presented here for simplicity. We did meta-regression using the method of moments to assess whether death rates changed significantly over time and by HDI. Since many studies reported data over a time period of several years, the data were assigned as close as possible to the year in which the patients were recruited. When data were provided only in aggregate time intervals, the data were assigned to the median year of the relevant interval of recruitment. Prospective versus retrospective data were collected for sensitivity analyses.

In addition to meta-regression, we subgrouped aggregate event rates per million patients for each double decade and for each HDI category to calculate natural

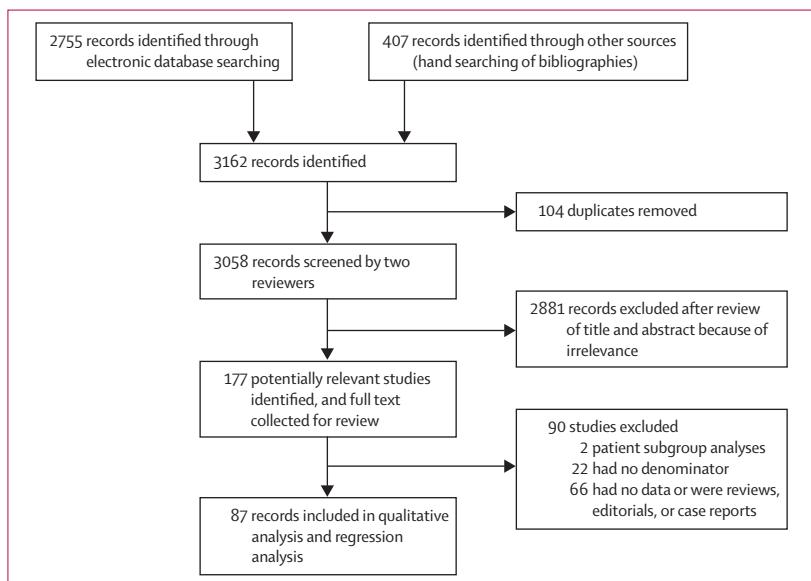


Figure 1: Flowchart of study identification

event rates for each time period and by low versus high HDI ( $<0.8$  vs  $\geq 0.8$ , respectively). For subgroup analyses, we did the test for interaction to assess whether effect sizes differed significantly across subgroups. Event rates per million were also measured by baseline ASA physical status subgroups.<sup>11</sup>

Statistical analyses were done using Comprehensive Meta-Analysis version 2.2 (Englewood, NJ, USA, 2008). Statistical significance was defined as a two-sided  $p < 0.01$ . Heterogeneity was assessed using  $I^2$ , which indicates the proportion of variability between studies that cannot be attributable to chance alone.<sup>12</sup> Values of  $I^2$  higher than 50% were deemed to suggest significant heterogeneity between studies.

#### Role of the funding source

The sponsor of the study had no role in study design, data collection, data analysis, data interpretation, writing of the report, or decision to publish the results. The corresponding author had full access to all the data in the study and had the final responsibility for the decision to submit for publication.

#### Results

3162 abstracts were reviewed and 177 potentially relevant full text articles were retrieved (figure 1). Of these, 87 studies met the inclusion criteria, within which there were more than 21·4 million anaesthetic administrations given to patients undergoing general anaesthesia for surgery (appendix). The appendix lists the characteristics and designs of the 87 studies. Most studies reported events intraoperatively and within the first 24–48 h postoperatively, whereas only four studies reported 30-day anaesthesia mortality. Exclusion of the latter trials did not substantially affect the mortality estimates. Three trials had no HDI data available, one because multiple countries were studied and two from Taiwan in which HDI data were not collected. Sensitivity analysis by prospective and retrospective data collection did not materially change the results. As expected, statistical heterogeneity ( $I^2 > 50\%$ ) was detected for all event rates.

Risk of anaesthetic sole mortality decreased progressively over the decades, from 357 per million (95% CI 324–394) before the 1970s, to 52 per million (42–64) in the 1970s–80s, and 34 per million (29–39) in the 1990s–2000s (table 1; figure 2). In a weighted meta-regression, this reduction over time was significant ( $p = 0.000001$ ; figure 3). When temporal trends were analysed for high-HDI and low-HDI country subgroups separately, only the high-HDI countries had a decline over time ( $p < 0.00001$ ).

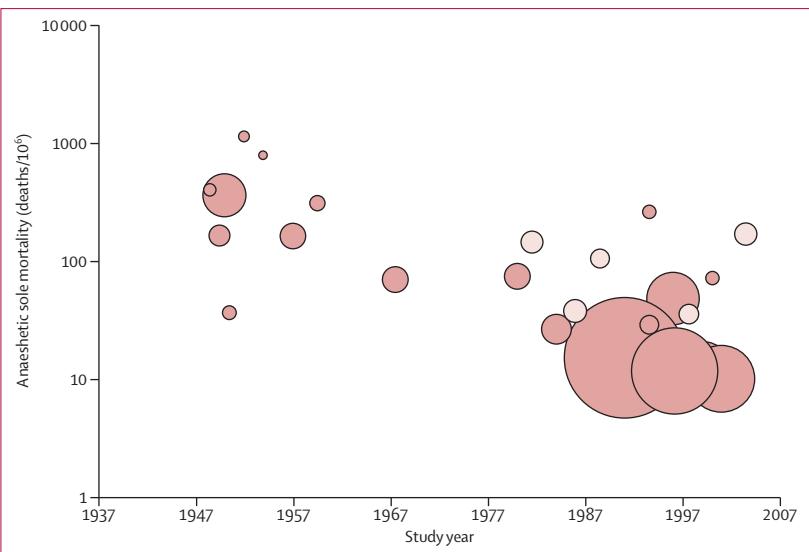
Anaesthetic contributory mortality decreased over time, from 650 per million (95% CI 610–693) before the 1970s, to 323 per million (290–360) in the 1970s–80s, and 143 per million (129–157) in the 1990s–2000s ( $p < 0.00001$  across subgroups; table 1). This reduction in mortality risk over

time was statistically significant in a meta-regression ( $p < 0.00001$ ; appendix). Analysis of temporal trends for high-HDI and low-HDI countries separately showed that only high-HDI countries experienced a decline in

	Events	Weighted event rate per million (95%CI)	p value for subgroup interaction	
			By HDI	By decade
<b>Anaesthetic sole mortality</b>				
Pre-1970s*	403/1294158	357 (324–394)	..	<0.00001
High HDI	403/1294158	357 (324–394)	NA	..
Low HDI	NR	NR	..	..
1970s–80s	86/2380920	52 (42–64)	..	..
High HDI	50/1761384	32 (24–42)	<0.00001	..
Low HDI	36/619536	101 (72–140)	..	..
1990s–2000s	186/8990012	34 (29–39)	..	..
High HDI†	151/8610720	25 (21–30)	<0.00001	..
Low HDI†	32/274692	141 (100–199)	..	..
<b>Anaesthetic contributory mortality</b>				
Pre-1970s*	925/1625266	650 (610–693)	..	<0.00001
High HDI	867/1447338	684 (642–729)	<0.00001	..
Low HDI	58/177928	326 (252–422)	..	..
1970s–80s	332/1176999	323 (290–360)	..	..
High HDI†	150/649744	234 (200–275)	<0.00001	..
Low HDI†	180/475127	432 (373–500)	..	..
1990s–2000s	395/5950293	143 (129–157)	..	..
High HDI	275/5641048	85 (75–96)	<0.00001	..
Low HDI	120/309245	467 (391–559)	..	..
<b>Total perioperative mortality</b>				
Pre-1970s*	13253/1939879	10 603 (10 423–10 784)	..	<0.0001
High HDI	11 227/1761951	10 467 (10 276–10 662)	<0.00001	..
Low HDI	2026/177928	11 387 (10 904–11 890)	..	..
1970s–80s	4696/1570070	4533 (4405–4664)	..	..
High HDI	1723/934781	1982 (1891–2078)	<0.00001	..
Low HDI	2973/635289	7336 (7078–7604)	..	..
1990s–2000s	6567/7047928	1176 (1148–1205)	..	..
High HDI	5981/6738683	1095 (1067–1123)	<0.00001	..
Low HDI	586/309245	2445 (2255–2651)	..	..
<b>Cardiac arrest</b>				
Pre-1970s*	342/587906	672 (605–748)	..	<0.0001
High HDI	342/587906	672 (605–748)	..	..
Low HDI	NR	NR	NA	..
1970s–80s	3045/2480112	1872 (1807–1939)	..	..
High HDI†	2799/2361710	1798 (1732–1866)	<0.00001	..
Low HDI†	221/66274	3642 (3193–4155)	..	..
1990s–2000s	4299/6475012	719 (698–741)	..	..
High HDI†	3906/6094142	659 (638–680)	<0.00001	..
Low HDI†	345/276270	2068 (1861–2298)	..	..

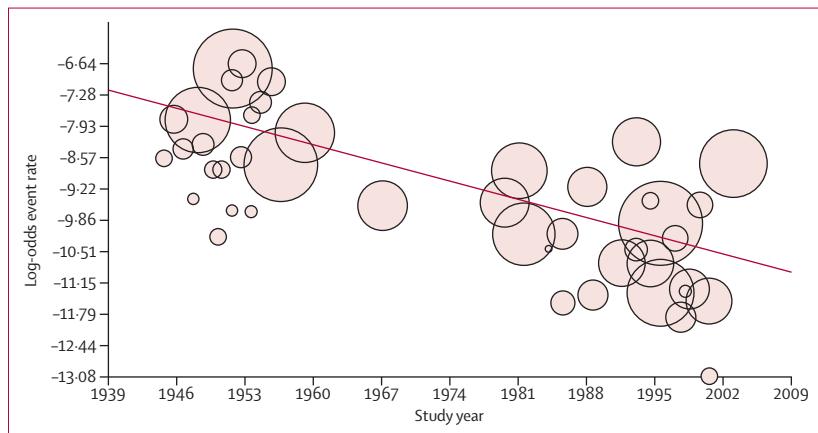
HDI=human development index. NR=not reported. NA=not available. \*Includes studies primarily from the 1950s and 1960s; however, because there were few 1940s studies, they were also included here. Sensitivity analysis revealed no substantial change in event rates when data before the 1950s were excluded from analysis. †HDI subgroup data excludes trials for which no HDI-specific data are available, and therefore addition across subgroups will not always be equal to the overall results.

Table 1: Anaesthesia mortality and cardiac arrests by decade and by country human development index status



**Figure 2:** Event rates for anaesthetic sole mortality by year

Every circle represents a study; the circle size is representative of the study's population size. The year represents the median year if the study reported a range of years. Low-income and middle-income countries are shown in light red (human development index [HDI]<0·8) and high-income countries in dark red (HDI≥0·8).



**Figure 3:** Meta-regression for risk of anaesthetic sole mortality by year

Every circle represents a study; the circle size is representative of the weight of that study in the analysis. The relation between mortality and year of study was significant, with a significant decline over the decades (slope -0·053, 95%CI -0·058 to -0·049; p=0·000001).

mortality risk over time (slope -0·042;  $p<0·0001$ ), whereas low-HDI countries experienced an increased mortality risk over time (slope +0·019;  $p=0·0001$ ).

Total perioperative mortality decreased progressively over the decades, from 10603 per million (95% CI 10423–10784) before the 1970s, to 4533 per million (4405–4664) in the 1970s–80s, and 1176 per million (1148–1205) in the 1990s–2000s ( $p<0·0001$  across subgroups; table 1). This reduction in all-cause perioperative mortality was statistically significant in meta-regression over time ( $p<0·00001$ ; figure 4). When analysed separately, both high-HDI countries (slope -0·050;  $p<0·0001$ ) and low-HDI countries (slope -0·042;  $p<0·0001$ ) experienced a significant decline in perioperative mortality

over time, although the magnitude of reduction was greatest in high-HDI countries.

The incidence of cardiac arrest varied over the decades, with an overall decline in incidence by time that was statistically significant ( $p=0·00001$ ; appendix). The event rate in the 1970s–80s was 1872 per million (95% CI 1807–1939), compared with 719 per million (698–741) in the 1990s–2000s (table 1). Although the studies from before the 1970s provided some data for cardiac arrest, the event rate was less reliable for this early subgroup because of the small numbers within each study before 1970 compared with the larger and more numerous studies from the later decades. For this reason, although the event rate for cardiac arrests before the 1970s was calculated to be 672 per million (95% CI 605–748), which is lower than in the later decade subgroups, the meta-regression suggested an overall trend toward a reduction over time because of the weight placed on later years given the study sample sizes ( $p=0·004$ ).

When data from all countries across all decades were assessed in a weighted meta-regression by HDI, the rate of anaesthetic sole mortality decreased progressively with increasing HDI ( $p<0·00001$ ; appendix). Table 1 shows that the aggregate event rate for anaesthetic sole mortality was at least three times higher in low-HDI versus high-HDI countries (101 per million [95% CI 72–140] vs 32 per million [24–42] in the 1970s–80s, and 141 per million [100–199] vs 25 per million [21–30] in the 1990s–2000s). Low-HDI countries were insufficiently represented before the 1970s for sub-analysis to be done.

Meta-regression of anaesthetic contributory mortality by HDI also showed a significant reduction in anaesthetic contributory mortality as HDI increased ( $p<0·0001$ ; appendix), which is also shown by the higher aggregate event rates for each decade, with the exception of before the 1970s, when low-HDI countries were poorly represented within the subgroup analysis (table 1).

Meta-regression of total perioperative mortality by increasing HDI showed a significant reduction in risk of perioperative death as HDI increased ( $p<0·00001$ ; appendix), and aggregate event rates by decade group showed significantly greater event rates in low-HDI versus high-HDI countries in every decade group (all  $p<0·0001$ ; table 1).

Weighted meta-regression showed a significant relation between higher HDI and lower risk of cardiac arrest ( $p<0·00001$ ; appendix). The incidence of cardiac arrest was at least twice the rate in low-HDI versus high-HDI countries in both the 1970s–80s and 1990s–2000s (table 1).

Perioperative all-cause mortality increased with increasing ASA status at baseline, from a low of 557 per million (95% CI 458–678) for ASA grade 1 to a high of 273 534 per million (253 688–294 320) for ASA grade 5 (table 2). Patients with ASA grade 2 at baseline had more than double the mortality risk of patients with ASA grade 1. Patients in each successive higher category of ASA status at baseline had four to six times the mortality

risk when compared with the next lower category of ASA status. The same numeric patterns were noted for cardiac arrest when examined by baseline ASA status. Incidence of cardiac arrest ranged from 193 per million (95% CI 149–249) for patients with ASA grade 1 up to 234 121 per million (186 231–289 939) in those with ASA grade 5.

When subgroup analysis was done to dichotomously compare patients with ASA grade 1–3 with those with ASA grade 4–5, the relative risk of all-cause perioperative mortality in the high-ASA status group compared with the low-ASA status group was 48 (95% CI 42–53; table 3). Similarly, the relative risk of cardiac arrest was 61 (50–72). When meta-regression by ASA status was done for death or cardiac arrest, there was a significant increasing relation between higher ASA at baseline and death or cardiac arrest ( $p<0.00001$ ).

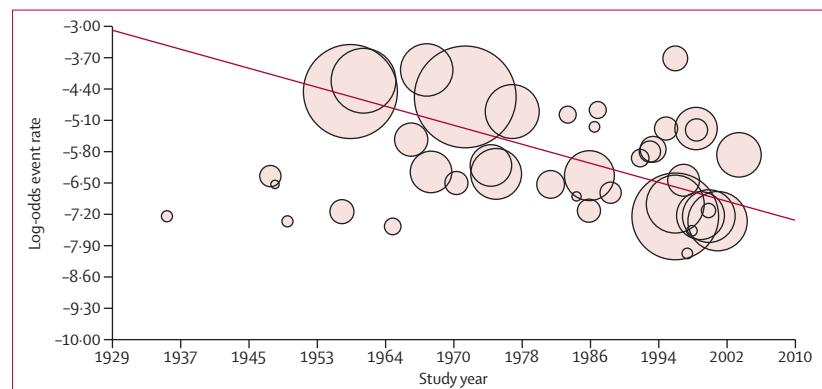
Meta-regression by time period showed that the baseline ASA status of patients increased significantly over the decades, confirming the widespread opinion that the baseline risk and complexity of patients presenting for surgery increased over the decades ( $p<0.0001$ ).

## Discussion

This comprehensive systematic review with meta-regression quantifies the global risk of anaesthetic-related and total perioperative mortality and shows the rates of change in these risks by time, country HDI, and baseline ASA status. The results show a clear reduction in anaesthetic-related and perioperative mortality over the past 50 years, despite the increasing baseline ASA risk status of patients and patient complexity. Cardiac arrests in the perioperative setting have also declined over time. The rate of decline in anaesthetic-related mortality and perioperative mortality over the decades has been greatest and most consistent in countries with a high HDI compared with those with a low HDI.

Despite the widespread emphasis on patient safety in anaesthesia since the early 1980s, and with more concentrated efforts toward patient safety since the 1990s, this aggregate analysis of all published worldwide data suggests a steady improvement in anaesthetic-related and perioperative mortality even preceding these efforts, particularly in high-HDI countries. This finding might have been as a result of early advancement in anaesthesia and surgical practices (training, certification, drugs, and techniques); improved selection of patients for surgery (better matching of patient risk to procedure benefit); increasing advances in aseptic techniques and equipment sterilisation; increased use of antibiotics; improvements in physiological monitoring, and fluid and blood management protocols; improved post-operative critical care; and improvements in teamwork and education of the expanded perioperative health-care team. Unfortunately, the studies did not provide sufficient details to test these hypotheses specifically. The continued reduction in anaesthetic and perioperative mortality in recent years is encouraging and suggests

that the recent heightened efforts toward standardisation and patient optimisation (eg, treatment of disorders such as high cholesterol, hypertension, and angina before surgery); higher levels of experience, improved surgical technologies and techniques; and optimum timing of antibiotics, timeouts, safe surgery checklists, and related protocols might be translating collectively into continued improvements in patient outcomes.<sup>1,5,13–15</sup> The results of this global meta-analysis are particularly noteworthy since anaesthetic-related and perioperative mortality are sufficiently rare that individual studies are generally insufficient in size to detect measurable differences, and cannot rule out the possibility that important differences might exist because of any single intervention or accumulation of efforts.<sup>13</sup> Although these results lend support to an overall improvement in patient care



**Figure 4:** Meta-regression for total perioperative mortality by year

Every circle represents a study; the circle size is representative of the weight of that study in the analysis. The relation between mortality and year was significant, with a significant decline over the decades (slope  $-0.053$ , 95% CI  $-0.054$  to  $-0.052$ ;  $p<0.00001$ ).

	Mortality event rate per million (95% CI)	Cardiac arrest event rate per million (95% CI)	Mortality or cardiac arrest event rate per million (95% CI)
ASA grade 1	557 (458–678)	193 (149–249)	379 (324–442)
ASA grade 2	1408 (1254–1582)	1112 (944–1310)	1301 (1184–1431)
ASA grade 3	9369 (8761–10 018)	5936 (5208–6764)	8515 (8022–9039)
ASA grade 4	61797 (58 412–65 365)	75 193 (68 146–82 904)	64 823 (61 730–68 058)
ASA grade 5	273 534 (253 688–294 320)	234 121 (186 231–289 939)	268 963 (250 430–288 340)

ASA=American Society of Anesthesiologists. See also the appendix for details of raw event rates.

**Table 2:** Mortality or cardiac arrest by American Society of Anesthesiologists status

	Event rate per million (95%CI)		RR (95%CI)	<i>p</i> for subgroup interaction
	ASA grade 1–3	ASA grade 4–5		
Mortality	4793 (4533–5068)	93 268 (88 986–97 735)	48 (42–53)	<0.00001
Cardiac arrest	2114 (1925–2328)	86 830 (79 255–95 054)	61 (50–72)	<0.00001
Mortality or cardiac arrest	3887 (3704–4078)	91 865 (88 108–95 766)	50 (47–53)	<0.00001

ASA=American Society of Anesthesiologists. RR=relative risk of adverse outcome for patients with ASA grade 4–5 vs ASA grade 1–3.

**Table 3:** Mortality or cardiac arrest by high versus low American Society of Anesthesiologists subgroup

contributing to better patient outcomes at present, subsequent updates of this dataset should be done over time to provide a continued global measure of the patterns in anaesthetic-related and perioperative mortality as an aggregate representation of the translation of the aforementioned patient safety efforts into tangible outcomes over time in the real-world setting, both in the developed and developing world.

The rate of improvement in perioperative mortality over time is significantly related to HDI, and this might be a result of the ability of wealthier countries to increase health-care investment in the technologies, techniques, and training necessary to improve patient safety. Conversely, this finding might also be a result of a difference in case mix, with less developed countries tending to have higher rates of surgery for traumatic injury and advanced diseases and fewer elective surgical procedures for chronic stable conditions or minor diseases.<sup>3,4</sup> Since the studies identified in this analysis reported insufficient details to allow greater exploration of outcomes by patient characteristics, the latter hypothesis remains unproven, but should be pursued in future research.

Although anaesthetic mortality remains low compared with traffic fatalities or suicide,<sup>16</sup> it still remains high compared with death caused by air travel, which is a commonly used yardstick to benchmark the risk of anaesthesia.<sup>17–20</sup> Quantification of acceptable risk for individuals is often difficult since a surgical procedure is associated with potential benefits that need to be weighed against potential risks when deciding whether to undergo surgery. Using updated quantified risks from this analysis might help facilitate informed decision making, in particular when placed in perspective against other everyday risks, and might be especially important for patients undergoing procedures for which benefits might be small or uncertain and need to be closely balanced against risks.

The global burden of disease and disability-adjusted life-years<sup>3</sup> that could potentially be improved through surgical intervention, if surgery was more accessible in the developed world,<sup>4</sup> highlights the importance of ensuring that improved safety measures will accompany all efforts to improve access to surgery in low-HDI countries. The two to four times increased risk of anaesthesia-related and perioperative mortality in low-HDI compared with high-HDI countries shows the gap that has existed between health-care systems, and this inequity remains despite recent efforts to improve global perioperative safety regardless of country and social status. Targeted initiatives involving collaboration between lower and higher HDI countries should be developed to reduce this gap between actual anaesthesia-related and perioperative mortality in low-HDI countries and achievable perioperative mortality in high-HDI countries. Closing this gap is an important achievable global health improvement and would probably exceed

the payback on other potential improvements that compete for our time and resources in the developed world—for example, new and expensive surgical technologies, which generally offer smaller marginal benefits in the developed world than the lives that could be saved by closing the global perioperative mortality inequity gap in the developing world.

These results need to be interpreted in light of the limitations of the data available. Since most studies failed to report sufficient risk factor data to allow for adequate risk stratification, we used crude death rates, without adjustment for specific comorbidities or type of surgical procedure. Therefore, biases and confounders that may differ over time might have affected the results, particularly with respect to patient risk factors and type of surgery. We aimed to minimise selection bias by using large studies (>3000) of allcomers undergoing anaesthesia for all decades, and measured trends over time by HDI and by baseline ASA score to minimise the effect of different surgical procedures and patient risk, which are probably of greatest difference in countries of different HDI (and thus include patients of different ages and with different comorbidities). We calculated rates of change over time within high-HDI and low-HDI country settings separately to minimise the effect of confounders between countries. Ideally, global registries would provide more complete data with more detailed patient and procedural information to allow for more informative analyses in the future with adjustment for confounding. Nevertheless, the consistency in reductions over time for all outcomes measured in this analysis, considered together with the fact that baseline ASA risk status significantly increased over time, suggests that the trends might be further improved if more specific risk adjustment could be done.

Although substantial effort was made to ensure that all relevant studies were included in this analysis, some studies from the 1940s and 1950s could not be retrieved. Also, other existing studies, particularly from the developing world, were probably not identified (eg, because they were not available in English or were not published in an indexed journal). Publication bias might have contributed to inadequate power to detect mortality trends from the developing world because few studies were available from the developing world in the earlier decades. Readers are encouraged to notify the authors if additional relevant studies exist so that new data can be incorporated into subsequent updates of this analysis. In particular, studies in languages other than English and from the developing world would further improve the estimates by HDI status.

Future studies on perioperative mortality should aim to be more thorough in the reporting of information, including outcomes by surgical subtypes, by anaesthetic subtype, and by patient risk groups. Furthermore, the likely cause of perioperative death should be provided more consistently. Definitions of anaesthetic-related

mortality and perioperative mortality remain disparate across studies (eg, subjective judgment is often needed to class mortality as related to anaesthesia, and even the timeframe for perioperative death varies, such as death within 24 h vs within 7 days after surgery), and calls for standardisation of definitions seem to be mostly unheeded so far.<sup>19,21-23</sup>

Despite an increase in patient baseline risk, perioperative and anaesthetic-related mortality rates have steadily declined over the past 50 years, and this might be an indicator of the cumulative effect of efforts to improve patient safety in the perioperative setting over the decades. However, the decline was greatest and most consistent in developed countries, and overall rates of perioperative and anaesthetic-related mortality remain two to three times higher in developing countries. Global priority should be given to reducing total perioperative and anaesthetic-related mortality with evidence-based best practice in developing countries to reduce the disparity in mortality compared with developed countries.

#### Contributors

DB extracted data, reviewed the results, and wrote the manuscript. JM did the statistical analyses, reviewed the results, and wrote the manuscript. MA extracted data, reviewed the results, and edited the manuscript. DC reviewed the results and edited the manuscript.

#### Conflicts of interest

We declare that we have no conflicts of interest.

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