

# The Checklist Conundrum

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The story of the patient-safety movement is one of slow progress punctuated by episodes of inspiring successes that are slow to be replicated. So it is not surprising that when promising innovations are not universally adopted, the public and policymakers are outraged and sometimes turn to regulation to ensure compliance. The surgical safety checklist is such an innovation.<sup>1</sup> The use of such checklists has been mandated or strongly encouraged by several governments, including those of the United Kingdom, the Netherlands, and Ontario, Canada.

A study reported in this issue of the *Journal* by Urbach and colleagues<sup>2</sup> shows the limitations of this approach. Assessing the outcomes of all surgical procedures performed in Ontario during 3-month periods before and after hospitals implemented a surgical safety checklist, they found no reduction in surgical mortality or complications, despite self-reported use of a checklist by 98% of hospitals. Ninety-two of the 101 study hospitals provided copies of their checklist; of these, 90% used an unmodified World Health Organization (WHO) or Canadian Patient Safety Institute checklist. Educational materials were made available to hospitals, but no team training or other support was provided.

What are we to make of this? First, it is important to state the obvious: it is not the act of ticking off a checklist that reduces complications, but performance of the actions it calls for. These actions do not merely include confirming the identity of the patient, operation, and site and ensuring that the necessary instruments, fluids, blood, and equipment are available; they also include having all team members introduce themselves and having the surgeon brief the team on the critical steps of the operation and address any concerns of the anesthetist and nursing team. The checklist is merely a tool for ensuring that team communication happens.

Second, fully implementing the checklist is difficult. Although the tasks on the checklist may seem straightforward, many do not occur in the typical operating room. The key is recognizing that changing practice is not a technical problem that can be solved by ticking off boxes on a checklist but a social problem of human behav-

ior and interaction. As Pronovost and colleagues<sup>3,4</sup> have shown, successful system change requires demonstrating the need for change, engaging institutional leadership, collecting data, and most important, providing training in teamwork so that everyone feels respected and accountable. The WHO recommends adapting the surgical safety checklist to suit local needs, an approach that furthers team building and a sense of ownership.

Third, hospitals need help to implement the checklist. Many lack the resources or expertise to organize and lead a checklist-implementation effort or to manage the changes needed, collect data, and build teams. The effective spread of checklist use is probably best accomplished by statewide or systemwide collaboratives. Originated by the Institute for Healthcare Improvement in the 1990s<sup>5</sup> and refined by the Michigan Keystone Center,<sup>6</sup> collaboratives provide local teams with direction, coaching, training, data management, and the opportunity to learn from other hospitals' experiences. The Veterans Health Administration Medical Team Training project provided such support for implementing checklists; surgical mortality in study hospitals had decreased by 18% after 1 year.<sup>7</sup>

Fourth, gaming is universal. Even in successful hospitals, there are surgeons who resist participating in checklist implementation. If a checklist is required, the person responsible for documentation will ensure that all boxes are ticked. In the absence of direct monitoring by observation, true compliance is unknown. In the United Kingdom, a recent observational study revealed that the tasks on the preincision checklist were completed in 55% of operations; for the postoperative checklist, the percentage was 9%.<sup>8</sup> In a Netherlands hospital, full compliance was observed in just 39% of operations.<sup>9</sup> However, mortality in that group of patients was 44% of the mortality among patients who underwent procedures in which compliance was not observed. The checklist only works if you use it.

Finally, full implementation takes time: time for the team to get it right and time for all units in an institution to get on board. The Veterans Health Administration found that mortality continued to decrease by 0.5 deaths per 1000 proce-

dures in each passing quarter after hospitals launched implementation of the checklist.<sup>7</sup> In the Netherlands, the rate of full compliance rose from 12% in the first quarter of implementation to 60% in the sixth quarter.<sup>9</sup>

The likely reason for the failure of the surgical checklist in Ontario is that it was not actually used. Compliance was undoubtedly much lower than the reported 98%. The fact that 90% of hospitals that provided a copy of their checklist used an unmodified WHO or Canadian Patient Safety Institute checklist indicates that the team building needed for local adaptation did not occur. Even if full implementation did occur, it is unlikely that an effect would have been seen within 3 months.

**Should implementation of surgical safety checklists be required? Probably not** — or at least not yet. Regulation works best when a practice of unquestioned value has become the norm. **We are not there yet.** Implementing the checklist is still a struggle in most hospitals. However, the process of adoption needs to be greatly accelerated. What should be mandated — and nationally funded — are large-scale state and systemwide collaboratives to motivate, train, and support local efforts to implement checklists.

Disclosure forms provided by the author are available with the full text of this article at [NEJM.org](http://NEJM.org).

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SPECIAL ARTICLE

# Introduction of Surgical Safety Checklists in Ontario, Canada

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## ABSTRACT

### BACKGROUND

Evidence from observational studies that the use of surgical safety checklists results in striking improvements in surgical outcomes led to the rapid adoption of such checklists worldwide. However, the effect of mandatory adoption of surgical safety checklists is unclear. A policy encouraging the universal adoption of checklists by hospitals in Ontario, Canada, provided a natural experiment to assess the effectiveness of checklists in typical practice settings.

### METHODS

We surveyed all acute care hospitals in Ontario to determine when surgical safety checklists were adopted. Using administrative health data, we compared operative mortality, rate of surgical complications, length of hospital stay, and rates of hospital readmission and emergency department visits within 30 days after discharge among patients undergoing a variety of surgical procedures before and after adoption of a checklist.

### RESULTS

During 3-month periods before and after adoption of a surgical safety checklist, a total of 101 hospitals performed 109,341 and 106,370 procedures, respectively. The adjusted risk of death during a hospital stay or within 30 days after surgery was 0.71% (95% confidence interval [CI], 0.66 to 0.76) before implementation of a surgical checklist and 0.65% (95% CI, 0.60 to 0.70) afterward (odds ratio, 0.91; 95% CI, 0.80 to 1.03;  $P=0.13$ ). The adjusted risk of surgical complications was 3.86% (95% CI, 3.76 to 3.96) before implementation and 3.82% (95% CI, 3.71 to 3.92) afterward (odds ratio, 0.97; 95% CI, 0.90 to 1.03;  $P=0.29$ ).

### CONCLUSIONS

Implementation of surgical safety checklists in Ontario, Canada, was not associated with significant reductions in operative mortality or complications. (Funded by the Canadian Institutes of Health Research.)

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A STUDY PUBLISHED IN 2009 SHOWED that implementation of the 19-item World Health Organization (WHO) Surgical Safety Checklist substantially reduced the rate of surgical complications, from 11.0% to 7.0%, and reduced the rate of in-hospital death from 1.5% to 0.8%.<sup>1</sup> The WHO estimated that at least 500,000 deaths per year could be prevented through worldwide implementation of this checklist.<sup>2</sup> This dramatic effect of a relatively simple and accessible intervention resulted in its widespread adoption. In the United Kingdom, a nationwide program was implemented by the National Health Service within weeks after publication of the WHO study,<sup>3</sup> and almost 6000 hospitals worldwide are actively using or have expressed interest in using the checklist.<sup>4</sup>

The effect of mandatory checklist implementation is unclear. Studies of implementation have been observational,<sup>5-11</sup> have been limited to a small number of centers,<sup>6-11</sup> have not evaluated patient outcomes,<sup>8-10</sup> or have not shown the magnitude of effectiveness found in the WHO study.<sup>6,7</sup> Only studies including team training<sup>11-13</sup> or a more comprehensive safety system that includes multiple checklists<sup>14</sup> have shown effectiveness similar to that seen in the WHO study.

Implementation of surgical safety checklists is not uniform,<sup>15,16</sup> and performance quality may be lower when participation is not voluntary. In Ontario, a Canadian province with a population of more than 13 million people, the Ministry of Health and Long-Term Care mandated public reporting of adherence to surgical safety checklists for hospitals beginning in July 2010.<sup>17</sup> The rapid implementation of surgical safety checklists in Ontario provided a natural experiment to evaluate the effectiveness of checklist implementation at the population level.

## METHODS

### OVERVIEW

We analyzed the outcomes of surgical procedures performed before and after the adoption of surgical safety checklists, using population-based administrative health data (see the Supplementary Appendix, available with the full text of this article at NEJM.org). The study was approved by the research ethics board of Sunnybrook Health Sciences Centre.

### SURGICAL SAFETY CHECKLISTS

We contacted all 133 surgical hospitals in Ontario to determine when the surgical safety checklist was introduced (the month, if the day was not known), whether a special intervention or educational program was used, and the specific checklist used (the Canadian Patient Safety Institute checklist, the WHO checklist, or a unique checklist devised by the hospital). Hospitals were required to report the number of surgical procedures for which a surgical safety checklist was used (numerator) as a proportion of the total number of surgical procedures performed (denominator) at the institution. Hospitals typically designate a checklist coordinator, often an operating-room nurse, to determine whether the checklist is completed for each surgical procedure performed.<sup>18</sup> Compliance with surgical safety checklists is reported publicly by the Ontario Ministry of Health and Long-Term Care at the level of the individual hospital.<sup>19</sup>

### STUDY PERIODS

We studied 3-month intervals for each hospital, one ending 3 months before the introduction of a surgical checklist, and one starting 3 months after the introduction of the checklist. We conducted sensitivity analyses using different periods for comparison.

### SURGICAL PROCEDURES

We included all surgical procedures performed during each study interval. Procedure types (see the Supplementary Appendix) were selected on the basis of Canadian Classification of Health Interventions codes.<sup>20</sup> Some patients underwent more than one surgical procedure in one or both periods; we limited the analysis to the first procedure per patient in each study interval.

### OUTCOMES

Operative mortality, defined as the rate of death occurring in the hospital or within 30 days after surgery regardless of place, was the primary outcome. We used administrative data to assess the rates of complications occurring within 30 days after surgery (see the Supplementary Appendix). We also assessed length of hospital stay, rates of readmission within 30 days after discharge, and rates of emergency department visits within 30 days after discharge.

**COVARIATES**

We measured comorbidity using the resource utilization bands (simplified morbidity categories) of the Adjusted Clinical Group system (0, nonusers; 1, healthy users; 2, users with low morbidity; 3, users with moderate morbidity; 4, users with high morbidity; and 5, users with very high morbidity),<sup>21</sup> age (0 to 17, 18 to 39, 40 to 64, and 65 years of age or older), sex, urban or rural residence, and quintile of median neighborhood household income (an ecologic measure of socioeconomic status). We also assessed attributes of the surgical intervention: admission category (ambulatory or inpatient), procedure status (emergency or elective), and month performed.

**STATISTICAL ANALYSIS**

In analyses of the effect of checklists on surgical outcomes, we used generalized estimating equations to adjust for potentially confounding variables and to account for the clustering of observations within hospitals.<sup>22</sup> We used Poisson generalized-estimating-equation models to estimate length of stay for inpatient procedures and binomial (logistic-regression) models for other outcomes. Adjusted risks were estimated with the use of the average value of each adjustment variable in the study population (age, sex, procedure status [emergency vs. elective], admission category [inpatient vs. ambulatory], urban vs. rural residence, procedure type, month of surgery, and comorbidity score). To explore associations between other variables and surgical outcomes, we also conducted analyses with adjustment for all these factors as well as for the patient's neighborhood income quintile. Since generalized-estimating-equation models did not converge for some of the infrequent surgical outcomes, we used generalized linear models to estimate the effect of checklists on surgical outcomes in analyses of specific surgical complications.

For each hospital, we estimated the age-, sex-, and month-adjusted changes in operative mortality, risk of surgical complications, length of stay, and risk of readmission or emergency department visit and plotted these values with 95% confidence intervals. The effect of the checklist did not vary substantially according to the type of checklist used (Table S1 in the Supplementary Appendix). To determine whether enthusiasm for using checklists was associated with effect, we tested interactions between the date of checklist

adoption and the effect on surgical outcomes, under the assumption that earlier adopters of checklists had greater enthusiasm for their use. A priori, we planned five subgroup analyses to explore the effect of the introduction of a surgical safety checklist in subgroups defined by age, sex, procedure status, admission category, and procedure type. To test whether the effect of the checklist varied according to subgroup, we fit a separate generalized linear model for each subgroup analysis, with an interaction term specifying the joint effect of the checklist and the subgroup categories, adjusting for all other subgroup variables except those defining the subgroup analysis. All reported P values are two-sided. P values lower than 0.05 were considered to indicate statistical significance.

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**RESULTS**

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**HOSPITALS AND CHECKLISTS**

We retrieved information on the use of surgical safety checklists from 130 of 133 hospitals listed by the Ministry of Health and Long-Term Care as providing surgical services. Some hospitals did not perform procedures during the study period, and some multisite hospitals introduced the checklist at the same time at all sites and had a single hospital identifier, which left 101 hospitals suitable for analysis. All hospitals introduced a surgical safety checklist between June 2008 and September 2010. More than a third of the hospitals (37) began using a checklist in April 2010. Ninety-two of the 101 hospitals provided copies of their checklist; 79 used a Canadian Patient Safety Institute version (see the Supplementary Appendix), 9 used customized checklists, and 4 used the WHO checklist. Ninety-seven hospitals used a special intervention or educational program for checklist implementation. Hospital-reported compliance with checklists was high. Almost all of the 97 large community hospitals reported compliance of 99% or 100% during the period from January through June 2013. The lowest reported compliance by a large community hospital during this period was 91.6%.<sup>19</sup>

The number of surgical procedures performed per hospital ranged from 9 to 4422 (median, 654) during the 3-month interval before the checklist was implemented and from 2 to 4522 (median, 633)

during the 3-month interval after implementation. During both periods, nearly 90% of procedures were elective, and nearly 40% were performed during inpatient hospitalizations (Table 1, and Table S2 in the Supplementary Appendix).

#### EFFECT OF INTRODUCTION OF CHECKLISTS

The adjusted risk of death in the hospital or within 30 days after discharge was 0.71% (95% confidence interval [CI], 0.66 to 0.76) before and 0.65% (95% CI, 0.60 to 0.70) after implementation of a surgical safety checklist ( $P=0.07$ ) (Table 2). There was a significant but small and clinically unimportant decrease in the adjusted length of stay, from 5.11 days (95% CI, 5.08 to 5.14) before checklist introduction to 5.07 days (95% CI, 5.04 to 5.10) afterward ( $P=0.003$ ). There was no significant improvement in the adjusted risk of an emergency department visit within 30 days after discharge (10.44% [95% CI, 10.26 to 10.62] before implementation and 10.55% [95% CI, 10.37 to 10.73] afterward,  $P=0.37$ ) or of readmission (3.11% [95% CI, 3.01 to 3.22] and 3.14% [95% CI, 3.03 to 3.24], respectively;  $P=0.76$ ).

The adjusted risk of surgical complications within 30 days after the procedure was 3.86% (95% CI, 3.76 to 3.96) before implementation of a checklist and 3.82% (95% CI, 3.71 to 3.92) afterward ( $P=0.53$ ). The risks of most complications did not differ significantly between the two periods. The only complication for which the risk significantly decreased was an unplanned return to the operating room (from 1.94% [95% CI, 1.87 to 2.00] to 1.78% [95% CI, 1.72 to 1.85],  $P=0.001$ ). After introduction of a checklist, there were increases in the adjusted risk of deep venous thrombosis (from 0.03% [95% CI, 0.02 to 0.05] to 0.07% [95% CI, 0.05 to 0.08],  $P<0.001$ ) and ventilator use (from 0.08% [95% CI, 0.06 to 0.10] to 0.12% [95% CI, 0.10 to 0.14],  $P=0.007$ ).

In additional regression analyses of other determinants of surgical outcomes that also included adjustment for income quintile, the results of checklist introduction were similar. Introduction of a checklist was associated with an odds ratio of 0.91 (95% CI, 0.80 to 1.03) for operative mortality ( $P=0.13$ ) and 0.97 (95% CI, 0.80 to 1.03) for surgical complications ( $P=0.29$ ) (see Table S3 in the Supplementary Appendix).

#### EFFECT OF CHECKLISTS IN INDIVIDUAL HOSPITALS

Figure 1 shows the effect of introducing surgical safety checklists in individual hospitals. No hos-

pital had a significant change in operative mortality after checklist introduction (Fig. 1A). Within-hospital changes in other surgical outcomes were mixed (Fig. 1B, and Fig. S1A, S1B, and S1C in the Supplementary Appendix). For example, six hospitals had significantly fewer complications after introduction of a checklist, whereas three had significantly more complications (Fig. 1B).

#### SUBGROUP ANALYSES

The effect of checklists did not vary substantially according to date of adoption (before, around, or after April 2010) (Table S1 in the Supplementary Appendix), which suggests that there was no benefit conferred by earlier versus later adoption. Stratified analyses did not reveal any subgroup with a significant reduction in operative mortality associated with introduction of a surgical safety checklist (Fig. 2A). There was no significant reduction in operative mortality associated with checklist introduction among subgroups at higher risk for operative death, such as persons undergoing emergency procedures (4.51% [95% CI, 4.16 to 4.86] before introduction and 4.12% [95% CI, 3.77 to 4.46] afterward,  $P=0.11$ ) or inpatient procedures (1.71% [95% CI, 1.59 to 1.83] and 1.58% [95% CI, 1.46 to 1.69], respectively;  $P=0.11$ ). For surgical complications (Fig. 2B), we found interactions between checklist introduction and both procedure type and admission category, with a significant increase in risk associated with checklist use for ambulatory procedures (odds ratio, 2.55; 95% CI, 1.61 to 4.03) but no significant effect for inpatient procedures (odds ratio, 0.97; 95% CI, 0.92 to 1.02;  $P<0.001$  for interaction). The effect of the checklist on length of hospital stay differed for elective and emergency procedures and among some procedure types (Fig. S2A in the Supplementary Appendix). There were no differences among subgroups in the effect of surgical checklist introduction on the risk of readmission (Fig. S2B in the Supplementary Appendix). The results of sensitivity analyses testing longer and shorter intervals before and after checklist introduction were similar to the results of primary analyses.

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## DISCUSSION

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In contrast to other studies, our population-based study of surgical safety checklists in Ontario hospitals showed no significant reduction in operative mortality after checklist implementation. Adjusted operative mortality was 0.71% before

**Table 1. Characteristics of the Patients.\***

Characteristic	Before Checklist Introduction (N = 109,341)	After Checklist Introduction (N = 106,370)
	<i>number (percent)</i>	
Procedure status		
Elective	97,040 (88.7)	93,699 (88.1)
Emergency	12,301 (11.3)	12,671 (11.9)
Admission category		
Ambulatory	66,660 (61.0)	64,718 (60.8)
Inpatient	42,681 (39.0)	41,652 (39.2)
Procedure type†		
Eye	21,578 (19.7)	21,471 (20.2)
Orocraniofacial	9,663 (8.8)	9,582 (9.0)
Digestive	12,867 (11.8)	13,206 (12.4)
Genitourinary	17,785 (16.3)	16,340 (15.4)
Musculoskeletal	31,381 (28.7)	30,554 (28.7)
Other	9,855 (9.0)	9,410 (8.8)
Age		
0–17 yr	7,689 (7.0)	7,806 (7.3)
18–39 yr	18,955 (17.3)	18,232 (17.1)
40–64 yr	43,669 (39.9)	42,023 (39.5)
≥65 yr	39,028 (35.7)	38,309 (36.0)
Sex		
Female	63,591 (58.2)	61,672 (58.0)
Male	45,750 (41.8)	44,698 (42.0)
Comorbidity score‡		
0–2	5,544 (5.1)	5,450 (5.1)
3	51,935 (47.5)	49,856 (46.9)
4	32,325 (29.6)	31,457 (29.6)
5	19,537 (17.9)	19,607 (18.4)
Neighborhood income quintile§		
Unknown	406 (0.4)	414 (0.4)
1	19,574 (17.9)	19,098 (18.0)
2	21,223 (19.4)	20,684 (19.4)
3	22,078 (20.2)	21,216 (19.9)
4	23,392 (21.4)	22,698 (21.3)
5	22,668 (20.7)	22,260 (20.9)
Hospital type¶		
Community	77,026 (70.4)	74,817 (70.3)
Pediatric	1,808 (1.7)	1,827 (1.7)
Small	1,713 (1.6)	1,690 (1.6)
Teaching	28,794 (26.3)	28,002 (26.3)

\* Percentages may not sum to 100 because of rounding. Table S2 in the Supplementary Appendix provides a complete description of patient characteristics. Each study period was 3 months long, extending from 6 months to 3 months before checklist introduction and from 3 months to 6 months after checklist introduction.

† Categories are from the Canadian Classification of Interventions. The “other” category includes procedures involving the nervous system, respiratory system, cardiovascular system, lymphatic system, and ear.

‡ Comorbidity was assessed as the resource utilization band, a component of a six-level simplified morbidity categorization in the Adjusted Clinical Groups system<sup>21</sup>; it is defined by health resource use, with 0 indicating nonusers and 5 indicating users with very high morbidity.

§ Neighborhood income quintiles were calculated for the median household income in the neighborhood of a patient's residence; 1 denotes the lowest income category, and 5 the highest.

¶ Small hospitals, as defined by the Joint Policy and Planning Commission of the Ontario Ministry of Health and Long-Term Care, are hospitals with fewer than 50 inpatient beds and a referral population of fewer than 20,000 residents. Community hospitals are nonteaching hospitals.

**Table 2. Surgical Outcomes before and after Introduction of a Surgical Safety Checklist.\***

Outcome	Before Checklist Introduction	After Checklist Introduction	P Value†‡
Rate of death in the hospital or within 30 days after discharge — % (95% CI)			
Unadjusted	0.70 (0.65–0.75)	0.66 (0.61–0.71)	0.27
Adjusted	0.71 (0.66–0.76)	0.65 (0.60–0.70)	0.07
Length of hospital stay — days (95% CI)‡			
Unadjusted	5.07 (5.01–5.13)	5.11 (5.05–5.17)	0.02
Adjusted	5.11 (5.08–5.14)	5.07 (5.04–5.10)	0.003
Rate of emergency department visit within 30 days after discharge — % (95% CI)			
Unadjusted	10.28 (10.10–10.46)	10.71 (10.52–10.90)	0.001
Adjusted	10.44 (10.26–10.62)	10.55 (10.37–10.73)	0.37
Rate of readmission within 30 days after discharge — % (95% CI)			
Unadjusted	3.08 (3.00–3.18)	3.17 (3.07–3.28)	0.21
Adjusted	3.11 (3.01–3.22)	3.14 (3.03–3.24)	0.76
Rate of complications — % (95% CI)			
Unadjusted	3.80 (3.69–3.92)	3.87 (3.76–3.99)	0.41
Adjusted	3.86 (3.76–3.96)	3.82 (3.71–3.92)	0.53
Adjusted rate of specific complications — % (95% CI)			
Acute renal failure	0.10 (0.08–0.12)	0.13 (0.11–0.15)	0.08
Bleeding	0.64 (0.59–0.68)	0.63 (0.58–0.67)	0.76
Cardiac arrest	0.10 (0.08–0.12)	0.12 (0.10–0.14)	0.20
Coma	0.00 (0.00–0.01)	0.01 (0.00–0.01)	0.46
Deep venous thrombosis	0.03 (0.02–0.05)	0.07 (0.05–0.08)	<0.001
Acute myocardial infarction	0.29 (0.26–0.32)	0.29 (0.26–0.32)	0.91
Ventilator use	0.08 (0.06–0.10)	0.12 (0.10–0.14)	0.007
Pneumonia	0.31 (0.27–0.34)	0.31 (0.28–0.34)	0.80
Pulmonary embolism	0.03 (0.02–0.04)	0.03 (0.02–0.04)	0.58
Stroke	0.15 (0.12–0.17)	0.16 (0.14–0.18)	0.35
Major disruption of wound	0.14 (0.12–0.16)	0.13 (0.11–0.16)	0.61
Infection of surgical site	0.61 (0.56–0.65)	0.64 (0.59–0.69)	0.30
Sepsis	0.10 (0.08–0.11)	0.09 (0.07–0.11)	0.73
Septic shock	0.05 (0.03–0.06)	0.05 (0.04–0.06)	0.83
Unplanned return to operating room‡	1.94 (1.87–2.00)	1.78 (1.72–1.85)	0.001
Vascular graft failure	0.01 (0.00–0.02)	0.02 (0.01–0.02)	0.15
Shock	0.07 (0.06–0.09)	0.09 (0.07–0.10)	0.26

\* Rates were adjusted with the use of generalized linear models for age, sex, procedure type, procedure status (emergency vs. elective), admission category (inpatient vs. ambulatory), rural or urban residence, month of surgery, and comorbidity score (assessed as the resource utilization band).

† P values are for the comparison of values before and after introduction of the checklist.

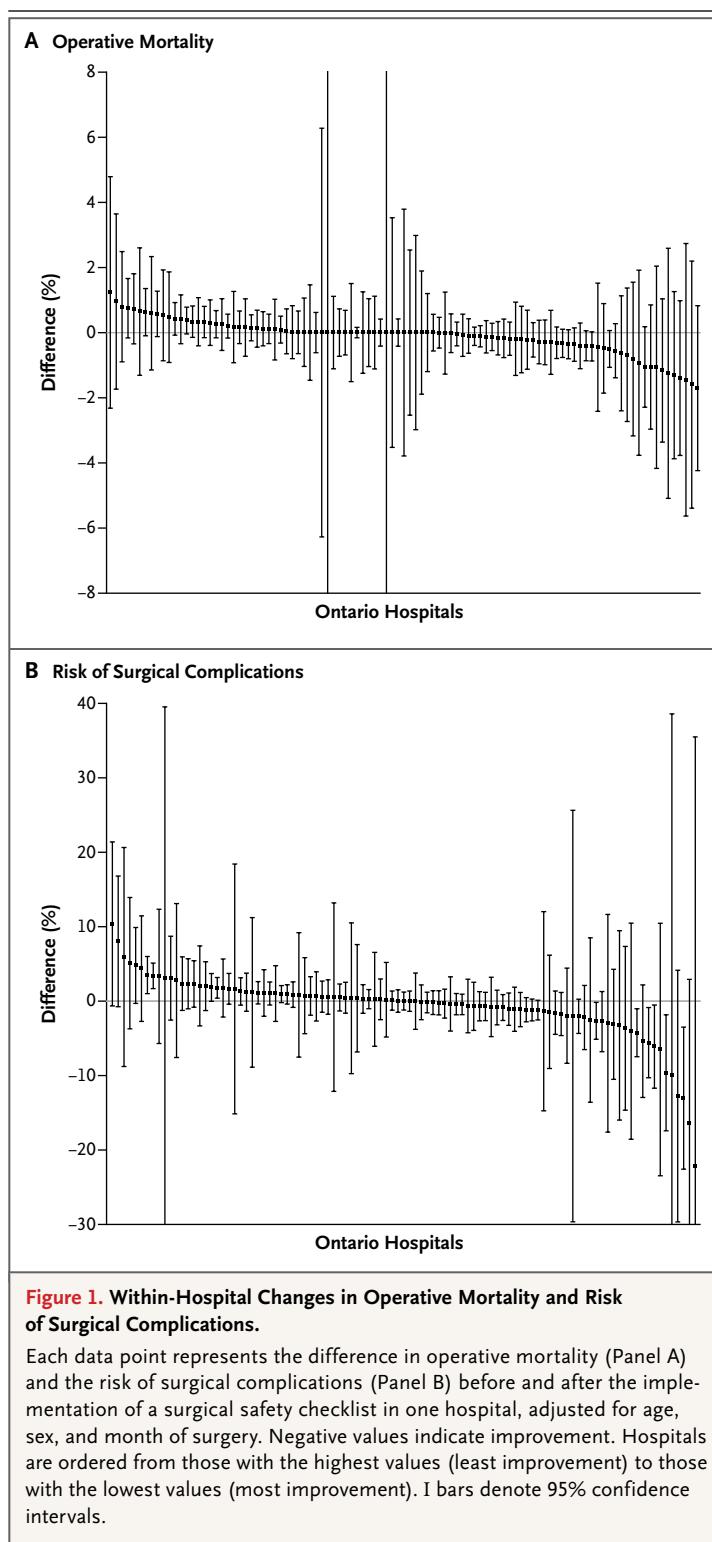
‡ The model included only inpatient hospitalizations.

and 0.65% after checklist introduction. Checklist use did not result in reductions in risks of surgical complications, emergency department visits, or hospital readmissions within 30 days after discharge. There was a significant but small and not clinically relevant reduction in adjusted length of hospital stay (5.11 days before checklist introduction and 5.07 days afterward). Surgical check-

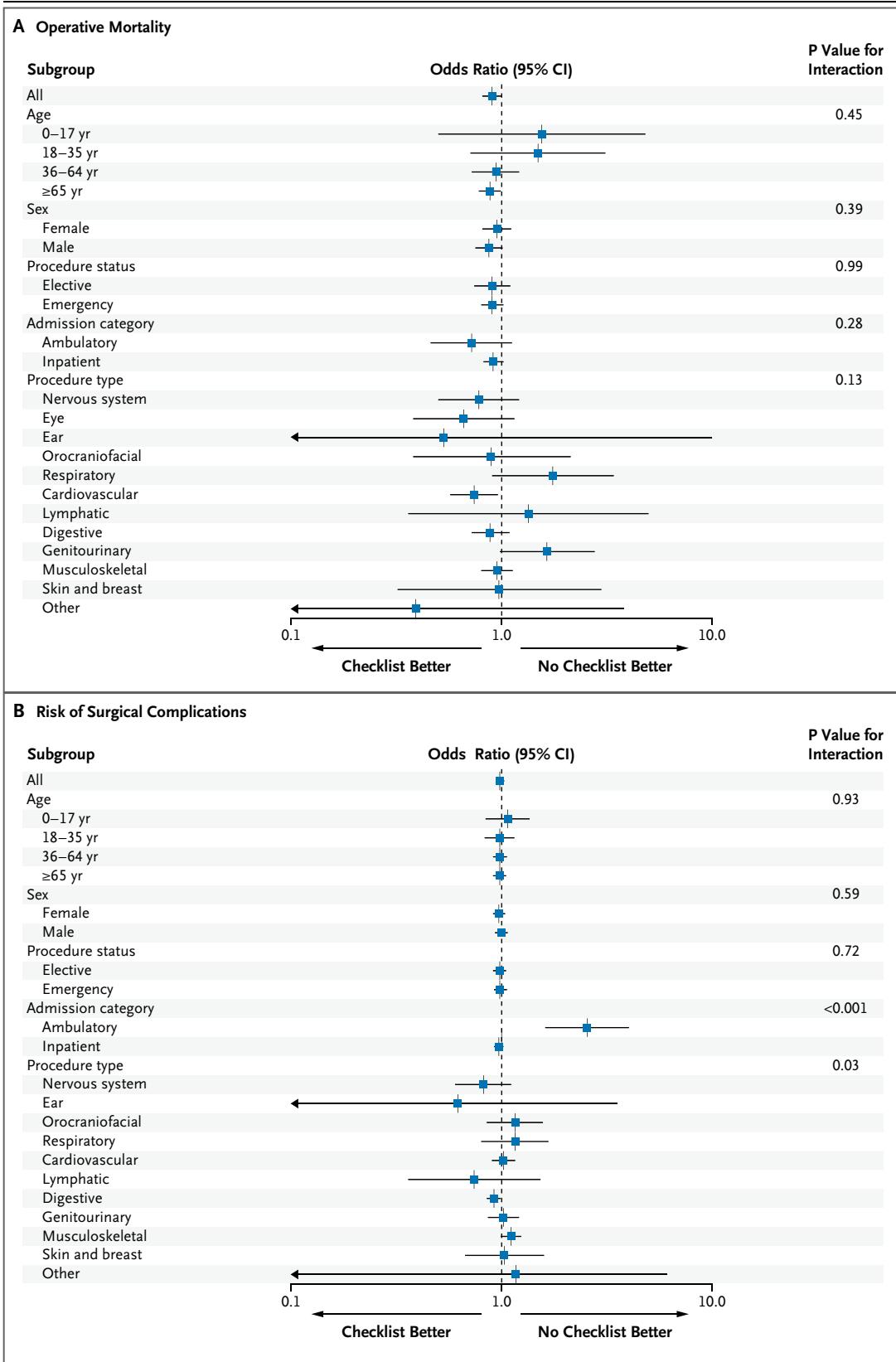
lists did not reduce the risk of operative death in any subgroup we studied, including high-risk groups such as elderly patients, patients who underwent emergency procedures, and patients who underwent inpatient procedures.

The absence of meaningful improvements in outcomes after surgical checklist implementation was unexpected in light of the findings of studies evaluating the effects of such checklists.<sup>1,6,11,14</sup> In a meta-analysis of three before-and-after studies evaluating the effect of surgical safety checklists,<sup>5</sup> the pooled relative risk of operative death was 0.57 (95% CI, 0.42 to 0.76), and the relative risk of complications was 0.63 (95% CI, 0.58 to 0.67). Our inability to replicate these large effects cannot be explained by inadequate power; our study included more than 200,000 surgical procedures in 101 hospitals.

Ontario hospitals implemented surgical checklists between June 2008 and September 2010 in response to the plan of the Ontario Ministry of Health and Long-Term Care to publicly report compliance with use of the checklist. Self-reported compliance by all hospitals in the province is high: 92% from April through June 2010 and never less than 98% after June 2010.<sup>19</sup> Although materials were available to assist in the implementation of surgical safety checklists in hospitals,<sup>23</sup> no formal team training was required before public reporting, and implementation was not standardized. Real-world compliance with checklists varies.<sup>24</sup> In one hospital in the Netherlands, surgical safety checklists were fully completed for only 39% of surgical procedures after mandatory implementation.<sup>6</sup> In that study, the odds ratio for death in the period after implementation, as compared with the period before implementation, was reduced only among patients who underwent procedures with full checklist compliance (0.23; 95% CI, 0.16 to 0.33). There was no reduction in the odds ratio for death among patients for whom the checklist was partially completed (1.16; 95% CI, 0.95 to 1.41) or not completed (1.57; 95% CI, 1.31 to 1.89). Although selection bias probably explains much of the negative effect of noncompliance in hospitals where checklists are used, this study highlighted the fact that checklists are not always applied in a uniform manner. The absence of an effect of checklist implementation in our study may therefore reflect inadequate adherence to the checklist in Ontario. The approach to implementation in Ontario was consistent with



WHO recommendations<sup>25</sup> and was similar to that used in many other jurisdictions.<sup>3,26-28</sup> It is possible that published evidence regarding the efficacy of implementing checklists within hos-



**Figure 2 (facing page). Odds Ratios for Operative Mortality and Surgical Complications, Stratified According to Age, Sex, Procedure Status, Admission Category, and Type of Procedure.**

Adjusted effect sizes for operative mortality (Panel A) and risk of surgical complications (Panel B) in each stratum were estimated with the use of generalized linear models, with adjustment for all variables shown except the stratification variable. For surgical complications, an odds ratio for the Eye procedure type could not be estimated because of the small number of events. P values are for the interaction between the stratification variable and the effect of checklist use on the outcome.

pitals participating in safety research is not generalizable; the effectiveness of surgical checklists in typical practice settings — as in this study — may be more limited.

It is also possible that the surgical safety checklist is less effective in practice than suggested by the existing literature. A Hawthorne effect — the tendency for some people to perform better when they perceive that their work is under scrutiny — may explain the strong effect of surgical checklists in studies in which hospitals were aware of the intervention under study. Before-and-after comparisons<sup>1</sup> are uncontrolled observational designs with inherent limitations, and inferences of causality should be made with caution.<sup>29</sup> The effectiveness of a surgical safety checklist has never been shown in a controlled trial with randomization, despite the feasibility of using cluster-randomized designs to test context-dependent interventions such as strategies for ensuring patient safety. Studies showing a substantial effect of a checklist, apart from the WHO study,<sup>1</sup> either coupled the checklist with extensive team training<sup>11-13</sup> or used an expansive checklist that covered care from the preoperative period to discharge from the hospital.<sup>14</sup>

In some of the 101 hospitals in this study, outcomes did change significantly — for better or worse — after implementation of a checklist. Because thousands of hospitals around the world have implemented surgical safety checklists, many will have improvements in the outcomes by chance alone. Hospital-based studies showing improvements in outcomes after checklist implementation are more likely to be published than are negative studies (publication bias<sup>30</sup>). The population-based nature of our study, which included virtually all hospitals providing

surgical care for the population of Ontario, allowed us to obtain an estimate of the effectiveness of surgical safety checklists that is less susceptible to biases from selective reporting of institutional experience.

Our study has a number of limitations. First, secular trends and major cointerventions during the period when checklists were introduced may have confounded our results. However, we used an analytic approach similar to that used in the studies that showed a significant effect of checklists.<sup>1,14</sup> No other Ontario-wide interventions to improve surgical quality were implemented during the study period. Since surgical outcomes tend to improve over time,<sup>31</sup> it is highly unlikely that confounding due to time-dependent factors prevented us from identifying a significant improvement after implementation of a surgical checklist. Second, we used administrative data to assess surgical complications. Although this method is commonly used,<sup>32-34</sup> it is inferior to prospective measurement or chart review<sup>35-37</sup> and may have obscured changes in surgical complications after checklist implementation. However, the other outcomes studied, including operative mortality, length of stay, emergency department visits, and readmission, are less susceptible to misclassification in administrative data.

In conclusion, our study of the implementation of surgical safety checklists in Ontario did not show the striking improvement in patient outcomes identified in previous studies. We did not identify any subgroup that particularly benefited from checklists. Although a greater effect of surgical safety checklists might occur with more intensive team training or better monitoring of compliance, surgical safety checklists, as implemented during the study period, did not result in improved patient outcomes at the population level. There may be value in the use of surgical safety checklists, such as enhanced communication and teamwork and the promotion of a hospital culture in which safety is a high priority; however, these potential benefits did not translate into meaningful improvements in the outcomes we analyzed.

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## SPECIAL ARTICLE

# A Surgical Safety Checklist to Reduce Morbidity and Mortality in a Global Population

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## ABSTRACT

**BACKGROUND**

Surgery has become an integral part of global health care, with an estimated 234 million operations performed yearly. Surgical complications are common and often preventable. We hypothesized that a program to implement a 19-item surgical safety checklist designed to improve team communication and consistency of care would reduce complications and deaths associated with surgery.

**METHODS**

Between October 2007 and September 2008, eight hospitals in eight cities (Toronto, Canada; New Delhi, India; Amman, Jordan; Auckland, New Zealand; Manila, Philippines; Ifakara, Tanzania; London, England; and Seattle, WA) representing a variety of economic circumstances and diverse populations of patients participated in the World Health Organization's Safe Surgery Saves Lives program. We prospectively collected data on clinical processes and outcomes from 3733 consecutively enrolled patients 16 years of age or older who were undergoing noncardiac surgery. We subsequently collected data on 3955 consecutively enrolled patients after the introduction of the Surgical Safety Checklist. The primary end point was the rate of complications, including death, during hospitalization within the first 30 days after the operation.

**RESULTS**

The rate of death was 1.5% before the checklist was introduced and declined to 0.8% afterward ( $P=0.003$ ). Inpatient complications occurred in 11.0% of patients at baseline and in 7.0% after introduction of the checklist ( $P<0.001$ ).

**CONCLUSIONS**

Implementation of the checklist was associated with concomitant reductions in the rates of death and complications among patients at least 16 years of age who were undergoing noncardiac surgery in a diverse group of hospitals.

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**S**URGICAL CARE IS AN INTEGRAL PART OF health care throughout the world, with an estimated 234 million operations performed annually.<sup>1</sup> This yearly volume now exceeds that of childbirth.<sup>2</sup> Surgery is performed in every community: wealthy and poor, rural and urban, and in all regions. The World Bank reported that in 2002, an estimated 164 million disability-adjusted life-years, representing 11% of the entire disease burden, were attributable to surgically treatable conditions.<sup>3</sup> Although surgical care can prevent loss of life or limb, it is also associated with a considerable risk of complications and death. The risk of complications is poorly characterized in many parts of the world, but studies in industrialized countries have shown a perioperative rate of death from inpatient surgery of 0.4 to 0.8% and a rate of major complications of 3 to 17%.<sup>4,5</sup> These

rates are likely to be much higher in developing countries.<sup>6-9</sup> Thus, surgical care and its attendant complications represent a substantial burden of disease worthy of attention from the public health community worldwide.

Data suggest that at least half of all surgical complications are avoidable.<sup>4,5</sup> Previous efforts to implement practices designed to reduce surgical-site infections or anesthesia-related mishaps have been shown to reduce complications significantly.<sup>10-12</sup> A growing body of evidence also links teamwork in surgery to improved outcomes, with high-functioning teams achieving significantly reduced rates of adverse events.<sup>13,14</sup>

In 2008, the World Health Organization (WHO) published guidelines identifying multiple recommended practices to ensure the safety of surgical patients worldwide.<sup>15</sup> On the basis of

**Table 1. Elements of the Surgical Safety Checklist.\***

<b>Sign in</b>
Before induction of anesthesia, members of the team (at least the nurse and an anesthesia professional) orally confirm that:
The patient has verified his or her identity, the surgical site and procedure, and consent
The surgical site is marked or site marking is not applicable
The pulse oximeter is on the patient and functioning
All members of the team are aware of whether the patient has a known allergy
The patient's airway and risk of aspiration have been evaluated and appropriate equipment and assistance are available
If there is a risk of blood loss of at least 500 ml (or 7 ml/kg of body weight, in children), appropriate access and fluids are available
<b>Time out</b>
Before skin incision, the entire team (nurses, surgeons, anesthesia professionals, and any others participating in the care of the patient) orally:
Confirms that all team members have been introduced by name and role
Confirms the patient's identity, surgical site, and procedure
Reviews the anticipated critical events
Surgeon reviews critical and unexpected steps, operative duration, and anticipated blood loss
Anesthesia staff review concerns specific to the patient
Nursing staff review confirmation of sterility, equipment availability, and other concerns
Confirms that prophylactic antibiotics have been administered ≤60 min before incision is made or that antibiotics are not indicated
Confirms that all essential imaging results for the correct patient are displayed in the operating room
<b>Sign out</b>
Before the patient leaves the operating room:
Nurse reviews items aloud with the team
Name of the procedure as recorded
That the needle, sponge, and instrument counts are complete (or not applicable)
That the specimen (if any) is correctly labeled, including with the patient's name
Whether there are any issues with equipment to be addressed
The surgeon, nurse, and anesthesia professional review aloud the key concerns for the recovery and care of the patient

\* The checklist is based on the first edition of the WHO Guidelines for Safe Surgery.<sup>15</sup> For the complete checklist, see the Supplementary Appendix.

these guidelines, we designed a 19-item checklist intended to be globally applicable and to reduce the rate of major surgical complications (Table 1). (For the formatted checklist, see the Supplementary Appendix, available with the full text of this article at NEJM.org.) We hypothesized that implementation of this checklist and the associated culture changes it signified would reduce the rates of death and major complications after surgery in diverse settings.

## METHODS

### STUDY DESIGN

We conducted a prospective study of preintervention and postintervention periods at the eight hospitals participating as pilot sites in the Safe Surgery Saves Lives program (Table 2). These institutions were selected on the basis of their geographic distribution within WHO regions, with the goal of representing a diverse set of socioeconomic environments in which surgery is performed. Table 3 lists surgical safety policies in place at each institution before the study. We required that a coinvestigator at each site lead the project locally and that the hospital administration support the intervention. A local data collector was chosen at each site and trained by the four primary investigators in the identification and reporting of process measures and complications. This person worked on the study full-time and did not have clinical responsibilities at the study site. Each hospital identified between one and four operating rooms to serve as study rooms. Patients who were 16 years of age or older and were undergoing non-

cardiac surgery in those rooms were consecutively enrolled in the study. The human subjects committees of the Harvard School of Public Health, the WHO, and each participating hospital approved the study and waived the requirement for written informed consent from patients.

### INTERVENTION

The intervention involved a two-step checklist-implementation program. After collecting baseline data, each local investigator was given information about areas of identified deficiencies and was then asked to implement the 19-item WHO safe-surgery checklist (Table 1) to improve practices within the institution. The checklist consists of an oral confirmation by surgical teams of the completion of the basic steps for ensuring safe delivery of anesthesia, prophylaxis against infection, effective teamwork, and other essential practices in surgery. It is used at three critical junctures in care: before anesthesia is administered, immediately before incision, and before the patient is taken out of the operating room. The checklist was translated into local language when appropriate and was adjusted to fit into the flow of care at each institution. The local study team introduced the checklist to operating-room staff, using lectures, written materials, or direct guidance. The primary investigators also participated in the training by distributing a recorded video to the study sites, participating in a teleconference with each local study team, and making a visit to each site. The checklist was introduced to the study rooms over a period of 1 week to 1 month. Data collection resumed during the first week of checklist use.

**Table 2. Characteristics of Participating Hospitals.**

Site	Location	No. of Beds	No. of Operating Rooms	Type
Prince Hamzah Hospital	Amman, Jordan	500	13	Public, urban
St. Stephen's Hospital	New Delhi, India	733	15	Charity, urban
University of Washington Medical Center	Seattle, Washington	410	24	Public, urban
St. Francis Designated District Hospital	Ifakara, Tanzania	371	3	District, rural
Philippine General Hospital	Manila, Philippines	1800	39	Public, urban
Toronto General Hospital	Toronto, Canada	744	19	Public, urban
St. Mary's Hospital*	London, England	541	16	Public, urban
Auckland City Hospital	Auckland, New Zealand	710	31	Public, urban

\* St. Mary's Hospital has since been renamed **St. Mary's Hospital—Imperial College** National Health Service Trust.

**DATA COLLECTION**

We obtained data on each operation from standardized data sheets completed by the local data collectors or the clinical teams involved in surgical care. The data collectors received training and supervision from the primary investigators in the identification and classification of complications and process measures. Perioperative data included the demographic characteristics of patients, procedural data, type of anesthetic used, and safety data. Data collectors followed patients prospectively until discharge or for 30 days, whichever came first, for death and complications. Outcomes were identified through chart monitoring and communication with clinical staff. Completed data forms were stripped of direct identifiers of patients and transmitted to the primary investigators. We aimed to collect data on 500 consecutively enrolled patients at each site within a period of less than 3 months for each of the two phases of the study. At the three sites at which this goal could not be achieved, the period of data collection was extended for up to 3 additional months to allow for accrual of a sufficient number of patients. The sample size was calculated to detect a 20% reduction in complications after the checklist was implemented, with a statistical power of 80% and an alpha value of 0.05.

**OUTCOMES**

The primary end point was the occurrence of any major complication, including death, during the period of postoperative hospitalization, up to 30 days. Complications were defined as they are in

the American College of Surgeons' National Surgical Quality Improvement Program<sup>17</sup>: acute renal failure, bleeding requiring the transfusion of 4 or more units of red cells within the first 72 hours after surgery, cardiac arrest requiring cardiopulmonary resuscitation, coma of 24 hours' duration or more, deep-vein thrombosis, myocardial infarction, unplanned intubation, ventilator use for 48 hours or more, pneumonia, pulmonary embolism, stroke, major disruption of wound, infection of surgical site, sepsis, septic shock, the systemic inflammatory response syndrome, unplanned return to the operating room, vascular graft failure, and death. Urinary tract infection was not considered a major complication. A group of physician reviewers determined, by consensus, whether postoperative events reported as "other complications" qualified as major complications, using the Clavien classification for guidance.<sup>18</sup>

We assessed adherence to a subgroup of six safety measures as an indicator of process adherence. The six measures were the objective evaluation and documentation of the status of the patient's airway before administration of the anesthetic; the use of pulse oximetry at the time of initiation of anesthesia; the presence of at least two peripheral intravenous catheters or a central venous catheter before incision in cases involving an estimated blood loss of 500 ml or more; the administration of prophylactic antibiotics within 60 minutes before incision except in the case of preexisting infection, a procedure not involving incision, or a contaminated operative field; oral confirmation, immediately before incision, of the

**Table 3. Surgical Safety Policies in Place at Participating Hospitals before the Study.**

Site No.*	Routine Intraoperative Monitoring with Pulse Oximetry	Oral Confirmation of Patient's Identity and Surgical Site in Operating Room	Routine Administration of Prophylactic Antibiotics in Operating Room	Standard Plan for Intravenous Access for Cases of High Blood Loss	Formal Team Briefing	
					Preoperative	Postoperative
1	Yes	Yes	Yes	No	No	No
2	Yes	No	Yes	No	No	No
3	Yes	No	Yes	No	No	No
4	Yes	Yes	Yes	No	No	No
5	No	No	No	No	No	No
6	No	No	Yes	No	No	No
7	Yes	No	No	No	No	No
8	Yes	No	No	No	No	No

\* Sites 1 through 4 are located in high-income countries; sites 5 through 8 are located in low- or middle-income countries.<sup>16</sup>

identity of the patient, the operative site, and the procedure to be performed; and completion of a sponge count at the end of the procedure, if an incision was made. We recorded whether all six of these safety measures were taken for each patient.

#### STATISTICAL ANALYSIS

Statistical analyses were performed with the use of the SAS statistical software package, version 9.1 (SAS Institute). To minimize the effect of differences in the numbers of patients at each site, we standardized the rates of various end points to reflect the proportion of patients from each site. These standardized rates were used to compute the frequencies of performance of specified safety measures, major complications, and death at each site before and after implementation of the checklist.<sup>19</sup> We used logistic-regression analysis to calculate two-sided P values for each comparison, with site as a fixed effect. We used generalized-estimating-equation methods to test for any effect of clustering according to site.

We performed additional analyses to test the robustness of our findings, including logistic-regression analyses in which the presence or absence of a data collector in the operating room and the case mix were added as variables. We classified cases as orthopedic, thoracic, nonobstetric/abdominopelvic, obstetric, vascular, endoscop-

ic, or other. To determine whether the effect of the checklist at any one site dominated the results, we performed cross-validation by sequentially removing each site from the analysis. Finally, we disaggregated the sites on the basis of whether they were located in high-income or low- or middle-income countries and repeated our analysis of primary end points. All reported P values are two-sided, and no adjustments were made for multiple comparisons.

#### RESULTS

We enrolled 3733 patients during the baseline period and 3955 patients after implementation of the checklist. Table 4 lists characteristics of the patients and their distribution among the sites; there were no significant differences between the patients in the two phases of the study.

The rate of any complication at all sites dropped from 11.0% at baseline to 7.0% after introduction of the checklist ( $P<0.001$ ); the total in-hospital rate of death dropped from 1.5% to 0.8% ( $P=0.003$ ) (Table 5). The overall rates of surgical-site infection and unplanned reoperation also declined significantly ( $P<0.001$  and  $P=0.047$ , respectively). Operative data were collected by the local data collector through direct observation for 37.5% of patients and by unobserved clinical teams for the remainder. Neither the presence nor

**Table 4. Characteristics of the Patients and Procedures before and after Checklist Implementation, According to Site.\***

Site No.	No. of Patients Enrolled		Age		Female Sex		Urgent Case		Outpatient Procedure		General Anesthetic	
	Before	After	Before	After	Before	After	Before	After	Before	After	Before	After
			years				percent					
1	524	598	51.9±15.3	51.4±14.7	58.2	62.7	7.4	8.0	31.7	31.8	95.0	95.2
2	357	351	53.5±18.4	54.0±18.3	54.1	56.7	18.8	14.5	23.5	20.5	92.7	93.5
3	497	486	51.9±21.5	53.0±20.3	44.3	49.8	17.9	22.4	6.4	9.3	91.2	94.0
4	520	545	57.0±14.9	56.1±15.0	48.1	49.6	6.9	1.8	14.4	11.0	96.9	97.8
5	370	330	34.3±15.0	31.5±14.2	78.3	78.4	46.1	65.4	0.0	0.0	17.0	10.0
6	496	476	44.6±15.9	46.0±15.5	45.0	46.6	28.4	22.5	1.4	1.1	61.7	59.9
7	525	585	37.4±14.0	39.6±14.9	69.1	68.6	45.7	41.0	0.0	0.0	49.1	55.9
8	444	584	41.9±15.8	39.7±16.2	57.0	52.7	13.5	21.9	0.9	0.2	97.5	94.7
Total	3733	3955	46.8±18.1	46.7±17.9	56.2	57.6	22.3	23.3	9.9	9.4	77.0	77.3
P value			0.63		0.21		0.26		0.40		0.68	

\* Plus–minus values are means ±SD. Urgent cases were those in which surgery within 24 hours was deemed necessary by the clinical team. Outpatient procedures were those for which discharge from the hospital occurred on the same day as the operation. P values are shown for the comparison of the total value after checklist implementation with the total value before implementation.

**Table 5. Outcomes before and after Checklist Implementation, According to Site.\***

Site No.	No. of Patients Enrolled		Surgical-Site Infection		Unplanned Return to the Operating Room		Pneumonia		Death		Any Complication	
	Before	After	Before	After	Before	After	Before	After	Before	After	Before	After
							<i>percent</i>					
1	524	598	<b>4.0</b>	<b>2.0</b>	<b>4.6</b>	<b>1.8</b>	0.8	1.2	<b>1.0</b>	<b>0.0</b>	<b>11.6</b>	<b>7.0</b>
2	357	351	2.0	1.7	0.6	1.1	3.6	3.7	1.1	0.3	7.8	6.3
3	497	486	5.8	4.3	4.6	2.7	1.6	1.7	0.8	1.4	13.5	9.7
4	520	545	3.1	2.6	2.5	2.2	0.6	0.9	1.0	0.6	7.5	5.5
5	370	330	<b>20.5</b>	<b>3.6</b>	1.4	1.8	0.3	0.0	<b>1.4</b>	<b>0.0</b>	<b>21.4</b>	<b>5.5</b>
6	496	476	4.0	4.0	3.0	3.2	2.0	1.9	3.6	1.7	10.1	9.7
7	525	585	<b>9.5</b>	<b>5.8</b>	<b>1.3</b>	<b>0.2</b>	1.0	1.7	2.1	1.7	<b>12.4</b>	<b>8.0</b>
8	444	584	4.1	2.4	0.5	1.2	0.0	0.0	1.4	0.3	6.1	3.6
Total	3733	3955	<b>6.2</b>	<b>3.4</b>	<b>2.4</b>	<b>1.8</b>	1.1	1.3	<b>1.5</b>	<b>0.8</b>	<b>11.0</b>	<b>7.0</b>
P value			<0.001		0.047		0.46		0.003		<0.001	

\* The most common complications occurring during the first 30 days of hospitalization after the operation are listed. Bold type indicates values that were significantly different (at  $P < 0.05$ ) before and after checklist implementation, on the basis of P values calculated by means of the chi-square test or Fisher's exact test. P values are shown for the comparison of the total value after checklist implementation as compared with the total value before implementation.

absence of a direct observer nor changes in case mix affected the significance of the changes in the rate of complications ( $P < 0.001$  for both alternative models) or the rate of death ( $P = 0.003$  with the presence or absence of direct observation included and  $P = 0.002$  with case-mix variables included). Rates of complication fell from 10.3% before the introduction of the checklist to 7.1% after its introduction among high-income sites ( $P < 0.001$ ) and from 11.7% to 6.8% among lower-income sites ( $P < 0.001$ ). The rate of death was reduced from 0.9% before checklist introduction to 0.6% afterward at high-income sites ( $P = 0.18$ ) and from 2.1% to 1.0% at lower-income sites ( $P = 0.006$ ), although only the latter difference was significant. In the cross-validation analysis, the effect of the checklist intervention on the rate of death or complications remained significant after the removal of any site from the model ( $P < 0.05$ ). We also found no change in the significance of the effect on the basis of clustering ( $P = 0.003$  for the rate of death and  $P = 0.001$  for the rate of complications).

Table 6 shows the changes in six measured processes at each site after introduction of the checklist. During the baseline period, all six measured safety indicators were performed for 34.2% of the patients, with an increase to 56.7% of patients after implementation of the checklist

( $P < 0.001$ ). At each site, implementation of the checklist also required routine performance of team introductions, briefings, and debriefings, but adherence rates could not be measured.

## DISCUSSION

Introduction of the WHO Surgical Safety Checklist into operating rooms in eight diverse hospitals was associated with marked improvements in surgical outcomes. Postoperative complication rates fell by 36% on average, and death rates fell by a similar amount. All sites had a reduction in the rate of major postoperative complications, with a significant reduction at three sites, one in a high-income location and two in lower-income locations. The reduction in complications was maintained when the analysis was adjusted for case-mix variables. In addition, although the effect of the intervention was stronger at some sites than at others, no single site was responsible for the overall effect, nor was the effect confined to high-income or low-income sites exclusively. The reduction in the rates of death and complications suggests that the checklist program can improve the safety of surgical patients in diverse clinical and economic environments.

Whereas the evidence of improvement in surgical outcomes is substantial and robust, the ex-

act mechanism of improvement is less clear and most likely multifactorial. Use of the checklist involved both changes in systems and changes in the behavior of individual surgical teams. To implement the checklist, all sites had to introduce a formal pause in care during surgery for preoperative team introductions and briefings and postoperative debriefings, team practices that have previously been shown to be associated with improved safety processes and attitudes<sup>14,20,21</sup> and with a rate of complications and death reduced by as much as 80%.<sup>13</sup> The philosophy of ensuring the correct identity of the patient and site through preoperative site marking, oral confirmation in the operating room, and other measures proved to be new to most of the study hospitals.

In addition, institution of the checklist required changes in systems at three institutions, in order to change the location of administration of antibiotics. Checklist implementation encouraged the administration of antibiotics in the operating room rather than in the preoperative wards, where delays are frequent. The checklist provided additional oral confirmation of appropriate antibiotic use, increasing the adherence rate from 56 to 83%; this intervention alone has been shown to reduce the rate of surgical-site infection by 33 to 88%.<sup>22-28</sup> Other potentially lifesaving measures were also more likely to be instituted, including an objective airway evaluation and use of pulse oximetry, though the change in these measures was less dramatic.<sup>15</sup> Although the omission of individual steps was still frequent, overall adherence to the subgroup of six safety indicators increased by two thirds. The sum of these individual systemic and behavioral changes could account for the improvements observed.

Another mechanism, however, could be the Hawthorne effect, an improvement in performance due to subjects' knowledge of being observed.<sup>29</sup> The contribution of the Hawthorne effect is difficult to disentangle in this study. The checklist is orally performed by peers and is intentionally designed to create a collective awareness among surgical teams about whether safety processes are being completed. However, our analysis does show that the presence of study personnel in the operating room was not responsible for the change in the rate of complications.

This study has several limitations. The design, involving a comparison of preintervention data

**Table 6. Selected Process Measures before and after Checklist Implementation, According to Site.\***

Site No.	No. of Patients Enrolled		Objective Airway Evaluation Performed (N = 7688)		Pulse Oximeter Used (N = 7688)		Two Peripheral or One Central IV Catheter Present at Incision When EBL ≥ 500 ml (N = 953)		Prophylactic Antibiotics Given Appropriately (N = 6802)		Oral Confirmation of Patient's Identity and Operative Site (N = 7688)		Sponge Count Completed (N = 7572)		All Six Safety Indicators Performed (N = 7688)	
	Before	After	Before	After	Before	After	Before	After	Before	After	Before	After	Before	After	Before	After
1	524	598	97.0	98.5	100.0	100.0	95.7	83.6	98.1	96.9	100.0	100.0	98.9	100.0	94.1	94.2
2	357	351	72.0	75.8	97.5	98.6	78.8	61.3	56.9	76.9	9.5	97.2	100.0	100.0	3.6	55.3
3	497	486	74.7	66.3	98.6	100.0	83.8	82.5	83.8	87.7	47.1	90.1	97.8	96.8	30.8	51.0
4	520	545	94.6	95.8	100.0	100.0	66.7	48.6	80.0	81.8	98.9	97.6	97.3	99.1	67.1	63.7
5	370	330	6.2	0.0	68.9	91.2	7.6	2.7	29.8	96.2	0.0	86.1	0.0	92.4	0.0	0.0
6	496	476	46.2	56.3	76.4	83.0	49.2	57.9	25.4	50.6	21.8	64.9	99.4	99.4	1.4	18.1
7	525	585	97.5	99.7	99.4	100.0	32.0	100.0	42.5	91.7	98.9	100.0	100.0	100.0	46.7	92.1
8	444	584	0.5	94.0	99.3	99.5	68.8	57.1	18.2	77.6	16.4	98.8	61.3	70.0	0.0	51.7
Total	3733	3955	64.0	77.2	93.6	96.8	58.1	63.2	56.1	82.6	54.4	92.3	84.6	94.6	34.2	56.7
P value			<0.001		<0.001		0.32		<0.001		<0.001		<0.001		<0.001	

\* Prophylactic antibiotics were considered to be indicated for all cases in which an incision was made through an uncontaminated field and appropriately administered when given within 60 minutes before an incision was made. Sponge counts were considered to be indicated in all cases in which an incision was made. P values are shown for the comparison of the total values before and after checklist implementation, calculated by means of the chi-square test. EBL denotes estimated blood loss, and IV intravenous.

with postintervention data and the consecutive recruitment of the two groups of patients from the same operating rooms at the same hospitals, was chosen because it was not possible to randomly assign the use of the checklist to specific operating rooms without significant cross-contamination. One danger of this design is confounding by secular trends. We therefore confined the duration of the study to less than 1 year, since a change in outcomes of the observed magnitude is unlikely to occur in such a short period as a result of secular trends alone. In addition, an evaluation of the American College of Surgeons' National Surgical Quality Improvement Program cohort in the United States during 2007 did not reveal a substantial change in the rate of death and complications (Ashley S. personal communication, <http://acsnsqip.org>). We also found no change in our study groups with regard to the rates of urgent cases, outpatient surgery, or use of general anesthetic, and we found that changes in the case mix had no effect on the significance of the outcomes. Other temporal effects, such as seasonal variation and the timing of surgical training periods, were mitigated, since the study sites are geographically mixed and have different cycles of surgical training. Therefore, it is unlikely that a temporal trend was responsible for the difference we observed between the two groups in this study.

Another limitation of the study is that data collection was restricted to inpatient complications. The effect of the intervention on outpatient complications is not known. This limitation is particularly relevant to patients undergoing outpatient procedures, for whom the collection of outcome data ceased on their discharge from the hospital on the day of the procedure, resulting in an underestimation of the rates of complica-

tions. In addition, data collectors were trained in the identification of complications and collection of complications data at the beginning of the study. There may have been a learning curve in the process of collecting the data. However, if this were the case, it is likely that increasing numbers of complications would be identified as the study progressed, which would bias the results in the direction of an underestimation of the effect.

One additional concern is how feasible the checklist intervention might be for other hospitals. Implementation proved neither costly nor lengthy. All sites were able to introduce the checklist over a period of 1 week to 1 month. Only two of the safety measures in the checklist entail the commitment of significant resources: use of pulse oximetry and use of prophylactic antibiotics. Both were available at all the sites, including the low-income sites, before the intervention, although their use was inconsistent.

Surgical complications are a considerable cause of death and disability around the world.<sup>3</sup> They are devastating to patients, costly to health care systems, and often preventable, though their prevention typically requires a change in systems and individual behavior. In this study, a checklist-based program was associated with a significant decline in the rate of complications and death from surgery in a diverse group of institutions around the world. Applied on a global basis, this checklist program has the potential to prevent large numbers of deaths and disabling complications, although further study is needed to determine the precise mechanism and durability of the effect in specific settings.

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#### APPENDIX

The members of the Safe Surgery Saves Lives Study Group were as follows: **Amman, Jordan:** A.S. Breizat, A.F. Awamleh, O.G. Sadiq; **Auckland, New Zealand:** A.F. Merry, S.J. Mitchell, V. Cochrane, A.-M. Wilkinson, J. Windsor, N. Robertson, N. Smith, W. Guthrie, V. Beavis; **Ifakara, Tanzania:** P. Kibatata, B. Jullu, R. Mayoka, M. Kasuga, W. Sawaki, N. Pak; **London, England:** A. Darzi, K. Moorthy, A. Vats, R. Davies, K. Nagpal, M. Sacks; **Manila, Philippines:** T. Herbosa, M.C.M. Lapitan, G. Herbosa, C. Meghrajani; **New Delhi, India:** S. Joseph, A. Kumar, H. Singh Chauhan; **Seattle, Washington:** E.P. Dellinger, K. Gerber; **Toronto, Canada:** R.K. Reznick, B. Taylor, A. Slater; **Boston, Massachusetts:** W.R. Berry, A.A. Gawande, A.B. Haynes, S.R. Lipsitz, T.G. Weiser; **Geneva, Switzerland:** L. Donaldson, G. Dziekan, P. Philip; **Baltimore, Maryland:** M. Makary; **Ankara, Turkey:** I. Sayek; **Sydney, Australia:** B. Barraclough.

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## SPECIAL ARTICLE

# Effect of a Comprehensive Surgical Safety System on Patient Outcomes

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## ABSTRACT

**BACKGROUND**

From the Departments of Surgery (E.N.V., D.J.G., M.A.B.), Quality and Process Innovation (E.N.V., M.A.P., S.M.S.), Anesthesiology (W.S.S.), and Clinical Epidemiology and Biostatistics (M.G.W.D.), Academic Medical Center; and the Department of Urology, Onze Lieve Vrouwe Gasthuis (G.A.) — both in Amsterdam; and the Department of Surgery, Jeroen Bosch Hospital, Den Bosch (H.A.P.); the Department of Surgery, Amphia Hospital, Breda (R.M.P.H.C.); the Department of Surgery, Rijnland Hospital, Leiderdorp (A.J.O.); and the Department of Surgery, Maastricht University Medical Center, Maastricht (S.H.H.) — all in the Netherlands. Address reprint requests to Dr. Boermeester at the Department of Surgery, Academic Medical Center, Meibergdreef 9, G4-132.1 1105 AZ Amsterdam, the Netherlands, or at m.a.boermeester@amc.uva.nl.

Adverse events in patients who have undergone surgery constitute a large proportion of iatrogenic illnesses. Most surgical safety interventions have focused on the operating room. Since more than half of all surgical errors occur outside the operating room, it is likely that a more substantial improvement in outcomes can be achieved by **targeting the entire surgical pathway.**

**METHODS**

We examined the effects on patient outcomes of a comprehensive, multidisciplinary surgical safety checklist, including items such as medication, marking of the operative side, and use of **postoperative instructions.** The checklist was implemented in six hospitals with high standards of care. All complications occurring during admission were documented prospectively. We compared the rate of complications during a baseline period of 3 months with the rate during a 3-month period after implementation of the checklist, while accounting for potential confounders. Similar data were collected from a control group of five hospitals.

**RESULTS**

In a comparison of 3760 patients observed before implementation of the checklist with 3820 patients observed after implementation, the total number of complications per 100 patients decreased from 27.3 (95% confidence interval [CI], 25.9 to 28.7) to 16.7 (95% CI, 15.6 to 17.9), for an absolute risk reduction of 10.6 (95% CI, 8.7 to 12.4). The proportion of patients with one or more complications decreased from 15.4% to 10.6% ( $P < 0.001$ ). In-hospital **mortality** decreased from **1.5%** (95% CI, 1.2 to 2.0) to 0.8% (95% CI, 0.6 to 1.1), for an absolute risk reduction of **0.7** percentage points (95% CI, 0.2 to 1.2). Outcomes did not change in the control hospitals.

**CONCLUSIONS**

Implementation of this comprehensive checklist was associated with a reduction in surgical complications and mortality in hospitals with a high standard of care. (Netherlands Trial Register number, NTR1943.)

\*Deceased.

†Members of the Surgical Patient Safety System (SURPASS) Collaborative Group are listed in the Supplementary Appendix, available at NEJM.org.

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HOSPITALS ARE NOT THE SAFE PLACES we would like them to be. A systematic review has shown that 1 in every 150 patients admitted to a hospital dies as a consequence of an adverse event and that almost two thirds of in-hospital events are associated with surgical care.<sup>1</sup> In recognition of the disproportionate number of such events that are associated with surgical care, several interventions have been proposed to increase patient safety, including relegating surgical procedures to high-volume centers, establishing training programs for laparoscopic surgery, and improving the quality of teamwork in the operating room.<sup>2-4</sup> In addition, a number of surgical checklists have been developed.<sup>5-9</sup>

The Safe Surgery Saves Lives Study Group at the World Health Organization (WHO) recently published the results of instituting a perioperative surgical safety checklist.<sup>5</sup> The use of this checklist in eight hospitals around the world was associated with a reduction in major complications from 11.0% before introduction of the checklist to 7.0% afterward. However, the standardization of surgical processes should not be limited to the operating room; several studies have shown that the majority of surgical errors (53 to 70%) occur outside the operating room, before or after surgery, making it likely that a more substantial improvement in safety could be achieved by targeting the entire surgical pathway.<sup>10-12</sup>

This awareness has led to the development of the Surgical Patient Safety System (SURPASS) checklist, a multidisciplinary checklist that follows the surgical pathway from admission to discharge. We evaluated the effect of the use of this checklist on patient outcomes in a controlled, multicenter setting in teaching and academic hospitals with high baseline standards of health care.

## METHODS

### CHECKLIST AND STUDY DESIGN

The development and validation of the checklist have been described elsewhere.<sup>10</sup> The checklist is divided into parts that correspond to the stages of care in the surgical pathway (preoperative, operative, recovery or intensive care, and postoperative), and it is multidisciplinary — the ward doctor, nurse, surgeon, anesthesiologist, and operating assistant are all responsible for completion of parts of the checklist. Items on the check-

list include, among others, a review of imaging studies, an accounting of all necessary equipment and materials, the marking of the patient's operative side, the hand-off of postoperative instructions, and the provision of medication prescriptions to the patient at discharge (for details, see part 1 of the Supplementary Appendix, available with the full text of this article at NEJM.org).

The effects of the checklist on patient outcomes were studied in a controlled, multicenter, prospective study comparing outcomes before and after implementation of the intervention, from October 2007 through March 2009. The checklist was implemented in two academic centers and four teaching hospitals in the Netherlands, all representing a high standard of health care (Table 1). Before implementation of the checklist, all hospitals used numerous separate checks and protocols for various parts of the surgical pathway, including protocols for marking the operative side and medication checks. In each participating hospital, a project team was assembled, consisting of a surgeon, an anesthesiologist, and a quality-control officer. The implementation was presented to all departments as a quality-improvement project, without emphasizing its research aspect.

The amount of time required to implement the checklist was estimated at 6 to 9 months. The baseline measurement period was 3 months. Complications were documented in all adults who underwent general surgery and were discharged during this period. Patients who were discharged without having undergone surgery and patients with a hospital stay of less than 24 hours were excluded. After implementation of the checklist during a 9-month period, a postimplementation assessment was conducted for 3 months. All adults with a minimum hospital stay of 24 hours who underwent general surgery were included in the postimplementation cohort, not just the patients whose checklist had been completed.

A random sample of checklists from each hospital was entered into an online central database to estimate compliance rates. Compliance was expressed as the percentage of items that had been completed per checklist, and complication rates were compared between the group of patients whose checklists were above the median percentage of completed items and the group whose checklists were at or below the median.

Five control hospitals were selected — one

**Table 1. Characteristics of the Hospitals.\***

Hospital	Type of Hospital	No. of Beds	Level of Specialized Care and Accreditation
Intervention hospitals			
Academic Medical Center, Amsterdam	Academic	1002	NFU hospital
Amphia Hospital, Breda	Tertiary teaching	954	STZ hospital, NIAZ accreditation
Jeroen Bosch Hospital, Den Bosch	Tertiary teaching	560	STZ hospital
Maastricht University Medical Center, Maastricht	Academic	715	NFU hospital, NIAZ accreditation
Onze Lieve Vrouwe Gasthuis, Amsterdam	Tertiary teaching	555	STZ hospital, NIAZ accreditation
Rijnland Hospital, Leiderdorp	Regional teaching	470	NIAZ accreditation
Control hospitals			
Deventer Hospital, Deventer	Tertiary teaching	380	STZ hospital
Gelre Hospital, Apeldoorn	Tertiary teaching	622	STZ hospital, NIAZ accreditation
Leiden University Medical Center, Leiden	Academic	882	NFU hospital, NIAZ accreditation
Reinier de Graaf Hospital, Delft	Tertiary teaching	817	STZ hospital
Tergooi Hospital, Hilversum	Regional teaching	440	NIAZ accreditation pending

\* All hospitals are in the Netherlands. Hospitals that belong to the Dutch Federation of University Medical Centers (NFU),<sup>13</sup> which account for 9% of all the hospitals in the Netherlands, provide the most specialized care. The Dutch Institute for Health Care Accreditation (NIAZ), part of the International Society for Quality in Healthcare,<sup>14</sup> provides accreditation to hospitals that meet international standards developed and tested for external evaluation of health care organizations. Hospitals that belong to the Association of Tertiary Medical Teaching Hospitals (STZ),<sup>15</sup> which account for 29% of hospitals in the Netherlands, provide highly specialized medical care (the next level of specialization below that of NFU hospitals).

academic center and four teaching hospitals — all of which had high standards of care and were qualitatively similar to the six intervention hospitals (Table 1). In the control hospitals, data on patients and outcomes were collected in the same manner over the same periods of time as in the intervention hospitals.

The study was reviewed by the institutional review board of the Academic Medical Center and conducted in accordance with the protocol. Because this was an observational study in which the effect of a quality-improvement intervention was assessed with the use of outcome measures that are already routinely collected, the board determined that formal review and informed consent were not required.

#### DATA COLLECTION

Data on age, sex, American Society of Anesthesiologists (ASA) score (a measure of coexisting conditions), length of stay, and number and type of surgical procedures were collected from hospital administrative data. Outcome data were collected from the prospective Dutch National Surgical Adverse Event Registration System (LHCR),

a nationwide registration system that has been in use for more than 10 years.<sup>16-18</sup> The outcome grades in this system correspond to grades in the recently described Accordion Severity Grading System of Surgical Complications.<sup>19</sup> All postoperative complications are prospectively registered by ward doctors during the patient's hospital stay, discussed by staff at the time of discharge, and entered into an electronic database. The LHCR system is comprehensive. All complications are registered, including, for example, a postponed procedure, and more than one complication per patient can be registered. Complications that arose after discharge were not documented.

#### STATISTICAL ANALYSIS

All recorded complications were classified into 12 categories (part 2 of the Supplementary Appendix). The number of complications per 100 patients per category and the proportion of patients with one or more complications were reported. Differences between patients undergoing surgery during the baseline and postimplementation periods were assessed with the use of the Mann-Whitney U-test (for age and length of stay) or the

Pearson chi-square test (for sex, ASA score, type of surgical procedure [or type of first procedure, in the case of patients who underwent more than one], and urgency of medical need) to identify potential confounders. Zero-inflated negative binomial (ZINB) regression analyses were performed to assess the effect of the checklist on the number of complications while accounting for potential confounders. ZINB regression analysis is a suitable approach to counting data when there is overdispersion (the variance is greater than the mean), an excess of zero counts, or concern that complications may be correlated.<sup>20</sup> Two ZINB models were tested to assess the robustness of the influence of the checklist. The first model addressed the checklist alone; the second accounted for all potential confounders (sex, age, ASA score, hospital, type of surgical procedure, and urgency of medical need). Two-tailed tests of significance were used, and a P value of less than 0.05 was considered to indicate statistical significance. Exact 95% confidence intervals were calculated for the rate of complications (expressed as the number of complications per 100 patients) and the rate ratio. Confidence intervals for the absolute reduction in the risk of complications were calculated with the use of Wilson scores.<sup>21</sup> Logistic-regression analysis was performed to assess the effect of the checklist on mortality, with correction for the same potential confounders. The analyses were performed with the use of SPSS software, version 16.0, and SAS software, version 9.1.

## RESULTS

### STUDY COHORTS

The preimplementation cohort consisted of 3760 patients, of whom 10.2% underwent more than one procedure; the total number of surgical procedures was 4364 (Table 2). In the postimplementation cohort, 3820 patients underwent 4387 procedures; 9.7% underwent more than one procedure.

Characteristics of the patients are listed in Table 2. Some differences between the preimplementation and postimplementation cohorts were observed. Patients in the postimplementation cohort were more likely to undergo surgery for a gastrointestinal condition or for trauma and less likely to undergo surgery for a vascular condition ( $P < 0.001$ ).

A random sample of checklists used for pro-

cedures in the postimplementation period (1146 of 4387 procedures, or 26%) was entered into the central database (Table 2). Among these checklists, a median of 80% (interquartile range, 69 to 91) of items per checklist had been completed (Table 2, and part 3 of the Supplementary Appendix).

### OUTCOMES IN INTERVENTION HOSPITALS

During the 3-month preimplementation period, complication rates were stable (Fig. 1). After implementation of the checklist, the total number of complications decreased from 27.3 per 100 patients (95% confidence interval [CI], 25.9 to 28.7) to 16.7 per 100 patients (95% CI, 15.6 to 17.9), corresponding to an absolute reduction of 10.6 complications (95% CI, 8.7 to 12.4) (Table 3 and Fig. 1) and to an uncorrected rate ratio of 0.613 (95% CI, 0.545 to 0.681). There were differences among hospitals in the effect of the checklist. The absolute reduction in the number of complications ranged from 0.3 to 19.5 per 100 patients (part 4 of the Supplementary Appendix). The proportion of patients with one or more complications was 15.4% in the preimplementation period versus 10.6% in the postimplementation period ( $P < 0.001$ ) (Fig. 2).

The complication rate was 7.1 per 100 patients among the 566 patients for whom the extent of checklist completion was above the median, as compared with a rate of 18.8 per 100 among the 580 patients for whom checklist completion was at or below the median (absolute risk reduction, 11.7 complications; 95% CI, 7.9 to 15.6).

In-hospital mortality decreased from 1.5% (95% CI, 1.2 to 2.0) to 0.8%, with an absolute risk reduction of 0.7 percentage points (95% CI, 0.2 to 1.2) (Table 3) and an uncorrected rate ratio of 0.52 (95% CI, 0.34 to 0.81). The proportion of patients who had temporary disability and the proportion of patients requiring a second surgical procedure to resolve a complication also decreased significantly, by 2.7 percentage points (95% CI, 1.5 to 4.0) and 1.1 percentage points (95% CI, 0.4 to 1.9), respectively (Table 3).

The ZINB model showed that the checklist, when controlled for potential confounding factors (i.e., sex, age, ASA score, hospital, type of surgical procedure, and urgency of medical need), was associated with an absolute reduction of 9.7 complications (95% CI, 7.8 to 11.5) and a rate

**Table 2. Characteristics of Patients in Intervention and Control Hospitals before and after Implementation of the Surgical Safety Checklist.\***

Characteristic	Intervention Hospitals (N=6)			Control Hospitals (N=5)		
	Before Implementation	After Implementation	P Value	Before Implementation	After Implementation	P Value
No. of patients	3760	3820		2592	2664	
No of procedures†	4364	4387		2924	3058	
Mean length of stay (days)	9.1	8.5	0.15	7.0	7.4	0.052
Mean age (yr)	57.7±17.8	56.8±18.7	0.11	58.8±17.9	59.5±17.7	0.16
Male sex (%)	49.3	47.4	0.10	46.6	46.8	0.93
ASA score (%)‡			0.84			0.39
1	29.8	29.9		30.0	29.6	
2	41.8	41.2		49.9	48.2	
3	25.1	25.5		18.8	20.3	
4	2.9	3.1		1.2	1.8	
5	0.4	0.3		0.1	0.1	
No documented ASA score (no.)	452	362		840	561	
Surgical intervention required in <24 hr (%)	19.5	21.2	0.09	19.9	21.2	0.24
Surgical procedures (%)§			<0.001			0.005
Gastrointestinal procedures, including relaparotomies	36.0	39.2		34.6	31.9	
Procedures for treatment of trauma	18.2	20.6		19.2	22.5	
Vascular or renal procedures, amputation	16.5	11.6		16.2	15.1	
Abdominal-wall procedures, diagnostic laparoscopy	13.2	13.6		12.2	10.9	
Endocrine procedures, including breast surgery	6.1	6.1		10.2	10.7	
Other or unknown	9.9	8.9		7.5	8.9	
Checklist sample¶						
No. of checklists		1146				
Items completed (%)						
Median		80				
Interquartile range		69–91				

\* Plus–minus values are means ±SD. Data on individual hospitals can be found in part 4 of the Supplementary Appendix. ASA denotes American Society of Anesthesiologists.

† Some patients underwent more than one procedure; the data include all procedures.

‡ The ASA score is a measure of physical status for patients undergoing surgery. A score of 1 denotes a healthy condition, a score of 2 mild systemic disease, a score of 3 severe, systemic, function-limiting disease, a score of 4 life-threatening disease, and a score of 5 terminal disease.

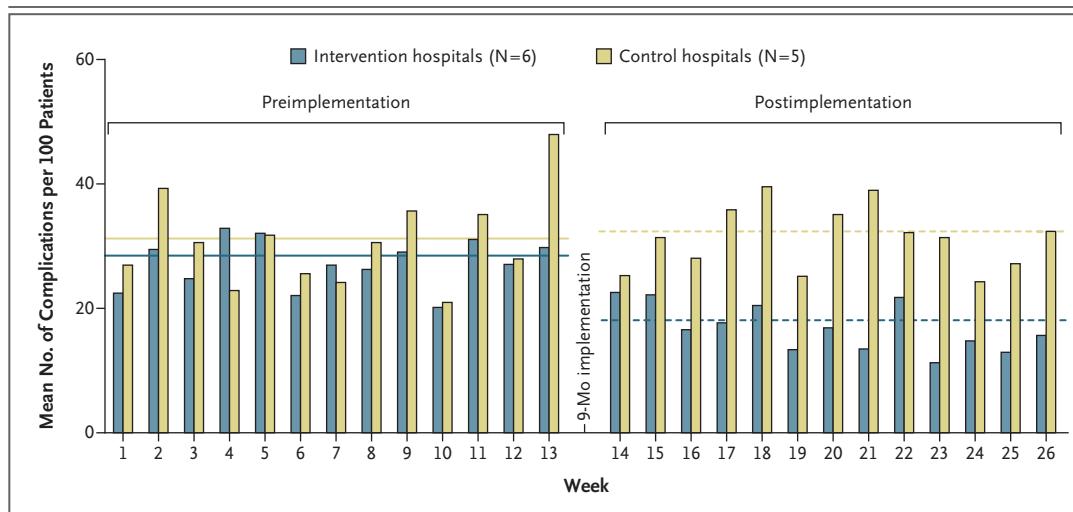
§ For cases in which there was more than one procedure per patient, only the initial procedure was reported.

¶ Checklists in this sample, which represented 26% of all procedures performed during the postimplementation period, were entered, item by item, into a central online database.

ratio for total complications of 0.646 (95% CI, 0.579 to 0.714), which are similar to the crude results of 10.6 and 0.613, respectively. The corrected rate ratio for mortality was 0.54 (95% CI, 0.33 to 0.88).

#### OUTCOMES IN CONTROL HOSPITALS

In the five control hospitals, complication rates and mortality did not change significantly throughout the study period (Table 3 and Fig. 1 and 2). The number of complications was 30.4 per 100



**Figure 1. Mean Number of Complications in Intervention Hospitals and Control Hospitals before and after Implementation of the Surgical Safety Checklist.**

The solid horizontal lines show the overall mean number of complications before implementation of the checklist, and the dashed horizontal lines show the mean number after implementation. The change in the mean number of complications from the preimplementation period to the postimplementation period was significant in the intervention hospitals ( $P<0.001$ ) but not in the control hospitals ( $P=0.81$ ).

patients during the first study period as compared with 31.2 per 100 during the second period (absolute risk reduction,  $-0.8$ ; 95% CI,  $-3.2$  to  $1.7$ ), and the proportions of patients with one or more complications in the first study period were 17.6% and 17.9%, respectively ( $P=0.95$ ). Mortality was 1.2%, as compared with 1.1% in the second period (absolute risk reduction, 0.1 percentage points; 95% CI,  $-0.5$  to  $0.7$ ).

## DISCUSSION

In this multicenter study, implementation of the SURPASS checklist in six teaching and academic hospitals with a high baseline standard of care was associated with a reduction in the postoperative complication rate from 27.3 per 100 patients before implementation to 16.7 per 100 afterward and a reduction in in-hospital mortality from 1.5 to 0.8%. The reduction in complication rates was consistent over the 3 months of the postimplementation period and remained significant after adjustment for potential confounding factors. During the same study period, outcomes did not change in five control hospitals with similar characteristics, increasing the likelihood that the decrease in complication rates in the intervention

centers was a result of the use of the checklist. This hypothesis is further supported by the significantly lower complication rate among patients for whom 80% or more of the checklist items were completed than among those for whom a smaller proportion of the checklist items were completed.

Improved outcomes after implementation may be explained by a number of mechanisms. The checklist is designed to incorporate all existing protocols and checks in order to provide a comprehensive framework for the surgical pathway, minimize information loss during transfers from one stage of the pathway to the next, and promote interdisciplinary communication. Specific items on the checklist may directly prevent adverse events. For example, checking for timely cessation of anticoagulant agents may directly prevent perioperative bleeding. In addition, the implementation of the checklist triggers improvements in the entire surgical pathway. In all participating hospitals, many processes were optimized, including digital registration of blood-type cross-matching (incorporation into electronic records), standardization of protocols, and standardization of the timing of antibiotic prophylaxis. Finally, the checklist may lead to improved outcomes by

**Table 3. Complication and Outcome Rates in Intervention and Control Hospitals before and after Implementation of the Surgical Safety Checklist.\***

Variable	Intervention Hospitals (N=6)			Control Hospitals (N=5)			
	Before Implementation <i>no./100 patients</i>	After Implementation	Absolute Risk Reduction (95% CI)	Before Implementation <i>no./100 patients</i>	After Implementation	Absolute Risk Reduction (95% CI)	P Value
<b>Complications</b>							
Respiratory complication	3.3	2.1		3.7	3.8		0.91
Pneumonia	2.0	1.4		2.2	2.3		
Other	1.3	0.7		1.5	1.5		
Cardiac complication	2.3	1.3		1.6	1.4		0.72
Arrhythmia	0.7	0.5		0.8	1.0		
Congestive heart failure	0.7	0.3		0.4	0.2		
Other	1.0	0.5		0.4	0.2		
Abdominal complication	3.5	2.4		3.1	3.1		0.56
Anastomotic leakage	1.3	0.7		0.9	0.9		
Other	2.2	1.6		2.2	2.3		
Infection	4.8	3.3		6.8	6.3		0.22
Surgical site	3.8	2.7		4.2	3.8		
Other	1.1	0.6		2.5	2.5		
Wound complication	1.5	0.8		1.0	1.2		0.56
Dehiscence	0.9	0.4		0.6	0.8		
Other	0.6	0.4		0.4	0.5		
Bleeding	2.0	0.9		2.0	2.7		0.12
Genitourinary complication	2.6	1.7		3.3	2.8		0.28
Urinary tract infection	1.4	1.0		1.7	1.5		
Other	1.2	0.7		1.6	1.3		
Nervous system complication	2.1	1.2		2.2	2.6		0.43
Delirium	1.0	0.7		1.4	1.6		
Other	1.1	0.5		0.9	1.0		
Technical or intraoperative problem†	1.2	0.8		1.2	1.7		0.25

Organizational problem‡	0.9	0.4	0.007	0.4	0.3	0.77
Disturbed function§	1.4	0.7	0.002	1.3	1.4	0.90
Other	1.7	1.2	0.15	3.7	3.9	0.89
Total	27.3	16.7	<0.001	30.4	31.2	-0.8 (-3.2 to 1.7)
<b>Outcomes¶</b>						
No disability	0.2	0.2	0.78	0.2	0.1	0.1 (-0.1 to 0.3)
Temporary disability, reoperation not required	9.4	6.6	<0.001	11.1	11.3	-0.2 (-1.8 to 1.5)
Temporary disability, reoperation required	3.7	2.5	0.005	4.6	4.8	-0.2 (-1.3 to 0.9)
Permanent disability	0.5	0.4	0.46	0.5	0.6	-0.1 (-0.5 to 0.3)
Death	1.5	0.8	0.003	1.2	1.1	0.1 (-0.5 to 0.7)

\* Data on individual hospitals are available in part 4 of the Supplementary Appendix.

† Included in this category are intraoperative injuries and technical complications, such as fracture of osteosynthesis material (see part 2 of the Supplementary Appendix for details).

‡ Included in this category are cancellations of surgery for administrative reasons (see part 2 of the Supplementary Appendix for details).

§ This category includes conditions such as hypertension, hypokalemia, and disseminated intravascular coagulation (see part 2 of the Supplementary Appendix for details).

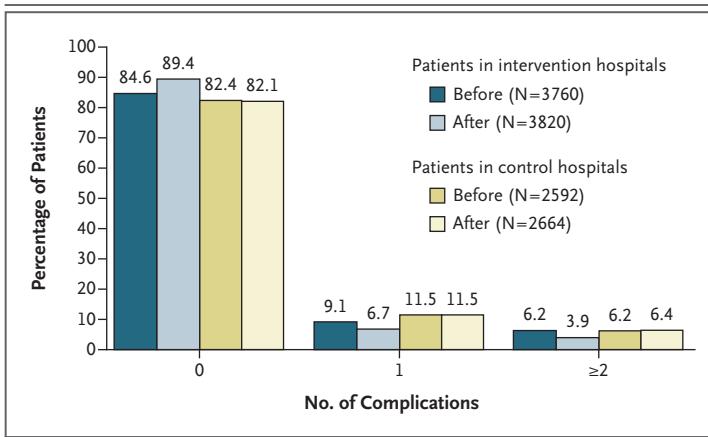
¶ Classifications for outcomes are from the Dutch National Surgical Adverse Event Registration System. For patients with multiple complications, the most severe outcome was reported.

improving teamwork, communication, and attitudes toward quality and safety.

A number of factors might account for the differences in baseline complication rates among the hospitals. One important factor is the difference in case mix. Patients at academic hospitals generally have a larger number of coexisting conditions and undergo more extensive procedures, increasing the likelihood of complications. Another factor that may account for the difference in complication rates is differences in aspects of registration. Although the hospitals' process of documenting complications was uniform, there might have been differences between hospitals in the vigilance and precision with which adverse outcomes were registered. In addition, there were considerable differences across hospitals in the effect of the checklist: the absolute reduction in the number of complications ranged from 19.5 to 0.3 per 100 patients. A number of reasons might account for this difference. First, there were differences in compliance with the use of the checklist at the hospitals. In addition, there might have been hospitals at which checklist integration was not yet optimal after 9 months owing to the existing culture in the hospital or department or to specific implementation strategies.

The improvements in outcome that we observed confirm the results that were achieved with the use of the WHO's surgical safety checklist. However, in the present study, only hospitals with a high baseline standard of care were included, whereas the hospitals included in the WHO study were more diverse. Another difference between this study and the WHO study is the scope of the intervention: the WHO's checklist is intended for use in the operating room only, whereas the SURPASS checklist covers the entire surgical pathway. Many of the risks along the surgical pathway should be corrected at an earlier stage than just before surgery. To delay certain checks until the patient is lying under the operating lights may lead to postponement of surgery, compromised safety, or both. In addition, many adverse events originate in the postoperative stage.<sup>10-12,22</sup>

This study has several limitations. First, because it had preimplementation and postimplementation phases, any change that was observed in relation to the intervention might have been influenced by other changes in each hospital that occurred over time or by differences in case



**Figure 2. Number of Complications per Patient in Intervention Hospitals and Control Hospitals before and after Implementation of the Surgical Safety Checklist.**

The change in the number of complications per patient from the preimplementation period to the postimplementation period was significant in the intervention hospitals ( $P < 0.001$ ) but not in the control hospitals ( $P = 0.95$ ).

mix. However, a randomized study design was not feasible because of the contamination effect in interventions of this kind: hospital personnel using the checklist for one patient will still work according to the checklist, consciously or subconsciously, when providing care for a patient not assigned to the checklist.<sup>23</sup> In an effort to minimize the influence of changes over time, the measurements performed before and after implementation took place within a year of each other. No other fundamental changes in policy or surgical care occurred in any of the participating hospitals during that year, making it unlikely that the decrease in complications was attributable to factors other than the introduction of the SURPASS checklist. This hypothesis is supported by the observation that in the control hospitals, outcomes did not change significantly from the first 3 months of the study (the baseline period) to the last 3 months (corresponding to the postimplementation period).

A second limitation is the manner in which outcome data were collected. Documentation of complications by physicians has proved to be subject to underreporting.<sup>24,25</sup> However, the LHCR has been used to monitor the quality of surgical care in the Netherlands for more than 10

years and is well integrated into daily clinical care. It includes prospective documentation of complications during the hospital stay, with a daily plenary meeting at which staff and residents discuss all complications for patients being discharged. We have no reason to suspect that any possible underregistration was inconsistent over time.

Third, the documentation of complications was limited to the period of admission. Data on complications and deaths occurring after discharge were not collected.

Finally, in interpreting our results, it is important to note that health care providers did not fully comply with the checklist. Compliance rates were monitored in only a sample of patients for whom the checklist had been used. In this sample of 26% of patients who underwent surgical procedures in the postimplementation period, a median of 80% of items per checklist were completed. Although we have no reason to suspect that the checklist was not used at all for a large number of patients, suboptimal compliance during the study period may have led to an underestimation of the effect of the checklist.

The implementation of this checklist requires a considerable amount of time and effort. The checklist is quite comprehensive, requiring the input of care providers from multiple disciplines involved in the care of patients undergoing surgery. By providing a blueprint of the ideal situation, the system reveals safety risks and triggers improvements in all stages of the surgical pathway. These improvements are part of its beneficial effect; when a substantial improvement in patient safety is desired, merely developing and enforcing a checklist do not suffice.<sup>26,27</sup> A “culture of safety” is required in the organization, with concerted efforts to reduce risks.

In conclusion, our study shows that the use of the comprehensive SURPASS checklist is associated with reductions in complications and mortality among adults undergoing general surgery in hospitals that have a high baseline standard of care.

Disclosure forms provided by the authors are available with the full text of this article at NEJM.org

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