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## ANEURYSMS OF THE ABDOMINAL AORTA, ITS BRANCH VESSELS, AND THE LOWER EXTREMITIES

The following is one of three extracted sections—lower extremity, renal/mesenteric, and abdominal aortic—of the ACC/AHA 2005 Guidelines for the Management of Patients With Peripheral Arterial Disease (Lower Extremity, Renal, Mesenteric, and Abdominal Aortic): A Collaborative Report from the American Association for Vascular Surgery/Society for Vascular Surgery, Society for Cardiovascular Angiography and Interventions, Society for Vascular Medicine and Biology, Society of Interventional Radiology, and the ACC/AHA Task Force on Practice Guidelines (Writing Committee to Develop Guidelines for the Management of Patients With Peripheral Arterial Disease). We have separated and posted each section online to facilitate easy downloading by specialists interested in a specific portion of the guideline; however, it is important that when citing the guidelines, the full-text document of record be cited as Hirsch AT, Haskal ZJ, Hertzner NR, et al. Peripheral Arterial Disease: ACC/AHA 2005 Guidelines for the Management of Patients With Peripheral Arterial Disease (Lower Extremity, Renal, Mesenteric, and Abdominal Aortic): A Collaborative Report From the American Association for Vascular Surgery/Society for Vascular Surgery, Society for Cardiovascular Angiography and Interventions, Society for Vascular Medicine and Biology, Society of Interventional Radiology, and the ACC/AHA Task Force on Practice Guidelines (Writing Committee to Develop Guidelines for the Management of Patients With Peripheral Arterial Disease). *J Am Coll Cardiol* 2006;47:1239-312. The full-text guidelines are available at <http://www.acc.org/clinical/guidelines/pad/index.pdf>, and an executive summary is available at <http://www.acc.org/clinical/guidelines/pad/index.pdf>. Please note that these sections were not written as stand-alone documents and therefore may reference tables and figures not appearing in this section. Readers should make a concerted effort to ensure that they have reviewed any pertinent information related to this subject that may be located in another section.

A classification of recommendation and a level of evidence have been assigned to each recommendation. Classifications of recommendations and levels of evidence are expressed in the ACC/AHA format as follows.

### Classification of Recommendations

**Class I: Conditions for which there is evidence for and/or general agreement that a given procedure or treatment is beneficial, useful, and effective.**

**Class II: Conditions for which there is conflicting evidence and/or a divergence of opinion about the usefulness/efficacy of a procedure or treatment.**

**Class IIa: Weight of evidence/opinion is in favor of usefulness/efficacy.**

**Class IIb: Usefulness/efficacy is less well established by evidence/opinion.**

**Class III: Conditions for which there is evidence and/or general agreement that a procedure/treatment is not useful/effective and in some cases may be harmful.**

### Level of Evidence

- Level of Evidence A: Data derived from multiple randomized clinical trials or meta-analyses.
- Level of Evidence B: Data derived from a single randomized trial or nonrandomized studies.
- Level of Evidence C: Only consensus opinion of experts, case studies, or standard-of-care.

The ACC/AHA Task Force on Practice Guidelines makes every effort to avoid any actual, potential, or perceived conflicts of interest that might arise as a result of an outside relationship or personal interest of a member of the writing panel. Specifically, all members of the writing panel are asked to provide disclosure statements of all such relationships that might be perceived as real or potential conflicts of interest. These statements are reviewed by the parent task force, reported orally to all members of the writing panel at each meeting, and updated and reviewed by the writing committee yearly and as changes occur. Appendixes 1 and 2 contain information on author relationships with industry for authors and peer reviewers, respectively, and are attached to this extracted section for the convenience of the reader. The complete reference list of the full-text guidelines is also included in this document.

The Committee to Develop Guidelines for Peripheral Arterial Disease conducted comprehensive searching of the scientific and medical literature relevant to peripheral arterial disease (PAD). Please see the Preamble to the full-text guidelines for information on the ACC/AHA methodology specific to this guideline.

These guidelines were approved for publication by the governing bodies of the American College of Cardiology (ACC) and the American Heart Association (AHA) and have been officially endorsed by the following collaborating organizations: Society for Cardiovascular Angiography and Interventions; Society for Vascular Medicine and Biology; Society for Vascular Surgery; and Society of Interventional Radiology; as well as by the American Association of Cardiovascular and Pulmonary Rehabilitation; National Heart, Lung, and Blood Institute; Society for Vascular Nursing; TransAtlantic Inter-Society Consensus; and Vascular Disease Foundation.

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### 5. ANEURYSMS OF THE ABDOMINAL AORTA, ITS BRANCH VESSELS, AND THE LOWER EXTREMITIES

Although their causes may be diverse, arterial aneurysms share many of the same atherosclerotic risk factors and pose similar threats to life, limb, and vital organ function as occlusive arterial disease. Like occlusive disease, the presence of most common aneurysms can be suspected on the basis of an attentive physical examination and subsequently confirmed by noninvasive, widely available imaging studies. Just as important, there are now a variety of therapeutic options that include both traditional open surgery and endovascular techniques such that relatively few large aneurysms should merely be observed until morbid events occur. For all of these reasons, current guidelines for the diagnosis and management of arterial aneurysms may be useful to clinicians irrespective of their primary care or specialty training.

#### 5.1. Definition

According to some sources, the diagnosis of AAA should be determined by formulas that adjust for age or body surface area or by calculating the ratio between normal and dilated aortic segments (859-863). Generally, however, an AAA is considered to be present when the minimum anteroposterior diameter of the aorta reaches 3.0 cm. The size of the aorta can be measured in any plane that is perpendicular to the vessel axis, but in practice, the anteroposterior diameter is measured most easily and reproducibly. Accordingly, most screening studies define AAA in this manner (859).

There is abundant information concerning normal diameters of the abdominal aorta and its branches in healthy adults, which indicates enlargement with age and body size and larger diameters in men than in women (Table 43) (864-866). A diameter of 2.7 cm represents the 95th percentile for the nonaneurysmal infrarenal aorta in men 65 to 83 years of age (867), and 2.9 cm exceeds the upper limit of normal irrespective of age, gender, or body surface area (868). Women have slightly smaller normal aortic diameters than men (862), and although this difference in baseline aortic diameter between women and men is not great enough to influence the minimum size of 3.0 cm that customarily is used to

**Table 43.** Dimensions of Normal Arteries

First Author and Procedure	Females		Males		Assessment Method
	Mean Diameter, cm, Range	Standard Deviation, cm, Range	Mean Diameter, cm, Range	Standard Deviation, cm, Range	
Abdominal aorta, supraceliac	2.10 to 2.31	0.27	2.50 to 2.72	0.24 to 0.35	Computed tomography
Abdominal aorta, suprarenal	1.86 to 1.88	0.09 to 0.21	1.98 to 2.27	0.19 to 0.23	Computed tomography
Abdominal aorta, infrarenal	1.66 to 2.16	0.22 to 0.32	1.99 to 2.39	0.30 to 0.39	Computed tomography, IV arteriography
Abdominal aorta, infrarenal	1.19 to 1.87	0.09 to 0.34	1.41 to 2.05	0.04 to 0.37	B-mode ultrasound, computed tomography, IV arteriography
Celiac	0.53	0.03	0.53	0.03	B-mode ultrasound
Superior mesenteric	0.63	0.04	0.63	0.04	B-mode ultrasound
Common iliac	0.97 to 1.02	0.15 to 0.19	1.17 to 1.23	0.20	Computed tomography
Internal iliac	0.54	0.15	0.54	0.15	Arteriography
Common femoral	0.78 to 0.85	0.07 to 0.11	0.78 to 1.12	0.09 to 0.30	Computed tomography, B- or M-mode ultrasound
Popliteal	NA	NA	0.9	0.2	B-mode ultrasound
Posterior tibial	NA	NA	0.3	0.01	M-mode ultrasound

IV indicates intravenous; NA, not available.

Adapted from *J Vasc Surg*, 13, Johnston KW, Rutherford RB, Tilson MD, et al. Suggested standards for reporting on arterial aneurysms. Subcommittee on Reporting Standards for Arterial Aneurysms, Ad Hoc Committee on Reporting Standards, Society for Vascular Surgery and North American Chapter, International Society for Cardiovascular Surgery, 452-58, Copyright © 1991, with permission from Elsevier (863).

define a small AAA, it may influence recommendations for the size at which larger aneurysms should be repaired.

## 5.2. Abdominal Aortic and Iliac Aneurysms

### 5.2.1. Prevalence

The prevalence of AAA varies with a number of demographic factors (Table 44), including advancing age, family history, male gender, and tobacco use. A necropsy study in Malmo, Sweden, where autopsies are performed after nearly all hospital deaths, revealed that the incidence of AAAs larger than 3.0 cm in diameter increased at ages over 50 years, reaching a maximum prevalence of 5.9% in men 80 to 85 years of age and 4.5% for women over 90 years of age (868). Most population-based ultrasound screening surveys have been performed among white men and women, particularly those of Northern European and Scandinavian ancestry. A variety of threshold diameters have been used in these investigations, which makes it difficult to establish consistent estimates of prevalence. In general, the prevalence of AAAs 2.9 to 4.9 cm in diameter ranges from 1.3% for men aged 45 to 54 years to up to 12.5% for men 75 to 84 years of age. Comparable prevalence figures for women are 0% and 5.2%, respectively.

Race also appears to influence the prevalence of AAAs and iliac aneurysms. These aneurysms are rarely encountered in population-based screening studies in Japan, where the prevalence of traditional risk factors for atherosclerosis is lower than in white populations (876,877). In a United Kingdom community in which 14% of the population was of Asian descent, a review of medical records identified 233 cases of AAA, none of which occurred in the Asian population (878).

#### 5.2.1.1. Generalized Arteriomegaly

Generalized arteriomegaly reflects a systemic alteration of the elastic component of the arterial wall, which results in dilation and elongation of many arteries. Patients with localized AAA are relatively unlikely to have generalized arteriomegaly (879), but the familial pattern of generalized arteriomegaly is similar. In one series, there was a family history of aneurysms in 10% (4/40) of patients with peripheral aneurysms, in 22% (19/86) of patients with AAA, and in 36% (5/14) of patients with generalized arteriomegaly (880).

### 5.2.2. Etiology

Most aortic and peripheral aneurysms represent a manifestation of aortic medial degeneration, which has complex bio-

**Table 44.** Prevalence of Abdominal Aortic Aneurysms in Population-Based Screening Studies

Country/Study	First Author	Reference	Number Screened	Age, y	Criteria	% Prevalence/ Gender	Relative Risk
Western Australia	Jamrozik	(869)	12 203	65 to 69	Larger than 3.0 cm	4.8/Male	Higher risk: Current or ex-smokers Established PAD, CAD Waist-hip ratio larger than 0.9
				80 to 83	Larger than 3.0 cm	10.8/Male	Lower risk: Mediterranean born versus Australian born (OR 0.6)
				65 to 83	Larger than 5.0 cm	0.69/Male	Regular vigorous exercise
Veterans Affairs Cooperative Study	Lederle	(870)	126 196*	50 to 79	Larger than 4.0 cm	1.3/Male and female	Higher risk: Increased age per 7 years (OR 1.7) Smoking history (OR 5.17) Family history (OR 1.9)
				50 to 79	Larger than 4.9 cm	0.45/Male and female	Established atherosclerosis (OR 1.6)
				50 to 79	Larger than 5.4 cm	0.27/Male and female	Lower risk: Female (OR 0.18; 2.7% of total) Black race (OR 0.59) Diabetes mellitus (OR 0.50)
Norway	Singh	(871)	6386	25 to 84	Larger than 2.9 cm	8.9/Male; 2.2/female	Higher risk: Increased age Smoker older than 40 y vs. never- smoker (OR 8.0)
				45 to 54	Larger than 2.9 cm	1.9/Male; 0/female	
				55 to 64		6.0/Male; 1.1/female	
				65 to 74		12.8/Male; 2.8 female	
				75 to 84		18.5/Male; 4.8/female	
				55 to 64	Larger than 3.9 cm	1.1/Male; 0.1/female	
				65 to 74		4.1/Male; 0.7/female	
				75 to 84		8.6/Male; 1.0/female	
The Netherlands	Pleumeekers	(872)	5283†	Older than 54	3.4 to 3.6 cm or distal dilation greater than 49%	2.8/Male; 0.5/female	Higher risk: Smoker High serum cholesterol Established cardiovascular disease
				Older than 54	Larger than 4.0 cm	1.6/Male; 0.3/female	
Belgium	Vazquez	(873)	716‡	65 and 75	Larger than 3 cm Larger than 4 cm	3.8/Male 0.3/Male	Higher risk: Arterial hypertension ( <i>p</i> less than 0.05) Prior CABG ( <i>p</i> less than 0.01) Smoker ( <i>p</i> less than 0.06)

**Table 44. Continued**

Country/Study	First Author	Reference	Number Screened	Age, y	Criteria	% Prevalence/ Gender	Relative Risk
The Netherlands	Boll	(874)	2419§	60 to 80	Larger than 2.9 cm Larger than 4.9 cm	8.1/Male 1.7/Male	
United Kingdom Oxford	Wilmink¶	(875)	426	65 to 74	Larger than 4.0 cm or 5 mm larger than SRA	5.4/Male	
Liverpool				65 to 74	Larger than 4.0 cm	2.3/Male	
Gloucestershire			4232	Older than 55	Larger than 3.0 cm	2.9/Male	
Birmingham			2669	65	Larger than 2.5 cm	8.4/Male	
				65	Larger than 4.0 cm	1.3/Male	
				65 to 75	Larger than 2.9 cm	8.4/Male	
				65 to 75	Larger than 4.0 cm	3.0/Male	
Chichester			5394	65 to 80	Larger than 2.9 cm	7.6/Male	
				65 to 80		1.3/Female	
Northumberland			628	65 to 79	Larger than 2.9 cm	6.7/Male	
Huntingdon			7493	Older than 49	Larger than 2.9 cm	5.2/Male	
Japan	Takei	(876)	348	60 to 79	—	0	
Japan	Adachi	(877)	1591	—	—	0.3/Male	

\*52 745 plus prior report of 73 451.

†Of 10 215 eligible.

‡Of 1764 eligible.

§Of 2914 eligible.

¶This portion of table adapted from Wilmink and Quick (875).

¶¶This indicates coronary artery bypass grafting; CAD, coronary artery disease; OR, odds ratio; SRA, suprarenal aneurysm.

logical mechanisms. Traditional views held that most aneurysms were caused by degenerative atherosclerotic disease, but other data (see Section 5.2.2.3) suggest that many aneurysms form in response to altered tissue metalloproteinases that diminish the integrity of the arterial wall.

#### 5.2.2.1. Hereditary Risk Factors

A genetic predisposition to AAA formation has been suggested by studies of familial incidence, and an analysis of 313 pedigrees confirms the importance of familial factors (881). In a series of 542 patients undergoing AAA repair during a 9-year period, 15% had first-degree relatives with aneurysms compared with 2% of a control group of similar age and gender ( $p$  less than 0.001) (882). Other series have found first-degree relatives similarly affected in up to 28% of cases (883). A family history of AAAs is particularly relevant for male siblings of male probands, in whom the relative risk for AAA is as high as 18 (881), which suggests a single dominant gene effect (Table 45). Among the offspring of patients with ruptured AAA, 21% of sons older than 45 years and 4% of daughters older than 42 years had aortic enlargement to a diameter of at least 3.0 cm (884). First-degree male relatives of patients with AAA have 2 to 4 times the normal risk for AAA. Female first-degree relatives appear to be at similar risk, but the data are less certain. One study found that patients with familial aneurysms were more often female than those without (35% vs. 14%) (885). Familial aneurysms do not expand more rapidly than nonfamilial AAA, nor are they differently located, but they may develop at an earlier age (see Section 5.2.4.6) (886).

Polycystic kidney disease, an autosomal dominant disease that affects 0.5 million people, and 8% to 10% of long-term hemodialysis cases in the United States have been associated with abdominal aneurysms (891,892). The association of cardiovascular lesions with polycystic kidney disease suggests involvement of the extracellular matrix in this disorder, but the main cause of aortic aneurysms is degenerative. Patients with renal disease may be prone to aortic aneurysm because of hypertension and connective tissue disorders, and yet an independent association between AAA and autosomal-dominant polycystic kidney disease is unproven.

#### 5.2.2.2. Atherosclerotic Risk Factors

### RECOMMENDATIONS

#### Class I

1. In patients with AAAs, blood pressure and fasting serum lipid values should be monitored and controlled as recommended for patients with atherosclerotic disease. (*Level of Evidence: C*)
2. Patients with aneurysms or a family history of aneurysms should be advised to stop smoking and be offered smoking cessation interventions, including behavior modification, nicotine replacement, or bupropion. (*Level of Evidence: B*)

It is widely recognized that patients with AAAs have a significantly higher prevalence of smoking, hypertension, MI, heart failure, and carotid artery and/or lower extremity PAD than do age- and gender-matched controls. The lipoprotein(a) serum level, an indicator of atherosclerosis, is elevated in patients with AAA independent of cardiovascular risk factors and the extent of atherosclerosis, whereas patients with dissecting thoracic aortic aneurysms have levels comparable to those of healthy individuals (893).

Thoracic aortic atheromata detected by transesophageal echocardiography may independently predict AAA (894). In a study of 364 patients, 14% of those with thoracic atheromata had AAAs compared with only 1.4% of those without (OR 11.4,  $p$  less than 0.0001). Another indicator of generalized atherosclerosis, common carotid arterial intima-media thickness, was 0.98 plus or minus 0.34 mm in patients with occlusive arterial disease compared with 0.91 plus or minus 0.20 mm in patients with AAAs (an age- and gender-adjusted mean difference of 0.18 mm; 95% CI 0.08 to 0.28 mm) (895). The difference remained 0.11 mm (95% CI 0.01 to 0.21 mm) after adjustments for other cardiovascular risk factors. The smaller common carotid intimal-medial thickness in patients with AAAs than in patients with occlusive disease is independent of other determinants of intimal-medial thickness and probably reflects other pathophysiological mechanisms, such as hypertension.

#### 5.2.2.3. Collagenase, Elastase, Metalloproteinases

The striking histological feature of aortic aneurysms is destruction of the media and elastic tissue. Excessive proteolytic enzyme activity in the aortic wall may promote deterioration of structural matrix proteins, such as elastin and collagen (896). Smooth muscle cells derived from patients with AAAs display increased migration, perhaps related to overproduction of the matrix metalloproteinase MMP-2, which may lead to extracellular matrix remodeling and medial disruption (897). Abnormal biochemical elastolytic and active proteolytic activity has also been identified in aneurysmal aortas (898). An abnormal accumulation of macrophages (899) and elevated levels of cytokines (900) indicate that an inflammatory process may contribute to their pathogenesis. Cultured smooth muscle cells from aneurysmal aortas produce elevated levels of the plasminogen activators urokinase plasminogen activator and tissue plasminogen activator (901), which could increase proteolysis. In aggregate, the data suggest a major role for matrix metalloproteinases and their inhibitors in the loss of aortic wall structural integrity that leads to AAA formation and expansion.

Chronic obstructive pulmonary disease (COPD) and AAA share several risk factors. In 240 patients with thoracic aneurysms or AAAs, forced expiratory volume/forced vital capacity and carbon monoxide diffusing capacity were lower than in a control group ( $p$  less than 0.01) (902). The proportion with airway obstruction (forced expiratory volume in 1 second less than 70% of normal) was higher in the AAA group (100 of 240, or 42%) than in those without overt car-

**Table 45.** Prevalence in Families of Patients With Abdominal Aortic Aneurysms (AAAs)

Country	First Author	Reference	Study Group	Screened With Ultrasound	Age, y (Gender)	Criteria	Incidence/Risk Factor
United Kingdom	Adams	(887)	Relatives of 100 patients with known AAA	76 of 110 eligible	Older than 50	Larger than 4.0 cm	0
					Older than 50	2.5 to 3.9 cm	21% of male first-degree relatives; 27% of sons; 17% of brothers; 4% of sisters; 0% of daughters
Sweden	Bengtsson	(884)	Offspring of patients who died of ruptured AAA	62 of 90 eligible	45 to 75 (males)	Larger than 2.9 cm	21% of sons
					45 to 80 (female)	Larger than 2.9 cm	4% of daughters
					45 to 80 (female)	Larger than 5.0 cm	3% (1 male aged 53 y)
Ireland	Fitzgerald	(888)	Siblings of patients with known AAA	125 of 234 eligible	Older than 80	3.1 to 6.8 cm	22% of brothers; 3% of sisters
Netherlands	Van Der Graf	(889)	Brothers of patients having elective surgery for AAA	210 of 571 eligible	Older than 50	New AAA	12.30%
					Older than 50	Larger than 4.9 cm	3.80%
Finland	Jaakkola	(890)	Families of patients with surgery for AAA	123 of 172 eligible	41 to 82	Larger than 2.9 cm or history of repair or rupture	10% of brothers; 3% of sisters
United States	Webster	(883)	First-degree relatives of patients with surgery for AAA	103 of 202 eligible	Older than 55	Larger than 3.0 cm or I/S diameter ratio greater than 1.5	16% of first-degree relatives; 25% of men; 6.9% of women

diovascular disease (51 of 223, or 23%) or in patients with coronary artery disease matched for age, gender, smoking, and other atherosclerotic risk factors (43 of 238, or 18%). By multiple logistic regression analysis, the presence of AAA (OR 2.928, 95% CI 1.722 to 4.979) and male gender (OR 1.622, 95% CI 1.055 to 2.493) were most strongly associated with COPD.

The association between AAA and COPD has been attributed to elastin degradation caused by tobacco smoking. Among 4404 men 65 to 73 years of age with a 4.2% prevalence of AAA, 7.7% of those with COPD had aortic aneurysms (903). The overall mean annual expansion rate was 2.7 mm per year irrespective of COPD, but it was 4.7 mm per year among patients treated with corticosteroid agents compared with 2.6 mm per year among those who were not treated ( $p$  less than 0.05). There was a negative correlation between the forced expiratory volume in 1 second and concentrations of serum elastin peptide and plasma elastase- $\alpha$  1-antitrypsin complexes in patients with COPD, and the concentration of serum elastin peptide, therapy with beta-agonist bronchodilator medication, and forced expiratory volume in 1 second correlated with the degree of expansion. The high prevalence of AAA among patients with COPD might therefore be related more to medication use and coexisting diseases than to a common pathogenic mechanism.

Upregulation of genes involved in oxidative stress (e.g., heme oxygenase, inducible nitric oxide synthase, 12-lipoxygenase, and heart cytochrome c oxidase subunit VIa) and the downregulation of antioxidant genes (e.g., superoxide dismutase, reduced nicotinamide adenine dinucleotide-cytochrome b-5 reductase, and glutathione S-transferase) may play a role in the progression of AAAs (904). In patients with small, asymptomatic AAAs, prolonged administration of doxycycline was associated with reduced plasma matrix metalloproteinase (MMP-9) levels (905), but further studies are needed to evaluate the long-term effects of doxycycline on the rate and extent of aneurysm growth and the potential use of plasma MMP-9 levels as a biomarker of aneurysm disease progression.

The HMG coenzyme-A reductase inhibitors (statins) reduce the expression of matrix metalloproteinases independently of their cholesterol-lowering effect. One such agent (cerivastatin, 0.001 to 0.1 micromoles per liter) significantly reduced tissue levels of both total and active MMP-9 ( $p$  less than 0.001) (906). Cerivastatin suppressed MMP-9 production by inhibiting the activation of neutrophils and macrophages. It remains to be determined whether statin therapy could be useful for prevention or treatment of AAA.

#### 5.2.2.4. Congenital Aneurysms

Over the course of normal aging, degenerative changes occur throughout most of the length of the aorta, which leads to a mild form of cystic medial necrosis. Although physiological, this process develops more rapidly in patients with bicuspid aortic valves and during pregnancy, and very markedly in the

Marfan syndrome, in which more than 11% of patients sustain dissections of the aorta. The mechanisms by which the medial layer of the aorta is subject to accelerated degeneration are a topic of molecular genetic investigation. Gsell (in 1928) and Erdheim (in 1929) first described cystic medial necrosis, which is associated with histological evidence of severe elastic fiber degeneration, necrosis of muscle cells, and cystic spaces filled with mucoid material (907, 908). This is most often encountered in the ascending aorta between the aortic valve and the innominate artery, although similar changes can also occur in the remainder of the aorta. The Marfan syndrome, an inherited disorder characterized by dolichostenomelia, ligamentous redundancy, ectopia lentis, ascending aortic dilatation, and incompetency of the aortic and/or mitral valve (909), is frequently associated with cystic medial necrosis of the aorta. The syndrome is linked to an autosomal dominant anomaly in fibrillin type 1 (910), a structural protein that directs and orients elastin in the developing aorta (911-917). The Marfanoid aorta has markedly abnormal elastic properties and increased pulse wave velocities, with progressive stiffening and dilatation (918). Single-gene mutations have been identified that cause aneurysm formation in the Marfan syndrome and in Ehlers-Danlos syndrome type IV (919), but polygenic factors are probably involved in many cases.

Abnormalities associated with the Marfan syndrome typically affect the entire length of the aorta, although dissection most often involves the thoracic portion (920). Histologically, 10% to 21% of aortic dissections and 43% of all dissections in patients with Marfan syndrome have severe degeneration of the medial layer; more than 50% of the wall area shows features of cystic necrosis. Although most often encountered in the ascending aorta, cystic medial necrosis may occur in the abdominal aorta as well. Cystic medial degeneration may also be associated with other connective tissue disorders, such as the Ehlers-Danlos syndrome.

#### 5.2.2.5. Inflammatory Aneurysms

Inflammatory AAAs represent a unique clinical entity, typically consisting of an AAA that is associated with an unusually thickened aneurysm wall, shiny white perianeurysmal fibrosis, and intense adherence of adjacent intra-abdominal structures. This entity was first described in 1972 by Walker *et al.* and has since been described by Rasmussen and Hallett as an extreme manifestation of inflammation present in all aortic aneurysms (921). Abnormal accumulation of macrophages and cytokines in aneurysmal aortic tissue supports an association with inflammation (899,900). In a case-control study, there were no distinctions between patients with inflammatory aneurysms and those with noninflammatory aneurysms with respect to risk factors, treatment requirements, or prognosis, but patients with inflammatory aneurysms were more often symptomatic and had a higher erythrocyte sedimentation rate, larger aneurysm diameter, and more retroperitoneal inflammatory reaction (922). In another series of 355 patients undergoing surgical repair of

AAA, 5.6% had inflammatory clinical features and 11% had histological evidence of inflammation (923), but the early and late results of surgery were no different between the 2 groups.

The triad of chronic abdominal pain, weight loss, and elevated erythrocyte sedimentation rate in a patient with AAA is highly suggestive of an inflammatory aneurysm. Inflammatory aortic or iliac aneurysms were present in 4.5% of the 2816 patients who underwent elective AAA repair at the Mayo Clinic from 1955 to 1985 (924). More than 90% of the patients with inflammatory aneurysms were smokers, and clinical evidence of peripheral arterial occlusive disease and coronary artery disease was found in 27% and 39%, respectively. Additional aneurysms were discovered in half of these patients, including iliac aneurysms in 55, thoracic or thoracoabdominal aneurysms in 17, femoral aneurysms in 16, and popliteal aneurysms in 10. Excretory urographic findings of medial ureteral displacement or obstruction suggested the diagnosis of inflammatory AAA in 31% of the cases. Compared with patients with noninflammatory atherosclerotic aneurysms, those with inflammatory aneurysms were more likely to have symptoms (66% vs. 20%,  $p$  less than 0.0001), weight loss (20.5% vs. 10%,  $p$  less than 0.05), a higher erythrocyte sedimentation rate (73% vs. 33%,  $p$  less than 0.0001), and a higher operative mortality rate (7.9% vs. 2.4%,  $p$  less than 0.002).

#### 5.2.2.6. Infectious Aneurysms

Primary infection of the aortic wall is a rare cause of aneurysms, which are more often saccular than fusiform. Infectious, or “mycotic,” aneurysms may arise secondarily from infection of pre-existent aneurysm (925). Staphylococcus and Salmonella are the most frequent pathogens that cause primary aortic infections (926), and tuberculosis has been described in association with aortic pseudoaneurysms (927).

An infectious etiology also has been postulated for conventional atherosclerotic aneurysms. Antibodies against Chlamydia pneumoniae have been detected by polymerase chain reactions in conjunction with atherosclerosis and expanding AAA (928), but it has not been possible to document that C pneumoniae antigens react with anti-C pneumoniae membrane proteins. Sixty-six percent of specimens from atherosclerotic arteries collected during various peripheral arterial operations (including AAA repair in 28 patients) revealed severe atherosclerosis and positive immunohistochemical staining for specific antibodies against C pneumoniae (929). Because there were no differences in cardiovascular risk factors, the prevalence of coronary heart disease or previous vascular surgery, or inflammatory serum markers between patients with and without C pneumoniae antibodies, this organism has been considered a concomitant phenomenon rather than a causative factor for atherosclerosis.

Although secondary prevention benefits of antibiotic therapy have been demonstrated in some studies, negative studies have also emerged. In a randomized study, 92 subjects

with small AAAs received the macrolide antibiotic roxithromycin (300 mg orally daily for 28 days) or a matching placebo. The mean expansion rate of the AAA during the first year of observation in the intervention group (1.6 mm) was reduced by 44% compared with the placebo group (2.8 mm,  $p$  equals 0.02). During the second year, however, the difference favoring roxithromycin was only 5% (930). When adjusted for smoking, diastolic blood pressure, and the immunoglobulin A level, roxithromycin treatment and the initial size of the aneurysm were related to AAA expansion. Logistic regression analysis confirmed a significant difference in expansion rates exceeding 2 mm annually between the intervention and placebo groups (OR 0.09, 95% CI 0.01 to 0.83). The results of larger prospective, human antibiotic intervention trials may help to establish whether or not there is a causal link between C pneumoniae infection and atherosclerotic aortic aneurysms.

#### 5.2.3. Natural History

The natural history of arterial aneurysms is distinguished by gradual and/or sporadic expansion in their diameter and by the accumulation of mural thrombus caused by turbulent blood flow at their periphery. These features contribute to the 3 most common complications of aneurysms, that is, rupture, thromboembolic ischemic events, and the compression or erosion of adjacent structures, which often are quite specific to their location.

##### 5.2.3.1. Aortic Aneurysm Rupture

#### RECOMMENDATIONS

##### Class I

1. Patients with infrarenal or juxtarenal AAAs measuring 5.5 cm or larger should undergo repair to eliminate the risk of rupture. (*Level of Evidence: B*)
2. Patients with infrarenal or juxtarenal AAAs measuring 4.0 to 5.4 cm in diameter should be monitored by ultrasound or computed tomographic scans every 6 to 12 months to detect expansion. (*Level of Evidence: A*)

##### Class IIa

1. Repair can be beneficial in patients with infrarenal or juxtarenal AAAs 5.0 to 5.4 cm in diameter. (*Level of Evidence: B*)
2. Repair is probably indicated in patients with suprarenal or type IV thoracoabdominal aortic aneurysms larger than 5.5 to 6.0 cm. (*Level of Evidence: B*)
3. In patients with AAAs smaller than 4.0 cm in diameter, monitoring by ultrasound examination every 2 to 3 years is reasonable. (*Level of Evidence: B*)

##### Class III

Intervention is not recommended for asymptomatic infrarenal or juxtarenal AAAs if they measure less

**than 5.0 cm in diameter in men or less than 4.5 cm in diameter in women. (Level of Evidence: A)**

Rupture is the most widely recognized complication of arterial aneurysms and primarily is associated with those involving the abdominal aorta, the common iliac arteries, and the visceral arteries. Before the introduction of B-mode ultrasonography in the 1970s and computed tomographic scanning in the 1980s, the expansion rate of aortic, iliac, and visceral aneurysms could only be determined by standard plain-film roentgenograms in the presence of mural calcification. Modern imaging techniques, which now have been further supplemented by magnetic resonance imaging/MRA, currently permit more accurate estimates of expansion rates that can be used to monitor the growth of aneurysms and to select patients for preemptive intervention before rupture occurs. Growth rates have been most widely documented for aortic aneurysms, several examples of which are presented in Table 46. These data confirm similar observations (931,932) that large aneurysms tend to expand more rapidly than small aneurysms and thus require closer surveillance. According to the available information, average annual expansion rates are approximately 1 to 4 mm for aortic aneurysms measuring less than 4.0 cm in diameter at the time of their discovery, 4 to 5 mm for those measuring 4.0 to 6.0 cm in diameter, and as much as 7 to 8 mm for larger aneurysms (933,934). An observed rate of expansion that exceeds these figures usually is considered to represent a “growth spurt” that may justify early elective aneurysm repair.

High operative mortality rates alone do not fully reflect the catastrophic nature of ruptured aortic aneurysms. Given the number of patients who do not survive even to reach the

operating room, the overall mortality rate for this complication may be as high as 90% (942-944). In a classic report, Szilagyi *et al.* (945) were among the first to recognize that the risk for spontaneous rupture was a direct function of aneurysm size. Others have since discovered that additional factors also may influence the rupture rate, such as hypertension (946,947), COPD and/or tobacco abuse (946-949), female gender (882,947), and a family history of aortic aneurysms, particularly when a woman with an aortic aneurysm is present in the proband (882). Nevertheless, aneurysm size remains the single most important predictor not only for aneurysm rupture, but also for unrelated death from other cardiopulmonary events (932,950).

Table 47 contains representative data regarding aneurysm rupture rates and long-term patient survival rates according to the baseline diameter of AAAs at the time of their discovery. These data suggest that the eventual risk for rupture is approximately 20% for aneurysms that measure larger than 5.0 cm in diameter, 40% for those measuring at least 6.0 cm in diameter, and higher than 50% for aneurysms that exceed 7.0 cm in diameter. Taylor and Porter interpreted earlier data to indicate that the annual rupture rates for aneurysms of these sizes were in the range of 4%, 7%, and 20%, respectively (938). Conversely, the rupture rate for truly small aneurysms that are less than 4.0 cm in diameter is quite low, perhaps because aged patients with such small aneurysms ordinarily do not survive long enough for this complication to occur. Watson *et al.* found that more patients with small aneurysms died of other causes than ever required surgical treatment for enlarging aneurysms (951). Bengtsson *et al.* have recommended only 1 annual follow-up scan for aneurysms less than 3.5 cm in diameter because the unrelat-

**Table 46.** Annual Rates of Expansion for Abdominal Aortic Aneurysms

First Author	Reference	Year	No. of Patients	Initial Aneurysm Diameter	Mean Annual Expansion, mm
Case series					
Nevitt	(935)	1989	103	3.5 to 5 cm	2.1
Cronenwett	(936)	1990	73	Smaller than 6 cm	4 to 5
Bengtsson	(937)	1993	155	Smaller than 4 cm Larger than or equal to 4 cm	0.8 5.3
Collective reviews					
Taylor	(938)	1986	—	Larger than or equal to 5 cm	5
Hollier	(939)	1992	—	3 to 3.9 cm 4 to 5.9 cm Larger than 6 cm	2.7 4.3 7.5
Hallin	(940)	2001	—	Smaller than 4 cm 4 to 5 cm Larger than 5 cm	2 to 4 3 to 5 3 to 7
Randomized trials					
Veterans Affairs Small Aneurysm Trial (nonoperated cohort)	(941)	2002	—	4 to 5.5 cm	3.2

**Table 47.** Rupture and Survival Rates for Patients With Abdominal Aortic Aneurysms

First Author	Reference	Year	No. of Patients	Baseline Aneurysm Diameter	Follow-Up Interval	Aneurysm Rupture Rate (%)	Survival Rate (%)
Case series							
Szilagyi	(945)	1966	82	Less than or equal to 6 cm	Mean 34 mo	19	45
Hertzner	(955)	1987	141	Larger than 6 cm	Mean 17 mo	43	10
			24	Smaller than 6 cm	5 y	20	38 Overall
			18	At least 6 cm	5 y	69	
Nevitt	(935)	1989	130	Smaller than 5 cm	5 y	0	NA
			46	At least 5 cm	5 y	25	NA
Bengtsson	(937)	1993	155	Median 4 cm	Median 3.4 y	14	30
Perko	(956)	1993	63	Smaller than 6 cm		less than 5	NA
				At least 6 cm		10 to 15	NA
Galland	(957)	1998	267	Smaller than 4 cm	5 y	4	NA
				4 to 5.5 cm	5 y	21	NA
Jones	(958)	1998	25	5 to 5.9 cm	3 y	28	NA
			32	At least 6 cm	3 y	41	NA
Scott	(953)	1998	218	3 to 4.4 cm	7 y	2.1 per year	NA
				4.5 to 5.9 cm		and/or operation	NA
					7 y	10 per year	NA
Conway	(950)	2001	23	5.5 to 5.9 cm	10 y	22	39
			62	6 to 7 cm	10 y	34	32
			21	Larger than 7 cm	10 y	52	5
Biancari	(959)	2002	41	2.5 to 4 cm	Median 7.3 y	7.3	59
Collective reviews							
Taylor	(938)	1986		5 cm	NA	4.1 per year	NA
				5.7 cm	NA	6.6 per year	NA
				7 cm	NA	19 per year	NA
Hollier	(939)	1992	349	Smaller than 5 cm	5 y	4.6	NA
			90	Larger than 5 cm	5 y	30	NA
Hallin	(940)	2001	54 048	Smaller than 4 cm	4 y	2	NA
				4 to 5 cm	4 y	10	NA
				Larger than 5 cm	4 y	22	NA
Randomized trials							
UK Small Aneurysm Trial (nonoperated cohort)	(960)	1998	213	4 to 4.4 cm	Mean 4.6 y	NA	75%
			169	4.5 to 4.8 cm	Mean 4.6 y	NA	72%
			145	4.9 to 5.5 cm	Mean 4.6 y	NA	64%
UK Small Aneurysm Trial (nonoperated cohort)	(961)	1999	NA	3 to 3.9 cm	7 y	2.1	NA
			NA	4 to 5.5 cm	7 y	4.6	NA
			NA	At least 5.6 cm	7 y	20	NA

NA indicates not available; UK, United Kingdom.

ed mortality rate in such patients is so high that relatively few live long enough to incur sufficient aneurysm growth to warrant elective surgical treatment (931). Prospective nonrandomized studies have indicated that small aneurysms may be safely monitored by annual or semiannual imaging scans, with a low risk for rupture, provided elective repair is advised once a diameter of at least 5.0 cm has been documented (952,953). Katz *et al.* concluded from a Markov predictive model that early intervention to repair aneurysms that measure 4.0 cm in diameter could be justified if operative mortality rates were 4.6% or lower, but their estimates were confounded by the low reported rupture rate for untreated aneurysms of this size (954).

**5.2.3.1.1. RANDOMIZED TRIALS.** Prospective randomized trials comparing early intervention versus expectant observation for infrarenal AAAs measuring 4.0 to 5.4 cm in diameter have been conducted in the United Kingdom (UK) and by the U.S. Department of Veterans Affairs (VA) during the past decade (947,961-963). By protocol, elective surgical treatment was not offered to patients who were allocated to the nonoperative cohort in each trial until their aneurysms exceeded 5.4 cm in size on serial imaging studies. Selected data from both investigations are summarized in Table 48, with updated information from the UK trial at a mean follow-up interval of 8 years (963) compared with 4.6 years when its findings first were disclosed in 1998. Not surprisingly, the principal demographic difference between the 2 trials is the fact that whereas women composed 17% of patients in the UK study, they represented only 0.8% of the VA population. Thirty-day operative mortality rates (UK 5.4%; VA 2.1%) were competitive with those from other multicenter studies (see Table 49). Endografts were used in 27 patients in the surgical limb of the UK trial (4.8%) but in just 2 patients in the VA trial.

At a mean of 4.9 years of follow-up, early aneurysm repair had produced no significant benefits with respect to the incidence of either aneurysm-related deaths or deaths due to all causes in the VA trial. These are the same conclusions that originally were reached at a mean follow-up of 4.6 years in the UK trial (960). Although the UK surgical cohort now has a lower overall mortality rate than the nonoperative cohort ( $p$  equals 0.03) at a mean follow-up of 8 years, this finding has been attributed in part to a higher rate of smoking cessation in the early-surgery group (963). The annual rupture rate was negligible (0.6%) for observed aneurysms in the VA trial and was 3.2% in the UK trial. Rupture was more likely to occur in women in the UK trial (OR 4.0; 95% CI 2.0 to 7.9;  $p$  less than 0.001), accounting for 14% of all deaths in women compared with 4.6% of all deaths in men ( $p$  less than 0.001). Aneurysm size at the time of randomization did not influence the risk for rupture in the UK trial or the long-term mortality rate in either trial, but this may reflect the promptness with which intervention was performed whenever aneurysms reached a diameter of at least 5.5 cm. More than 60% of the patients in the nonoperative limb of each of these trials currently have undergone aneurysm repair because of docu-

mented enlargement, including 81% of the patients whose aneurysms were 5.0 to 5.4 cm in diameter when they were recruited into the VA trial.

Collectively, these 2 randomized trials provide a wealth of information that otherwise has not been available. For instance, the finding that rupture has been significantly more likely to occur among women in the nonoperative cohort of the UK trial adds further perspective to the lingering controversy concerning whether the indications for elective aneurysm repair should be slightly more liberal in women than in men because of the smaller size of the normal aorta in women. On the basis of the data regarding gender differences in the UK trial, a guidelines subcommittee of the American Association for Vascular Surgery and the Society for Vascular Surgery now has recommended that a diameter of 4.5 to 5.0 cm is an appropriate threshold for elective repair of asymptomatic infrarenal aortic aneurysms in women (964).

No randomized trial has yet addressed the size at which suprarenal, pararenal, or type IV thoracoabdominal aortic aneurysms should be repaired to prevent rupture. Because of their higher risk for postoperative death, renal insufficiency, and other surgical complications, however, there has been a consensus that elective intervention should be considered for these aneurysms at a slightly larger diameter than for infrarenal aortic aneurysms.

#### 5.2.3.2. *Common Iliac Aneurysms*

Isolated common iliac aneurysms are unusual in the absence of a proximal aortic aneurysm, and comparatively little information is available with respect to their natural history. Approximately one third to one half of common iliac aneurysms are bilateral, and 50% to 85% are asymptomatic at the time of their discovery (965,966). According to a collective review of 3 clinical series, aneurysm rupture usually occurs at a diameter of 5.0 cm or larger, whereas common iliac aneurysms that are less than 3.0 cm in diameter almost never rupture (966). Therefore, isolated common iliac aneurysms that are smaller than 3.0 cm probably can be monitored safely with serial noninvasive imaging. Contrast-enhanced computed tomographic scans or magnetic resonance imaging studies appear to be better suited for this purpose than ultrasonography because many common iliac aneurysms are situated deep in the pelvis.

#### 5.2.3.3. *Local Compression or Erosion*

Exceptionally large or inflammatory aortic aneurysms occasionally can be associated with early satiety or gastric outlet symptoms on the basis of duodenal compression. More catastrophically and just as infrequently, an aortic aneurysm may cause either sudden upper gastrointestinal bleeding on the basis of a primary aortoenteric fistula or acute congestive heart failure on the basis of an aortocaval fistula. Far more commonly, approximately 20% of patients who have large popliteal aneurysms also have signs of venous insufficiency

**Table 48.** Outcomes of Early Elective Repair Versus Nonoperative Surveillance of Asymptomatic Abdominal Aortic Aneurysms\*

	UK Trial (2002)	VA Trial (2002)
Total patients, n	1090	1136
Early elective repair, n	563	569
Open	536	567
Endovascular	27	2
Nonoperative surveillance, n	527	567
Men	902	1127
Women	188	9
Age	69 plus or minus 4 years	68 plus or minus 6 years
Operative mortality rate (surgical cohorts)	5.4% (30 days)	2.1% (30 days); 2.7% (in-hospital)
Follow-up period, y	Range 6 to 10; mean 8	Range 3.5 to 8.0; mean 4.9
Survival rate, %		
Surgical cohort	57	75
Nonoperative cohort	52	78
	( <i>p</i> equals 0.03)	
Aneurysm rupture rate (nonoperative cohorts)	3.2% annually	0.6% annually
Men	OR 1.0 (reference set)	NA
Women	OR 4.0 95% CI 2.0 to 7.9 ( <i>p</i> less than 0.001)	NA
Eventual aneurysm repair, n (%)		
Surgical cohort	520 (92)	527 (93)
Nonoperative cohort	327 (62)	349 (62)
Influence of aneurysm diameter (nonoperative cohorts)		
Survival rate	4.0 to 4.4 cm: 57% 4.5 to 4.8 cm: 54% 4.9 to 5.5 cm: 43%	4.0 to 4.4 cm: 79% 4.5 to 4.9 cm: 78% 5.0 to 5.4 cm: 68%
Eventual repair rate	NA	4.0 to 4.4 cm: 27% 4.5 to 4.9 cm: 53% 5.0 to 5.4 cm: 81%

NA indicates not available.

\*Results of 2 prospective randomized trials conducted in the United Kingdom (960, 963) and by the United States Department of Veterans Affairs (941).

**Table 49.** Operative Mortality Rates for Open Repair of Intact Abdominal Aortic Aneurysms

First Author	Reference	Year (Study Period)	No. of Patients	Mortality Rate (%)
Case series				
Crawford	(1061)	1981 (1955-1980)	Asymptomatic: 531	3.8
			Symptomatic intact: 329	6.4
			Total: 860	4.8
Hertzer	(955)	1987 (1978-1982)	246	4.4
Reigel	(1063)	1987	499	2.8
Golden	(1065)	1990	500	1.6
Sicard	(1071)	1995	145	1.4
Lloyd	(1079)	1996 (1980-1995)	1000	2.4
Starr	(1060)	1996 (1983-1989)	Men: 490	5.1
			Women: 92	4.3
			Total: 582	5.0
Aune	(1058)	2001 (1985-1999)	Age less than 66 y: 118	1.7
			Age 66 y and older: 333	6.0
			Total: 451	4.9
Hertzer	(1068)	2002 (1989-1998)	1135	1.2
Menard	(1080)	2003 (1990-2000)	Low risk: 444	0.0
			High risk: 128	4.7
			Total: 572	1.0
Randomized trials				
UK Small Aneurysm Trial (surgical cohort)	(960)	1998	563	5.8
Lederle (U.S. Veterans Affairs Small Aneurysm Trial; surgical cohort)	(941)	2002	569	2.7
Collective reviews				
Ernst	(1081)	1993 (1981-1992)	6488	4.0
Zarins	(973)	1997 (1987-1992)	2162	2.1
Blankensteijn	(1074)	1998 (1985-1997)	Prospective population: 692	8.2
			Prospective hospital: 1677	7.4
			Retrospective population: 21 409	3.8
			Retrospective hospital: 12 019	3.8
			Subset analyses: 1857	3.5
Regional or multicentered studies				
Johnston (Canadian Aneurysm Group)	(1082)	1988	Elective: 541	3.9
			Symptomatic intact: 125	7.2
			Total: 666	4.5
Richardson (Kentucky Medicare)	(1083)	1991	136	5.9
Hannan (New York statewide)	(1084)	1992 (1982-1987)	6042	7.6
Johnston (Canadian Aneurysm Group)	(1085)	1994	Men: 545	4.4
			Women: 134	5.2
			Total: 679	4.6
Katz (Michigan statewide)	(1086)	1994 (1980-1990)	8185	7.5
Kazmers (Veterans Affairs)	(1087)	1996 (1991-1993)	3419	4.9
Wen (Ontario Aneurysm Study)	(1088)	1996 (1988-1992)	5492	3.8
Kantonen (Finland Vascular Registry)	(1089)	1997	929	5.1
Koskas (French AURC)	(1057)	1997 (1989)	1107	4.8
Bradbury (Edinburgh Vascular Registry)	(1090)	1998 (1976-1996)	492	6.1
Manheim (California statewide)	(1091)	1998 (1982-1994)	35 130	7.6
Dardik (Maryland statewide)	(1092)	1999 (1990-1995)	2335	3.5
Pearce (Florida statewide)	(1093)	1999 (1992-1996)	13 415	5.7
Sollano (New York statewide)	(1094)	1999 (1990-1995)	9847	5.5
Kazmers (Veterans Affairs)	(1095)	2001 (1991-1995)	5833	4.5
Axelrod (Veterans Affairs)	(949)	2001 (1997-1998)	1001	3.7
U.S. hospital databases				
Lawrence (National Hospital Discharge Survey)	(1075)	1999 (1994)	32 387	8.4
Heller (National Hospital Discharge Survey)	(1076)	2000 (1979-1997)	358 521	5.6
Huber (Nationwide Inpatient Sample)	(1096)	2001 (1994-1996)	16 450	4.2
Dimick (Nationwide Inpatient Sample)	(1078)	2002 (1996-1997)	13 887	3.8

in the lower leg on the basis of compression of the adjacent popliteal veins (967,968).

## 5.2.4. Diagnosis

### 5.2.4.1. Symptomatic Aortic or Iliac Aneurysms

#### RECOMMENDATIONS

##### Class I

- 1. In patients with the clinical triad of abdominal and/or back pain, a pulsatile abdominal mass, and hypotension, immediate surgical evaluation is indicated. (Level of Evidence: B)**
- 2. In patients with symptomatic aortic aneurysms, repair is indicated regardless of diameter. (Level of Evidence: C)**

Most AAAs are asymptomatic and are discovered incidentally on routine physical examination or on an abdominal roentgenogram (969) or an ultrasound scan that has been performed for other indications. Younger patients are more likely to be symptomatic at the time of diagnosis (970). Pain is the most frequent complaint in patients with symptomatic AAAs and usually is located in the hypogastrium or the lower part of the back. Pain is typically steady, lasting for hours to days at a time, and has a gnawing quality. In contrast to musculoskeletal back pain, aneurysm pain is not affected by movement, although patients may be more comfortable in certain positions, such as with the knees flexed. Expansion and impending rupture are heralded by the development of new or worsening pain, characteristically constant, severe, and located in the back or lower part of the abdomen, sometimes with radiation into the groin, buttocks, or legs. Rupture is associated with abrupt onset of back pain, abdominal pain, and tenderness. Unless they are hypotensive because of blood loss, many patients with ruptured aneurysms have a palpable, pulsatile abdominal mass. It must be remembered, however, that the pathognomonic triad of abdominal/back pain, pulsatile abdominal mass, and hypotension occurs in only about one third of cases (971). The symptoms of a ruptured aneurysm may mimic those of renal colic, diverticulitis, or a gastrointestinal hemorrhage, thus leading to a misdiagnosis that can cost valuable time.

Hemorrhagic shock may ensue rapidly and is manifested by hypotension, vasoconstriction, mottled skin, diaphoresis, mental obtundation, and oliguria. and terminally, by arrhythmias and cardiac arrest. In a few patients who survive with contained ruptures, the retroperitoneal hematoma may be accompanied by ecchymosis in the flanks (Grey-Turner sign) and groin. Free rupture into the peritoneal cavity produces obvious abdominal distention and often is rapidly fatal, whereas rupture into the duodenum is manifested by massive gastrointestinal hemorrhage.

### 5.2.4.2. Asymptomatic Aortic or Iliac Aneurysms

Patients with even small AAAs have a high prevalence of risk factors for and clinical manifestations of atherosclerotic

cardiovascular disease. A longitudinal cohort study involving 4734 men and women older than 65 years of age in 4 US communities correlated abdominal aortic diameter by ultrasonography with incidental cardiovascular disease, mortality, and repair or rupture during a mean follow-up period of 4.5 years (972). The prevalence of aneurysms was 8.8%, of which 88% were at least 3.5 cm in size. The rates of total mortality (65 vs. 33 per 1000 person-years), cardiovascular mortality (34 vs. 14 per 1000 person-years), and incidental cardiovascular disease (47 vs. 31 per 1000 person-years) were higher in participants who had aneurysms than in those who did not. After adjustment for age, risk factors, and the presence of other cardiovascular disease, the respective relative risks were 1.32, 1.36, and 1.57, respectively. In comparison, the rates of repair and rupture were low in this series.

Elective surgical repair improves the survival rate for patients with large aneurysms (945), and approximately 50 000 operations are performed annually for this condition in the United States, with operative mortality rates that are reported to be as low as 2% in some centers (973). Even before the results of randomized trials were available, however, it generally was accepted that watchful waiting with serial imaging was a better long-term treatment strategy than early surgical repair for aneurysms less than 5.0 cm in diameter (939). Up to 13% of patients with aortic aneurysms have multiple aneurysms elsewhere (974), and 25% to 28% of those with thoracic aortic aneurysms have concomitant AAAs (975,976). Accordingly, patients in whom an aortic aneurysm is discovered at either level should undergo an appropriate examination of the entire aorta to detect aneurysms in other locations.

### 5.2.4.3. Physical Examination

A comprehensive physical examination should include palpation of the abdomen and the lower extremity arteries in an attempt to detect widened pulses that suggest the presence of aneurysms. Palpation of AAAs is safe and has not been reported to precipitate rupture. Perhaps the best evidence regarding the accuracy of abdominal palpation comes from 15 studies of patients who were not previously known to have AAAs but were screened with both an abdominal examination and ultrasound scans (977). The pooled sensitivity of abdominal palpation increased significantly with aortic diameter ( $p$  less than 0.001), ranging from 29% for AAAs of 3.0 to 3.9 cm to 50% for AAAs of 4.0 to 4.9 cm and 76% for AAAs measuring 5.0 cm or more by ultrasonography. The positive and negative likelihood ratios were 12.0 (95% CI 7.4 to 19.5) and 0.72 (95% CI 0.65 to 0.81), respectively, for AAAs that were 3.0 cm or larger and 15.6 (95% CI 8.6 to 28.5) and 0.51 (95% CI 0.38 to 0.67) for AAAs that were larger than 4.0 cm. The positive predictive value of palpation was 43% for AAAs that were documented to be at least 3.0 cm in diameter. Intuition and limited data suggest that abdominal obesity reduces the sensitivity of palpation. In summary, careful abdominal palpation is moderately sensitive for the detection of AAAs that are large enough to be referred for surgical intervention, but the physical examina-

tion alone may not be sufficiently reliable for the detection of smaller AAAs, especially if rupture already is suspected.

In a 3-year retrospective study of 198 patients with AAAs that was conducted by Alcorn *et al.* (860) in a general hospital setting, 48% of the aneurysms had been discovered clinically, 37% represented incidental findings during radiographic investigation of another condition, and 15% were encountered during unrelated abdominal operations. Of those that initially were detected by radiography, 38% were palpable on subsequent physical examination. The average size of the AAAs that were discovered clinically (6.5 plus or minus 1.3 cm) was larger than those that were found by radiography (5.47 plus or minus 1.4 cm,  $p$  less than 0.001) or at operation (5.4 plus or minus 1.5 cm,  $p$  equals 0.039). Not surprisingly, the average size of palpable AAAs was larger than that of nonpalpable AAAs (6.4 plus or minus 1.2 cm vs. 4.9 plus or minus 1.4 cm,  $p$  less than 0.001).

#### 5.2.4.4. Incidental Radiological Findings

5.2.4.4.1. PLAIN FILMS. It is not the current standard of care to use plain radiographic studies for follow-up surveillance of AAAs, but 15% to as many as 85% of these aneurysms initially are discovered because of curvilinear aortic wall calcification that represents an incidental finding on a plain abdominal film that was obtained for other purposes. The plain film also may demonstrate a soft tissue mass with obliteration of the psoas margin and/or disruption of mural calcification with extension into a periaortic soft tissue mass, occasionally suggesting that the aneurysm has ruptured. In addition, smaller calcified rings sometimes suggest the presence of visceral artery aneurysms (978-981).

5.2.4.4.2. ULTRASOUND AND OTHER SCANS. Asymptomatic AAAs also may be discovered incidentally on ultrasound, computed tomography, and nuclear scans that have been performed for unrelated indications; conversely, computed tomography or ultrasound may demonstrate incidental non-vascular lesions during AAA evaluation, notably malignancy (982-991). The existence of incidental findings is not surprising given the advanced age of many patients undergoing imaging studies.

Phillips and King reported that 3.1% of male urologic patients (65 to 80 years of age) undergoing urinary tract ultrasonography were documented to have unsuspected aortic aneurysms; with deliberate augmentation of the scan to include the aorta (*i.e.*, opportunistic screening), the incidence rose to 9.1%, a figure that appeared to exceed random discovery rates (985). Akkersdijk *et al.* found that incidental aneurysms with a diameter of at least 3.0 cm, or 1.5 times the diameter of the proximal aorta, were present in 4.9% of 1687 patients older than 50 years who underwent some form of abdominal ultrasonography, comprising 8.8% of men, 2.1% of women, and 11% of men over 60 years of age (988). Because the symptoms of expanding aneurysms can mimic urologic symptoms, additional scanning to include the aorta

may be especially prudent in some specific clinical situations (991).

5.2.4.4.3. OPPORTUNISTIC SCREENING. In the paradigm of “opportunistic” screening, abdominal ultrasound studies that primarily have been performed to obtain information regarding disease states other than aortic aneurysms (*e.g.*, a urologic evaluation) are extended to include an examination of the nearby abdominal aorta (985,988,992-994). Studies in this area of interest have reported the prevalence of incidental aortic aneurysms to range from 6.5% to 12%, but these studies have not been rigorously controlled for age or other high-risk factors, such as tobacco use or a family history of aneurysms. Some believe that unlike a dedicated screening program, opportunistic screening can be done at little additional cost because most of the expense of the aortic imaging is borne by the baseline ultrasound scan. However, Wolf *et al.* noted that the addition of an aortic ultrasound scan to other unrelated studies in the vascular laboratory prolongs each examination by 5 minutes per patient and requires 83 minutes of scanning time for each aortic aneurysm that is detected (36 minutes per male smoker), at a cost of \$240 to \$553 per patient (994). In fact, this happens to be in the cost range of conventional population-based ultrasound screening (873). Furthermore, at least 1 investigation has indicated that opportunistic screening successfully demonstrates the aorta in only 89% of patients (less than the expected rate for most dedicated screening programs), perhaps because of inadequate patient preparation or operator skill (994). Therefore, because the ultrasound scan represents only a small fraction of the total expense that is associated with the detection and treatment of aortic aneurysms, the cost savings of opportunistic screening may be quite small in the general population in which the prevalence of such aneurysms is low.

There are multiple strategies for utilizing ultrasonography in a screening program for AAAs. Together with the data that already are available with respect to the prevalence rate of these aneurysms in various populations, the publication of 2 large randomized trials regarding aneurysm size and its influence on surgical indications may encourage computer modeling to determine the benefit, risks, and cost-effectiveness of ultrasound screening in targeted patient populations (947,961-963). This kind of information might also influence the decisions to be made by third-party payers.

5.2.4.4.4. UNRELATED ARTERIOGRAPHY. Catheter-based arteriography is not used as a primary diagnostic modality for aortic aneurysms, especially since mural thrombus makes it impossible to determine the true size of the aneurysm with the diameter of the contrast column. Arteriography instead is reserved to answer specific anatomic questions before endovascular management or, increasingly less frequently, before open AAA repair. However, several incidental findings during unrelated arteriographic studies may suggest the presence of an AAA, such as mural calcification, slow and/or turbulent flow, a widened interior lumen that is paradoxically smooth because of laminated thrombus and occlusions of

its branch vessels (e.g., the inferior mesenteric and lumbar arteries), “draping” of the superior mesenteric artery over the contour of the aneurysm, and a thickened aortic wall or soft tissue mass (995).

#### 5.2.4.5. Diagnostic Imaging

5.2.4.5.1. **ULTRASONOGRAPHY.** B-mode or real-time ultrasound is excellent for imaging many aortic aneurysms because it has no risk to the patient and is less expensive than computed tomographic scanning (996-999). Its accuracy for measuring the aortic diameter below the level of the renal arteries approaches that of direct intraoperative measurements (997-999). In comparison, the accuracy of duplex ultrasound can be operator-dependent, and therefore, its results may vary between or even within centers, especially with small AAAs (1000,1001). This variability can be decreased with appropriate quality control and credentialing, but duplex scanning is more frequently used to evaluate the femoral or popliteal arteries to distinguish aneurysms from other vascular and nonvascular masses in these particular anatomic areas (1002-1008).

*Infrarenal Aortic Aneurysms.* Ultrasound scanning has been used in large screening and surveillance programs for both the initial assessment and subsequent follow-up of small aneurysms that are not repaired immediately. Multiple studies have suggested that ultrasound is an appropriate means to determine the presence or absence of an infrarenal aortic aneurysm in more than 95% of candidates (870,1009,1010). The maximum anteroposterior aortic diameter usually is determined after overnight fasting to aid visualization (859,1009). Ultrasonography should be performed in the plane perpendicular to the arterial axis, because oblique measurements tend to overestimate the true size of the aorta (863) and represent one source for potential variability.

Diagnostic specificity for the presence of an aneurysm is nearly 100% (859,873,1011), with sensitivity ranging from 92% to 99% (859,873,1011). The reproducibility and intraobserver variability of ultrasound measurements are quite satisfactory and are similar to those for computed tomographic scanning (961,1011,1012), although intraobserver correlation appears to be better near the aortic bifurcation than in the proximal infrarenal aorta (1011). Thus, ultrasonography is an excellent tool for screening and surveillance, both for individual patients and for screening programs. Modalities such as computed tomographic or MRA scanning usually are reserved for anatomic mapping before aneurysm repair because they are more expensive than ultrasound scanning and have some risk related to contrast and radiation.

*Suprarenal Aortic and Iliac Aneurysms.* Despite its utility in establishing the size of infrarenal aortic aneurysms, ultrasonography usually does not provide dependable imaging of aneurysms that extend close to the origins of the renal arteries or into the suprarenal segment of the abdominal aorta

(969,996,998,1013-1015). In one prospective study, the upper and lower limits of AAAs were accurately demonstrated by ultrasound in only 47% and 41% of cases, respectively (1015). In another prospective study of 79 patients with AAAs, ultrasound reliably determined the length of the infrarenal aortic “neck” in only 20% of inflammatory aneurysms and 28% of noninflammatory aneurysms. Furthermore, standard B-mode ultrasound is suboptimal for imaging the common and internal iliac artery segments in the context of aneurysm disease, and duplex scanning is able to detect iliac artery involvement only about 50% of the time. A spiral computed tomographic scan of the abdomen and pelvis with 3D reconstruction in special instances is superior to ultrasonography for this purpose (1016).

5.2.4.5.2. **CONTRAST-ENHANCED SPIRAL COMPUTED TOMOGRAPHIC SCANNING.** For many years, transcatheter arteriography, including intra-arterial digital subtraction arteriography, was the “gold standard” for the preoperative assessment of AAAs. Early studies reported a high radiation dose and contrast load with computed tomography compared with digital subtraction arteriography (1017), but computed tomography provided additional information about adjacent veins and soft tissue and eventually supplanted digital subtraction arteriography as the preoperative study of choice. Because of improved techniques, their relatively noninvasive nature, and their cost advantage over transcatheter angiography, CTA and MRA have emerged as current “gold standards” in the preoperative and postoperative evaluation of AAAs (1018). In comparison, arteriography may be warranted to optimally define collateral or variant artery anatomy, such as the arterial supply to a horseshoe kidney, or the location and severity of occlusive disease or associated aneurysms in the visceral, renal, iliac, or peripheral arteries (997,1019). The decision to use either CTA or MRA is often locale-specific. Operator proficiency and the availability of suitable equipment and protocols may determine which modality is preferred.

*Preoperative Aortic Aneurysm Assessment.* The preoperative assessment of AAAs before open or endovascular repair includes defining the maximum transverse diameter and the relation of the aneurysm to the renal arteries. The length of normal-caliber aorta below the renal arteries before the aneurysm is commonly referred to as the infrarenal neck of the aneurysm. The length of this segment of normal caliber aorta as well as its diameter and angulation are particularly important when endovascular aneurysm repair is contemplated. In addition, preoperative imaging should demonstrate iliac or hypogastric aneurysms, serious occlusive disease in the iliac or renal arteries, the presence of vascular abnormalities (e.g., accessory renal arteries, duplicate vena cavae, or a retro-aortic left renal vein), or nonvascular soft tissue anomalies, such as horseshoe kidney (1020,1021). If endovascular AAA repair is under consideration, it is even more important to obtain precise measurements regarding the diameter and length of the proximal neck and the tortuosity of the aorta and the iliac arteries. Contrast-enhanced computed tomo-

graphic scanning provides baseline information in all of these areas. In select cases, contrast arteriography may be necessary in defining complicated arterial anatomy before endovascular aneurysm repair.

For accurate imaging of the length and diameter of the infrarenal AAA neck, narrow collimation (i.e., 3 mm or less) should be used (997,1021-1023). Because narrow collimation limits the aortic length that can be scanned and slows reconstruction time, typical computed tomography protocols call for narrow collimation around the renal arteries to define the superior extent of the aneurysm, combined with 10-mm collimation for the rest of the abdomen and pelvis (997). New multidetector computed tomography instrumentation promises to improve accuracy by being able to acquire more images in a faster time, with a single breath hold and less contrast medium (239). Recent helical computed tomographic techniques and protocols with 3D reconstruction displays should position computed tomography as a possible sole imaging modality for either open or endovascular AAA repair in the future (1024).

**5.2.4.5.3. MAGNETIC RESONANCE SCANNING.** The presence of heavy mural calcification is sometimes important, because it may alter the planned repair. Computed tomography can accurately demonstrate vascular calcification, but it requires ionizing radiation and relatively large volumes of iodinated contrast. The presence of mural calcification can preclude successful computed tomographic evaluation of the peripheral arteries, so either adjunct arteriography or MRA may be needed. Magnetic resonance angiography presently has the disadvantage of being a slower scanning procedure than computed tomography and usually is not appropriate for use in patients who are claustrophobic or have metal implants. However, the coronal acquisition mode of current magnetic resonance techniques may expand its applications in the future.

Early MRA protocols depended on 3D time-of-flight imaging, which has a high signal-to-noise ratio but requires multiple slices and long imaging time because of in-plane flow saturation. Time-of-flight imaging is performed perpendicular to flow. The development of breath-held dynamic contrast-enhanced MRA has broadened the applicability of magnetic resonance by allowing rapid acquisition of images in any plane independent of flow (1025-1028). By imaging on the first pass during a breath hold, vascular signals can be obtained before leakage of contrast into the surrounding soft tissues, yielding an angiogram with high signal-to-noise ratio and enhanced detail. Images can be synchronized or subtracted for further enhancement (1028,1029). Similar protocols can be used to enhance contrast between the vessels and the background fatty tissue and have proven to be better than 3D time of flight for imaging the aortic branch vessels and the iliac arteries (1030).

In an early, blinded comparison of MRA versus conventional arteriography before elective aortic aneurysm repair, MRA was thought to be superior for defining the proximal extent of the AAA and for depicting venous anatomy, intra-

luminal thrombus, and coexistent iliac aneurysms (998). Subsequent improvement in magnetic resonance technique has yielded more accurate imaging of the renal arteries (209,981), a feature that eventually may make MRA as useful as spiral computed tomographic scanning for preoperative assessment before endovascular AAA repair (1012,1025,1031). In conclusion, the rapid development of both CTA and MRA makes their respective use for preoperative AAA assessment in large part dependent on local experience and the availability of the latest scanner. There presently is no consensus to indicate the superiority of either technique.

#### 5.2.4.6. Screening High-Risk Populations

### RECOMMENDATIONS

#### Class I

**Men 60 years of age or older who are either the siblings or offspring of patients with AAAs should undergo physical examination and ultrasound screening for detection of aortic aneurysms. (Level of Evidence: B)**

#### Class IIa

**Men who are 65 to 75 years of age who have ever smoked should undergo a physical examination and 1-time ultrasound screening for detection of AAAs. (Level of Evidence: B)**

Aortic diameter can be measured accurately by ultrasound imaging in more than 97% of subjects (1032,1033). Screening by this method has the potential to reduce the incidence of aortic rupture and has increasingly become the focus of population-based screening programs that have examined the efficacy of targeted AAA detection strategies. The effectiveness of ultrasound screening studies has been evaluated in several countries, with specific targeting of high-risk groups, such as those with hypertension, coronary disease, or tobacco use. A study of screening for AAAs in 3000 of 6058 males aged 64 to 81 years was underpowered to demonstrate a reduction in mortality through selective rescreening or surgical intervention for AAAs (1034). In a cohort of 52 745 military veterans aged 50 to 79 years who had no history of aneurysms, AAAs measuring 4.0 cm or larger in diameter were detected by ultrasound screening in 613 participants (1.2%). When this cohort was combined with a similar cohort of 73 451 veterans in the same age range, the ORs for major risk factors were as follows: 1.71 per 7 years of age, 0.18 for female gender, 0.53 for black race, 1.94 for family history of AAA, 5.07 for smoking, 0.52 for diabetes, and 1.66 for atherosclerotic diseases. The excess prevalence associated with smoking accounted for 75% of all AAAs 4.0 cm or larger in the combined population of 126 196 veterans. The risk factor associations for smaller AAAs (3.0 to 3.9 cm) were similar but less robust (870). According to one estimate, if the risk for AAA were based on age alone, it would be necessary to examine over half of the elderly male population to obtain 80% of the total

potential benefit among men. If age and smoking were included, the proportion needed to screen would fall to 35%. Even if other risk factors, such as coronary disease or hyperlipidemia, were included, it still would be necessary to screen 15% to 20% of the population, and the cost would be prohibitive (1035).

In another population-based study, 67 800 men aged 65 to 74 years were randomly allocated to receive an invitation for an abdominal ultrasound scan (1036). Men in whom aortic aneurysms at least 3.0 cm in diameter were detected underwent repeat scans for a mean of 4.1 years. Surgical treatment was considered when the diameter reached 5.5 cm, if expansion occurred at a rate of more than 1 cm per year, or if symptoms occurred. More than 27 000 (80%) of the 33 839 men in the invited group agreed to screening, and 1333 aneurysms were detected. There were 65 aneurysm-related deaths (absolute risk 0.19%) in the invited group and 113 (0.33%) in the control group (risk reduction 42%; 95% CI 22% to 58%; *p* equals 0.0002), including a 53% reduction of risk (95% CI 30% to 64%) among those who actually underwent screening. The 30-day mortality rate was 6% (24 of 414) after elective aneurysm repair compared with 37% (30 of 81) after emergency operations. During the 4 years in which this trial was conducted, there were 47 fewer deaths related to AAAs in the screening group than in the control group, but the additional costs incurred were 2.2 million British pounds (approximately 3.5 million US dollars). After an adjustment for censoring and a discount of 6%, the mean additional cost of screening was 63£ or \$98 (95% CI 53.31£ to 73£ or \$84 to \$116) per patient. The hazard ratio for AAA was 0.58 (95% CI 0.42 to 0.78). Over 4 years, the mean incremental cost-effectiveness ratio for screening was 28 400£ or \$45 000 per life-year gained, a figure that is equivalent to approximately 36 000£ or \$57 000 per quality-adjusted life-year. After 10 years, this figure was estimated to decline to approximately 8000£ or \$12 500 per life-year gained (1037).

These values of cost-effectiveness for AAA screening are at the margin of acceptability according to most current health services thresholds. Over a longer period, however, cost-effectiveness is expected to improve substantially, decreasing to about one fourth of the 4-year figure at 10 years. How to set policy in relation to these values depends on national and regional health standards. A Canadian cohort analysis that used a multiprovince life-table model determined that the most cost-effective rate at which latent AAAs should be detected is 20% per year, which corresponds to a screening interval of 5 years by abdominal ultrasonography for patients over 50 years of age (1038), but the aortic dimensions at which intervention was recommended were larger than those that recently have been used in influential randomized trials (962,963). In Finland, 74% (238 of 322) of first-degree relatives of 150 consecutive AAA patients were screened at a central university hospital to evaluate the effectiveness and costs of treatment (1039). Outcomes were assessed with the national discharge registry and from survival analysis of AAA patients who underwent elective or emergency surgery. The incremental effectiveness in life-

years gained by the screening of male siblings was 92 years, with an incremental cost-effectiveness ratio of 33 000 Finnish marks or \$6200. Given these data, screening of male siblings of AAA patients was recommended because it appeared to be associated with improved survival at low cost.

Selected screening of populations with a high prevalence of AAA (e.g., males 60 years or older who have a family history of AAA, in whom the prevalence is approximately 18%, or men who smoke) and the use of a limited ultrasound scan are more cost-effective than conventional abdominal imaging of unselected populations. In a small pilot study, the average time required to perform a limited screening scan was one sixth that of a conventional study (4 vs. 24 minutes), with comparable accuracy for the diagnosis of AAA alone (1040). Reducing the cost of screening tests from \$259, which represents the approximate Medicare reimbursement for conventional abdominal ultrasound imaging, to \$40 for the limited scan would improve cost-effectiveness.

A meta-analysis of the currently published international data that might support the use of screening programs to detect AAA has been completed recently and was summarized by the United States Preventive Services Task Force (USPSTF). This summary provides a concise focus on the potential benefit and harm that might be associated with such targeted AAA screening programs, balancing detection efficacy, interventional risk reduction, and cost-effectiveness (1041). A version prepared for the Agency for Healthcare Research and Quality in February 2005 is available online at [www.ahrq.gov/clinic/serfiles.htm](http://www.ahrq.gov/clinic/serfiles.htm). The USPSTF meta-analysis supports the concept that screening for AAA and surgical repair of large AAAs (5.5 cm or more) in men aged 65 to 75 years who have ever smoked (inclusive of both current and former smokers) leads to decreased AAA-specific mortality when abdominal ultrasonography is performed in a setting with adequate quality assurance (i.e., in an accredited facility with credentialed technologists). It is notable that the data do not support the application of AAA screening for men who have never smoked or for women. The USPSTF analysis balanced the efficacy of AAA detection and potential diminution of AAA-associated death by surgical repair with the potential psychological harm and increased morbidity and mortality of AAA surgery performed in low risk populations.

There are important caveats to be applied to any screening recommendations. These include the need for the screening intervention to be performed in individuals whose life expectancy is adequately long for benefit to accrue (thus, decreasing benefit is gained in more elderly populations with ages greater than 75 years) and that the use of endovascular (vs. open surgical) aortic repair is likely no more beneficial in the long-term risk-benefit calculation, because there are inadequate data to demonstrate that use of endovascular techniques would be associated with any greater benefit than with operative repair. Finally, AAA screening has not been proven to be linked to an improvement in all-cause mortality, even when AAA-associated death is diminished. These limitations may have significant impact on the willingness of

screening candidates to participate in this screening pathway. Finally, the USPSTF analysis suggested that screening performed as per the Multicentre Aneurysm Screening Study (MASS) would be associated with a cost-effectiveness ratio for population-based AAA screening (compared with no screening) in the range of \$14 000 to \$20 000 per quality-adjusted life-year. Although this estimate is promising, additional data are required to confirm that these estimates are accurate over longer periods of time in actual (vs. clinical trial) practice (1042).

## 5.2.5. Observational Management

### 5.2.5.1. Blood Pressure Control and Beta-Blockade

#### RECOMMENDATIONS

##### Class I

**Perioperative administration of beta-adrenergic blocking agents, in the absence of contraindications, is indicated to reduce the risk of adverse cardiac events and mortality in patients with coronary artery disease undergoing surgical repair of atherosclerotic aortic aneurysms. (Level of Evidence: A)**

##### Class IIb

**Beta-adrenergic blocking agents may be considered to reduce the rate of aneurysm expansion in patients with aortic aneurysms. (Level of Evidence: B)**

Preclinical models of aneurysm progression have suggested that beta-adrenergic antagonist agents may reduce the risk of aneurysm development and expansion. Brophy *et al.* (1043) demonstrated that propranolol delays the development of aneurysms in a mouse model that is prone to spontaneous aortic aneurysms. In that model, drug efficacy appeared to be independent of reductions in blood pressure or diminution of the force of left ventricular ejection (dP/dt) and may have resulted from actions on the connective tissue structure of the aortic wall. In another animal model in which AAAs were induced both in normotensive and in genetically hypertensive rats by perfusion of the isolated infrarenal aorta with elastase for 2 hours, the aneurysms were significantly larger in hypertensive rats, with a mean expansion rate (mm per day) that was nearly twice that of normotensive animals (1044). In comparison, the aneurysms in the study by Brophy *et al.* were significantly smaller in hypertensive propranolol-treated rats than in placebo-treated controls (*p* less than 0.05).

Retrospective clinical studies have suggested that beta-adrenergic antagonist agents might reduce the risk of aneurysm expansion and rupture (1045), but these data have been inconsistent. In one small retrospective analysis, the mean aneurysm growth rate was 0.17 cm per year in treated patients versus 0.44 cm per year in untreated patients (1046). Eight percent of the patients in the beta-blockade group exhibited a growth rate that exceeded the mean for the overall study population, compared with 53% of the patients who

received no treatment. The mean rate of aneurysm expansion was slower in treated patients, a difference that was most pronounced in those with large aneurysms. Lindholdt *et al.* reported another study of 54 patients who had small AAAs who were randomized to receive 40 mg of propranolol twice daily or placebo and were followed up for 2 years (1047). Sixty percent of the subjects in the propranolol group and 25% of those in the placebo group ultimately withdrew from this trial, with many subjects in the propranolol group reporting problems with dyspnea. Reductions in pulmonary function, ABI, and quality of life were also observed in the propranolol group. The mortality rate was 17% in the propranolol group compared with 4.2% in the placebo group (risk reduction 1.6; 95% CI 1.02 to 2.51). However, the relative risk of aneurysm expansion at an annual rate of more than 2 mm in the placebo group was 1.17 (95% CI 0.74 to 1.85) by intention-to-treat analysis and 2.44 (95% CI 0.88 to 6.77) according to on-treatment analysis. Only 22% of the treated patients continued to take propranolol for the full 2 years. In another trial, asymptomatic patients with AAAs measuring 3.0 to 5.0 cm in diameter were randomized in a double-blind fashion to receive either propranolol (*n* equals 276) or placebo (*n* equals 272) and then observed for a mean of 2.5 years (601). Forty-two percent of the patients in the propranolol group discontinued their medication compared with 27% of those in the placebo group (*p* equals 0.0002). The annual aneurysm growth rate was similar for the propranolol (0.22 cm per year) and placebo (0.26 cm per year, *p* equals 0.11) groups. There was a slight trend towards more elective surgical intervention in the placebo group (27% vs. 20%, *p* equals 0.11), but there was no difference in mortality rates (propranolol 12%, placebo 9%; *p* equals 0.36). Patients in the propranolol group had significantly poorer quality-of-life scores. Finally, one prospective randomized trial found that the expansion rate of AAAs was not attenuated by use of beta-adrenergic blockers (601).

Long-term prophylactic beta-blockade appears to be effective in slowing the rate of aortic dilation and decreasing the incidence of aortic complications in some patients with Marfan syndrome by reducing the heart rate and the impulse (i.e., the rate of pressure change in the aortic root) of left ventricular ejection. An open-label, randomized trial of propranolol (mean dose 212 plus or minus 68 mg daily) in adolescent and adult patients with classic Marfan syndrome determined that the rate of aortic root dilation was significantly lower in the treatment group than in the control group (0.023 vs. 0.084 cm per year, *p* less than 0.001) (1048). Clinical end points were reached in 5 patients in the treatment group and 9 in the control group. The Kaplan-Meier survival curve for the treatment group differed significantly from that for the control group during the middle years of the trial and remained better for the treatment group throughout the study. It is not clear whether these observations apply to aneurysms in the abdominal aorta, because patients with Marfan syndrome develop aneurysms less commonly in this location than in the thoracic aorta.

Aside from their effects on aneurysm size, the perioperative administration of beta-blockers may reduce the risk of adverse cardiac events and death in patients with cardiac risk factors who undergo AAA repair and other noncardiac vascular surgery (1049-1051).

#### 5.2.5.2. Follow-Up Surveillance

A number of prospective nonrandomized studies that were reported before the disclosures from the UK Small Aneurysm Trial and the VA Aneurysm Detection and Management (ADAM) Trial suggested annual ultrasound surveillance for aneurysms measuring less than 4.0 cm in diameter and ultrasound scans every 6 months for those 4.0 to 4.9 cm in diameter, with a recommendation for elective aneurysm repair in appropriate surgical candidates whenever an AAA reached a size of at least 5.0 cm. One such study of 99 patients documented a mean expansion rate of 2.2 mm in the first year of observation, 2.8 mm in the second year, and 1.8 mm in the third year for aneurysms that initially were smaller than 4.0 cm. The corresponding growth rates for aneurysms measuring 4.0 to 4.9 cm were 2.7, 4.2, and 2.2 mm, respectively (1052). Given the usual slow rate of expansion for truly small aneurysms, however, Grimshaw *et al.* and Santilli *et al.* have recommended that those measuring less than 4.0 cm in diameter can be followed up safely with ultrasound scans every 2 to 3 years (933,934).

The available evidence does not support a lower size threshold for the endovascular repair of AAAs than for conventional surgical repair (1053,1054). No recommendations currently are available for patients whose aortic diameter is ectatic but less than 3.0 cm in diameter and thus not truly aneurysmal. Screening of 12 500 people at a university-affiliated VA medical center yielded 223 patients whose aortic diameters were 2.5 to 2.9 cm (1055). On the basis of serial ultrasound imaging over 7 years, these ectatic aortas expanded slowly, rupture did not occur, and criteria for operative repair were infrequently met. No risk factors linked to the development of aneurysms were identified on multivariate analysis. Therefore, in patients with ectatic but nonaneurysmal aortas, repeat ultrasound imaging was recommended no more often than 5 years after the initial study. Because of the potential for late dissection or aneurysm in other areas of the aorta, however, patients with Marfan syndrome should undergo serial imaging of the aorta indefinitely after surgical repair of aneurysmal disease or dissection.

### 5.2.6. Open Aortic Aneurysm Repair

The management of patients who have AAAs that are large enough to represent a predictable risk for fatal rupture often is guided by several considerations. First, the survival rate of this patient population generally is acknowledged to be significantly lower than that for a normal population of the same age (1056-1059), and Aune has reported that unfavorable late survival is particularly evident among patients who are 65 years of age or younger at the time that their aortic aneurysms are discovered (1058). Second, it has long been

recognized that coronary artery disease and its consequences represent the leading causes of late death in these patients, superseding even the mortality rate that can be attributed directly to unoperated aneurysms (945,1060). Therefore, in addition to their importance regarding early surgical risk, these observations have long-term implications with respect to the identification and treatment of underlying coronary disease before the elective repair of aortic aneurysms. Finally, the emergence of new technology for transfemoral endovascular repair of AAAs with a variety of commercially available, FDA-approved stent grafts now provides an alternative to open surgical treatment in patients with aneurysms that warrant repair on the basis of their size or expansion rate. Thus, the contemporary clinician is faced with an array of choices in the management of aortic aneurysms, each of which must be tailored to the individual patient.

#### 5.2.6.1. Infrarenal AAAs

5.2.6.1.1. PREOPERATIVE CARDIAC EVALUATION. A number of studies have demonstrated that the perioperative and long-term mortality rates in conjunction with open aortic aneurysm repair are highest among patients who have symptomatic coronary disease (*i.e.*, class III to IV angina pectoris or congestive heart failure), intermediate in those who have chronic stable angina and/or a history of remote MI, and lowest among those who have no indication of coronary disease whatsoever (955,1061-1064). Glance constructed a Markov predictive model in which patients at high cardiac risk underwent coronary arteriography, those at intermediate risk received noninvasive assessment with dipyridamole-thallium scanning, and those at low risk proceeded directly to aneurysm repair (1064). The conclusion of this exercise was that selective screening “may improve 5-year survival and be cost effective.” Several large clinical series have been reported in which a similar clinical approach has been used (1065-1068). According to these reports, the mortality rate for open aortic aneurysm repair can be reduced to less than 2% in a setting in which approximately 5% to 15% of patients undergo preliminary coronary artery intervention (1069). However, the role of coronary artery revascularization in the context of contemporary medical management appears to be less than has been traditionally assumed. Intensive medical therapy and coronary revascularization (including percutaneous coronary intervention and coronary artery bypass grafting), when offered to individuals anticipated to undergo lower extremity or AAA revascularization surgery, resulted in equal postoperative rates of cardiovascular ischemic events in a prospective investigation (1069). A comprehensive discussion of this topic may be found in a previous guidelines document sponsored by the ACC/AHA (484).

5.2.6.1.2. OPEN SURGICAL APPROACHES. Open aortic aneurysm repair can be performed by a midline transabdominal approach or an extraperitoneal incision in the left flank, and Darling *et al.* have recommended that the flank approach also be used to gain expeditious suprarenal aortic control for

ruptured infrarenal aneurysms (1070). There is no clear consensus, however, regarding the superiority of either of these incisions on the basis of prospectively randomized studies. Sicard *et al.* found that the extraperitoneal approach was associated with fewer postoperative complications, a shorter length of stay, and lower hospital charges (1071). Other randomized institutional trials (1072,1073) have failed to demonstrate any material advantage to the routine use of the extraperitoneal approach and have suggested that it may result in a higher incidence of muscular atony, incisional hernias, and wound discomfort than a standard transabdominal incision (1073).

5.2.6.1.3. EARLY MORTALITY AND COMPLICATION RATES. In a collective review of nearly 40 000 reported cases, Blankensteijn *et al.* concluded that the operative mortality rate for elective open aortic aneurysm repair varied according to whether the individual case series were prospective or retrospective in design and whether they were population-based or hospital-based (1074). Such factors undoubtedly account for some of the variability in the representative early outcomes that are summarized in Table 49. Mortality rates from single centers generally were in the range of 4% to 5% dur-

ing the 1980s, whereas information that has been published during the 1990s contains several series in which the mortality rate has declined to less than 2%. In comparison, regional or multicenter studies in the United States and elsewhere generally have been associated with slightly higher mortality rates, ranging from 5% to 7%. Exceptionally large databases, such as the National Hospital Discharge Survey (NHDS) and the Nationwide Inpatient Sample, are intriguing because of their potential sample size but often require considerable editing to distinguish between infrarenal and suprarenal aortic aneurysms, both of which are classified under the same ICD-9 (International Classification of Diseases, 9th Revision) code. Lawrence *et al.* (1075) used the NHDS to calculate an operative mortality rate of 8.4% for 32 387 patients in 1994, but as indicated in Table 49, conflicting results can be generated from the NHDS and the Nationwide Inpatient Sample during similar periods of study (1075-1078). In comparison, the operative mortality rate for open repair of ruptured AAAs is uniformly grim, ranging from 40% to 70% regardless of whether it has been reported from single-center case series, collective reviews, regional or multicenter studies, or large national databases (Table 50).

**Table 50.** Operative Mortality Rates for Open Repair of Ruptured Abdominal Aortic Aneurysms

First Author	Reference	Year (Study Period)	No. of Patients	Mortality Rate (%)
Case series				
Johansen	(943)	1991 (1980-1989)	180	69
Panneton	(1097)	1995 (1980-1992)	112	49
Seiwert	(1098)	1995 (1986-1993)	119	45
Darling	(1070)	1996 (1988-1995)	104	28
Barry	(1099)	1998 (1982-1993)	258	43
Noel	(1100)	2001 (1980-1998)	413	37
Collective reviews				
Taylor	(938)	1987	5 Reports	42
Hollier	(939)	1992 (1985-1991)	1040	48
Ernst	(1081)	1993 (1981-1992)	1731	49
Zarins	(973)	1997 (1988-1996)	1618	42
Regional or multicentered studies				
Hertzner (Northeastern Ohio)	(1101)	1984 (1978-1981)	213	33
Johnston (Canadian Aneurysm Group)	(1102)	1994	147	50
Katz (Michigan statewide)	(1086)	1994 (1980-1990)	1829	50
Kazmers (Veterans Affairs)	(1087)	1996 (1991-1993)	268	47
Wen (Ontario Aneurysm Study)	(1088)	1996 (1988-1992)	1203	40
Kantonen (Finland Vascular Registry)	(1089)	1997	454	46
Bradbury (Edinburgh Vascular Registry)	(1090)	1998 (1976-1996)	673	37
Manheim (California statewide)	(1091)	1998 (1982-1994)	7327	48
Axelrod (Veterans Affairs)	(949)	2001	52	31
Kazmers (Veterans Affairs)	(1095)	2001 (1991-1995)	427	46
U.S. hospital databases				
Lawrence (National Hospital Discharge Survey)	(1075)	1999 (1994)	6623	68
Heller (National Hospital Discharge Survey)	(1076)	2000 (1979-1997)	67 751	46
Dimick (National Inpatient Sample)	(1078)	2002	13 887	47

The clinical variables that significantly influence the mortality rate for ruptured aneurysm repair generally reflect a sudden loss of blood volume, as well as the physiological resilience of individual patients to withstand such a catastrophe. These include a low initial hematocrit, hypotension that requires resuscitation, cardiac arrest, a high APACHE (Acute Physiological And Chronic Health Evaluation) score, and advanced age (1097,1100,1101,1103-1105). In comparison, certain patient demographics and organ-specific factors take precedence over hemodynamic instability in the determination of the surgical risk for elective repair of intact aneurysms. Some of these considerations are listed below.

*Age.* Not surprisingly, higher patient age has been shown to be directly related to higher operative mortality rates in typical case series (1058,1060), collective reviews (1106), regional or statewide audits (1086,1092), and the UK Small Aneurysm Trial (1107). Although the operative mortality rate for urgent repair of ruptured aortic aneurysms is no higher among octogenarians than in younger patients (1099,1108), the results of 2 relatively large series indicate that the mortality rate for elective aneurysm repair in octogenarians is only slightly less than 10% (1108,1109). These findings also are supported by data from the NHDS (1075,1076) and the Nationwide Inpatient Sample (1077). Nevertheless, the mortality rate for elective operations is so much lower than for ruptured aneurysms that octogenarians should not be dismissed as surgical candidates merely on the basis of their age, provided their aneurysms are sufficiently large by contemporary standards to justify intervention (1108-1110).

*Gender.* Patient gender did not influence early mortality or late survival rates in series of approximately 600 patients from the Canadian Aneurysm Group (1102) or the Cleveland Clinic (1060), but this experience is far from universal. According to larger, population-based data sets in Michigan (1086); Maryland (1092); and Ontario, Canada (1088), the mortality rate for elective aneurysm repair may be as much as 50% higher among women and appears to be higher than in men for ruptured aneurysm repair (1076,1099,1100).

*Race.* Patient race has not been found to be an independent predictor of early mortality after elective aneurysm repair in the VA system (1111), but another large database from the NHDS suggests that the elective mortality rate is significantly higher among blacks (1076). Similarly, Dardik *et al.* found that the elective mortality rate for blacks (6.7%) was higher than the comparable figure for other races (3.2%, *p* equals 0.046) in the state of Maryland during the early 1990s (1092).

*Organ-Specific Risk Factors.* Reports (1068,1076,1077) have confirmed the conclusions of countless previous studies that the mortality rate for elective aneurysm repair is closely related to the presence of preoperative cardiac risk factors and the severity of pre-existing renal impairment. In comparison, COPD is associated with increased morbidity, the need for prolonged ventilatory support, and longer lengths of

stay in the hospital but has been shown not to be a predictor of operative mortality (949).

*Volume/Outcome Relationship.* During the past 15 years, a growing number of studies have demonstrated an inverse relationship between the mortality rate for aortic aneurysm repair and both the annual hospital volume and the experience of individual surgeons with these procedures. Representative data showing these relationships for intact and ruptured aneurysms are summarized in Table 51. Other studies have reconfirmed these observations with respect to hospital volume (1094,1111), surgeon experience (1089), or both (1112). Manheim *et al.* (1091) and Dimick *et al.* (1078) have estimated that the operative mortality rate for elective aneurysm repair is reduced by approximately 50% in high-volume hospitals in the United States, and Wen *et al.* (1088) have calculated that there is a 6% reduction in the relative odds for death with every 10 additional elective cases that are added to the annual hospital volume in Ontario, Canada. Pearce *et al.* (1093) discovered that a doubling of the annual surgeon volume was associated with an 11% reduction in the relative risk for death after aortic aneurysm repair in Florida, and Dardik *et al.* (1092) have determined that hospital charges are significantly lower in conjunction with the repair of either intact or ruptured aortic aneurysms by high-volume surgeons in Maryland.

5.2.6.1.4. LATE SURVIVAL RATES. Representative late survival rates after open surgical repair of intact and ruptured AAAs are summarized in Table 52. Five-year survival rates after intact aneurysm repair generally have ranged from 60% to 75%, with 10-year survival rates of approximately 40% to 50%. Several other studies (1085,1095,1102,1114,1115) have determined that the long-term mortality rate is substantially higher after ruptured aneurysm repair even among operative survivors, possibly because some of these patients may have serious medical comorbidities that discouraged earlier elective intervention for their aneurysms. Several risk factors have been shown to be significant in more than 1 of these studies, including advanced age, ischemic heart disease manifested by congestive heart failure or electrocardiographic evidence of myocardial ischemia, an elevated serum creatinine level, COPD, and cerebrovascular disease (1057,1068,1085,1095,1102,1116).

5.2.6.1.5. LATE GRAFT COMPLICATIONS. Late graft complications (e.g., aortic pseudoaneurysms, graft infections and/or enteric fistulas, and graft limb occlusions) are exceedingly unusual after open aortic aneurysm repair. Hallett *et al.* (1120) reported graft-related complications in only 9.4% of a population-based series of 307 patients who underwent open aneurysm repair at the Mayo Clinic between 1957 and 1990, which included anastomotic pseudoaneurysms in 3.0%, graft thrombosis in 2.0%, enteric fistulas in 1.6%, and graft infections in 1.3%. In another long-term study that included a substantial number of aortofemoral grafts, Biancari *et al.* (959) calculated survival rates free from graft complications of

**Table 51.** Volume/Outcome Relationships for Open Aortic Abdominal Aneurysm Repair

First Author	Reference	Year (Study Period)	No. of Patients	Overall Mortality Rate (%)	Annual Volume	
					Hospital	Surgeon
Intact aneurysms Hertzer (Northeastern Ohio)	(1101)	1984 (1978-1981)	840	6.50	NA	Low: 4.7%; medium: 16%; high: 2.9% ( <i>p</i> less than 0.001)
	(1113)	1990	279	NA	Low: 11%; high: 4.8% ( <i>p</i> equals 0.05)	NA
Hannan (New York statewide)	(1084)	1992 (1982-1987)	6042	7.60	Low: 12%; medium: 6.8%; high: 5.6%	Low: 11%; medium: 7.3%; high: 5.6%
Katz (Michigan statewide)	(1086)	1994 (1980-1990)	8185	7.50	Low: 8.9% High: 6.2% ( <i>p</i> less than 0.001)	NA
Kazmers (Veterans Affairs)	(1087)	1996 (1991-1993)	3419	4.90	Low: 6.7%; high: 4.2% ( <i>p</i> less than 0.05)	NA
Dardik (Maryland statewide)	(1092)	1999 (1990-1995)	2335	3.50	Low: 4.3%; medium: 4.2%; high: 2.5% ( <i>p</i> equals 0.08)	Very low: 9.9%; low: 4.9%; medium: 2.8%; high: 2.9%
Ruptured aneurysms Hertzer (Northeastern Ohio)	(1101)	1984 (1978-1981)	213	33	NA	Low: 32%; medium: 39%; high: 27% ( <i>p</i> equals NS)
	(1113)	1990	165	NA	Low: 73%; high: 52% ( <i>p</i> equals 0.03)	NA
Katz (Michigan statewide)	(1086)	1994 (1980-1990)	1829	50	Low: 54%; high: 46% ( <i>p</i> equals 0.0026)	NA
Dardik (Maryland statewide)	(1092)	1999 (1990-1995)	527	47	Low: 46%; medium: 49%; high: 47% ( <i>p</i> equals NS)	Low: 51%; medium: 47%; high: 36% ( <i>p</i> equals 0.05)

NA indicates not available; NS, not significant.

**Table 52. Late Survival Rates After Open Aortic Abdominal Aneurysm Repair**

First Author	Reference	Year	No. of Patients	Survival Rates				
				1 Year	3 Years	5 Years	10 Years	Other
Intact aneurysms								
Case series								
Crawford	(1061)	1981	816			63%	38%	15 y: 18%
Hertzner	(955)	1987	236			72%		
Hallett	(1056)	1993	130			61%		
Stonebridge	(1117)	1993	311					8 y: 45%
Soisalon-Soininen	(1114)	1995	706			67%		
Cho	(1115)	1998	116	97%		74%	43%	8 y: 69%
Aune	(1058)	2001	Younger than age 66 y: 118 66 y or older: 333 Total: 451				8 y: 47%	15 y: 18%
Biancari	(959)	2002	208					
Hertzner	(1068)	2002	1135	94%	67%	39%	49%	
Menard	(1080)	2003	Low risk: 444 High risk: 128 Total: 572		68%	75%		
					74%			
					46%			
Collective reviews or multicenter studies								
Ernst (collective review)	(1081)	1993	3226	92%		67%	40%	
Johnston (Canadian Aneurysm Group)	(1085)	1994	680	91%	81%	68%		6 y: 60%
Feinglass (Veterans Affairs)	(1116)	1995	280	89%		64%		
		1995	280	89%		64%		
Koskus (French AURC)	(1057)	1997	794	94%	84%	67%		
Norman (collective review)	(1118)	2001	32 Reports		70%			
Ruptured aneurysms								
Case series								
Stonebridge	(1117)	1993	227				8 y: 40%	
Soisalon-Soininen	(1114)	1995	Operative survivors: 364		60%			
Cho	(1115)	1998	Operative survivors: 116	86%		64%	33%	
Evans	(1119)	1999	Operative survivors: 115	88%		59%	26%	
Collective reviews or multicenter studies								
Johnston (Canadian aneurysm study)	(1102)	1994	147				6 y: 22%	

AURC indicates Association for Academic Research in Vascular Surgery.

94% at 5 years, 88% at 10 years, and 74% at 15 years. Only 2.9% of the patients in that series developed aortic pseudoaneurysms, and the higher rates of distal anastomotic pseudoaneurysms (8.7%) and graft limb occlusions (5.3%) that occurred in the series almost certainly were related to the fact that the majority (55%) of the replacement grafts extended below the inguinal ligament. Hertzner *et al.* (1068) reported a modern series of 1135 open aneurysm procedures that were collected from 1989 through 1998, were performed with monofilament suture material, and included relatively few aortofemoral grafts (5%). Only 0.4% of these patients have required reoperations for graft complications.

### 5.2.6.2. Juxtarenal, Pararenal, and Suprarenal Aortic Aneurysms

Aneurysms involving the upper abdominal aorta generally are classified according to their relationship to the renal arteries. Juxtarenal aneurysms arise distal to the renal arteries but in very close proximity to them; pararenal aneurysms involve the origin of 1 or both renal arteries; suprarenal aneurysms encompass the visceral aortic segment containing the superior mesenteric and celiac arteries, and specifically are termed type IV thoracoabdominal aneurysms if they extend upward to the crus of the diaphragm (1121). Open repair of juxtarenal or pararenal aortic aneurysms may be accomplished through a midline transabdominal incision with or without medial visceral rotation of the spleen, the pancreas, and sometimes the left kidney, depending on the preference of the surgeon. These aneurysms also can be repaired with a thoracoretroperitoneal approach, which almost always is necessary for type IV thoracoabdominal aneurysms. Irrespective of the incision that is used for their exposure, the principal technical consideration that is common to most of these aneurysms is that they require a period of aortic cross-clamping above the renal arteries.

**5.2.6.2.1. EARLY MORTALITY AND COMPLICATION RATES JUXTARENAL AORTIC ANEURYSMS.** Juxtarenal aneurysms represent the only exception to the requirement for suprarenal aortic cross-clamping, because some of these aneurysms are associated with an adequate cuff of relatively normal aorta for proximal control just below the renal arteries. This is not always evident on preoperative imaging because of angulation of the aorta or superimposition of the aneurysm over the infrarenal cuff (1121). Even when suprarenal cross-clamping is required, it is only for the period of time that is necessary to construct the proximal anastomosis of the replacement graft near the uninvolved renal arteries. This feature undoubtedly accounts for the observation that operative mortality and morbidity rates for juxtarenal aortic aneurysms are higher than those for standard infrarenal aneurysms but lower than those for aneurysms that extend above the renal arteries. Taylor *et al.* encountered no postoperative deaths after juxtarenal aneurysm repair, but 7% of their patients experienced at least transient renal failure (1013). In a series of 53 juxtarenal aneurysms and 376 infrarenal aneurysms,

Ayari *et al.* reported early mortality rates of 11% and 3% ( $p$  less than 0.01) and morbidity rates of 51% and 26% ( $p$  less than 0.01), respectively (1122). Faggioli *et al.* described a series of 50 juxtarenal or pararenal aneurysms in which the operative mortality rate of 12% was significantly worse ( $p$  less than 0.02) than the comparable figure for all infrarenal aneurysm procedures that were done at the same center (1123).

**Pararenal/Suprarenal and Type IV Thoracoabdominal Aortic Aneurysms.** Selected but representative data regarding the operative mortality and complication rates for all upper AAAs involving the renal arteries are presented in Table 53. In aggregate, the mortality for elective repair of type IV thoracoabdominal aneurysms is approximately twice as high as that for pararenal or “low” suprarenal aneurysms. All of these aneurysms share the requirement for suprarenal aortic cross-clamping and usually for additional reconstruction of the left renal artery, either by reimplantation or with the use of an independent renal artery graft that originates from the aortic prosthesis. Accordingly, a period of renal ischemia is unavoidable unless continuous kidney perfusion is used, and for this reason, postoperative renal insufficiency is the most common organ-specific complication that is generic to the repair of any aortic aneurysm arising at or above the level of the renal arteries. A transient elevation in the serum creatinine can be expected in 20% to 30% of these patients, with temporary hemodialysis support being necessary in 3% to 15%. Fortunately, however, permanent renal failure generally has been reported in fewer than 5% of patients. The risk of spinal cord ischemia with paraplegia is less than 5% for type IV thoracoabdominal aneurysms but otherwise is distinctly uncommon.

The operative mortality rate for aneurysms that involve the upper abdominal aorta has been shown to be related to patient age and the presence of coronary artery disease (1123), as well as to whether the aneurysm extends to the level of the diaphragm and/or requires urgent rather than elective surgical treatment (1133). The risk for postoperative renal insufficiency can be correlated with the severity of intrinsic renal artery disease and the extent of revascularization that is necessary to correct it, particularly when both renal arteries require additional reconstruction (1124,1125).

**5.2.6.2.2. LATE SURVIVAL RATES.** According to the data that are available, the late survival rate after repair of juxtarenal, pararenal, or suprarenal aortic aneurysms may be slightly lower than after operations for infrarenal aortic aneurysms. Schwartz *et al.* (1131) and Martin *et al.* (1133) have reported 5-year survival rates of 50%, whereas the 5-year survival rate was only 40% in the series described by Faggioli *et al.* (1123).

**Table 53.** Operative Mortality and Postoperative Complication Rates for Open Repair of Pararenal, Suprarenal, and Type IV Thoracoabdominal Aortic Aneurysms

First Author	Reference	Year (Study Period)	No. of Patients	Mortality Rate (%)	Postoperative Complication Rates (%)		
					Renal	Paraplegia	Other
Pararenal or suprarenal Qvarfordt	(1124)	1986	77	1.3	Transient: 23 Dialysis: 2.5	NA	5
	(1125)	1993 (1985-1992)	53	3.8	Transient: 23 Dialysis: 5.7	NA	NA
Faggoli	(1123)	1998	50	12	NA	NA	NA
Jean-Claude	(1126)	1999 (1977-1997)	257	5.8	Transient: 30 Sustained: 9.3 Dialysis: 7.0	0.4	31
Anagnostopoulos	(1127)	2001 (1986-1999)	65	0	Total: 42 Dialysis: 9.2 Permanent: 1.5	0	NA
Type IV thoracoabdominal Crawford	(1121)	1986 (1960-1985)	145	4.8	Dialysis: 5.5	2.1	NA
	(1128)	1992 (1966-1991)	42	Total: 31 Elective: 12 Urgent: 55	NA	Total: 11 Elective: 4.3 Urgent: 20	NA
Svensson	(1129)	1993 (1960-1991)	346	5.8	Total: 22	4.3	NA
Coselli	(1130)	1995 (1984-1993)	35	14 (reoperations)	None permanent	2.9	NA
Schwartz	(1131)	1996 (1977-1994)	58	5.3	Transient: 31 Sustained: 28 Dialysis: 8.8 Permanent: 1.9	1.8	42
Dunning	(1132)	1999 (1995-1998)	26	12	Dialysis: 3.8	3.8	42
Martin	(1133)	2000 (1989-1998)	165	Total: 11 Elective: 7.2 Urgent: 22	Transient: 19 Dialysis: 14 Permanent: 3.0	3.6	56

NA indicates not available.

## 5.2.7. Endovascular Aortic Aneurysm Repair

### 5.2.7.1. Introduction

The technique of transfemoral catheter-based repair of infrarenal AAAs was first reported by Parodi *et al.*, originally as an alternative for the management of patients whose medical comorbidities made them poor candidates for conventional surgical treatment (1134). A variety of proprietary stent grafts and delivery systems now have been used for more than a decade throughout the world, 4 of which presently have market approval by the FDA and remain commercially available in the United States. Open exposure of the common femoral arteries conventionally is used for sheath placement in most patients, and extraperitoneal incisions occasionally are necessary to construct temporary access conduits to 1 or both iliac arteries if the external iliac arteries are too small or tortuous for transfemoral cannulation. Endovascular AAA repair can avoid a major transabdominal procedure, can be performed under regional or even local anesthesia, and clearly represents a major advance in the management of patients with AAA who have severe cardiopulmonary disease or other risk factors, such as advanced age, morbid obesity, or a hostile abdomen from multiple previous operations. Once its feasibility had been demonstrated in such patients, however, endovascular repair also has been offered at many centers to low- or average-risk patients who have no particular contraindications to conventional surgical treatment. This has resulted in a distinct shift in the paradigm for management of infrarenal aortic aneurysms in some geographic areas during a relatively short period of time. According to statewide data from New York, for example, 53% of patients who underwent AAA repair received endografts in 2002 compared with 40% in 2001 (1135).

Driven by necessity and a competitive medical marketplace, the design of aortic stent grafts has passed through several iterations. Most contemporary stent grafts are supported by a metallic skeleton that is secured to the fabric of the graft during the manufacturing process to maintain linear stability once the device has been implanted and to avoid kinking that can result in graft limb occlusion with unsupported grafts. To better accommodate the aortoiliac anatomy and facilitate graft deployment, the majority of modern endografts also are modular in construction. Thus, the aortic stem and a contiguous iliac limb are inserted through 1 femoral artery, with the opposite iliac limb then being positioned by a separate delivery system through the contralateral femoral artery. The absence of an adequate length of relatively normal aorta below the renal arteries historically has excluded patients from consideration for endovascular repair because of the high risk for proximal attachment failure, graft migration, and endoleak.

In an attempt to overcome the risk of distal migration and proximal attachment failure, a growing number of new devices now incorporate barbed hooks that are sufficiently long to secure the metallic frame of the stent graft to the visceral segment of the aorta above the renal arteries. Better

graft stability with a transrenal attachment will likely improve results but does not necessarily mean that patients with aneurysms with shorter necks can be treated, because the proximal seal of the endovascular graft continues to be infrarenal in all currently approved devices. In aggregate, modular externally supported bifurcation endografts are more widely applicable, less prone to migrate from their sites of attachment, and more likely to remain patent than was the case with the first generation of unsupported endografts only a few years ago. Some aspects of endovascular aneurysm repair remain problematic, however, and will require further refinements in the future. In addition to the vexing problem of metal fatigue (1136,1137), these include anatomic limitations, intrasac endoleaks, graft occlusion, and aortic neck expansion.

5.2.7.1.1. ANATOMIC LIMITATIONS. Even with suprarenal fixation of its metallic exoskeleton, the fabric component of an endograft obviously cannot be permitted to overlap the origins of the renal arteries. Accordingly, at least 1 cm of proximal aortic cuff (1.5 cm for commercially available grafts) presently is optimal for elective endograft repair below the renal arteries. For devices without a suprarenal fixation device, the optimum infrarenal aortic diameter at the time of this writing is 25 mm or less, and for devices with a suprarenal fixation component, it is 28 mm or less. Because of the inflexibility of externally supported grafts, this segment of the aorta must not be severely angulated. This requirement may impose a gender bias in patient selection, because in addition to the fact that their small external iliac arteries often present problems with respect to vascular access, women also appear to have a higher prevalence of short, angulated aneurysm necks than men (1138,1139). Considering all of these criteria, Carpenter *et al.* reported that a disproportionate number of women were excluded from endograft repair because of anatomic limitations (60% of women vs. 30% of men;  $p$  equals 0.0009) (1140). Becker *et al.* (1141) also found that significantly fewer women qualified for endovascular aneurysm repair (26% of women vs. 41% of men), and Mathison *et al.* (1142) were forced to abandon more attempted endograft procedures in women (17%) than in men (2.1%;  $p$  less than 0.01). Wolf *et al.* described comparable eligibility rates for endograft repair in women (49%) and in men (57%), but the women in that series had a higher incidence of intraoperative complications than men (31% vs. 13%,  $p$  less than 0.05) and required more adjunctive arterial reconstructions (42% vs. 21%,  $p$  less than 0.05) to correct those complications (1143).

5.2.7.1.2. INTRASAC ENDOLEAKS. Endoleaks represent sources of continued blood flow into the excluded aneurysm sac and are of such importance that they justified a consensus conference of experts in endovascular aneurysm repair in 2000 (1144). Type I endoleaks are caused by incompetent proximal or distal attachment sites, produce high intrasac pressure that can lead to rupture, and should be repaired with intraluminal extender cuffs or conversion to an open proce-

ture as soon as they are discovered. Type II endoleaks are the result of retrograde flow from branch vessels (e.g., lumbar arteries and the inferior mesenteric artery), occur in as many as 40% of patients at some point in time after endograft implantation, and often may be corrected by selective arterial catheterization and therapeutic embolization. More than half of all type II endoleaks will seal spontaneously, however, and although isolated examples of aneurysm rupture on the basis of persistent type II endoleaks have been reported (1145,1146), they do not yet appear to influence the risk for rupture during 18 to 36 months of surveillance in large series of patients (1147,1148). If an intervention is necessary for the few type II endoleaks that persist or are associated with aneurysm expansion, therapeutic embolization of feeding branches through a translumbar approach to the aneurysm sac has been successful. Type III endoleaks are caused by midgraft defects from fabric tears or the junctional disruption of modular graft components, especially if these components become buckled as the excluded aneurysm sac shrinks and foreshortens. Type III endoleaks are considered to have the same potential for delayed aneurysm rupture as type I endoleaks and therefore should be repaired promptly at the time of their discovery. Type IV endoleaks are the result of high graft porosity and diffuse leakage through its interstices, usually occur within 30 days of implantation, and are rare compared with the frequency of other endoleaks. Finally, the term “endotension” has been applied to those circumstances in which the excluded sac continues to enlarge and appears to remain pressurized despite the absence of any visible endoleaks on contrast-enhanced computed tomographic scans.

In summary, it is largely because of the uncertainties related to intrasac endoleaks that clinical investigators and the FDA consider follow-up imaging to be mandatory every 6 to 12 months for any patient whose aortic aneurysm is treated with an endovascular stent graft (1144,1149). If persistent endoleaks or continued aneurysm expansion is demonstrated, further studies are necessary to determine the cause. Perhaps the most active area of current interest in this regard is related to the management of type II endoleaks, largely because of the frequency with which they occur and both the inconvenience and expense of their treatment. According to European collaborators registry on stent-graft techniques for abdominal aortic aneurysm repair (EUROSTAR) data for follow-up intervals as long as 6 years, the presence of type II endoleaks has not been associated with a significant incidence of any adverse clinical events other than the secondary interventions that are performed at the discretion of the attending physicians (1150). Similar findings have led Steinmetz *et al.* to conclude that selective intervention should be considered only for type II endoleaks that have persisted for at least 6 months on serial noninvasive imaging (1151).

**5.2.7.1.3. GRAFT OCCLUSION.** Occlusion of the iliac limbs of bifurcation endografts was not uncommon with early devices, occurring in 10% of some series (1152). After finding that further intraluminal stenting was necessary to elimi-

nate torsion or kinking in 36% of all unsupported grafts, Amesur *et al.* adopted the use of routine intraoperative intravascular ultrasonography to identify these potential problems and to correct them before thrombosis occurred (1153). Graft occlusion may become a less frequent complication in the future, because the stability of a metallic skeleton tends to prevent the kinds of graft distortion that can lead to subsequent thrombosis. Although Baum *et al.* encountered limb kinking in a total of 12% of grafts in their series, they were able to document this finding in only 5% of externally supported grafts compared with 44% of unsupported grafts (1154). In a multicenter study of 242 unsupported bifurcation endografts that were implanted from 1995 through 1998, Fairman *et al.* reported an overall primary patency rate of 62% at a mean follow-up interval of 31 months (1155). The primary-assisted and secondary patency rates for this series were 94% and 97%, however, because of successful intraoperative (28%) or postoperative (12%) graft limb interventions that were necessary in 40% of the 242 patients.

**5.2.7.1.4. AORTIC NECK EXPANSION.** Endograft migration from the proximal attachment site has been reported in a wide range of 1.5% to 16% of patients (1024,1156,1157). One of the factors that could lead to graft migration or delayed type I endoleaks is further expansion of the proximal aorta, a finding that Makaroun *et al.* have documented by serial imaging studies in 13% of patients at 1 year after endovascular aneurysm repair, in 21% at 2 years, and in 19% at 3 years (1158). According to Matsumura *et al.*, the mean increase in aortic neck diameter after endografting is 0.7 plus or minus 2.1 mm at 1 year and 0.9 plus or minus 1.9 mm at 2 years (1159). Even when device diameters are purposefully oversized by as much as 20% in an attempt to accommodate future aortic neck expansion, Connors *et al.* have found that endograft migration still can occur (1157). The implications of these observations are a source of some concern, but the maximum follow-up period of approximately 3 years for most reported endograft series is too short for their influence on late clinical outcomes to be known.

#### **5.2.7.2. Preoperative Cardiac Evaluation**

The preoperative cardiac evaluation before endovascular aneurysm repair may be dictated by patient selection, because severe cardiac disease already will have been documented in many patients who are treated at centers where endografting is restricted to high-risk cases. Perhaps for this reason, relatively little published information is available on this topic. In an unselected series of 83 endovascular and 63 open repairs in patients who had an identical number of Eagle Criteria risk factors, de Virgilio *et al.* found no differences in the incidence of postoperative cardiac events (6% and 4.8%, respectively) or mortality rates (3.6% and 4.8%, respectively) (1160). Among patients who received endografts, the only predictors of cardiac events were a history of congestive heart failure ( $p$  equals 0.005) or the presence of a Q wave on the preoperative electrocardiogram. More recent-

ly, Aziz *et al.* have reported that perioperative cardiac events were associated with certain Eagle risk factors, such as age 70 years or older ( $p$  equals 0.026) and a history of either MI ( $p$  equals 0.024) or congestive heart failure ( $p$  equals 0.001), after aortic endografting in 365 patients (1161). Moreover, the lack of preoperative beta-blockade was associated with a higher risk for perioperative events in this nonrandomized series ( $p$  equals 0.007).

At least one study appears to confirm the intuitive impression that endografting should have less cardiac risk than a major transabdominal operation. In a concurrent series of 71 open and 49 endovascular aneurysm repairs, Cuypers *et al.* found that endovascular procedures were associated with a higher intraoperative cardiac index ( $p$  less than 0.01) and a lower intraoperative stroke work index ( $p$  equals 0.04) than open procedures (1162). Although the number of adverse cardiac events was comparable, postoperative electrocardiograms and transesophageal echocardiograms revealed significantly more evidence of myocardial ischemia after open operations (57% vs. 33% after endograft repair;  $p$  equals 0.01). On the basis of admittedly incomplete data, elective endovascular aortic aneurysm repair in unselected patients probably should be considered as an “intermediate or low surgical risk procedure” according to the previous ACC/AHA guideline update for perioperative cardiovascular evaluation for noncardiac surgery (484).

### 5.2.7.3. Early Mortality and Complication Rates

Table 54 contains representative data regarding the procedural mortality rate for endovascular aneurysm repair, the incidence of early endoleaks, and the risk for immediate conversion to an open operation. This information has been collected from case series, from FDA- and industry-sponsored device trials in the United States, and from EUROSTAR, a cooperative archive for endograft data that are submitted voluntarily by nearly 60 participating centers. The study periods for the references that are cited in Table 54 help to identify the generation of devices that were under investigation, and they also provide points of reference during an era in which rapid advances in technology tend to make the preceding iteration of stent grafts and delivery systems obsolete as soon as new devices are introduced. With the exception of the specific device trials, most of these reports describe results with a wide variety of proprietary endografts, each of which appears to be associated with a declining complication rate after sufficient experience has been accumulated with its use at individual centers (1141,1163-1166). Data regarding volume/outcome relationships are not yet available for endovascular aneurysm repair.

The early mortality rate for endograft repair generally has been less than 3%, but May *et al.* (1165) have shown this to be substantially lower than the mortality rate for a concurrent series of open procedures. The comparative safety of endograft repair is difficult to assess, however, because it often is difficult to determine from published reports whether aortic stent grafts were offered only to high-risk surgical patients or

to a mix of high-, average-, and low-risk patients. Using a scoring system for preoperative risks that ranged from zero (low) to 3 (high) in a large series of 305 patients, Becker *et al.* (1141) calculated the mortality rates for endovascular repair to be 2.5%, 0.8%, 3.4%, and 6.5%, respectively. Several EUROSTAR studies have demonstrated that both early mortality rates and nonfatal complication rates were significantly higher among patients who were deemed to be unfit for open repair or general anesthesia (1163,1166,1192), as well as among those who needed adjunctive procedures in addition to the placement of an aortic stent graft (1163). Walker *et al.* also found significant differences between mortality rates for endovascular repair in high- and low-risk patients (16% vs. 3.7%,  $p$  equals 0.02) (1193). Consequently, the perceived margin of safety for endovascular aneurysm repair in truly high-risk candidates may be slightly overestimated by results from nonuniform patient populations. Irrespective of case mix, however, the comparatively low early mortality rate for endograft repair of aortic aneurysms in New York State deserves close attention. According to data reported by Anderson *et al.*, the mortality rate for endograft procedures was significantly lower than for open procedures in New York during both 2001 (1.1% vs. 3.6%,  $p$  equals 0.0018) and 2002 (0.8% vs. 4.2%,  $p$  less than 0.0001) (1135).

Immediate conversion to an open operation presently is necessary in only 1% of patients, and approximately half of all early endoleaks appear to resolve spontaneously within a period of 30 days. Several reports have indicated that endovascular procedures have fewer early complications than open operations, require less intensive care, and are associated with correspondingly shorter lengths of stay in the hospital (1194-1196). Nevertheless, these and other studies (1197-1199) also have suggested that the total costs of endovascular repair probably exceed those for open repair, especially when the expense of subsequent follow-up imaging, further intervention, and secondary hospital admissions is added to the base cost (\$6000 to \$12 000 US) of most endografts. Despite its shorter length of stay and an earlier return to normal activity, aortic endografting does not appear to be associated with superior late functional outcome or longer quality-adjusted life expectancy than open surgical treatment (1200,1201).

### 5.2.7.4. Late Survival and Complication Rates

Representative data regarding late survival rate and the incidence of aneurysm rupture, delayed or persistent endoleaks, and endograft reinterventions are provided in Table 55. The follow-up interval is 3 years or less for much of the information in Table 55, and the methods that were used to calculate outcomes (*i.e.*, crude vs. cumulative) are inconsistent. In addition, according to a 1999 report (1202), only 45% of the expected 18-month follow-up results for the first 899 aortic endografts in the EUROSTAR experience had been submitted to its central registry office. The current acquisition rate for this database is not known.

**Table 54.** Representative Early Results for Endovascular Repair of Infrarenal Aortic Abdominal Aneurysms

First Author (Study/Sponsor)	Reference	Year (Study Period)	No. of Patients	Immediate Open Conversion (%)	Postoperative Complication Rates (%)		
					Total	Persistent	Procedural Mortality Rate (%)
Case series							
Blum	(1167)	1997 (1994-1996)	295	1.7	8.1	NA	0.7
Stelter	(1152)	1997 (1994-1997)	201	2	9	NA	3.5
May	(1168)	1998 (1992-1996)	Endo: 108 Open: 195	12	14	11	5.6 5.6
Amesur	(1169)	1999 (1996-1998)	54	NA	39	13	NA
Becquemini	(1170)	2000 (1995-1999)	Endo: 73 Open: 195	None	23	9.6	2.7 2.8
Chuter	(1164)	2000 (1996-1999)	High risk: 116	None	NA	10	1.7
Zarins	(1171)	2000 (1996-2000)	149	1.30	36	18	1.3
Blum	(1172)	2001 (1994-2001)	1994-1996: 111 1996-1997: 159 1998-2001: 28	3.6 0.6 None	14 3.1 11	NA NA NA	Total: 8.1
Becker	(1141)	2001 (1994-2001)	305	1.30	23	17	2.6
Fairman	(1173)	2001 (1998-1999)	75	None	44	20	0
Holzenbein	(1174)	2001	173	1.2	4.6 (Type I)	NA	2.8
Howell	(1175)	2001	215	None	42	11	0
Mathison	(1142)	2001 (1994-2000)	305	1.3	23	NA	2.6
May	(1165)	2001 (1995-1998)	Endo: 148 Open: 135	0.7	6.8	5.4	2.7 5.9
Sicard	(1176)	2001 (1997-2000)	Endo: 260 Open: 210	0.8	13	3	1.9 2.9
Abraham	(1146)	2002 (1998-2001)	116	None	15	11	0.9
Dattilo	(1177)	2002 (1994-2000)	362	1.40	NA	NA	1.5
Sampram	(1178)	2003 (1996-2002)	703	NA	NA	NA	1.7
Ouriel	(1179)	2003 (1996-2002)	606 Men 98 Women	NA NA	NA NA	NA NA	1.3 3.1
Shames	(1180)	2003 (1999-2001)	302 Men 42 Women	0.5 14	NA NA	NA NA	1.5 2.3
Anderson (New York State)	(1135)	2004 (2000-2002)	Endo: 1706 Open: 3063	NA	NA	NA	1.1 4.0

*Continued on Next Page*

Table 54. *Continued*

First Author (Study/Sponsor)	Reference	Year (Study Period)	No. of Patients	Immediate Open Conversion (%)	Postoperative Complication Rates (%)		
					Total	Persistent	Procedural Mortality Rate (%)
Device trials							
Moore (Endovascular Technologies)	(1181)	1996 (1993-1994)	46	15	44	21	0
Coppi (Stentor, Mintec)	(1182)	1998 (1995-1996)	66	6.10	6.1	3	1.5
Matsumura (Endovascular Technologies)	(1159)	1998 (1993-1995)	68	13	47	24	0
Becquemini (Vanguard, Boston Scientific)	(1183)	1999 (1996-1997)	75	None	31	9.3	0
Zarins (AneuRx, Medtronic)	(1184)	1999 (1996-1997)	Endo: 190 Open: 60	None	21	8.9	2.6 0
Zarins (AneuRx, Medtronic)	(1185)	2000 (1997-1998)	425	1.20	Centers: 38; core lab: 50	13	1.4
Beebe (Vanguard, Boston Scientific)	(1186)	2001 (1997-1998)	Endo: 268 Open: 98	1.90	5.70	2.7	1.5 3.1
Greenberg (Zenith, Cook)	(1156)	2001 (1995-2000)	528	0.80	16	5.5	0.2
Faries (Talent, Medtronic/AVE-Worldmedical)	(1187)	2002 (1999-2001)	368	1.10	12	4.8	1.9
Matsumura (Excluder; WL Gore & Associates)	(1188)	2003 (2000-2002)	Endo: 235 Open: 99	None	22	17	0.9 0
EUROSTAR							
Buth	(1163)	2000 (1994-1999)	1554	1.70	16	0.9	2.6
Harris	(1189)	2000 (1996-2000)	2464	1.30	17	8.3	3.2
Vallabhaneni	(1190)	2001 (1994-2000)	2812	NA	NA	NA	2.9
Buth	(1166)	2002 (1996-2001)	3075	1.70	17	NA	2.5
Peppelenbosch	(1191)	2004 (1996-2002)	1962 (4.0 cm to 5.4 cm) 1528 (5.5 cm to 6.4 cm) 902 (over 6.4 cm)	1.1 1.4 2.3	3.7 (Type I) 6.8 (Type I) 9.9 (Type I)	NA NA NA	1.6 2.6 4.1

EUROSTAR indicates European collaborators; registry on stent-graft techniques for abdominal aortic aneurysm repair; NA, not available.

**Table 55.** Representative Late Results for Endograft Repair of Infrarenal Abdominal Aortic Aneurysms

First Author (Study/Sponsor)	Reference	Year (Study Period)	No. of Patients	Aneurysm Rupture	Late Endoleaks	Endograft Reinterventions		Survival Rate
						Endo	Open	
Case series								
Stelter	(1152)	1997 (1994-1997)	201	None	9.50%	11%	10%	NA
May	(1168)	1998 (1992-1996)	Endo: 108 open: 195	None	6.30%	Total 7.4% (median, 29 mo)	NA	
Amesur	(1169)	1999 (1996-1998)	54	None	13%	17%	None	NA
Amesur	(1153)	2000 (1996-1999)	130 Limbs	NA	NA	36% of limbs	None	NA
Becquemini	(1170)	2000 (1995-1999)	Endo: 73; open: 107	4.1%	NA	Total 21% cumulative (1 y)	NA	Endo: 82%; open: 96% (1 y)
Baum	(1154)	2000	Unsupported: 27 limbs; supported: 122 limbs	NA	NA	Unsupported: 44%; supported: 5% ( <i>p</i> less than .001)	NA	NA
Chuter	(1164)	2000 (1996-1999)	High risk: 116	0.9%	7.8%	15%	2.6%	82% (Mean, 16 mo)
Zarins	(1147)	2000 (1996-2000)	149	None		Total 17% (median, 11 mo)		90%
Becker	(1141)	2001 (1994-2001)	305	0.7%	NA	Total 9.8%	70% (5 y)	
Holzenbein	(1174)	2001	173	0.6%	NA	Total 22% (median, 18 mo)	NA	
Howell	(1175)	2001	215	None	12%	Total 10% (maximum, 2 y)	94%	
May	(1165)	2001 (1995-1998)	Endo: 148; open: 135	1.4%	5.4%	4.7%	2.7%	Endo: 96%; open: 85% (3 y)
Ohki	(1203)	2001 (1992-2000)	239	0.8%	8.8%	5.9%	3.8%	78% (Mean, 16 mo)
Sicard	(1176)	2001 (1997-2000)	Endo: 260; open: 210	None	4.2%	2.7%	1.2%	Endo: 91%; open: 86% (3 y)
Abraham	(1146)	2002 (1998-2001)	116	0.9%	4.3%	2.6%	2.6%	NA (mean, 10 mo)
Datillo	(1177)	2002 (1994-2000)	362	0.8%	NA	11%	2.2% Late conversion	NA
Sampram	(1178)	2003 (1996-2002)	703	0.4%	23%	15% (Total)		70% (3 y)
Ouriel	(1204)	2003 (1996-2002)	416 (Size less than 5.5 cm) 284 (Size 5.5 cm or more)	0.2%	1.4% (Type I)	NA	1.4% Conversion	86% (24 mo)
Ouriel	(1179)	2003 (1996-2002)	606 Men; 98 women	Men: 0.3%; women: 1.0%	Men: 30%; women: 35% (12 mo)	NA	8.2% Conversion	71% (24 mo)
Shames	(1180)	2003 (1999-2001)	203 Men; 42 women	None	Men: 11%; women: 21%	Men: 24%; women: 21% (total)		Men: 80%; women 78% (24 mo)

**Table 55. Continued**

First Author (Study/Sponsor)	Reference	Year (Study Period)	No. of Patients	Aneurysm Rupture	Late Endoleaks	Endograft Reinterventions		Survival Rate
						Endo	Open	
Device trials								
Becquemini (Vanguard; Boston Scientific)	(1183)	1999 (1996-1997)	75	1.3%	6.70%	24%	4%	86% (25 mo)
Zarins (AneuRx; Medtronic)	(1184)	1999 (1996-1997)	Endo: 190; open: 60	None	9.00%	5.9%	None	Endo: 96%; open: 97% (1 y)
Zarins (AneuRx; Medtronic)	(1185)	2000 (1996-1999)	1046	0.7% (mean, 16 mo)	NA	NA	NA	NA
Zarins (AneuRx; Medtronic)	(1171)	2000 (1997-1998)	398	0.3%	13% (Centers) 20% (core lab)	4%	2%	95% (18 mo)
Beebe (Vanguard; Boston Scientific)	(1186)	2001 (1997-1998)	Endo: 268; open: 98	None	16% Cumulative (24 mo)	Total 31%; cumulative (24 mo)		Endo: 85%; open: 80% (24 mo)
Zarins (AneuRx; Medtronic)	(1148)	2001 (1996-1999)	1192	0.8%	NA	Total 12%; cumulative (3 y)		86% (3 y)
Faries (Talent; Medtronic/AVE-Worldmedical)	(1187)	2002 (1999-2001)	368	0.5%	4.8% (12 mo)	3%	3%	89% (7.3 mo)
Matsumura (Excluder; WL Gore)	(1188)	2003 (2000-2002)	Endo: 235; open: 99	None	20% (24 mo)	11%	1.7%	Endo: 87%; open: 93% (24 mo)
Zarins (AneuRx; Medtronic)	(1137)	2003 (1996-1999)	1193	1.3%	14%	NA	4.1% Late conversion	62% (4 y)
EUROSTAR								
Cuypers (endoleak study)	(1202)	1999 (1994-1998)	899	NA	26% total 10% persistent	NA	NA	88% (18 mo)
Cuypers (conversion study)	(1205)	2000 (1994-1999)	1871	NA	NA	NA	2.6% overall conversion	NA
Harris	(1189)	2000 (1996-2000)	2464	1% annual	15%	NA	2.1% annual conversion	75% (4 y)
Laheij	(1206)	2000 (1996-1999)	1023	NA	NA	14%	4%	NA
Vallabhaneni	(1190)	2001 (1994-2000)	2464	0.01% annual	NA	NA	2.1% annual conversion	NA
Buth	(1166)	2002 (1996-2001)	3075	0.7%	NA	NA	3.1% conversion	No risk: 88%; high risk: 75% (2 y)
Harris	(1150)	2004 (1996-2003)	4242	1.4%	30% total 10% persistent	Total 22% cumulative (5 y)		80% (5 y)
Peppelenbosch								
	(1191)	2004 (1996-2002)	1962 (4.0 to 5.4 cm); 1528 (5.5 to 6.4 cm); 902 (over 6.4 cm)	0.4% 0.6% 1.8%	5.3% (Type I) 4.9% (Type I) 10% (Type I)	NA NA NA	6.6% conversion 6.8% conversion 14% conversion	84% (5 y) 70% (5 y) 62% (5 y)

Endo indicates endovascular repair; EUROSTAR indicates European collaborators registry on stent-graft techniques for abdominal aortic aneurysm repair; NA not available

5.2.7.4.1. SURVIVAL RATES. Intermediate-term survival rates after endovascular aortic aneurysm repair primarily are influenced by antecedent risk factors, being lowest in series for which high surgical risk was a criterion for patient selection (1164,1170). Again using their scoring system (0 to 3) for stratifying incremental risk, Becker *et al.* (1141) calculated actuarial 1-year survival rates of 98%, 94%, 87%, and 81%, respectively. On the basis of EUROSTAR data, Buth *et al.* found that the cumulative 3-year survival rate was significantly lower for patients who had been deemed unfit for open repair or for general anesthesia than for the remainder of the registry population (68% vs. 83%,  $p$  equals 0.0001) (1166).

5.2.7.4.2. ENDOGRAFT-RELATED COMPLICATIONS. Secondary interventions are common after endovascular aortic aneurysm repair and often are performed within months for limb ischemia, within 1 year for endoleaks, and after 2 years or more for graft migration (1207). Aneurysm rupture is a rare event in most series, possibly because of the recognized importance of serial computed tomography scanning to detect continued aneurysm expansion. Delayed rupture has occurred at a rate of 1% per year in the EUROSTAR population; has been significantly associated with the presence of type I or type III endoleaks, graft migration, or postoperative endograft kinking; and has a postoperative mortality rate of 58% (1189,1190). Persistent and/or delayed endoleaks occur in a wide range of approximately 5% to more than 20% of patients and are the indication for most reinterventions after endografting. Becker *et al.* documented endoleaks in 23% of their series (1141). Nearly half (43%) of these required intervention, whereas the remainder either resolved spontaneously (24%) or remain untreated (31%). Holzenbein *et al.* also reported reinterventions in 22% of their series, of which 46% were performed within 1 year of the index procedure and 74% within 2 years (1174). Ninety percent of these reinterventions were necessary to control endoleaks, whereas the remaining 10% were done to restore endograft patency. Some sources in the United States have found that graft-related complications appear to occur with greater frequency after specific devices that previously were used only in the setting of clinical trials receive market approval by the FDA. The proposed explanation for this finding is that the stringent anatomic criteria that were necessary for inclusion in the clinical trials, especially those concerning the allowable length, diameter, and angulation of the proximal infrarenal neck, may be interpreted more liberally once these devices become commercially available (1208,1209).

Zarins *et al.* have described further aneurysm enlargement after endograft repair in 46 (12%) of the 383 patients who entered the phase II AneuRx clinical trial from 1997 through 1998 (1210). Not surprisingly, patients with aneurysm enlargement were more likely to undergo secondary interventions (21 [46%] of 46 patients) than those with either no change (33 [17%] of 199 patients) or a reduction in postendograft aneurysm size (16 [12%] of 138 patients;  $p$  equals 0.0001). Open surgical conversion was performed in a total of 18 (4.7%) of the 383 patients, including 9 (20%) of the 46

patients who had experienced aneurysm enlargement after their original endograft procedures ( $p$  less than 0.0001). The postoperative mortality rate after open conversion was 33% in these 9 patients. According to EUROSTAR data, the annual incidence of late endograft conversion to an open operation is 2.1%, with a postoperative mortality rate of 24% (1189,1190). Overall, the crude rate of device-related complications submitted to the EUROSTAR registry declined from 22% in 1994 to 7.3% in 2000. Nevertheless, patients who had these complications were nearly 14 times more likely to require conversion procedures and were 2.4 times more likely to die than patients who did not have device-related complications (1211).

Ouriel and associates have made several observations regarding late complication rates in a large series of 703 patients who underwent endovascular repair of AAAs with either investigational or commercially available stent grafts at a single center during a 6-year period of study beginning in 1996 (1204). First, certain complications (i.e., graft limb occlusions, fabric tears, and type II endoleaks) appeared to occur more commonly with some grafts than with others and therefore may be device-specific (1204). Second, endograft repair of aneurysms that were larger than 5.4 cm in diameter was associated with a higher incidence of type I endoleaks (6.4% vs. 1.4%,  $p$  equals 0.011), device migration (13% vs. 4.4%,  $p$  equals 0.006), and conversion to open surgical repair (8.2% vs. 1.4%,  $p$  equals 0.031) than was the case with smaller aneurysms. Patients with larger aneurysms also had a lower survival rate (71% vs. 86%,  $p$  less than 0.001) and a higher risk for aneurysm-related death (6.1% vs. 2.6%,  $p$  equals 0.011) at 24 months of follow-up (1212). Finally, although there were no gender differences in the overall incidence of secondary interventions, graft limb occlusions occurred more frequently in women than in men (11% vs. 3.3%,  $p$  equals 0.022) (1179).

Others have reported similar data with respect to aneurysm size and patient gender. Peppelenbosch *et al.* found that EUROSTAR patients with aneurysms larger than 5.4 cm in diameter were more likely to be older and to have more preoperative risk factors, early complications, and late unrelated deaths than patients with smaller aneurysms (1191). In addition, large aneurysms often were associated with arterial anatomy (such as angulated or ectatic infrarenal necks and iliac aneurysms) that was less favorable for endograft repair and probably contributed to the significantly higher overall incidence of type I endoleaks, conversion to open surgical repair, and late rupture and/or aneurysm-related deaths that were documented in the group of patients who had large aneurysms. In another study of endograft repair in 245 patients (42 women), Shames *et al.* also determined that graft limb occlusions were more common among women (12% vs. 2.5%,  $p$  equals 0.05) (1180). Unlike Ouriel and associates (1179), however, these investigators found that women also had a higher incidence of all technical complications (17% vs. 8.3%,  $p$  less than 0.05) and secondary procedures (29% vs. 9.0%,  $p$  equals 0.001).

5.2.7.4.3. **TECHNICAL SUCCESS RATES.** The technical success rate is a useful way to express endograft results because it condenses a number of events into a single outcome value that ordinarily is calculated with the life-table method. Table 56 summarizes the early and intermediate-term technical success rates from 16 previous reports. These data reconfirm that longer follow-up will be necessary to determine the relative merit of endovascular repair compared with open operations for AAAs. In comparison, the technical success rate for endograft repair of isolated iliac aneurysms appears to be quite favorable according to the scant follow-up information that is available. Scheinert *et al.* described a series of 53 such aneurysms in 48 patients with successful endograft deployment in 98%, no persistent or secondary endoleaks, and patency rates of 95% and 88% at 3 and 4 years of follow-up, respectively (1213).

### 5.2.8. Prevention of Aortic Aneurysm Rupture

Aside from their infrequent other complications (e.g., peripheral or visceral embolism, aortocaval or primary aortoenteric fistula), the single most compelling reason to repair AAAs is to prevent fatal rupture. The first step in this process is to identify the presence of these aneurysms, beginning with a thorough physical examination or their recognition as an incidental finding on unrelated abdominal imaging studies. This is especially important in certain high-prevalence populations, such as those with known popliteal aneurysms or a family history of aortic aneurysms. The next step is to establish, on the basis of ultrasonography or computed tomography/magnetic resonance scanning, whether a particular aortic aneurysm already is large enough to warrant intervention or instead should be placed under periodic surveillance to determine its rate of expansion. Brown *et al.* have shown in a prospective but nonrandomized study that observation alone is a safe approach until an aneurysm undergoes a growth spurt or attains a threshold diameter of 5.0 cm (952). The success of watchful waiting is predicated on patient cooperation, however. In a similar study of 101 patients with aneurysms measuring less than 5.0 cm in diameter, Valentine *et al.* encountered no ruptures among patients who complied with their follow-up program compared with a 10% rupture rate among those who did not (1217). If continued surveillance is recommended, measures should be taken to control hypertension and to discourage smoking, because these risk factors are associated with accelerated rates of aneurysm growth (936,961). Ultimately, once an infrarenal aortic aneurysm reaches an appropriate size for graft replacement, a choice must be made between a traditional open operation or endovascular repair. Like all other aspects of aneurysm management, this decision requires a balanced judgment of relative risks.

### 5.2.8.1. Management Overview

#### RECOMMENDATIONS

##### Class I

1. **Open repair of infrarenal AAAs and/or common iliac aneurysms is indicated in patients who are good or average surgical candidates. (Level of Evidence: B)**
2. **Periodic long-term surveillance imaging should be performed to monitor for an endoleak, to document shrinkage or stability of the excluded aneurysm sac, and to determine the need for further intervention in patients who have undergone endovascular repair of infrarenal aortic and/or iliac aneurysms. (Level of Evidence: B)**

##### Class IIa

**Endovascular repair of infrarenal aortic and/or common iliac aneurysms is reasonable in patients at high risk of complications from open operations because of cardiopulmonary or other associated diseases. (Level of Evidence: B)**

##### Class IIb

**Endovascular repair of infrarenal aortic and/or common iliac aneurysms may be considered in patients at low or average surgical risk. (Level of Evidence: B)**

An overview of the management of AAAs is depicted in Figure 19. This algorithm incorporates the results of the randomized UK and VA trials and takes into account the relatively limited information that yet is available regarding the long-term outcome of endograft repair for infrarenal aneurysms. It must be conceded from the outset that there could be honest scientific disagreement regarding a few of the recommended pathways that are illustrated in this algorithm. Some clinicians may be convinced that infrarenal aneurysms should continue to be repaired at a size of only 5.0 cm or larger, whereas others could believe that the conclusions of the UK and VA trials are not directly applicable to aortic aneurysms that involve the renal arteries and that these aneurysms should be even larger than 5.5 cm in diameter before elective surgical treatment is advised, to warrant its additional risks. In addition, there undoubtedly are many who believe that the present technology of endovascular repair is at a state of development that justifies its general use in low- and average-risk patients and in those who appear to be at high risk for conventional open operations. There is nothing unfavorable about its early safety to discourage this opinion. As an example from northern California and Nevada, proctored endovascular aneurysm repair was undertaken at 22 community hospitals in a series of 257 patients, only 29% of whom had medical contraindications to conventional operations, with 2 immediate open conversions and

**Table 56.** Technical Success Rates for Endograft Repair of Infrarenal Abdominal Aortic Aneurysms

Author Device/Vendor	Reference	Year (Study Period)	n	Criteria for Technical Success	Technical Success Rates	
					Early	Late
Case Series Blum	(1167)	1997 (1994-1996)	154	Successful deployment No endoleaks	87%	
Stelter	(1152)	1997 (1994-1997)	201	NA	89%	
Coppi	(1182)	1998 (1995-1996)	66	Successful deployment No endoleaks No deaths	86% (30 days)	
Hausegger	(1214)	1999	30	Successful deployment No endoleaks	83% primary 93% secondary	
Becquemin	(1170)	2000 (1995-1999)	Endo: 73 Open: 107	No endoleaks No re-intervention		74% ( $p=.001$ ) 94% (1 year)
Chuter	(1164)	2000 (1996-1999)	High risk: 116	Successful deployment No endoleaks	86% (2 weeks)	
Howell	(1215)	2000	56	NA		83% primary 85% secondary (6 months)
Blum	(1172)	2001 (1994-2001)	111 (1994-1996)	Successful deployment No endoleaks	82%	
			159 (1996-1997)		96%	
			28 (1998-2001)		89%	
Ohki	(1203)	2001 (1992-2000)	239	Successful deployment No endoleaks	89%	
Device Trials Zarins AneuRx™ /Medtronic	(1184)	1999 (1996-1997)	190	Successful deployment No endoleaks No deaths	77%	
Zarins AneuRx™/ Medtronic	(1171)	2000 (1997-1998)	398	Survival free of aneurysm rupture, open conversion, or re- intervention for endoleaks or graft thrombosis		88% (18 months)

*Continued on Next Page*

Table 56. *Continued*

Author Device/Vendor	Reference	Year (Study Period)	n	Criteria for Technical Success	Technical Success Rates	
					Early	Late
Device Trials ( <i>Continued</i> ) Beebe Vanguard™/ Boston Scientific	(1186)	2001	240	Successful deployment No endoleaks Graft patent No deaths	89% (30 days)	
Criado Talent™/ Medtronic World Medical	(1216)	2001 (1997-2001)	High risk: 127 Low risk: 151	Successful deployment No endoleaks	86% (96% at 30 days) 88% (97% at 30 days)	
EUROSTAR Cuypers	(1202)	1999 (1994-1998)	899	Endoleak-free survival		79% (18 months, cumulative)
Buth	(1163)	2000 (1994-1999)	1,554	Successful deployment No endoleaks No deaths	72% (30 days)	
Laheij	(1206)	2000 (1996-1999)	1,023	Freedom from any secondary intervention		1 yr: 89% 3 yrs: 67% 4 yrs: 62%

EUROSTAR indicates European collaborators registry on stent-graft techniques for abdominal aortic aneurysm repair; n, number of patients; NA, not available.

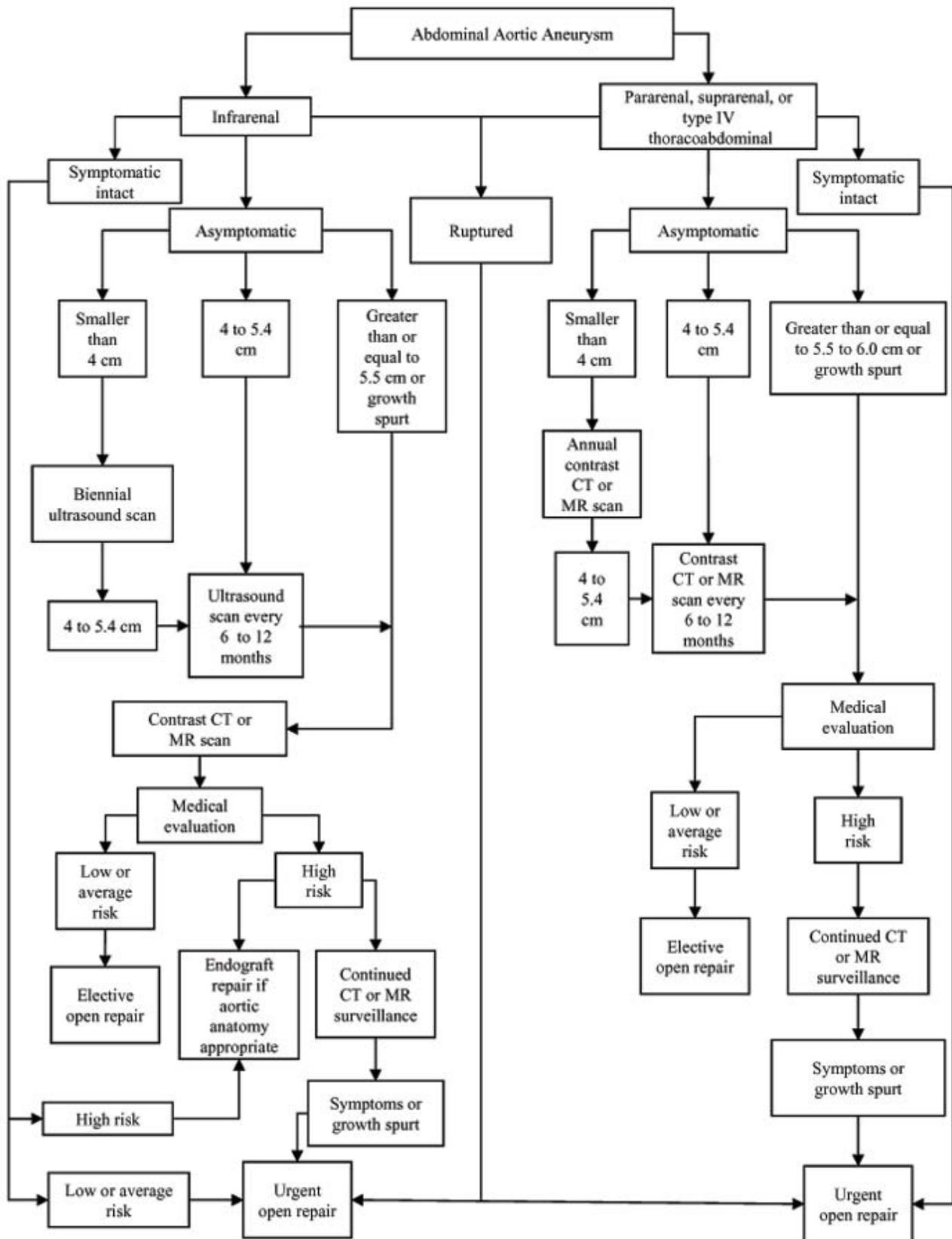


Figure 19. Management of abdominal aortic aneurysms. CT indicates computed tomography; MR, magnetic resonance imaging.

a 30-day mortality rate of 1.2% (1218). However, this report shares the current liability of many studies concerning aortic stent grafts. The mean follow-up period for these patients was only 9.6 months, during which another 8% of them required reintervention.

### 5.3. Visceral Artery Aneurysms

#### RECOMMENDATIONS

##### Class I

**Open repair or catheter-based intervention is indicated for visceral aneurysms measuring 2.0 cm in diameter or larger in women of childbearing age who are not pregnant and in patients of either gender undergoing liver transplantation. (Level of Evidence: B)**

##### Class IIa

**Open repair or catheter-based intervention is probably indicated for visceral aneurysms 2.0 cm in diameter or larger in women beyond childbearing age and in men. (Level of Evidence: B)**

Visceral aneurysms are insidious because they usually cannot be detected by physical examination, are easily overlooked on plain roentgenograms unless mural calcification is present, and occur so infrequently that they may not be fully appreciated during incidental computed tomography/magnetic resonance imaging scanning. Not surprisingly, therefore, several studies have indicated that approximately half of all visceral artery aneurysms present with rupture (Table 57). In comparison, spontaneous rupture appears to be an unusual event for renal artery aneurysms, possibly because exceptionally large renal artery aneurysms may be discovered on the basis of nonacute symptoms, such as hypertension or hematuria. Although rare under any circumstances, both visceral and renal artery aneurysms most commonly occur in multiparous women (1219,1220). Furthermore, some studies have suggested that the incidence of splenic artery aneurysms is particularly high among patients who have portal hypertension or a history of previous liver transplantation (1221-1223). The mortality rate for surgical repair of ruptured visceral aneurysms is sufficiently ominous (25% or higher) that patients who have these risk factors probably should be investigated for visceral artery aneurysms in the presence of unexplained abdominal symptoms.

#### 5.3.1. Splenic Artery Aneurysms

Splenic artery aneurysms historically have been considered to be the most common visceral artery aneurysms (Table 58), but an increasing incidence of hepatic artery pseudoaneurysms has been described in relation to percutaneous and laparoscopic biliary procedures, as well as improved imaging

Table 57. Presentation and Mortality Rates for Visceral Artery Aneurysms

First Author	Reference	Year	Patients and/or Aneurysms, n	Symptomatic and/or Ruptured on Presentation	Initial Treatment	Complications With Observation Alone	Mortality Rate (%)
All visceral Carmeci	(1224)	2000	31 (20 Women)	74%	Open: 25; Endo: 9	NA	3
Carr	(1225)	2001	26/34	Ruptured: 42%	Open: 19	14% Rupture	Total: 12; ruptured: 25
Splenic Trastek Lee	(1219) (1223)	1982 1999	100 (87 Women) 34 (21 Women)	17%; Ruptured: 3% Ruptured: 44%	Open: 81 Open: 34	None at 7.4 y NA	1 Elective: 0; ruptured: 40
Superior mesenteric Stone	(1226)	2002	21 (7 Women)	52%; Ruptured: 38% (50% of men)	Open: 13; Endo: 3	None (mean size 1.8 cm)	Elective: 0; ruptured: 38
Renal Tham Henriksson	(1227) (1228)	1983 1985	83/89 21/34 (16 Women)	None None	Open: 14 Open: 8	None None	0 0

Endo indicates endovascular repair; NA, not available.

**Table 58.** Site of Visceral Artery Aneurysms

Aneurysm	%
Splenic	60
Hepatic	20
Superior mesenteric	6
Celiac	4
Others	10

Reprinted from *Semin Vasc Surg*, 8, Hallett JW, Jr., Splenic artery aneurysms, 321-6, Copyright 1995, with permission from Elsevier (1229).

techniques (1229,1230). Most splenic artery aneurysms are asymptomatic at the time they are recognized as an incidental finding during some type of abdominal imaging, but approximately 20% of patients present with either chronic upper abdominal pain or acute rupture (Table 59). An increasing number of splenic artery aneurysms also are being discovered in women undergoing ultrasound evaluations during pregnancy. The mortality rate for ruptured splenic artery aneurysms in patients who are not pregnant ranges from 10% to 25%, but the risk of maternal death from rupture during pregnancy has been estimated to be as high as 70%, with a fetal mortality rate of more than 90% (1231). The natural history of splenic artery aneurysms followed up through pregnancy is unknown because no large series of such patients has been collected. Nevertheless, the literature contains many case reports of pregnant women who were known to have splenic artery aneurysms that were at least 2.0 cm in diameter and that eventually ruptured during their pregnancies.

**Table 59.** Demographics of Splenic Artery Aneurysms (n=100)

Characteristic	Value (Range)
Gender	87:13
Women:men	
Mean age (years)	58.2 (16 to 81)
Mean number of pregnancies	4.5 (1 to 16)
Aneurysm size (cm)	2.1 (0.6 to 30)
Symptoms (%)	
Asymptomatic	83
Chronic	13
Rupture	4

n indicates number of patients.

Reprinted from *Semin Vasc Surg*, 8, Hallett JW, Jr., Splenic artery aneurysms, 321-6, Copyright 1995, with permission from Elsevier (1229).

### 5.3.2. Superior Mesenteric Artery Aneurysms

Superior mesenteric artery aneurysms represent only 6% to 7% of all visceral aneurysms (1226,1229). Stone *et al.* have described the largest series of superior mesenteric aneurysms, comprising just 21 patients who were collected from 2 large institutions during a 19-year study period (1226). Men and those patients with noncalcified aneurysms appeared to have the highest risk for rupture. Interestingly, no ruptured aneurysms happened to occur among patients who were receiving beta-blockade. The operative mortality rate for ruptured aneurysms was 38%, but there were no deaths after elective intervention (e.g., ligation, catheter embolization, or prosthetic replacement grafting) in 8 patients. None of the patients who underwent elective ligation or catheter embolization developed intestinal ischemia. This probably implies that these patients were selected very carefully on the basis of the collateral circulation that was demonstrated by their initial arteriograms, but it could also suggest that revascularization after ligation or catheter embolization sometimes can be deferred unless there is clinical evidence of ischemia. Five patients in this series who had small (diameter of 1.0 to 2.4 cm) aneurysms have been followed up with computed tomographic or ultrasound scans for 2 to 147 months without complications.

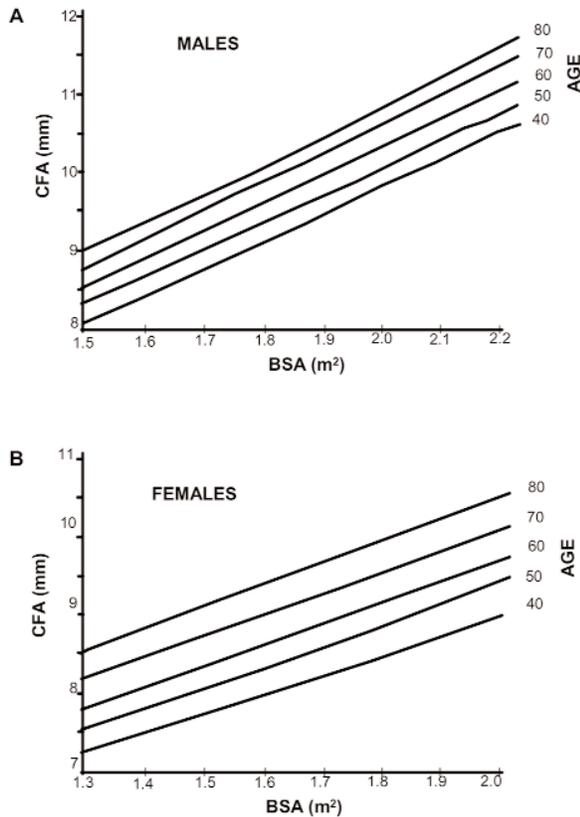
### 5.3.3. Management Options

An array of open surgical and laparoscopic approaches has been reported for visceral artery aneurysms, with varying mortality rates depending on the clinical setting. Percutaneous catheter-based therapy with coil embolization leading to thrombosis of visceral aneurysms has been described for elective patients and for those who present with acute rupture. The technical success rate for these non-surgical options ranges from 67% to 100%, with few fatalities or complications (850,1232,1233). One concern that should be recognized related to the catheter-based management of visceral artery aneurysms is the limited ability to assess the end organ after aneurysm treatment. This is in contrast to open surgical visceral artery aneurysm repair, in which the end organ may be visualized and assessed, a point that appears to be especially important in the treatment of mesenteric artery aneurysms, for which there is potential risk for bowel ischemia. Therefore, patients undergoing catheter-based intervention for visceral artery aneurysms should be watched closely after the procedure for the development of abdominal pain in the setting of mesenteric or splenic artery aneurysms and flank pain in the setting of renal artery aneurysms.

## 5.4. Lower Extremity Aneurysms

### 5.4.1. Etiology

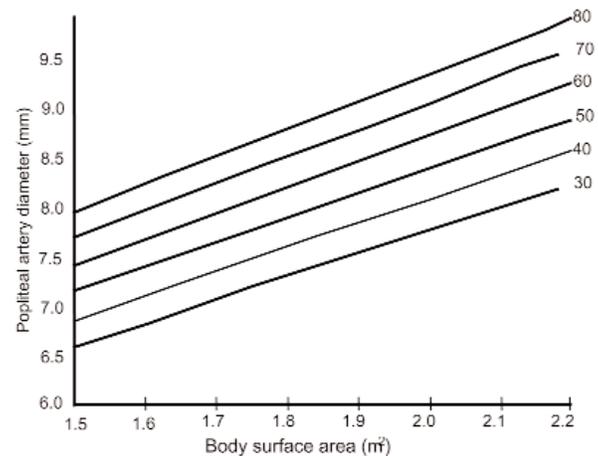
As illustrated in Figures 20 and 21, the diameters of peripheral arteries increase approximately 20% to 25% between the ages of 20 and 70 years (865,1234). Coexistent AAAs



**Figure 20.** Predicted diameter of common femoral artery (CFA) in male and female subjects. Select appropriate curve for age marked on right and follow curve to appropriate body surface area (BSA) on horizontal axis. Predicted diameter is shown on vertical axis. Reprinted from *J Vasc Surg*, 29, Sandgren T, Sonesson B, Ahlgren R, et al., The diameter of the common femoral artery in healthy human: influence of sex, age, and body size, 503-10, with permission from Elsevier (1234).

have been reported in 85% of patients with femoral aneurysms (1235) and in 62% of those with popliteal aneurysms (1236), whereas femoral or popliteal aneurysms are present in 3% to 7% of patients who have AAAs. It is not known whether these patients are specifically prone to diffuse aneurysm disease because of genetic or other factors or whether certain aneurysms are associated with generalized arterial ectasia elsewhere (1237-1239). The possibility that arterial aneurysm disease is a generalized process in the vascular system is supported by studies showing defective mechanical properties in the walls of distant arteries that usually do not undergo dilatation (1240,1241). When dilatation of the peripheral arteries was described in patients with AAAs more than a decade ago, the normal diameters of the studied regional arteries were unknown (1242,1243).

In an angiographic study in which arterial luminal diameters were measured, dilatation in the iliac artery was identified in patients with AAA, but the peripheral arteries in the leg were not affected (1244). The tunica media of the femoral and popliteal arteries consists largely of smooth muscle cells.



**Figure 21.** Predicted diameter of popliteal artery in males. To use this nomogram, select the appropriate age curve marked on the right and follow the curve to the appropriate body surface area (BSA) on the horizontal axis. The vertical axis shows the predicted diameter. Sandgren T, Sonesson B, Ahlgren AR, et al. Factors predicting the diameter of the popliteal artery in healthy humans. *J Vasc Surg*. 1998;28:284-9, with permission from Elsevier (865).

The mechanical properties (and thus the integrity) of arterial walls are based on the matrix components, elastin and collagen, whereas smooth muscle cells have the potential to modulate wall mechanics. Therefore, the systemic implications of an aortic aneurysm may be different in central arteries than in peripheral arteries. In another investigation by Sandgren et al., ultrasound measurements of the anteroposterior diameters of the peripheral arteries of the right legs of 183 consecutive patients who were referred for elective repair of AAA revealed 8 common femoral aneurysms and 4 popliteal aneurysms, all in men (879). Of those in whom femoral and popliteal aneurysms were identified, occlusive PAD was present in 46% and 49%, respectively. After exclusion of those with either peripheral aneurysms or occlusive disease, no dilating diathesis was found in the limb vessels of the remaining patients with AAA.

#### 5.4.2. Natural History

Unlike AAAs, the natural history of extremity-artery aneurysms is not one of expansion and rupture but one of thromboembolism or thrombosis.

### RECOMMENDATION

#### Class I

**In patients with femoral or popliteal aneurysms, ultrasound (or computed tomography or magnetic resonance) imaging is recommended to exclude contralateral femoral or popliteal aneurysms and AAA. (Level of Evidence: B)**

#### 5.4.2.1 Popliteal Artery Aneurysms

Popliteal aneurysms account for 70% of all aneurysms in the lower extremities and have an estimated incidence of 0.1% to 2.8% (1245,1246). Approximately 5% of small aortic aneurysms are discovered because of lower extremity ischemia caused by distal embolization of mural thrombus (1247). However, thromboembolic complications are much more common with popliteal aneurysms, which also may be associated with arteriomegaly involving the common femoral and superficial femoral arteries. Before the introduction of modern arterial bypass grafting, Gifford *et al.* reported a series of 69 patients with 100 popliteal aneurysms, of which 45% were bilateral and 65% were symptomatic (1248). Only 21% of these aneurysms were treated surgically. Very few (7%) of the remaining aneurysms eventually ruptured, but 21% ultimately were associated with ischemic complications, and 23% of the 69 patients required amputations.

Although rupture has continued to be distinctly unusual in some studies, the data in Table 60 confirm many of the other observations that were made by Gifford *et al.* (1248). The vast majority of popliteal aneurysms occur in men, and approximately half are bilateral. Approximately half of popliteal aneurysms also are associated with other aneurysms, principally involving the abdominal aorta. At least 40% of popliteal aneurysms are symptomatic on discovery because of thrombosis-in-situ of the popliteal artery or distal emboli to the calf or foot. According to a collective review of the literature that was conducted by Dawson *et al.* (1249), these complications still occur in 36% of patients whose popliteal aneurysms are merely placed under observation, a figure that is remarkably similar to the late complication rate of 34% that was reported by Gifford and his associates more than 40 years earlier. Furthermore, Dawson *et al.* also found that the cumulative incidence of ischemic complications was as high as 70% during 5 to 10 years of follow-up for popliteal aneurysms that were evaluated at their own center (1250,1251).

According to data reported by Roggo *et al.*, as many as 50% of previously asymptomatic popliteal aneurysms may be expected to become symptomatic within 2 years after their discovery and 75% within 5 years (1254) (Figure 22). Symptomatic popliteal aneurysms generally exceed 2.0 cm in diameter, often contain a substantial amount of mural thrombus on B-mode ultrasound imaging, and frequently are associated with distal tibioperoneal arterial occlusions that suggest previous emboli (1252,1253,1255). Probably because of prior emboli with thrombosis of downstream outflow vessels, Poirier *et al.* reported that 56% of patients continued to experience distal ischemia despite surgical repair of symptomatic popliteal aneurysms, and 19% eventually required amputation (1256).

The unfavorable consequences of popliteal aneurysms suggest that even asymptomatic popliteal aneurysms with good distal runoff should be repaired electively, although there is a lack of prospective studies to support an unqualified rec-

ommendation in this regard, especially for aneurysms measuring less than 2.0 cm in diameter. In fact, there is a published consensus that small popliteal aneurysms rarely become symptomatic and that elective surgical intervention should be considered only for those measuring at least 2.0 cm in diameter (1245,1254,1255). Stiegler *et al.* have reported a series of 46 patients who had 65 popliteal artery aneurysms with a mean diameter of 1.9 cm (range 0.8 to 4.0 cm); the aneurysms were occluded at the time of their discovery in only 8 patients (mean diameter 2.4 cm, range 1.4 to 4.0 cm) (1257). Thirty-six patients with 46 aneurysms were observed over a period of 2.5 years. The total complication rate was 6.5%, with a higher incidence in patients whose aneurysms were larger than 2.0 cm in diameter (14% vs. 3.1%). Complications also appeared to occur more frequently (14% vs. 0%) in the 19 patients who were treated with platelet-inhibitor drugs than in 16 others who received coumarin anticoagulation. The mean increase in diameter during follow-up was 1.5 mm per year for aneurysms larger than 2.0 cm versus 0.7 mm per year for smaller aneurysms. In another regional survey of 19 vascular surgeons who contributed data for 200 popliteal aneurysms in 137 patients during a 4-year period of study, Varga *et al.* determined that 31% of small, untreated aneurysms eventually required surgical intervention because of the onset of new symptoms or expansion to a diameter that exceeded 2.0 cm while under surveillance (968).

Thrombosis of popliteal arterial aneurysms accounts for approximately 10% of acute arterial occlusions in elderly men. Commonly mistaken for an embolic event, the diagnosis is often made intraoperatively at the time of an attempted embolectomy (518,1258). Severe ischemia usually occurs because thrombosis occurs suddenly in the absence of collateral enhancement and because the popliteal artery is the sole axial artery traversing the knee. Given that half of all popliteal aneurysms are bilateral, the presence of a prominent popliteal pulse in the opposite leg may be a valuable clue to the underlying etiology of the acute ischemia. Once suspected, ultrasound imaging is the most rapid means to confirm the diagnosis. In a series of 33 patients with 54 popliteal artery aneurysms that were followed up over 62 months, thrombosis occurred in 39%, most often in larger aneurysms (967).

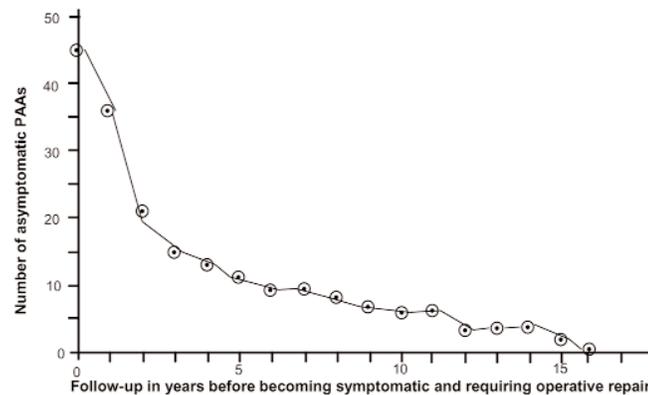
#### 5.4.2.2 Femoral Artery Aneurysms

Femoral artery aneurysms may be discovered incidentally as a pulsatile mass in the thigh, or they may present with distal ischemia, and even more rarely, with rupture and bleeding. In a series of 13 aneurysms of the superficial femoral artery reported by Jarrett *et al.*, 11 (85%) occurred in men, 9 (69%) were associated with aortic or iliac aneurysms, and 7 (54%) were contiguous with common femoral or popliteal aneurysms (1259). Six patients (46%) presented with distal ischemia and 4 (31%) with a thigh mass, whereas the remaining 3 (23%) were discovered during investigations for other

**Table 60.** Presentation and Complication Rates for Popliteal Aneurysms

First Author	Reference	Year	No. of Patients and/or Aneurysms	Bilateral Popliteal or Other Aneurysms	Previous Symptoms Before Presentation	Initial Surgical Treatment	Complications With Observation Alone	Related Amputation Rate
Case series Gifford	(1248)	1953	69/100 (66 men)	45% bilateral; 25% other	65% (34% ischemic; 12% ruptured)	21%	34% (21% ischemic; 7% ruptured)	23% (7% early; 16% late)
Dawson	(1250)	1991	50/71	42% bilateral; 32% other	NA	65%	54%	NA
Carpenter	(967)	1994	33/54	62% bilateral; 61% other	61% (39% ischemic)	83%	NA	11%
Dawson	(1251)	1994	42/42	NA	All asymptomatic	None	60%	7%
Lowell	(1252)	1994	106/161 (103 men)	52% bilateral	42%	31%	22%	7%
Schroder	(1253)	1996	217/349	61% bilateral	45%	63%	47%	NA
Duffy	(1245)	1998	24/40 (23 men)	66% bilateral	58%	75%	None (smaller than 2 cm)	None
Collective reviews Dawson	(1249)	1997	1673/2445 (95% men)	50% bilateral; 37% other	67%	NA	36%	NA

NA indicates not available.



**Figure 22.** Follow-up evaluation of asymptomatic popliteal artery aneurysm (PAAs). Reprinted from Roggo A, Brunner U, Ottinger LW. The continuing challenge of aneurysms of the popliteal artery. *Surg Gynecol Obstet.* 1993;177:565-72 (1254).

vascular conditions. None of these aneurysms had ruptured. Aneurysms of the deep femoral artery usually are found in conjunction with an adjacent aneurysm of the common femoral artery, but isolated aneurysms of the deep femoral artery account for just 0.5% of peripheral aneurysms and for only 1% to 2.6% of femoral aneurysms (1260,1261). Twenty percent of patients with deep femoral aneurysms in 1 series had 3 or more peripheral aneurysms. The rate of rupture of deep femoral aneurysms appears to be higher than that of other lower extremity aneurysms, occurring in one third of the cases reported by Cutler and Darling (1260). Other complications are related to expansion, such as femoral nerve compression, venous occlusion with phlegmasia cerulea dolens, and acute leg ischemia secondary to thrombosis or embolization (1260-1264).

### 5.4.3. Management

#### RECOMMENDATIONS

##### Class I

1. **Patients with a palpable popliteal mass should undergo an ultrasound examination to exclude popliteal aneurysm. (Level of Evidence: B)**
2. **Patients with popliteal aneurysms 2.0 cm in diameter or larger should undergo repair to reduce the risk of thromboembolic complications and limb loss. (Level of Evidence: B)**
3. **Patients with anastomotic pseudoaneurysms or symptomatic femoral artery aneurysms should undergo repair. (Level of Evidence: A)**

##### Class IIa

1. **Surveillance by annual ultrasound imaging is suggested for patients with asymptomatic femoral artery true**

**aneurysms smaller than 3.0 cm in diameter. (Level of Evidence: C)**

2. **In patients with acute ischemia and popliteal artery aneurysms and absent runoff, catheter-directed thrombolysis or mechanical thrombectomy (or both) is suggested to restore distal runoff and resolve emboli. (Level of Evidence: B)**
3. **In patients with asymptomatic enlargement of the popliteal arteries twice the normal diameter for age and gender, annual ultrasound monitoring is reasonable. (Level of Evidence: C)**
4. **In patients with femoral or popliteal artery aneurysms, administration of antiplatelet medication may be beneficial. (Level of Evidence: C)**

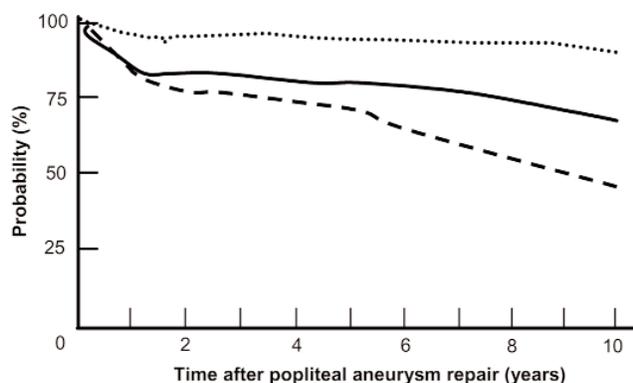
#### 5.4.3.1. Popliteal Aneurysms

A popliteal mass should be studied by duplex ultrasonography to distinguish an aneurysm from other soft-tissue lesions, such as a synovial (Baker's) cyst, especially if the patient has a history of other arterial aneurysms involving the contralateral lower extremity or the abdominal aorta. Nonoperative observation with periodic noninvasive surveillance may be appropriate if the aneurysm measures less than 2.0 cm in diameter or contains no thrombus or if the patient is at high surgical risk or has limited longevity because of medical comorbidities. If symptoms develop or the aneurysm enlarges on follow-up duplex scans, the risk of thromboembolic complications and limb loss then must be weighed against whatever factors originally may have influenced the decision to postpone surgical treatment. Farina *et al.* were unable to identify any controlled trials regarding clinical

management in their review of 29 studies comprising 1673 patients with 2445 popliteal arterial aneurysms (1265).

In the setting of acute ischemia related to popliteal artery aneurysm thrombosis or thromboembolism, catheter-directed thrombolytic therapy is useful to re-establish patency of the popliteal and tibial trunks to allow for more effective definitive aneurysm treatment and limb salvage. Largely on the basis of previous and often unrecognized emboli, one of the obstacles to a successful surgical outcome is the absence of adequate arterial outflow in the calf and foot. Because limb salvage rates can be correlated directly with the number of available runoff vessels, as much thrombus as possible must be cleared from the tibioperoneal and plantar arteries in conjunction with bypass grafting to exclude the popliteal aneurysm from the circulation. In the past, this has been done strictly with thromboembolism balloon catheters in the operating room, often after preoperative arteriograms or MRA scans have failed to determine whether a target vessel for revascularization even is present. Some series now have been reported, however, in which preoperative intra-arterial thrombolytic therapy has been a valuable adjunct for restoring runoff in the presence of recent thromboembolic events (881,882,1251,1252). Failure to attain runoff with catheter-directed thrombolysis suggests that atheroemboli are involved and/or that a fasciotomy should be considered because of high muscular compartment pressures that may be contributing to the occlusion of otherwise normal outflow vessels.

The data illustrated in Figure 23 document the 10-year graft patency, limb salvage, and patient survival rates for a series of popliteal aneurysm repairs described by Dawson *et al.* (1249). The survival rate was lower than that for the general population because of the medical comorbidities in such patients. Nevertheless, these data indicate that it is possible to achieve limb salvage rates exceeding 90% at 10 years



**Figure 23.** Long-term graft patency, limb salvage, and patient survival after popliteal aneurysm repair. — indicates long-term graft patency; ·····, limb salvage; and - - - -, patient survival. From Dawson RB, Sie RB, van Bockel JH. Atherosclerotic popliteal aneurysm. *Br J Surg.* 1997;84:293-9. ©John Wiley & Sons Limited. Reproduced with permission (1249).

when the operation is done for asymptomatic aneurysms, with graft patency rates that are as high as 80% after operations for symptomatic aneurysms. According to information collected from 14 other reports (1249), the choice of the bypass conduit may influence late results (Table 61). Saphenous vein grafts were associated with superior long-term patency and limb salvage rates compared with either polyester filament or PTFE grafts in 6 of these reports, and in several others, PTFE grafts were approximately twice as likely as polyester filament grafts to remain patent. Furthermore, in the absence of adequate runoff, surgical repair of popliteal artery aneurysms is more likely to be successful if saphenous vein is used as the conduit and fasciotomy is performed.

The algorithm presented in Figure 24 summarizes the management options for either symptomatic or asymptomatic popliteal aneurysms. In the presence of mural thrombus, the diameter of a popliteal aneurysm will appear to be smaller on an arteriogram than its true diameter on duplex or computed tomographic imaging, but the value of an arteriogram is to determine the adequacy of tibioperoneal outflow and whether the use of catheter-directed thrombolytic therapy should be considered to restore runoff. The decision to proceed with elective surgical treatment in the absence of limb-threatening ischemia is not predicated on aneurysm size alone. It must also take into account the overall clinical situation, the severity of symptoms in the leg, and the surgical or endovascular facilities that are available.

#### 5.4.3.2. Femoral Aneurysms

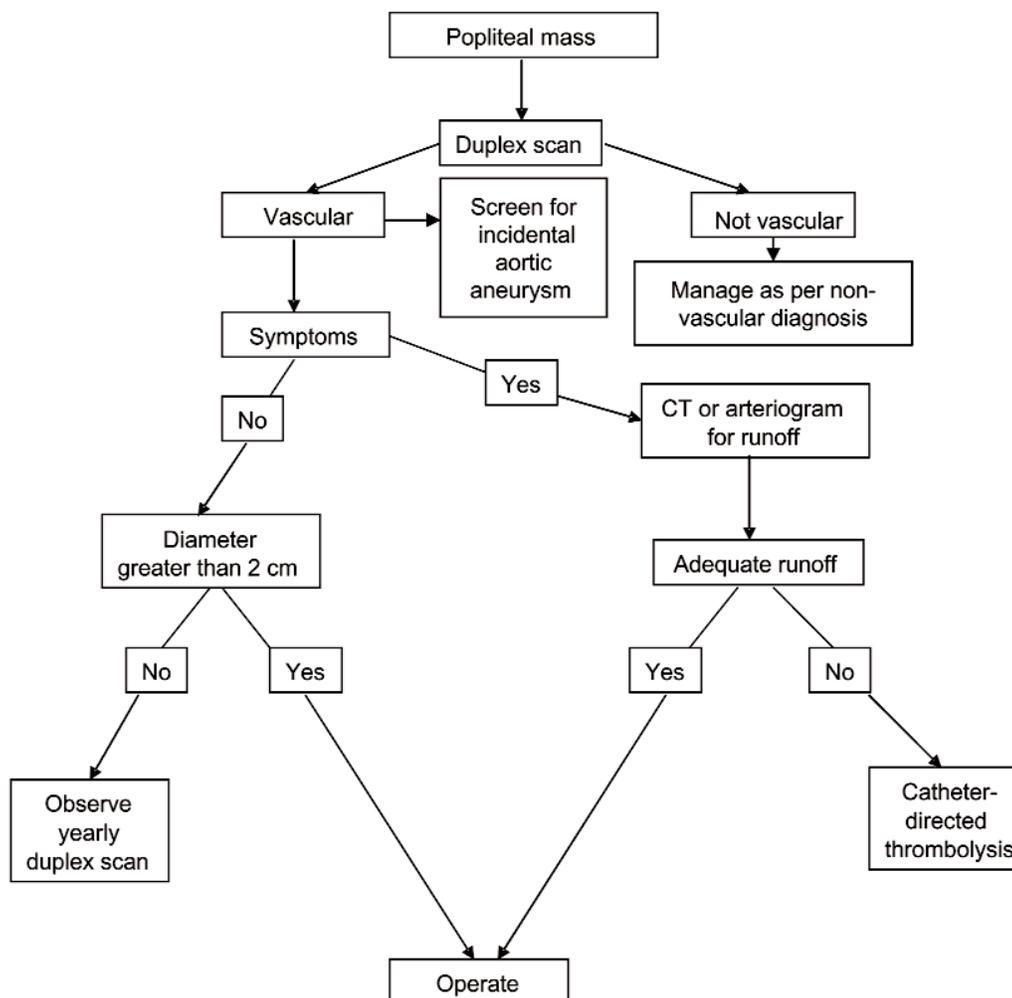
The cause of femoral artery aneurysms may be arterial degeneration (i.e., true aneurysms) or false aneurysms related to previous vascular reconstructions or arterial injury. Femoral artery pseudoaneurysm represents a pulsatile mass that is contained by incomplete elements of the arterial wall and surrounding subcutaneous/fibrous tissue and may result from disruption of a previous femoral suture line, femoral artery access for a catheter-based procedure, or injury resulting from puncture due to self-administered drug abuse. Regardless of the cause, a pulsatile groin mass should be evaluated by duplex ultrasound and/or contrast-enhanced computed tomographic scan. The clinical presentation of true femoral artery aneurysms is summarized in Table 62 (1272). Most reports encourage a policy of elective surgical treatment for symptomatic patients if their operative risk is low and if the patient has a reasonable life expectancy. In 2 series, however, nonoperative observation has been used twice as often as elective intervention for asymptomatic femoral aneurysms and appears to be associated with a relatively low risk for complications during follow-up periods of 28 to 52 months (1115,1156). Therefore, the stable femoral artery aneurysm presents a therapeutic dilemma, because its complication rate appears to be substantially lower than that for popliteal aneurysms of similar size. A wide range of normal dimensions (see Figure 20) makes it difficult to determine an

**Table 61.** Graft Patency and Limb Salvage Rates for Popliteal Aneurysms

First Author	Reference	Follow-Up (y)	No. of Patients	Patency (%)						Limb Salvage (%)					
				Total		Symptoms		Graft Material		Total		Symptoms		Graft Material	
				Asymptomatic	Symptomatic	Asymptomatic	Symptomatic	SV	Others*	Asymptomatic	Symptomatic	SV	Others		
Anton	(1266)	5	123	-	82	57	94	43	83	93	82	98	75		
		10		56	82	48	94	27	83	93	79	98	66		
Carpenter	(967)	5	54	71	-	-	-	-	90	-	-	-	-		
Cole	(1267)	3	59	88	94	81	-	-	-	-	-	-	-		
Dawson	(1250)	5	46	75	-	-	-	-	-	-	-	-	-		
		10		64	-	-	84	41	95	-	-	100	88		
Duffy	(1245)	3	30	84	-	-	-	-	96	-	-	-	0		
Farina	(1265)	5	50	62	80	65	100	60 A	94	-	-	-	-		
		10		62	-	-	-	-	-	-	-	-	-		
Inahara	(1268)	10	40	76	-	-	-	-	-	-	-	-	-		
Lilly	(1268a)	5	48	74	91	54	-	-	-	-	-	-	-		
Reilly	(1269)	5	167	-	-	-	77	30	-	-	-	-	-		
Roggo	(1254)	5	252	69	85	61	81	40 B	94	98	92	97	88		
		10		-	-	-	-	-	87	96	81	94	74		
Schellack	(1270)	5	95	75	93	66	92	55	94	100	91	-	-		
Schroder	(1253)	4	221	-	89	-	-	-	-	100	-	-	0		
Szilagy	(1255)	5	50	60	-	-	-	-	-	-	-	-	-		
		10		28	-	-	-	-	-	-	-	-	-		
Towne	(1271)	5	115	53	-	-	-	-	-	-	-	-	-		

\*A indicates 34% polyester fiber and 74% polytetrafluoroethylene (PTFE); B, 33% polyester fiber and 64% PTFE. SV indicates saphenous vein.

Reprinted from Dawson I, Sie RB, van Bockel JH. Atherosclerotic popliteal aneurysm. Br J Surg 1997;84:293-9 (1249). © John Wiley & Sons Limited. Reproduced with permission.



**Figure 24.** Diagnostic and treatment algorithm for popliteal mass. CT indicates computed tomography.

arbitrary size at which true femoral aneurysms should be repaired. By convention, femoral aneurysms measuring 3.0 cm or larger appear most likely to cause compressive symptoms and therefore also are most likely to be treated surgically. Although the presence of mural thrombus conceivably could represent a risk for distal emboli unless elective repair is performed, the actual magnitude of this risk is unknown. Anastomotic pseudoaneurysms occur with an incidence of 2% to 5%, are encountered most commonly as a late complication of synthetic aortofemoral bypass grafting, inevitably continue to enlarge if left untreated, and may require arteriography before repair. Infected femoral pseudoaneurysms may occur as the result of arterial puncture during drug abuse and must be treated by extensive operative debridement, often in conjunction with either autogenous in situ reconstruction or extra-anatomic bypass grafts to avoid CLI. Skin erosion or expanding rupture into adjacent soft tissue obviously is an unstable situation for which urgent surgical repair is necessary regardless of the cause of the femoral artery aneurysm or pseudoaneurysm.

#### 5.4.3.3. Catheter-Related Femoral Artery Pseudoaneurysms

### RECOMMENDATIONS

#### Class I

1. Patients with suspected femoral pseudoaneurysms should be evaluated by duplex ultrasonography. *(Level of Evidence: B)*
2. Initial treatment with ultrasound-guided compression or thrombin injection is recommended in patients with large and/or symptomatic femoral artery pseudoaneurysms. *(Level of Evidence: B)*

#### Class IIa

1. Surgical repair is reasonable in patients with femoral artery pseudoaneurysms 2.0 cm in diameter or larger that persist or recur after ultrasound-guided compression or thrombin injection. *(Level of Evidence: B)*
2. Re-evaluation by ultrasound 1 month after the original injury can be useful in patients with asymptomatic

**Table 62.** Clinical Presentation of Femoral Aneurysms

First Author	Reference	No. of Patients	Aneurysms (n)	Males:Females	Bilateral (%)	AAA/PAA Associated (%)	Asymptomatic (%)	Presenting Symptoms	Complications at Presentation
Cutler	(1260)	45	63	40:5	47	51/27	29	Local: 29%	Acute thrombosis: 16%; chronic thrombosis: 16%; rupture: 14%
Adishesiah	(1273)	16	27	15:1	62	25/31	70		Embolization: 4%; thrombosis: 7%; rupture: 15%
Baird	(1274)	30	36	30:0	20	40/17	27	Local: 23%; ischemic: 50%	Acute thrombosis/embolization: 13%; rupture: 0%
Graham	(1235)	100	172	100:0	72	85/44	40	Local pain: 11%; mass: 16%; venous: 8%; ischemic: 42%	Embolization: 8%; acute thrombosis: 1%; chronic thrombosis: 1%; rupture: 2%
Sapienza	(1275)	22	31	21:1	41	50/—	64	Local: 5%; ischemic: 35%	

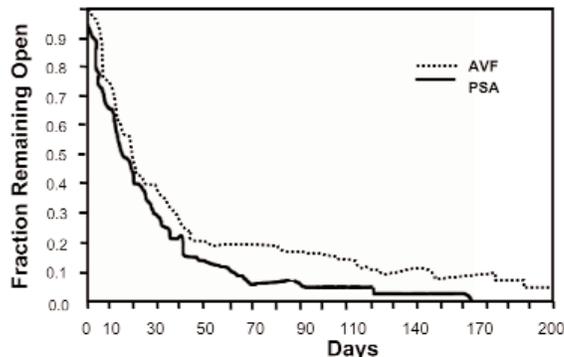
AAA indicates abdominal aortic aneurysm; FAA, femoral artery aneurysm; PAA, popliteal artery aneurysm. Reprinted from *Vascular Surgery* (5th ed), Graham L, Femoral and popliteal aneurysms, 1345-56, copyright 2000, with permission from Elsevier (1272).

**femoral artery pseudoaneurysms smaller than 2.0 cm in diameter. (Level of Evidence: B)**

A pseudoaneurysm is a pulsatile hematoma that communicates with an artery through a defect in the arterial wall. Femoral pseudoaneurysms are well-recognized complications of arterial catheterization, occurring after 0.1% to 0.2% of diagnostic angiograms and after 3.5% to 5.5% of interventional procedures. Puncture-site pseudoaneurysms are most commonly associated with longer procedures, the use of larger-diameter delivery-sheath sizes catheters, systemic anticoagulation, and difficult arterial access. Some studies have suggested that more than 60% of catheter-related femoral pseudoaneurysms are overlooked on the basis of the physical examination alone. Therefore, although a pulsatile mass is an obvious indication that a pseudoaneurysm may be present, a diagnostic duplex scan should be obtained whenever the diagnosis is even suspected.

In the absence of antithrombotic therapy, several studies have indicated that catheter-related pseudoaneurysms that are less than 2.0 cm in diameter tend to heal spontaneously and usually require no treatment. Collectively, 61% of the small pseudoaneurysms in the 9 series that are summarized in Table 63 resolved within 7 to 52 days of observation, and only 11% ultimately required surgical intervention. Figure 25 illustrates the spontaneous closure rate of selected pseudoaneurysms that were not repaired immediately, 90% of which resolved within 2 months. Accordingly, small asymptomatic pseudoaneurysms probably can be managed conservatively unless they are still present on a follow-up duplex scan 2 months later.

At the opposite extreme, large pseudoaneurysms can rupture into the retroperitoneal space or the upper thigh or cause venous thrombosis or painful neuropathy by compressing the



**Figure 25.** Spontaneous closure rates of selected pseudoaneurysms. AVF indicates arteriovenous fistula; PSA, pseudoaneurysm. Reprinted from J Vasc Surg, 25, Toursarkissian B, Allen BT, Petinec D, et al. Spontaneous closure of selected iatrogenic pseudoaneurysms and arteriovenous fistulae, 803-8, Copyright 1997, with permission from Elsevier (1283).

adjacent femoral vein or the femoral nerve. Urgent surgical repair clearly is necessary if any of these serious complications occur, and until recently, it was the mainstay of treatment for most catheter-related femoral artery injuries. Many reports now have demonstrated, however, that the majority of uncomplicated pseudoaneurysms can be managed nonoperatively with either ultrasound-guided compression therapy or the injection of miniscule amounts of thrombin directly into the pseudoaneurysm cavity. Problems with ultrasound-guided compression therapy include pain at the site of compression, long compression times, and incomplete closure, each of which is more problematic with large pseudoaneurysms. Table 64 contains information from 17 series of patients who underwent ultrasound-guided compression therapy with a primary success rate of 86% and surgical

**Table 63.** Spontaneous Thrombosis of Femoral Pseudoaneurysms

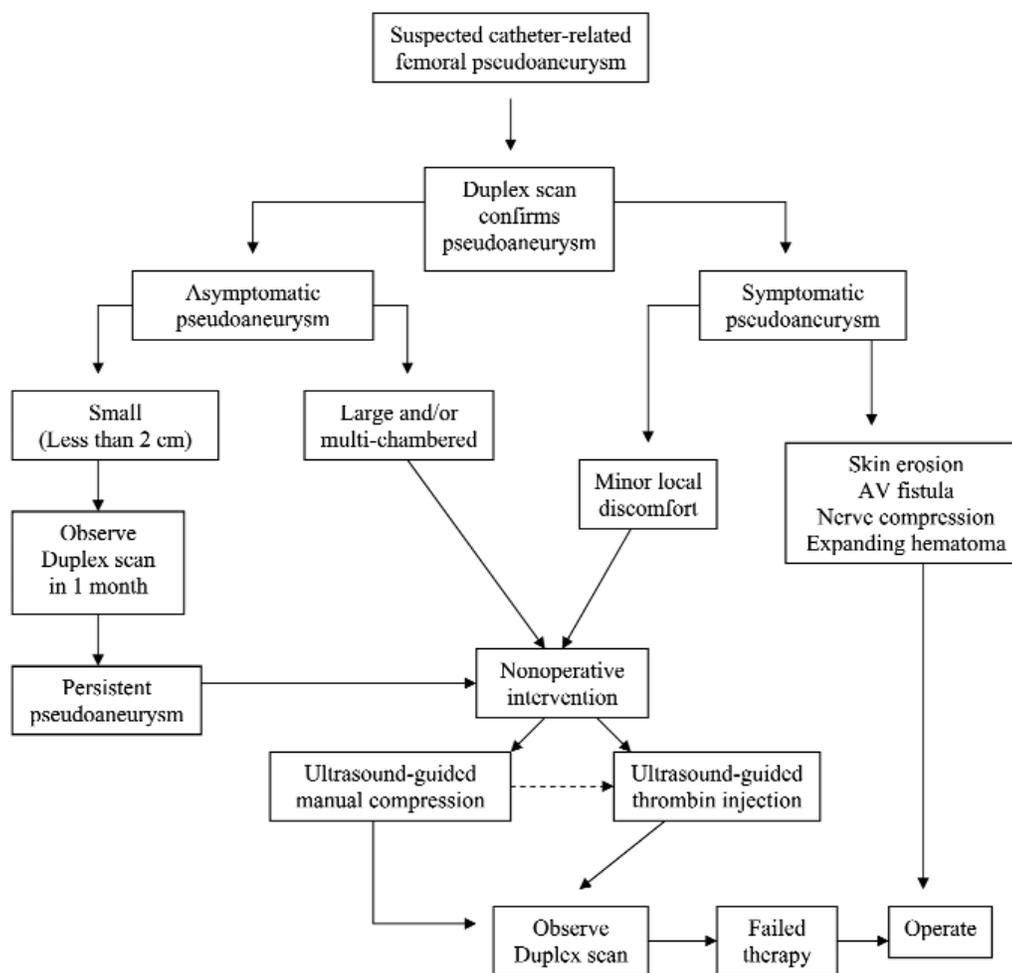
First Author	Reference	No. of Patients	Spontaneous Closure (n)	Surgery (n)	Comments
Feld	(1276)	17	3	2	
Fellmeth	(1277)	35	4	—	
Johns	(1278)	6	5	2	7 to 42 days to close
Kazmers	(1279)	53	4	3	
Kresowik	(1280)	7	7	—	Less than 28 days to close
Samuels	(1281)	11	11	—	
Schaub	(1282)	54	50	—	Approximately 52 days to close
Toursarkissian	(1283)	147	86%	14%	Approximately 23 days to close
Weatherford	(1284)	27	7	10	Median 40 days to close
Total		357	217	38	
Fractional percentage			61%	11%	

**Table 64.** Ultrasound-Guided Compression of Femoral Pseudoaneurysms

First Author	Reference	Patients (n)	Closure (n)	Surgery (n)	Comments
Chatterjee	(1285)	38	37	1	FemoStop used
Coghlan	(1286)	10	9	1	
Cox	(1287)	100	94	2	10 recurrences, 1 to 35 days
Dean	(1288)	77	56	14	Size less than 4 cm; twice as successful at closure
Feld	(1276)	15	10	2	
Fellmeth	(1277)	29	27	—	
Hajarizadeh	(1289)	57	54	2	2 recurrences 2 to 10 days
Hertz	(1290)	41	36	3	Large catheter sheath size problematic
Kazmers	(1279)	33	25	3	2 pseudoaneurysm ruptures
Kumins	(1291)	60	52	—	7 recurrences
Langella	(1292)	36	27	—	3 recurrences
Paulson	(1293)	48	37	—	
Perkins	(1294)	13	10	—	
Schaub	(1282)	124	104	5	
Sorrell	(1295)	11	10	1	
Steinkamp	(1296)	98	96	2	
Weatherford	(1284)	11	8	3	

**Table 65.** Thrombin Injection Closure of Femoral Pseudoaneurysms

First Author	Reference	Patients (n)	Thrombin Dose (U)	Closure (n)	Surgery (n)	Comments
Hughes	(1303)	9	1000 to 2000	8	0	1 recurrence at 4 days
Kang	(1304)	21	500 to 1000	20	1	
La Perna	(1299)	70	1000	66	2	94% overall success rate Success maintained in patients using antithrombotic medications
Liau	(1305)	5	1000	5	0	
Mohler	(1300)	91	500 to 1000	87	0	98% overall success rate Second injection required for 3 patients
Reeder	(1306)	26	50 to 450	25	0	1 recurrence at 4 days
Sacket	(1307)	30	100 to 2000	27	3	
Taylor	(1308)	29	600	27	1	



**Figure 26.** Diagnostic and treatment algorithm for femoral pseudoaneurysm. AV indicates arteriovenous.

treatment in only 4.9%. Recurrences usually responded to further compression and most frequently were associated with pseudoaneurysms that exceeded 4.0 cm in size in patients who had required larger-diameter delivery sheaths or periprocedural anticoagulation.

Pseudoaneurysms ranging in size from 1.5 to more than 7.5 cm may be successfully obliterated by the injection of thrombin, 100 to 3000 international units, under ultrasound guidance. Table 65 contains data from 7 institutional series in which thrombin injection was performed for catheter-related femoral pseudoaneurysms. In aggregate, the success rate was 93%, and only 4.1% of the patients needed operations. Thrombin injection can be complicated by distal arterial thromboembolism in less than 2% of cases and rarely by pulmonary embolism. The recurrence rate is approximately 5% after an initial injection, but recurrent pseudoaneurysms can be safely reinjected with a high rate of success (1297-1299). According to a multicenter registry of patients who have been treated with this technique, thrombin injection ultimately has provided successful treatment for 98% of pseudoaneurysms and appears to represent an improvement over ultrasound-guided compression therapy (1300,1301). One study has been reported in which thrombin injection was compared concurrently with ultrasound-guided compression

therapy (1302). Thrombin injection took less time and was associated with lower vascular laboratory costs, but the overall hospital costs were equivalent in both groups of patients.

The algorithm illustrated in Figure 26 presents an approach to the management of catheter-related femoral artery pseudoaneurysms that is consistent with the current literature on this topic.

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**APPENDIX 1. ACC/AHA Writing Committee to Develop Guidelines on Peripheral Arterial Disease (Lower Extremity, Renal, Mesenteric, and Abdominal Aortic)**

<b>Committee Member</b>	<b>Research Grant</b>	<b>Speakers Bureau/Honoraria</b>	<b>Stock Ownership</b>	<b>Consultant</b>	<b>Advisory Board</b>
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APPENDIX 1. *Continued*

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Dr John White	None	None	None	None	None
Dr Rodney A. White	AVE Bard Baxter Cordis J & J EndoLogix EndoSomics Medtronic	Multiple relationships with commercial entities that arise and are met as needed	Several biomedical companies	None	None

This table represents the relationships of committee members with industry that were disclosed at the initial writing committee meeting in November 2002 and that were updated in conjunction with all meetings and conference calls of the writing committee. It does not necessarily reflect relationships with industry at the time of publication.

**APPENDIX 2.** External Peer Reviewers for the ACC/AHA 2005 Guideline Update for Peripheral Arterial Disease (Lower Extremity, Renal, Mesenteric, and Abdominal Aortic)\*

Peer Reviewer Name*	Representation	Research Grant	Speakers Bureau/Honoraria	Stock Ownership	Consultant/Advisory Board
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Dr Alan S. Brown	Official Reviewer – ACC BOG	AstraZeneca Merck Merck Schering Plough Pfizer Smith Kline Beecham	Merck Merck Schering Plough Pfizer	None	AstraZeneca Merck Merck Schering Plough
Rita C. Clark	Organizational Reviewer – SVN	None	None	None	None
Dr John P. Cooke	Content Reviewer – Individual	None	None	None	None
Dr Robert T. Eberhardt	Official Reviewer – AHA	None	None	None	None
Dr Brian S. Funaki	Content Reviewer – AHA Committee on PV Imaging and Intervention	None	None	None	None
Dr Bruce Gray	Organizational Reviewer – SVMB	None	None	None	None
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Dr William R. Hiatt	Organizational Reviewer – TASC	None	BMS/Sanofi Otsuka	None	BMS/Sanofi Signature
Dr David Holmes, Jr	Content Reviewer – ACC BOG	None	None	None	None
Dr Sharon A. Hunt	Organizational Reviewer – ACC/AHA TF on PGL	None	None	None	None
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Dr Matthew S. Johnson	Content Reviewer – AHA Committee on PV Imaging and Intervention	Bard Access Systems Boston Scientific	None	None	Boston Scientific
Dr John A. Kaufman	Content Reviewer – AHA Atherosclerosis PVD Steering Committee	None	None	None	None
Dr Morton Kern	Content Reviewer – AHA Diag and Interv Cath Cmtc	None	None	None	None
Dr Lloyd Klein	Content Reviewer – AHA Diag and Interv Cath Cmtc	TBD	TBD	TBD	TBD

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APPENDIX 2. *Continued*

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Dr Roxana Mehran	Content Reviewer – Individual Review	Boston Scientific Cordis Medtronic	The Medicines Company Tyco/Mallinckrodt	None	None
Dr Emile R. Mohler III	Content Reviewer – Individual Review	None	None	None	None
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\*Names are listed in alphabetical order.

ACCF indicates American College of Cardiology Foundation; ACP, American College of Physicians; AHA Diag and Interv Cardiac Cath Cmte, AHA Diagnostic and Interventional Cardiac Catheterization Committee; ASIM, American Society of Internal Medicine; BOG, Board of Governors; BOT, Board of Trustees; NHLBI, National Heart, Lung, and Blood Institute; PV, peripheral vein; PVD, peripheral vascular disease; SCAI, Society for Cardiovascular Angiography and Interventions; SVMB, Society of Vascular Medicine and Biology; SVN, Society for Vascular Nursing; TBD, to be determined; TF on CECD, Task Force on Clinical Expert Consensus Documents; and TF on PGL, Task Force on Practice Guidelines.

### APPENDIX 3. ABBREVIATIONS

<b>ABI</b>	= ankle-brachial index	<b>NHDS</b>	= National Hospital Discharge Survey
<b>ACC</b>	= American College of Cardiology	<b>OR</b>	= odds ratio
<b>ACE</b>	= angiotensin-converting enzyme	<b>p</b>	= statistical significance
<b>AHA</b>	= American Heart Association	<b>PAD</b>	= peripheral arterial disease
<b>ARIC</b>	= Atherosclerosis Risk in Communities study	<b>PARTNERS</b>	= PAD Awareness, Risk and Treatment: New Resources for Survival (study)
<b>bFGF</b>	= basic fibroblast growth factor	<b>PGE-1</b>	= prostaglandin E1
<b>CI</b>	= confidence interval	<b>phVEGF165</b>	= vascular endothelial growth factor plasma DNA
<b>CLI</b>	= critical limb ischemia	<b>PTA</b>	= percutaneous transluminal angioplasty
<b>COPD</b>	= chronic obstructive pulmonary disease	<b>PTFE</b>	= polytetrafluoroethylene
<b>CTA</b>	= computed tomographic angiography	<b>PVR</b>	= pulse volume recording
<b>DNA</b>	= deoxyribonucleic acid	<b>RAS</b>	= renal artery stenosis
<b>DRASTIC</b>	= Dutch Renal Artery Stenosis Intervention Cooperative	<b>RRI</b>	= resistive index
<b>EDTA</b>	= ethylenediaminetetraacetic acid	<b>ROS</b>	= review of symptoms
<b>ESRD</b>	= end-stage renal disease	<b>SVS/ISCVS</b>	= Society for Vascular Surgery/ International Society for Cardiac Vascular Surgery
<b>EUROSTAR</b>	= EUROpean collaborators on Stent- graft Techniques for abdominal aortic Aneurysm Repair	<b>TASC</b>	= TransAtlantic Inter-Society Consensus Working Group
<b>FDA</b>	= Food and Drug Administration	<b>TBI</b>	= toe-brachial index
<b>FMD</b>	= fibromuscular dysplasia	<b>3D</b>	= 3-dimensional
<b>HDL</b>	= high-density lipoprotein	<b>UK</b>	= United Kingdom
<b>HMG</b>	= hydroxymethyl glutaryl	<b>US</b>	= United States
<b>ICAVL</b>	= Intersocietal Commission for Accreditation of Vascular Laboratories	<b>USPSTF</b>	= United States Preventive Services Task Force
<b>INR</b>	= international normalized ratio	<b>VA</b>	= Veterans Affairs
<b>LDL</b>	= low-density lipoprotein	<b>VEGF</b>	= vascular endothelial growth factor
<b>MI</b>	= myocardial infarction		
<b>MMP</b>	= matrix metalloproteinases		
<b>MRA</b>	= magnetic resonance angiography		

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