

EDITORIALS

Control of MRSA in intensive care units

Screening and topical decolonisation may be the most cost effective strategy

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The question of whether to screen patients for possible carriage of meticillin resistant *Staphylococcus aureus* (MRSA) when they are admitted to hospital has been one of the most controversial areas in infection control during the past decade. The conflicting evidence has led to diverse national policies and local strategies to identify those who should be screened (and possibly undergo MRSA decolonisation treatment).¹ Despite this, the prevalence of MRSA has now been reduced, even in high income countries that have not implemented universal MRSA screening and decolonisation policies.

The linked study by Robotham and colleagues (doi:10.1136/bmj.d5694) provides new insights on the subject.² Using a hypothetical modelling design, the authors tried to determine the most cost effective MRSA control strategy in intensive care units. Screening, isolation, and decolonisation were all effective MRSA control tools but had varying degrees of efficacy. However, universal MRSA screening with isolation alone was not cost effective in most scenarios. Screening added value by limiting the number of unnecessary treatment courses and isolation days, but it needed to be coupled with topical decolonisation to become the most cost effective bundle of MRSA control measures. A similar beneficial effect of decolonisation on infection rates has been shown in previous studies, although these were conducted mainly outside the intensive care setting or did not include resistant strains of *S aureus*.³⁻⁴ In contrast, two of the most successful large scale MRSA control programmes described in the recent literature (in France and the United States) did not advocate widespread MRSA decolonisation treatment in intensive care units.⁵⁻⁶

At first sight decolonisation seems an attractive strategy, but it has potential drawbacks. Firstly, the number of effective agents for decolonisation is limited, and the widespread use of mupirocin and chlorhexidine promotes the emergence of resistance against these agents.⁷⁻⁸ A recent study showed that low level resistance to mupirocin and the presence of chlorhexidine resistance genes markedly decreased the effectiveness of decolonisation treatment.⁹ Resistance may be difficult to detect because many laboratories do not test for

resistance against these agents. This is especially true for chlorhexidine, for which no validated routine susceptibility test is available. Secondly, there are practical obstacles for nasal decolonisation in critically ill patients. Endotracheal tubes, catheters, drains, and wounds are often present, which makes this treatment technically demanding and increases the likelihood of treatment failure.⁹⁻¹⁰ Clearly, more studies are needed to determine the efficacy of MRSA decolonisation in critically ill patients because all randomised trials included in the modelling study by Robotham and colleagues were conducted outside of intensive care units.

What are the practical implications of this study and how should they be translated into clinical practice in local intensive care units? Compliance with basic infection control measures (such as hand hygiene) should be improved first—screening combined with decolonisation should not be implemented when basic infection control is deficient. Secondly, policies should be adapted to the local prevalence of MRSA on admission. The observed decline of MRSA in many European countries challenges the baseline scenario of a 5% prevalence at admission in the modelling study, which may no longer be accurate for many intensive care units. Surveys are therefore needed to define local prevalence. Thirdly, local laboratory capacity, turnaround time, and costs for various screening methods should be evaluated to determine the optimal screening method for the individual institution. Finally, the real life effectiveness of topical MRSA decolonisation treatment should be measured and the development of resistance continuously monitored.

Because of the rapid emergence of resistance against the few agents available today, it is essential to develop and study new agents or alternatives for the future, such as vaccines that protect against invasive *S aureus* infections. Furthermore, the problem of antimicrobial resistance is not limited to MRSA. In particular, resistance has increased dramatically in Gram negative bacteria. This raises the question of whether control measures should be directed at specific pathogens or be more generally applicable. As an example that is applicable to intensive care units, it is not yet clear whether new intensive care units should have only

single bed rooms or rooms with multiple beds. Theoretically, transmission could be prevented by single rooms and standard infection control measures, irrespective of the presence of resistant bacteria,^{11 12} but studies are needed to confirm this.

Although we still do not know which single MRSA control measure is most effective in intensive care units, we do know that various combinations are likely to work. Despite their limitations, mathematical models can help improve understanding of the potential contribution of different control measures and the interaction between them. As George Box, a famous British statistician, states: “essentially, all models are wrong, but some are useful.” The models presented by Robotham and colleagues may prove to be useful, but the effectiveness of these strategies needs to be confirmed in clinical studies.

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RESEARCH

Screening, isolation, and decolonisation strategies in the control of meticillin resistant *Staphylococcus aureus* in intensive care units: cost effectiveness evaluation

 OPEN ACCESS

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Abstract

Objective To assess the cost effectiveness of screening, isolation, and decolonisation strategies in the control of meticillin resistant *Staphylococcus aureus* (MRSA) in intensive care units.

Design Economic evaluation based on a dynamic transmission model.

Setting England and Wales.

Population Theoretical population of patients on an intensive care unit.

Main outcome measures Infections, deaths, costs, quality adjusted life years (QALYs), incremental cost effectiveness ratios for alternative strategies, and net monetary benefits.

Results All decolonisation strategies improved health outcomes and reduced costs. Although universal decolonisation (regardless of MRSA status) was the most cost effective in the short term, strategies using screening to target MRSA carriers may be preferred owing to the reduced risk of selecting for resistance. Among such targeted strategies, universal admission and weekly screening with polymerase chain reaction coupled with decolonisation using nasal mupirocin was the most cost effective.

This finding was robust to the size of intensive care units, prevalence of MRSA on admission, proportion of patients classified as high risk, and precise value of willingness to pay for health benefits. All strategies using isolation but not decolonisation improved health outcomes but costs were increased. When the prevalence of MRSA on admission to the intensive care unit was 5% and the willingness to pay per QALY gained was between £20 000 (€23 000; \$32 000) and £30 000, the best such strategy was to isolate only those patients at high risk of carrying MRSA (either pre-emptively or after identification by admission and weekly screening for MRSA using chromogenic agar). Universal admission and weekly screening using polymerase chain reaction based detection of MRSA coupled with isolation was unlikely to be cost effective unless prevalence was high (10% of patients colonised with MRSA on admission).

Conclusions MRSA control strategies that use decolonisation are likely to be cost saving in an intensive care unit setting provided resistance is lacking, and combining universal screening using polymerase chain reaction with decolonisation is likely to represent good value for money if untargeted decolonisation is considered unacceptable. In intensive

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Appendix 1: model simulating transmission of MRSA in intensive care unit setting

Appendix 2: estimation of parameters used in transmission model

Appendix 3: analysis without uncertainty, and scenario analyses

Table A2.1: values and sources of all parameters

Table A2.2: unadjusted daily probabilities of discharge and death

Table A2.3: unit costs in sterling

Table A3.1: evaluation of cost effectiveness frontier of screening and decolonisation policies

Table A3.2: evaluation of cost effectiveness frontier of screening and isolation policies

care units where decolonisation is not implemented, evidence is insufficient to support universal screening for MRSA outside high prevalence settings.

Introduction

Despite the recent decline in incidence of methicillin resistant *Staphylococcus aureus* (MRSA) in several European countries, infection remains a major cause of avoidable morbidity and mortality in patients admitted to hospital, particularly those in intensive care units. MRSA infection increases the length of hospital stay, risk of death, and treatment costs. Patients may also become colonised with MRSA but remain asymptomatic. Such colonisation increases the risk of developing a clinical MRSA infection and is a source of cross infection.

Isolation and decolonisation are the two main targeted control measures for reducing the transmission of MRSA. Isolation interrupts cross infection through physical or behavioural barriers such as disposable gloves and aprons (contact precautions) or the placement of patients in isolation wards, single rooms, or cohort groups, with or without nursing staff designated for the exclusive care of MRSA infected patients. Decolonisation attempts to eliminate or suppress MRSA using topical antimicrobials such as chlorhexidine and intranasal mupirocin, thereby reducing the bacterial load available to cause endogenous infection and transmission to other patients.

Isolation and decolonisation are often combined with screening to detect colonised patients. Early and accurate detection of colonised or infected patients allows timely implementation of interventions aimed at preventing transmission or infection. Many screening options exist, each with different performance characteristics: conventional culture, which is cheap but takes three or more days to give a result; chromogenic agars, which provide a result in one or two days; and polymerase chain reaction tests, which can give a result in a few hours and may be more sensitive but also more expensive than the other options. Which patients to screen and when also varies across settings: some screen all patients on admission and at regular intervals thereafter; some target screening to patients considered to be at high risk of carriage; and some do not screen at all.

Only a few of the many possible combinations of interventions have been examined in clinical trials,¹⁻⁴ and economic evidence available to policy makers is scant. Consequently, control strategies vary from hospital to hospital. We evaluated the effectiveness and cost effectiveness of different combinations of screening, isolation, and decolonisation in intensive care units, where the consequences of MRSA acquisition are often greatest.

Methods

We developed a dynamic, stochastic, individual based model of MRSA transmission in an intensive care unit (fig 1), simulating the movement of patients, transmission process, and control interventions as well as associated patient outcomes (numbers of infections, discharges, and deaths). See web extra appendix 1 for further details.

Interventions and screening scenarios

We evaluated three screening technologies for MRSA: conventional culture, chromogenic agar, and polymerase chain reaction. Chromogenic agar yields results in 24 and 48 hours. Both times were considered, such that interventions based on a result at 24 hours could be amended after the result at 48 hours. For each technology we assessed three options for screening intensity: no screening (clinical cultures only), screening all

patients on admission and weekly thereafter, and admission and weekly screening of patients considered to be at high risk of carrying MRSA. In all strategies we assumed clinical cultures were taken using the same technology as for screening (and conventional culture in the baseline strategy). Each of the screening strategies was combined with either isolation or decolonisation (table 1). In total we evaluated 12 strategies for screening plus isolation and nine for screening plus decolonisation. In both cases these included strategies applying interventions to patients identified as positive for MRSA through screening (or clinical specimens) in the intensive care unit and strategies applying interventions to all or all high risk intensive care unit admissions.

We considered isolation to be the application of contact precautions rather than physical separation, so capacity was unlimited. Isolation continued until three consecutive negative results from swabs were obtained. Decolonisation used nasal mupirocin administered three times daily (for strategies targeting MRSA carriers) or daily patient washings with chlorhexidine for five days (for strategies involving universal use).

We evaluated each strategy under baseline values for parameters (table 2), low and high prevalence settings (2% and 10% of patients colonised on admission), small and large intensive care units (five and 20 beds), and with 36% (rather than 18%) of patients classified as high risk.

Model parameters

To account for uncertainty in the model parameters, we assigned probability distributions to each when appropriate (table 2). These probability distributions were derived from primary peer reviewed research articles where possible and from new analyses of primary data otherwise (see web extra table A2.1 and appendix 2). Neither approach was possible for some parameters concerning the impact of decolonisation treatment on transmission. Instead we considered two scenarios: a conservative baseline assumption that decolonisation treatment (with mupirocin) had no transmission blocking effect, and a “best guess” based on expert opinion (see web extra appendix 2).³³

Cost effectiveness evaluation

Estimated costs included direct costs of the intervention, infection related treatment costs, and extra bed days and their associated opportunity costs (see web extra appendix 2).

Health benefits were reduced morbidity (during an episode on the intensive care unit) and reduced mortality owing to avoided infections,³⁴ summarised by changes in quality adjusted life years (QALYs).³⁵⁻³⁶ From data on survival rates and preference based utility scores we estimated QALYs that accrued after hospital discharge (see web extra appendix 2).³⁷

We used a time dependent model to estimate the additional length of stay and mortality attributable to MRSA infections, giving unadjusted daily discharge and death probabilities for patients with and without MRSA infection (see web extra table A2.2 and appendix 2).³⁸ The daily relative risk ratio for discharge after infection was 0.60 (95% confidence interval 0.53 to 0.68) and for death after infection was 1.19 (0.97 to 1.43).

The perspective for this analysis is that of a decision maker in healthcare who manages resources at a regional or national level. We aimed to represent the preferences of high level policy makers who seek to improve the economic efficiency of healthcare services. A shortcoming of this approach is that, unlike analyses from a wider societal perspective, costs incurred

privately (such as out of pocket expenses) are excluded. However, recent studies show that these costs are likely to be small compared with hospital costs^{39 40} and are unlikely to change the conclusions from models.

We calculated the incremental cost effectiveness ratios, representing the cost per QALY gained on changing to an alternative intervention strategy (compared with the existing baseline strategy). Strategies were considered cost effective if they generated an incremental cost effectiveness ratio less than the usual National Health Service maximum willingness to pay of £30 000 (£34 000; \$48 000) per QALY.⁴¹ We calculated incremental cost effectiveness ratios using baseline values for parameters (see web extra appendix 3 for scenario analyses).

We also calculated net monetary benefits, defined as $\Delta E \times \lambda - \Delta C$, where λ is the willingness to pay per QALY gained, and ΔE and ΔC are, respectively, changes in QALYs and costs compared with the baseline strategy.⁴² Probabilistic sensitivity analyses (accounting for uncertainty in all parameters) were carried out and used to calculate the expected net monetary benefit for each intervention (see web extra appendix 2).

Results

Screening in combination with decolonisation

All decolonisation strategies improved health outcomes and reduced costs (see web extra appendix 3, fig A3.1). This was because decolonisation, unlike isolation alone, can reduce the risk of infection in MRSA carriers. Universal decolonisation using chlorhexidine had a far higher probability of being cost effective than any other strategy (fig 2). At the willingness to pay threshold of £30 000 per QALY, universal decolonisation using chlorhexidine had about a 70% chance of being the most cost effective strategy. The next best strategy—screening of all patients using polymerase chain reaction combined with mupirocin treatment of patients positive for MRSA—had about a 30% probability of being cost effective. Universal decolonisation using chlorhexidine also provided the highest expected net monetary benefit at a willingness to pay of £30 000 per QALY (fig 2). Pre-emptive decolonisation of all patients remained the most cost effective option in sensitivity analyses of varying intensive care unit size, prevalence of MRSA on admission, and proportion of high risk patients admitted (see web extra appendix 3).

Such blanket use of decolonisation agents may, however, hasten the emergence of resistance. Assuming that universal decolonisation using chlorhexidine is not a viable option, then the strategy of screening all patients using polymerase chain reaction and decolonising those identified as MRSA positive provides the highest expected net monetary benefit at all willingness to pay values over £5000 per QALY (fig 2). This result was not affected by the size of the intensive care unit, prevalence of MRSA on admission, or size of the high risk group (see web extra appendix 3). Results were also largely insensitive to assumptions about the effectiveness of decolonisation (see web extra appendix 3). However, if mupirocin was assumed to be completely ineffective at clearing MRSA carriage (although still able to suppress the risk of transmission and endogenous infection during treatment) then, after excluding universal decolonisation using chlorhexidine, screening all patients using polymerase chain reaction and decolonising those infected was fractionally over the usual cost effectiveness threshold, at £30 865 per QALY gained (see web extra appendix 3).

Screening in combination with isolation of patients

Isolating only clinically identified cases resulted in the most unisolated bed days while MRSA positive (fig 3). Universal pre-emptive isolation minimised the number of unisolated days while MRSA positive but maximised inappropriate isolation (the isolation of MRSA negative patients). Limiting pre-emptive isolation to high risk patients decreased inappropriate isolation, but approximately halved appropriate isolation compared with universal pre-emptive isolation. Coupling pre-emptive isolation of high risk patients with subsequent amendment of isolation status based on the results of universal screening using conventional culture increased appropriate isolation and approximately halved the number of unisolated bed days while MRSA positive compared with limiting pre-emptive isolation to high risk patients. Among the different screening methodologies, screening using polymerase chain reaction led to the highest appropriate use of isolation. Targeting screening to high risk patients only slightly reduced appropriate isolation.

Strategies that rapidly isolate MRSA infected patients—universal pre-emptive isolation and isolation of MRSA positive patients identified using polymerase chain reaction—led to the greatest reduction in MRSA transmission and infection (fig 4), although differences in numbers of MRSA related infections and deaths were small (fig 4). However, even small differences in mortality can represent good value for money if the intervention cost is low.

Although all intervention strategies led to health gains compared with the strategy of doing nothing, in all cases the costs also increased (see web extra appendix 3, fig A3.2). Choosing between competing strategies requires consideration of cost effectiveness acceptability curves and the cost effectiveness acceptability frontier. Cost effectiveness acceptability curves show the probability of cost effectiveness dependent on the willingness to pay for health benefits. These revealed considerable uncertainty in the optimal screening and isolation strategy when the willingness to pay was within the usual NHS range of £20 000 to £30 000 (fig 5). No strategy had more than a 20% chance of being optimal.

Although cost effectiveness acceptability curves are valuable for representing the degree of uncertainty in an optimal strategy, they contain insufficient information for good decision making; identifying the strategy with the highest expected net monetary benefit is more useful.⁴³ This is illustrated on the cost effectiveness acceptability frontier (fig 5), which shows the probability that the strategy with the highest expected net monetary benefit is cost effective for a given willingness to pay for health outcomes.

The cost effectiveness acceptability frontier representing screening and isolation strategies was split into five sections (fig 5). For a willingness to pay of up to about £17 000 per QALY the approach to do nothing was favoured. Within the usual NHS willingness to pay range of £20 000 to £30 000 the greatest net monetary benefit would be provided by either a strategy of no screening but simply pre-emptive isolation of high risk patients or a strategy using chromogenic agar to screen high risk patients and subsequent isolation of those identified as MRSA positive. Screening all admissions using polymerase chain reaction became the optimum strategy only once the willingness to pay reached almost £100 000 per QALY gained (over three times the usual NHS threshold).

At baseline values for parameters, a strategy of screening high risk patients with chromogenic agar (using both early and late results) was optimal. This remained true for smaller and larger

intensive care units and a higher proportion of high risk patients. For a low prevalence setting (2% of patients colonised with MRSA on admission) screening high risk patients using chromogenic agar remained cost effective, but in a high prevalence setting (10% colonised with MRSA on admission) screening all patients using polymerase chain reaction became cost effective (see web extra appendix 3).

Discussion

Although a model based analysis indicated that a strategy of universal topical decolonisation, regardless of MRSA status, was optimal in the short term, such untargeted use may select for resistance, making such strategies unsustainable in the long term.^{44 45} For this reason, restricting the use of topical agents to patients known to be positive for MRSA may be preferred. Excluding pre-emptive decolonisation of all patients, the optimal strategy was targeted decolonisation based on the outcomes of universal admission and weekly screens using polymerase chain reaction. The next best strategy was admission and weekly screening of all patients using chromogenic agar with decolonisation of those found to be MRSA positive (fig 2), although this had a much lower probability (compared with polymerase chain reaction) of being optimal at a 5% prevalence on admission.

Where decolonisation strategies are not used, admission and weekly screening coupled with isolation using contact precautions potentially reduces MRSA transmission, infections, and deaths. Use of polymerase chain reaction in this case, however, led to only modest reductions in MRSA infection rates compared with culture. This is a consequence of a small number of patients with unusually long lengths of stay accounting for a disproportionate number of MRSA related bed days.³⁸ Although screening using polymerase chain reaction reduces the number of unisolated bed days while MRSA positive compared with culture, the percentage reduction will be small for patients with long stays.

Among strategies without decolonisation, universal polymerase chain reaction screening was unlikely to be cost effective within the usual NHS range of £20 000 to £30 000 per QALY gained, with chromogenic agar based screening and strategies targeting high risk patients being favoured. This reflects the lack of effect on progression from colonisation with MRSA to infection, and large uncertainty about the effect of contact precautions in reducing transmission, with a possibility that such precautions increase transmission.³⁰ This could plausibly occur as a result of poorer compliance with hand hygiene associated with glove use.⁴⁶

Strengths and weaknesses of the study

Strengths of the modelling approach adopted here include the use of a dynamic transmission model to take into account that preventing MRSA acquisition in one patient benefits both that patient and other patients through reduced risk of cross infection.⁴⁷⁻⁴⁹ Such knock-on effects are important in high transmission settings such as intensive care units, and static decision analytical models would fail to take these effects into account.⁵⁰⁻⁵² Accurate modelling of the length of stay distribution is also critical for assessing the benefits of rapid screening, as is accurately quantifying additional length of stay and mortality attributable to MRSA infections.³⁸ These are likely to have been substantially over-estimated in the past by models that ignore the dynamic nature of infection.⁵³ Additionally, quantifying what is often substantial uncertainty in parameter values and accounting for it in strategy evaluations represents a more

rational approach than one based only on point estimates for parameter values.

Limitations relate to simplifying assumptions and generalisability. Because the model ignores infections after discharge and because colonisation with MRSA may have longer term health consequences, as well as potentially leading to readmissions of colonised patients, the results presented are expected to underestimate health benefits and cost savings resulting from interventions to control MRSA.

For targeted strategies we used a decolonisation regimen of mupirocin alone, whereas many protocols may use skin antiseptics concurrently. As the best available evidence on effectiveness was for mupirocin alone, however, we used these to inform our model. Our estimates of the effectiveness of decolonisation are therefore likely to be conservative.

Pre-emptive universal decolonisation with agents such as chlorhexidine may reduce other healthcare associated infections, particularly catheter related ones, the benefit of which was not incorporated into our models.⁵⁴⁻⁵⁷ Conversely, decolonisation using nasal mupirocin has been reported to be associated with an increase of infections caused by other micro-organisms, although it remains unclear whether the link is causal.³² Therefore, with the possible exception of mupirocin based decolonisation interventions, cost effectiveness estimates reported here are likely to be conservative: true net monetary benefits are likely to be somewhat higher than those we report. Another assumption is lack of resistance to topical antimicrobial agents used for decontamination of colonised patients. This will not be the case for all settings; mupirocin resistance is not uncommon and there has been a recent report of an MRSA strain with a reduced susceptibility to chlorhexidine,⁴⁴ the clinical relevance of which is still open to debate.^{58 59} In view of this, in all evaluations of decolonisation regimens we have carried out a secondary analysis excluding universal use of decolonisation.

Comparison with other studies

A Health Technology Assessment of the cost effectiveness of MRSA screening in Scotland concluded that screening of all admissions to hospital using chromogenic agar with isolation of those identified as potential carriers proved most effective at reducing prevalence and most cost effective compared with no screening, and screening according to risk (of unit) and clinical risk assessment, regardless of whether such screening used agar, chromogenic agar, or polymerase chain reaction.⁶⁰ A further study⁶¹ projected that universal screening for MRSA could result in an important reduction in MRSA rates over three to five years, and while chromogenic agar and polymerase chain reaction had a comparable effect, polymerase chain reaction was more costly.

Our study differed in that we limited the focus to intensive care units and we evaluated a wide range of intervention policies accounting for parameter uncertainty. We combined available evidence to determine distributions for parameters describing the effectiveness of interventions.

Implications and future research

Since 2006 the emphasis on the prevention and control of healthcare associated infections, particularly MRSA, has increased and this research sits in a context of wide ranging national guidance on infection control.^{62 63} Although infection prevention methods of patient isolation and decolonisation (or suppression) are recommended, decisions remain locally driven and dependent on risk analysis. As a result, practices vary substantially between NHS trusts. While universal MRSA screening has been mandatory in England and Wales since

December 2010, considerable uncertainty remains about the cost effectiveness of this and accompanying interventions. This study highlights the importance of evaluating the cost effectiveness of recommended prevention strategies and is especially important in supporting appropriate decision making during a period of cost restraint.

Our research found that even with conservative assumptions for the benefits of interventions, decolonisation strategies were highly likely to be cost effective in an intensive care unit setting and that, when combined with decolonisation, universal screening was likely to be a cost effective option. However, we highlight the need to be vigilant for the development of resistance to agents used for decolonisation. In contrast, we found no evidence to support universal screening (with any technology) as a cost effective intervention when accompanied by isolation. This reflects the lack of evidence on the effectiveness of contact precautions in substantially reducing transmission. Given this uncertainty, we found that isolation and screening strategies targeted to high risk patients were likely to be a more efficient use of resources.

The need for clinical investigations into the effectiveness of interventions has been further highlighted through this research.⁶¹⁻⁶⁴ The large extent of uncertainty about parameters reflects the scarcity of high quality research, and some important model parameters can only be estimated using single studies. Methodologically rigorous assessments from randomised trials of the effectiveness of interventions in reducing MRSA transmission and infections are rare. Considering a recent study,⁶⁵ where large reductions (62%) in MRSA infections were achieved using universal screening without accompanying decolonisation (among other interventions), rigorous evaluation of isolation should be a priority. Such studies would be of great value in helping to make better decisions about intervention policies.

Future work should also extend the model to describe long term patterns of patients' movements (between and within the hospital and community) and to account for the spread of resistance to topical antimicrobial agents. An increase in resistance in MRSA strains has the potential to greatly reduce the efficacy of decolonisation and therefore may severely compromise these strategies. Understanding the longer term consequences of widespread decolonisation, whether pre-emptive or targeted, and devising strategies to minimise the risks of emerging resistance should be a priority.

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Data sharing: Details of the computer code for the model are available from the corresponding author at Julie.Robotham@hpa.org.uk.

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What is already known on this topic

Meticillin resistant *Staphylococcus aureus* (MRSA) continues to cause a high burden of disease in intensive care units (ICUs)

Many ICUs use MRSA screening combined with isolation or decolonisation in an attempt to reduce MRSA infections, but practices vary widely between units

New screening technologies allow MRSA carriage to be detected more rapidly and with greater sensitivity, although at greater cost than conventional approaches

What this study adds

Screening and decolonisation are potentially cost saving in ICUs if MRSA is sensitive to decolonising agents

Universal polymerase chain reaction based screening accompanied by decolonisation is likely to represent an efficient use of resources

Targeting screening and isolation to high risk groups is likely to be a more efficient use of resources than universal screening with isolation or universal pre-emptive isolation

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Tables

Table 1 | Combinations of screening and interventions for the control of meticillin resistant *Staphylococcus aureus* (MRSA) in patients on intensive care units

Screening	Screening method	Intervention		
		Patient group*	Timing	Procedure
No screening	Conventional culture of clinical swabs only	MRSA positive	On result	Isolation or decolonisation (chlorhexidine)
No screening	Conventional culture of clinical swabs only	All patients	Pre-emptively	Isolation or decolonisation (chlorhexidine)
No screening	Conventional culture of clinical swabs only	High risk patients	Pre-emptively	Isolation or decolonisation (chlorhexidine)
All patients	Conventional culture	High risk patients	Pre-emptively (amended on screen result)	Isolation†
All patients on admission, and weekly thereafter	Conventional culture	MRSA positive	On result	Isolation or decolonisation (mupirocin)
	Chromogenic agar	MRSA positive	On 48 hour result	Isolation or decolonisation (mupirocin)
		MRSA positive	On 24 hour result (amended on 48 hour result)	Isolation†
	Polymerase chain reaction	MRSA positive	On result	Isolation or decolonisation (mupirocin)
High risk patients on admission, and weekly thereafter	Conventional culture	MRSA positive	On result	Isolation or decolonisation (mupirocin)
	Chromogenic agar	MRSA positive	On 48 hour result	Isolation or decolonisation (mupirocin)
		MRSA positive	On 24 hour result (amended on 48 hour result)	Isolation†
	Polymerase chain reaction	MRSA positive	On result	Isolation or decolonisation (mupirocin)

In all strategies, if MRSA was recovered from a clinical specimen the patient was isolated or decolonised according to the specified intervention.

*MRSA positive patients are believed to be colonised or infected with MRSA based on clinical or screening swab result.

†Decolonisation not applicable.

Table 2| Values and sources of parameters. Values are means (standard deviations) or [values for sensitivity analyses] unless stated otherwise

Parameters	Values	Sources
Population		
Prevalence of MRSA on admission	0.05 [0.02 and 0.10]	1, 5-9
Prevalence of MRSA in high risk patients on admission	2.4×prevalence of MRSA on admission	10, 11
Proportion of high risk patients	0.18 [0.36]	10, 11
No of intensive care unit beds	10 [5 and 20]	ICNARC
Transmission		
Daily probability of cross colonisation per source*	0.0037 (0.00043)	Analysis of individual data (see web extra appendix 2)
Daily probability of cross infection per source*	0.0006 (0.00023)	
Daily probability of progression from colonisation to infection*	0.047 (0.0094)	
Screening		
Conventional culture†:		
Sensitivity (%)‡	68.15 (19.39)	12-14
Specificity (%)‡	88.23 (6.33)	
Turnaround time (days)§	4	15-17
Chromogenic agar (48 hour result):		
Sensitivity (%)‡	82.55 (4.27)	18-22
Specificity (%)‡	83.05 (17.72)	
Turnaround time (days)§	3	15, 17, 18, 20
Chromogenic agar (24 hour result):		
Sensitivity (%)*	62.17 (12.49)	13, 18, 20-22
Specificity (%)*	97.13 (4.17)	
Turnaround time (days)§	2	17
Polymerase chain reaction:		
Sensitivity (%)‡	88.40 (5.10)	16, 19, 22-29
Specificity (%)‡	83.8 (4.74)	
Turnaround time (days)§	1	16, 17, 19, 24, 26
Isolation		
Transmissibility of patient undergoing isolation precautions (% reduction)	36.5 (62.2)	30
Decolonisation		
Treated patients who reverted to MRSA negative state (%)	53 [0 and 100]	31 [assumptions]
Effect on susceptibility to colonisation (% reduction):		
Bodywash (chlorhexidine)	65 (7)	Analysis of individual data
Topical therapy (mupirocin)	0 [33]	Assumption [¶]
Effect on susceptibility to infection (% reduction):		
Bodywash (chlorhexidine)	66 (21)	Analysis of individual data
Topical therapy (mupirocin)	0 [10]	Assumption [¶]
Effect on transmissibility of infectious patient (% reduction):		
Topical therapy (mupirocin)	0 [12.5]	Assumption [¶]
% reduction in probability of progression or self infection:		
Bodywash (chlorhexidine)	31 (18)	Analysis of individual data
Topical therapy (mupirocin)	33 (12) [47]	32 [¶]

ICNARC=Intensive Care National Audit and Research Centre.

For sensitivity analysis all values expressed as percentages are assumed to follow normal distributions, truncated at 100%.

*Probability of transmission from single MRSA source to single susceptible patient on same ward.

†Medium containing mannitol, salt, and oxacillin.

‡Arithmetic mean (standard deviation) from listed source.

§Means of reported laboratory processing times, adjusted to account for ward delays as estimated in Harbarth et al 2006.¹⁷

¶Estimates obtained from formal elicitation of expert opinion (see web extra appendix 2 for methods).

Figures

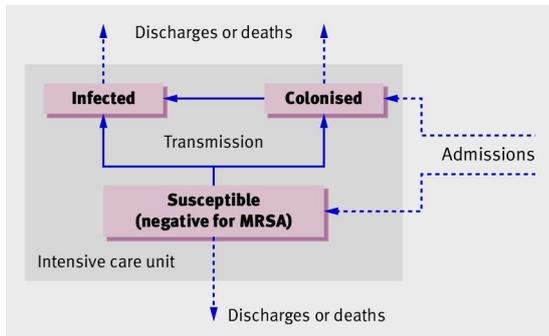


Fig 1 Model schematic showing possible movements of patients (dotted arrows) and transitions between states (solid arrows). MRSA=meticillin resistant *Staphylococcus aureus*

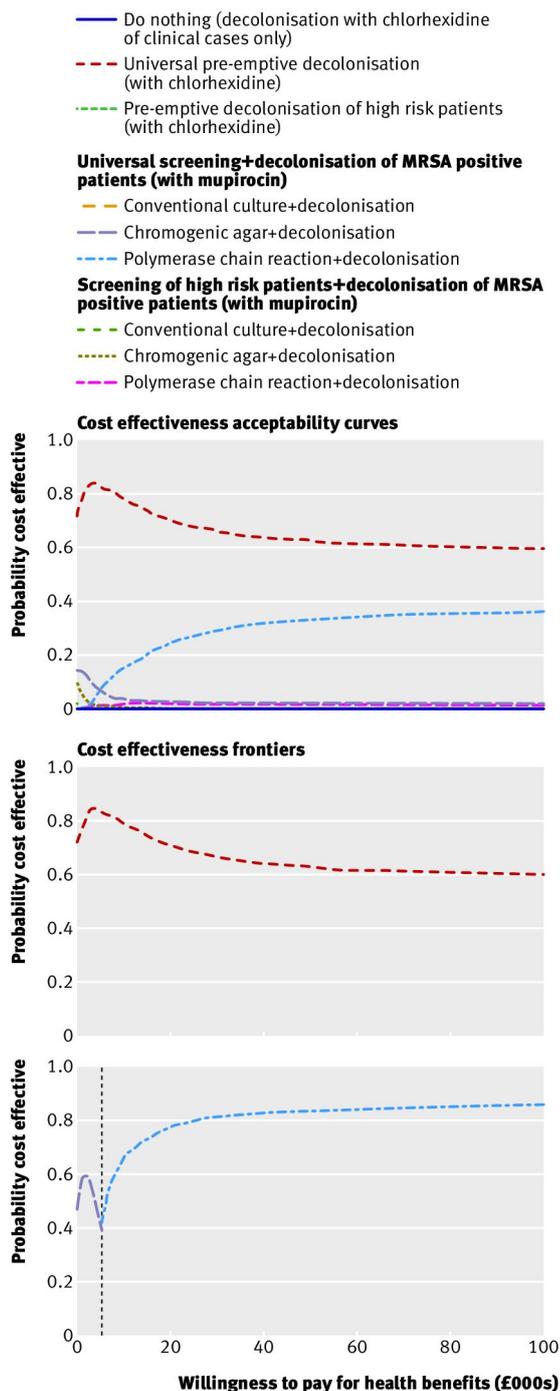


Fig 2 Cost effectiveness acceptability curves and frontiers for screening and decolonisation strategies. Each line on cost effectiveness acceptability curve represents the proportion of simulations for a particular strategy that are cost effective, under a range of values for willingness to pay for health benefits. Lines in cost effectiveness acceptability frontiers depict scenarios with highest expected net monetary benefit, dependent on willingness to pay for health benefits. The first frontier compares all strategies; the second excludes universal decolonisation

- Do nothing (isolation of clinical cases only)
- Pre-emptive isolation**
- Universal pre-emptive isolation
- Pre-emptive isolation of high risk patients
- Pre-emptive isolation (+amendment on results of conventional culture)
- Universal screening+isolation of MRSA positive patients**
- Conventional culture+isolation
- Chromogenic agar+isolation
- Chromogenic agar (24 and 48 hour result)+isolation
- Polymerase chain reaction+isolation
- Screening of high risk patients+isolation of MRSA positive patients**
- Conventional culture+isolation
- Chromogenic agar+isolation
- Chromogenic agar (24 and 48 hour result)+isolation
- Polymerase chain reaction+isolation

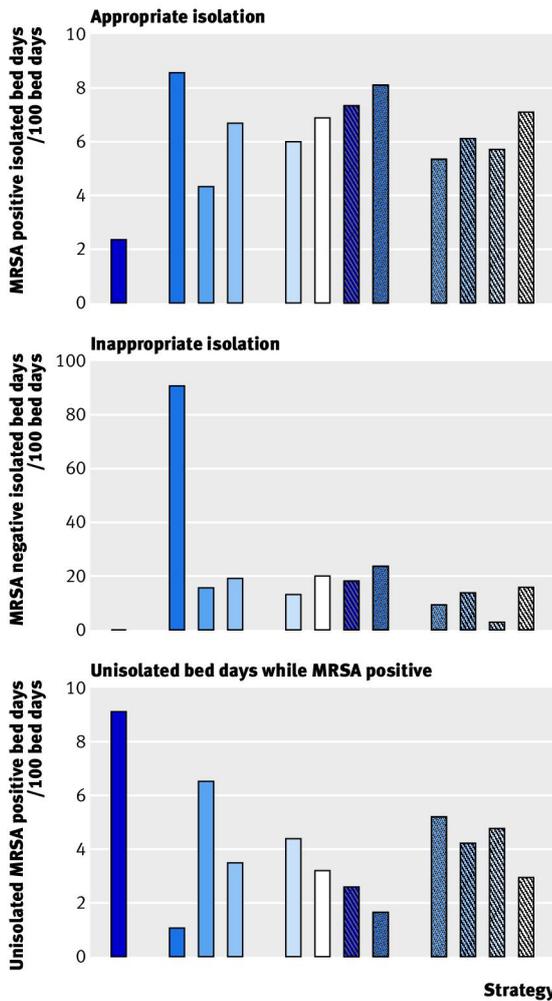


Fig 3 Use of isolation under each screening and isolation strategy, showing appropriate isolation (isolation of MRSA positive patients), inappropriate isolation (isolation of MRSA negative patients), and bed days spent unisolated while MRSA positive

- Do nothing (isolation of clinical cases only)
- Pre-emptive isolation**
- Universal pre-emptive isolation
- Pre-emptive isolation of high risk patients
- Pre-emptive isolation (+amendment on results of conventional culture)
- Universal screening+isolation of MRSA positive patients**
- Conventional culture+isolation
- Chromogenic agar+isolation
- Chromogenic agar (24 and 48 hour result)+isolation
- Polymerase chain reaction+isolation
- Screening of high risk patients+isolation of MRSA positive patients**
- Conventional culture+isolation
- Chromogenic agar+isolation
- Chromogenic agar (24 and 48 hour result)+isolation
- Polymerase chain reaction+isolation

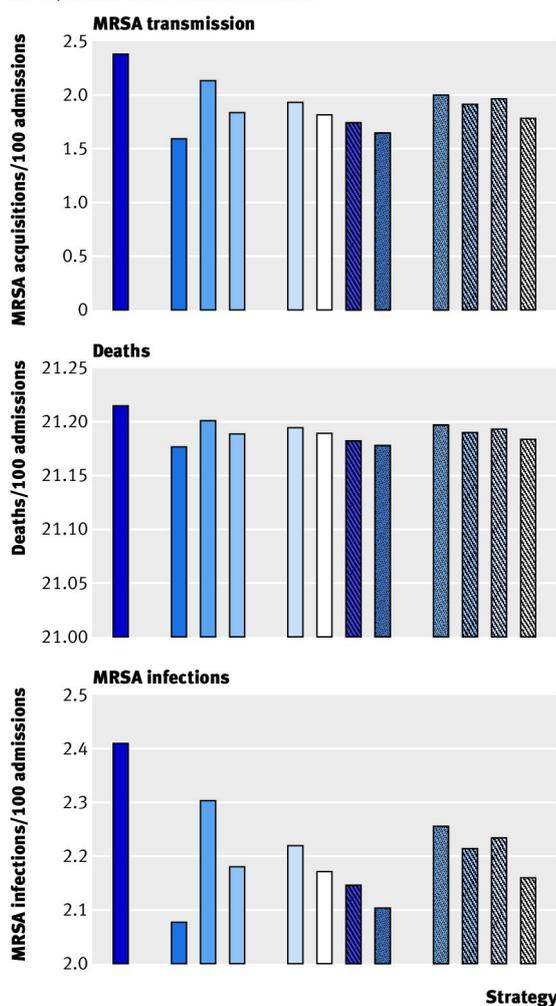


Fig 4 Patient outcomes under each screening and isolation strategy, showing new acquisitions (transmissions) of MRSA by patients in an intensive care unit, total number of MRSA infections in an intensive care unit, and total number of deaths (all per 100 admissions)

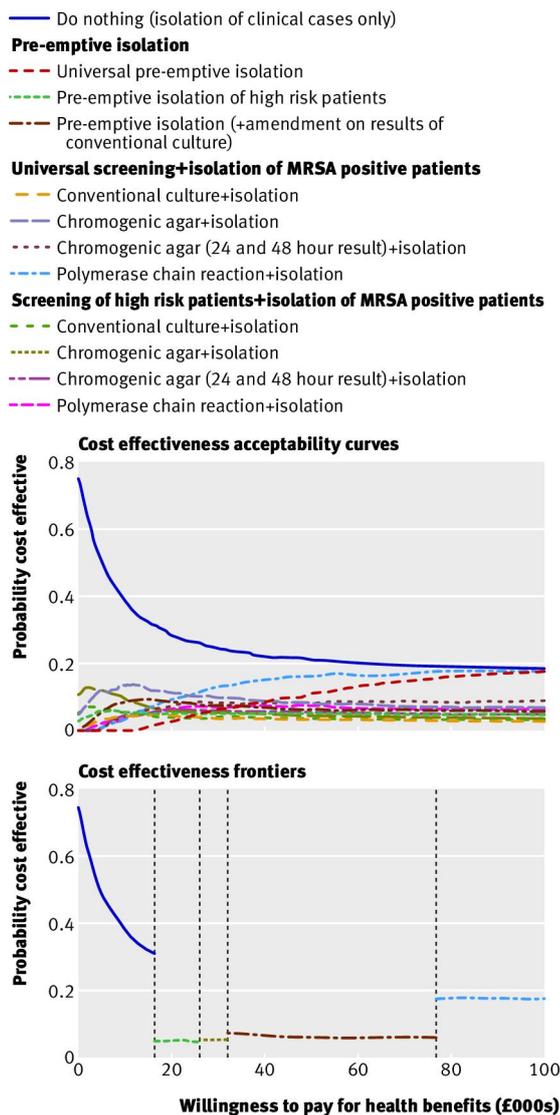


Fig 5 Cost effectiveness acceptability curves and frontier for screening and isolation strategies. Lines in cost effectiveness acceptability frontier depict strategies with highest expected net monetary benefit dependent on willingness to pay for health benefits